

1. Birthday

1.1 What do you usually do on your birthday?

I usually invite my close friends to our home and prepare a nice dinner with a fancy birthday cake. I get a lot of presents too, and I feel like the centre of the world on that day. But now, it's harder to get together and celebrate. Big birthday parties often become a nice little chat over dinner or coffee with only one or two close friends. It feels different, but it's still a delightful occasion.

Actually, the whole birthday thing is a pretty big deal for me. As to how I celebrate my birthday, I usually eat out with my family or hang out with my friends, and make a birthday wish and the icing on the cake is that I can get lots of birthday gifts.

No matter how busy I am, I'll spend the whole day doing what I really feel like doing and put off my work to the next day. I'd find a cafe with a nice ambience and stay there for the whole afternoon reading my favourite book. I'd certainly invite a bunch of my closest friends to dinner on my birthday and take a lot of photos with them.

1.2 What did you do on your birthday when you were young?

Actually, there were so many ways to celebrate the birthday, eating out,

throwing a birthday party, singing karaoke, going clubbing and everything exciting.

What I remember most is eating the birthday cake with my family and friends. I was never a fan of cakes, but I always thought it's important to have a beautiful birthday cake on one's birthday. When the candles were lit and the light in the room was turned off, I'd say my prayers. It was a sacred moment. Besides, my mom would take me to somewhere I always wanted to go, like the amusement park or shopping mall.

1.3 Do you think it is important for you to celebrate your birthday?

A lot of people attach great importance to their birthdays, including myself. It marks the beginning of a new year or even a new stage in my life and offers a great chance for me to reflect on what I've achieved so far and what I'm planning to accomplish in the near future. It's also a time when I could meet my loved ones all at the same place and let them know how grateful I am to have them in my life.

1.4 Whose birthday do you think is the most important to celebrate in China?

For Chinese people, the birthdays of children and the elderly are the most important. According to Chinese tradition, birthdays in China aren't much

of a big deal unless you are turning a specific age. For example, Generally, the most important birthdays for Chinese people are the First, the Second tenth, the Sixtieth, and then each decade after.

1.5 Do you receive lots of gifts on your birthday?

Definitely. All of my family and friends know that I am a big fan of electronics. So they all buy me electronics as birthday gifts when my birthday comes.

1.6 With whom do you like to celebrate your birthday, family, friends or alone?

I prefer to celebrate my birthday with my family. I am a family guy, so I love to enjoy this precious time with my parents. After all, I can hang out with my friends all the time, but a birthday is a once-a-year thing.

2. Geography

2.1 Do you like geography?

Yeah, I love geography because it gives me the chance to have a look at the places I've never been to. It's amazing. And this subject also explains how different islands and volcanoes form and things like that. It has solved tons of mysteries, which is really like an eye-opener.

Nope, geography is just not my thing. I find it boring because it is an isolated subject. But when I travel to a new place, I sometimes feel the importance of knowing a bit geography.

2.2 Have you ever studied geography at school?

Well, geography was a compulsory subject at my primary school, so I think I started to learn it in Grade Three. I have learned both national geography and world geography. I just remember that at that time there were a great deal of names to memorise, the mountains, the rivers and etc, not a pleasant experience for me.

2.3 Are you good at reading a map?

I'm skillful in reading the paper map. It's because I'm awful at directions and reading the map is really doing my head in. But I should say, the navigation app in the smartphone is my savior. You know, it shows my

starting point, the route and even the arrival time, so it helps me to find the places everywhere I go.

2.4 Would you visit a country because of its geographical location?

Yeah, I'm always curious about the places I'm not very familiar with and the special geographical location makes it more mysterious. And Egypt must be the one. The desert there is so impressive. And apart from that, if I go to the country near the sea like Thailand, then I just have the chance to taste the local delicacy.

Actually, the other day while I was doing the IELTS reading practice, I happened to read an article about geoglyphs in England, and it did arouse my interest in these places. These geoglyphs have been there for more than three thousand years, very amazing, I would like to have a look at them myself.

