

雅思口语素材

Part2

(非串联版)

如何使用好我们这份口语素材呢？

第一，先自行过一遍题目，了解题目内容和要求

我们的口语题目都是选自雅思哥 App 的，相对来说是市面上最完整的题库。对于没准备过口语的烤鸭来说，先自行过一遍题目，有利于了解口语是怎么考试的，问题的要求，类别，知根知底才能做到心中有数，考试的时候就不会慌张。如果一上来就盲目得背答案，那效率不会太高的。

第二，看完题目过后先遮住答案自己练习一遍

看完题目了，然后自己对着题目，拿起草稿本和笔，试着把自己脑海中要回答的要点或者思路大致写下来。这个过程要快，不要浪费时间，因为只要有一点点的想法，后期你再准备的时候就可以扩写。口语就怕没话说，哪怕挤牙膏一样挤一点是一点。这样在过一遍全部题库，大致就能标记出哪些话题自己是熟悉的，哪些是没有丁点思路的，然后下面在对没思路的话题多加练习

第三，对照素材，了解思路和素材结构

在这过程中，烤鸭们应该注意 part2 答案。看 part2 时，主要看答案是怎样回应题目中的四个小问题的，是怎样连接的，是怎样回答 why 这个小问题的（因为这往往是 part 中最重要的问题），回答时是持什么样的观点，用了哪些例子，怎么说理。

第四，结合自身情况，理清每个题目的回答思路

做完以上三步，相信大家都多多少少有点印象了，接下来有两条路，

一，是根据自身情况，结合素材的思路，改写素材或者自编一个思路出来，然后多加练习，这也是店主推荐的，毕竟属于自己的东西才是最合适的。下面提供一个思路的例子，大家可以参考一下，话题是 需改进的公众场所

二，就是背素材了，时间实在紧张的亲走投无路的话也只能选择这种方式，但得注意一下

（1）拿到题目，或者考官刚问完问题，亲得慢点来，别激动，别考官都没问完问题你就开始回答

（2）考试的时候要跟考官有眼神交流，最好加上点手势，身体动作

（3）回答的时候要注意恰当的停顿，特别注意的是切忌一口气说出一段话，还带从句的。

总而言之，归根到底还是得多看多练习！

目录

室内游戏 (9-12 月新题)	5
花很长时间准备的礼物 (9-12 月新题)	6
喜欢的天空 (9-12 月新题)	7
擅长工作的人 (9-12 月新题)	8
想见的外国名人	9
公园	10
乐于助人的人	11
给他人建议的经历	12
邀请聚餐	13
和朋友出去& 空闲时光	14
实用技能	15
旅游经历	16
通过网络解决问题	17
陌生人在公共场合打电话	18
错误信息	19
广告	20
水上运动	21
喜欢穿的衣服	22
交通工具出故障	23
想法有趣的人& 逗我笑的小孩	24
助你实现目标的人	25
说外语的人	26
纪念品	27
早起	28
想得的奖	29
综艺	30

历史建筑	31
善意的谎言	32
聪明的人	33
生活设施	34

室内游戏（9-12月新题）

Describe an experience that you played an indoor game with others

You should say:

What you played

Who you played it with

Why you played it

And how you felt about

Well a game I just love to play, that just so happens to be played competitively indoors, would be basketball. I grew up playing basketball in school courts, and these days I play every Friday with my best friends in my local gym. Usually we have a group of around 12 people that want to play - so 5 or 6 people on each team. To make the games shorter, we like to play "first to 20 points". Basically, this means that the first team to hit 20