3. Housework and cooking

3.1 Do you do some cooking / help your family cook at home now?

Yeah, I often do cooking at home because cooking at home can even take less time than eating out. There are plenty of quick, simple, and wholesome meals I can cook at home in less time than it takes to travel to a restaurant or wait for a delivery.

Yes, I do. Since the outbreak of covid, I have started to help my family cook at home. You know, it's relatively safer and cheaper to eat at home, and I have more free time because I don't need to go to school quite often than in the past, which creates many opportunities for me to cook.

3.2 Do you think your home is clean and tidy?

Yes, I do. Because I pay attention to my tidiness as much as I can. For instance, I make my bed and clean up my room on a daily basis, and make sure that everything in my room is in order. So I think my home is clean and tidy.

3.3 Did you do some house cleaning when you were young?

Yes, I did. When I was little, my mom would teach me to make my bed and fold my quilt. I was told to wipe my desk regularly every week. This helped me develop the habit of keeping things neat and tidy from a young

age.

3.4 Do you have breakfast at home everyday?

Yes, I do prefer breakfast at home. I believe breakfast should be at home. After that you can plan other things from outside resto. I think the perfect breakfast with family members is a great idea and everyone likes it. I prepare many different items. Generally we had breakfast together and then chat and go for work.

3.5 Do you want to learn how to cook well?

Yes, I do. Learning to cook will help me understand world cultures, customs and flavors. I will also learn life skills like eating healthy, budgeting money, and cleaning. Save some cash. Cooking is less expensive than eating at restaurants, fast food joints and school cafeterias.

3.6 What housework do you like or dislike doing?

I have to say I hate cleaning the toilet because the toilet is really germy. And I hate the smell of toilet detergent, it's very pungent.

4. Morning time

4.1 Do you like getting up early in the morning?

Yes, I get up early in the morning in every working day, and I have to get up at 6 am and remember hundreds of English words. After having the breakfast, I go to the classroom to study before 8 am.

Yes, I am a morning person, since I feel extra power in my body in the morning, and I usually get up at about 7, or slightly earlier than that. But if it is a weekend, I might wake up a bit later so I can relax a bit.

Well, yes, I do. I used to stay up very late and sleep until midday, but I decided to lead a more healthy life last year. Now I wake up with the chirping of birds outside every morning and watch the colour of the sky changes as the sun rises. Getting up early allows me to get more things done before lunch and also makes me more energetic during the day.

Yes, I wake up early in the morning as I like to give myself enough time to get ready and have breakfast before I go to my college. If I don't get up early, I have to rush in the morning and sometimes miss my bus.

Well, (no,) I'm (not) a morning person. Since I was a child, getting up early has been fairly (miserable) to me, which means (normally I would

take 10 or 15 minutes to rise from my bed) after the alarm clock ringing. On top of that, this habit may contribute a lot to (my lateness for school and work). (However, I can do nothing about it.)

4.2 What do you usually do when you get up early?

After getting up, I have a shower first and then prepare the breakfast. Before leaving home, I would like to remember the English words or enjoy the news on the TV.

4.3 What do you usually do in the morning?

I usually study in the morning. After a night's sleep, I normally feel very energetic and my concentration level is also at its peak, which enables me to absorb knowledge and memorize things more easily.

After waking up, I usually get out of bed, of course, and i go into the kitchen and prepare my breakfast. If it is still early, I might cook an omelette, which is my favorite, but it is a bit time-consuming And then I'll catch up with the recent news while having my breakfast. I do all this before I jump in the shower, clean myself and get ready for the day.

The first thing I usually do when I wake up is meditate for a few minutes. I would sit on my yoga mat with my legs crossed and try to focus on my

breath. Practicing meditation gets me prepared for the new day both physically and mentally. After that, I'd make myself a nice breakfast, as a good day starts with a good meal. Another thing I do before setting out to work is I'd note down the important things I'm going to do for the day on my memo.

I like to start my morning with a cup of tea. I also play with my dog a bit and then get ready for college.

The first thing after getting up is (definitely serving myself a cup of coffee). Then (attending lectures would be) the regular routine for school days. Besides, on weekends and vacations, I would (stay in bed and chat with my friends online until lunch time).

4.4 What did you do in the morning when you were little? Why?

Well, when I was a small kid, I needed to get up really early to go to school. So in the morning, it was like a battle. I hurried to get up, to clean myself, and to have breakfast, very chaotic. But at that time, we also went to bed early, so fair enough.

I remember I liked drawing when i was a little girl and I would spend a lot of time drawing on my sketchpad when I get up. Sometimes my mom

would send me to my grandparents' place on her way to work. My granddad is good at Chinese calligraphy and we would spend long hours practicing it together.

There is no surprise here but (going to school). From Monday to Friday, I got up at (6:30 in order to attend the morning class in time). In addition, there were some (extra curriculum courses on every weekend morning), which (I have to admit that it was not my own intention).

4.5 Are there any differences between what you do in the morning now and what you did in the past?

The major difference lies in preparing breakfast. I used to live with my parents, and they would make breakfast for me, while now I live by myself, so I have to make meals for myself.

Oh yes. When I was in high school, I had to get up very early in the morning, because our first class started at 7:10. After getting into uni, I have more time at my disposal, so I can do whatever I wanna do after I get up. Sometimes, I'd go to the sports field for jogging because it's always so empty at that time and I could have the whole place to myself. And sometimes, I would read some interesting books in my dorm room or

go to the library for study.

Yes, of course. The most significant variation of morning routine is (the first hour after getting up). When I was a child, I would (directly go to school and have classes). Mind you, nowadays, (browsing some news online on a cup of coffee) is the regular activity I have in the morning in order to (wake myself up and catch up with this eternally changing world).

4.6 Do you spend your mornings doing the same things on both weekends and weekdays? Why?

Sort of, some routines are the same but on weekends I do sleep an extra hour and try to avoid deep-working sessions because I think that only when I have a good weekend rest, can I be more productive next week.

5. Names

5.1 Does your name have any special meaning?

In my name, Hong means “swan goose”, which means that my parents want me to have great ambitions, and Zhi means “wisdom and intelligence”, which means that I should be knowledgeable and full of wisdom. I like my name because it’s unique and I have never met anyone whose name is the same as mine.

5.2 How would you choose names for your next generation?

Well, some people may ask some experts who are professional at name-choosing to do it, while some just open the Chinese dictionary and seek for the characters that either are beautifully pronounced or have special meanings.

5.3 Are there any differences between how Chinese name their children now and in the past?

Sure. In the past, the second character of Chinese people’s names may be fixed and the same as their siblings, just to show their seniority in a family. But now parents just tend to pick whichever characters they want without many limitations.

5.4 Does anyone in your family have the same name as you?

Certainly no. It's almost impossible to find a person who has the same name as us in a Chinese family. Unlike the culture in western countries, where naming the children the same names as their grandparents may be a way to show respect and love to them, the Chinese may even try their best to avoid choosing the same one.

5.5 Are there any names that are more popular than others in China?

Yes, there are. They really depend because different people have different tastes. But I guess for the majority of people, they prefer to use 'xue' which means snow in English for girls and prefer 'shuai', which means handsome for boys. Those are some common and popular names in China.

6. Public transportation

6.1 What kind of public transportation do you usually take?

I usually take public transportation, such as bus, subway and shared bike. Because public transportation is much more convenient for me and friendly to environment.

Most of the time I use the subway system for getting about in the city as it's cheap, reliable and isn't affected by traffic jams or other unforeseen delays. Also, the number of lines and stations means the metropolitan area is pretty well covered by the network. Now and again I'll take a subway if it's absolutely necessary. They tend to be cramped, stuffy and can easily get stuck in traffic jams during rush hour, so they aren't my first preference.

6.2 When do you usually take public transportation, in your everyday life of when you are travelling?

I usually take public transport each morning and evening on weekdays, to go to the office to work. And, on weekends I take public transport if I need to go somewhere to meet family and friends – I'll take a taxi if it's not convenient to get a bus or subway. Occasionally I take a hire-bike from the street if the distance isn't too far.

Well, both. I usually take public transport on weekdays to commute. I'll take a taxi if there is no traffic jam in the morning. As for travelling, I use anything available because while traveling I don't have much of a choice. Some people could rent a car, but I can't drive, so I will check some of the bus or subway lines in advance, and be prepared when in a new city.

6.3 Do most people prefer public transportation in your country?

Well, not really. I think most people find public transport in Chinese cities a bit overcrowded. Everyone would prefer to have their own car, in an ideal world. Though, public transport is very cheap, it's not always convenient.

I'm not sure. But, most of my friends and most young people would choose public transportation to get around because as we all know, a lot of cities in China are very congested and it is difficult to find a place to park.

6.4 Did you take public transportation when you were a kid?

Seldom. My parents had their own car, so when I was a kid, my parents drove me to and from school almost every day. I only took public transport when I was with my grandparents, as we used to go shopping in different markets.

6.5 Will there be more people taking public transportation in the future?

Yes, certainly. I think that taking public transportation can save people a lot of money. You know, usually driving people own vehicle to commute would cost enormous amounts of money because of high oil prices. Therefore, people will be more likely to choose public transportation that is cost effective and environmentally friendly.

7. Puzzles

7.1 Did you do puzzles in your childhood?

Actually, I started to love them when I grew up, because when I was little, I didn't have much patience to deal with those annoying pieces. I still remember my father bought me a puzzle of a famous painting called starry sky by Vincent van Gogh. And you know the whole picture is full of similar stars and light, OMG, which was my nightmare during that period.

Yes, when I was a kid there were lots of puzzles we could do – with string, and wood, and jigsaws and all sorts of little stuff like that. Now, there isn't so much – there's a lot of puzzle games, and games involving cryptic thinking on apps on phones and tablets, though. Those are popular today.

7.2 When do you do puzzles, during your trip or when you feel bored?

If you are talking about that big jigsaw, then definitely no. I don't even have enough space for my clothes and skin care products. Who's going to take a puzzle. What's more, what if you finish it half of the way, how are you going to keep them.

I usually play such puzzle games on my phone when I'm on the train or on a bus, or something like that. I also fiddle with my phone in bed too,

like a lot of people, and yes, sometimes I play games which you could call 'puzzles' I guess.

7.3 Do you like doing word puzzles or number puzzles? Which is more difficult for you?

I would say word puzzle can be my preference, only if I must choose one. I really have no patience and interest in numbers. Whatever related to numbers drives me crazy.

I prefer number puzzles. I am really good at math, and I like solving little math problems. There are plenty of games which involving solving number puzzles and I enjoy doing these. I get a great sense of satisfaction from getting the answers right.

7.4 Do you think it is good for old people to do puzzles?

Sure. You know, doing such a thing does need full concentration and strong sensitivity, which can help to distinguish and complete it efficiently. And all of this may help to improve old people's reaction speed and adjust their moods.

Yes, most certainly. I think old people should do these things to keep their minds active – a lot of research shows that older people remain mentally sharp for longer if they keep engaging their brains in puzzles and

activities that involving thinking and solving things.

8. Singing

8.1 Do you like singing? Why?

Yes, of course. Although my friends sometimes call me tone-deaf, I still prefer singing songs with them after exhausting study at weekends. It is a golden opportunity to release my pressure and lighten up my mood.

Yes, I do. I enjoy singing. In my opinion, singing is the most effective way to alleviate my pressure. You know, when I singing, I would forget the daily hassles, which is also good for my mental health.

8.2 Have you ever learnt how to sing?

No, I've never learned to sing. I just sing a song as I like. Well, sometimes, I will imitate a singer's way of singing a certain song, because it will make me feel proud of myself if I can sing the song like the singer.

No, I have never taken any formal training. Singing is more like some form of entertainment in my spare time, and I do not want to invest too much time and energy into it. In fact, I do not even care if my singing is mellifluous or not. After all, I do not make a living from it.

8.3 Who do you want to sing for?

I have never thought about this before. I guess the answer will be myself. I sing to dispel boredom, abreact feelings and entertain myself rather than to please others. So at least at the moment, I do not want to sing for anyone else.

8.4 Do you think singing can bring happiness to people?

My answer is definitely yes. If someone has a talent for singing, he or she will probably feel great sense of achievement to finish the whole song. And when somebody's stressed out, singing is like a way to blow off some steam. And the same goes for everyone who is in bad mood. Singing the songs with bouncy tunes is likely to lift the spirits.

Yes, definitely. Singing helps us to express emotions when we're uncomfortable doing so in conversation. This can be done by humming a tune or by singing lyrics that resonate with us. Though not all the emotions are 'happy' ones, releasing them through songs helps us feel better.

9. Snacks

9.1 What snacks do you like to eat?

Actually, there are many kinds. You know, nuts and cereals are my favorite. I just can't say no to the pistachios, cashews, walnuts and something like that, so sometimes I choose the bag of mixed nuts. And I just prefer to have cereals with some yoghurt, like two or three times a week.

I like to have some yoghurt, nuts or fruits between meals like blueberries, mangos, oranges. I don't eat sweets or cakes much because they're high in calories. Too much intake of these snacks will lead to obesity easily. I don't want to put on too much weight.

9.2 Did you often eat snacks when you were young?

Yeah, because no one is gonna resist the temptation from those yummy food, especially the chips and those lovely sweets. I still remember the flavor of a kind of sweet, which tasted extremely sour, like preserved plums. Well, I should say, back then I was totally obsessed with it.

Yes, when I was a kid, I had a sweet tooth. I used to eat a lot of candies, chocolate bars, cakes and et al. As a result, I had serious tooth decay, and I remember what a nightmare it was every time when I went to the

dentist.

9.3 When do you usually eat snacks now?

In most cases, I eat some nuts before I go to the gym because it's said that almonds are good for muscle recovering and building. And I also eat some dark chocolate when I don't have time to eat meals. It can put my mind at ease and I really love its bitterness.

Normally in the late afternoon when I feel groggy and lack of energy, I would have some refreshments to recharge my batteries. And also after working out in the gym, I'll eat a protein bar or have some carbs.

It depends what I've been eating and what my schedule is like, but my blood sugar issues can require me to eat something every two to three hours. I'm more likely to need a snack between breakfast and lunch than between lunch and dinner.

9.4 Do you think it is healthy for you to eat snacks?

Well to my knowledge, most snacks are over processed, so it's definitely not so healthy for me to eat a lot of them or eat those kinds of food frequently. I tend to have some in my spare time, just eat in moderation. After all, snacks taste good and they can also put me in a good mood.

Most snacks people eat are high in calories in sugars, and they often contain substantial amounts of preservatives and additives. You have to be really careful to choose snacks that are healthy if you want a balanced diet.

9.5 What is your favourite snack?

A snack I really enjoy (although not the healthiest) has to be salt and vinegar chips. Honestly, anything generally sour is wonderful, as a kid I used to eat lemons right off the tree. Apart from this, I love hummus and crackers, fresh veggies, and anything baked or homemade.

9.6 What kind of snack is popular in your country?

Well, there are loads of snacks and street eats in China. Trying Chinese snacks will bring you a great eating experience. There are some popular names of Chinese snacks that won't let you down is baked sweet potatoes, stinky tofu, duck neck, etc.

10. Social media

10.1 Do you or your friends like using social media?

Yes, we do. Social media allows us to connect with other like-minded individuals more easily, and at a faster pace, than ever before. It also helps us find new interests, while realizing that we might not be alone in our love of some particular topic or hobby. You might be the only fan of a particular band or TV show in your local, physical community (or, so you think), but social media can help you discover entire communities of fans with which you can connect. Plus, it gives you the ability to discover more opportunities for serving your community and others.

Yes, we do. It is pretty trendy among youngsters. We use it to stay in contact with our friends, especially those living in another city, keep track of the latest news, follow celebrities we are interested in, and learn about fashion. It is not exaggerated to say social media has become an integral part of our lives.

10.2 Do you think you or your friends use too much social media?

Yes, I think so. Whenever we get free time, we will grab our cell phones and scroll through social media to see if anyone has posted something interesting. And the platform will automatically recommend relevant content. Before we can realize we still have tasks on our hands, half an

hour may have passed.

10.3 Do you want to work in social media? Why?

It is hard to say. It is said that employees of social media are provided with decent salaries and excellent welfare packages. But they are also under tremendous pressure and have to work overtime frequently. I am not sure I can adapt to this kind of life.

10.4 What's the most popular social media in China? Why?

It should be WeChat, where you can post pictures, videos, music, and texts and interact with friends. I guess this platform dominates social media because it has integrated so many functions, like payment, instant messages, voice and video calls, and entertainment. You just cannot live without it.

11. Technology

11.1 What technology do you often use, computers or cellphones?

Both. I use my laptop to take notes on the classes, complete essays and reports assigned by my teachers and attend online courses. In contrast, my cellphone is mainly used for entertainment, like scrolling through social media and short video platforms and chatting with my friends.

Actually I use both quite often. I use my laptop for many purposes, like taking online courses, working on my assignments and essays, watching movies, and so on. I use my smartphone mostly for social purposes, like chatting with family and friends on wechat, posting photos and short videos on social media, things like that.

Well, my answer is both because I use them every day. Cellphone is obviously like the daily necessity for me, and I use it to send voice messages, binge watch video clips and there are so many apps helping me to solve different problems in life. But it's not so convenient when it comes to word processing, so when I'm at work making an excel spreadsheet, computer is really helpful.

11.2 What electronic devices have you bought lately?

I bought the latest generation of fitness tracker released by Huawei two

months ago. It can monitor my sleep and heart rate, track the calories I have burnt, and remind me to stretch my limbs after sitting for too long. I think it would help me develop a healthier lifestyle.

I bought an ipad last month. I used to take my laptop to class for note taking, but it was too bulky. Sometimes I feel like doing some sports after class and it's really inconvenient to carry something so heavy. Ipad is a perfect alternative, because it's much lighter and more portable.

Well, I've bought a video gaming console. I'm actually quite new to gaming and one of my students recommended it to me. And you know what? One of the games called Super Mario has won my heart. I believe it's gonna be my good company after work in the future.

11.3 Is there any technology you want to buy?

Yes, I want to buy the iPhone 14 pro released by Apple. It is a symbol of fashion and cutting-edge technology. Unfortunately, its price far exceeds my affordability. I have to save money for another half year to bring it home.

I've long set my eyes on a Leica digital camera. I'm really into photography and it's so fun to capture all these wonderful moments and

small details that make up my life. The camera I'm currently using has got a few problems, like the photos can get pretty blurry sometimes, so I'm thinking about getting a new one.

Yeah, there's one I wanna buy. It's a transparent stereo box, using some kind of technology to allow the lyrics to float on the screen. What's really amazing is, it can recognize the emotion the music trying to convey, and choose the suitable ways to match the lyrics presenting.

11.4 Is technology important in your life?

Yes, I think so. Technology has benefited my life in various ways. The laptop has substantially boosted my efficiency. The cellphone has facilitated my communication with my friends and families and enriched my entertainment. And all the white appliances, like the washing machines, robot vacuums, microwave ovens, and air conditioners, have made my life more comfortable.

Yeah, technology means a lot because it brings much convenience to my life. And the robot vacuum cleaner is one of the domestic appliances that saves me the trouble of doing the cleaning after work. Plus, wearing three dimensional glasses when watching the film make me feel like, I'm completely in the environment and forget the worries in life.

11.5 Is there any technology you don't like?

Twitter. Very few people are sufficiently brilliant to say anything worthwhile in 140 characters. It breeds an ego that most people are not worthy of. It's sadder still when politicians use it to make a stand on a nuanced issue.

11.6 What do you think are the trends in technology today compared to when you were young?

Devices and gadgets that we use today were radically different in the past. Some of the first gadgets or devices were simple, so big, controversial, or only a few people had access to that gadget, but in this century technologies become simple and everyone has access to it. Mobile Phone. In 1973 Motorola researcher Martin Cooper made the first mobile telephone call using a device weight 1.1 KG and measured 23 centimeters long. It had a talk time of 30 min and took 10hr to recharge. Smart Phone. There are nearly 150 mobile phone manufacturers in the world. You purchase the latest desertion of this device which is small, light, thin, and you can use it as a computer.

11.7 What are the benefits of technology? / Do you think technology is important in your life?

Technology has brought tremendous changes to our lives and we also benefit a great deal from its development. For one thing, we are able to contact our family and friends anytime and anywhere on social apps or through phone calls, unlike previous generations who contact others mostly through letters or fax. On top of that, the convenience of life has greatly improved thanks to the proliferation of various apps.

12. Weather

12.1 What's the weather like where you live?

Where I live has pretty consistent weather. It's usually warm in the summer and cold in the winter. Sometimes there can be dry spells, but we get a normal amount of rain and snow. I like that we go through all the seasons. It's nice to have a change every once in a while.

12.2 Do you prefer cold or hot weather?

My favorite season is winter. I usually enjoy snowflakes and play snowballs. I like to take a hot spring bath or make a massage in winter. Well, that would be fantastic. Summer sucks here because of the stupid hot weather; you can't play sports without sweating buckets.

12.3 Do you prefer dry or wet weather?

I prefer the wet weather. In my hometown, the weather is pretty wet, and it always rains in summer. So I think I've adapted to this climate. So being hot and humid weather does not bother me and it means that I can appreciate the beauty of rain and the lovely sound it makes. Furthermore, dry weather can also be often unbearable which I do not like.

12.4 Are you in the habit of checking the weather forecast?

When/How often?

Yes, I am. Yeah, I formed the habit of checking the weather forecast when I was a primary school student, so now, every day before I go to work, I just check the updating info on my cellphone. And when I hang out with my friends on weekends, I will definitely attach much importance to the weather forecast. You know, it's gonna be a disappointment if we are soaked.

12.5 What do you think are the effects of climate change in recent years?

A key effect of climate change is extreme weather. Rising temperatures cause heatwaves droughts, and wildfires. They also warm the atmosphere, increasing moisture. Higher average global temperatures are also melting ice at the polar regions and in glaciers in mountainous regions.

12.6 Would you like to visit other cities that have different climates from where you live?

I would not. Because if the climate in other cities is too different, it will take me time to get used to it. I've adapted to one climate where I live and it's hard to adapt to a different climate quickly.

12.7 what kind of weather do you like most?

My favourite kind of weather would definitely be a warm spring afternoon with a light breeze. I like weather that is temperate and mild,

the kind of weather you can lay down in and relax. I prefer such weather to wind, rain and snow. Because I like to spend my time outdoors and these kinds of weather prevent me from doing that.

12.8 Do you think the weather can affect people's moods?

Yeah it definitely can. Some people have a thing called seasonal depression where for example, during the winter months they are depressed throughout that whole period but they get better when spring comes along.

13. Writing

13.1 Do you write a lot?

Not really, I am too busy to find a period of time when I can totally cool down and focus on writing. In my fragmented spare time, I prefer to do some other things to entertain myself. Only when I have too many feelings to express, will I sit down and write something.

13.2 What do you like to write? Why?

The only thing I would like to write is probably my own experience. I used to write diaries, which I believe was quite an effective way for me to reflect on myself. Nowadays, I still write something about what I've been through every now and then.

13.3 Do you think the things you write would change?

Sure. I mean, with the growing age, my views towards the same things may change greatly. Even just about the same travel experience, I may use different words to describe it than the ones I used at a younger age.

13.4 Do you prefer typing or handwriting when you are writing?

I would definitely opt for typing. Nowadays, I can't live without my computer. Typing is so easy and smooth for me to record my feelings.

After that I can also post them on my social media.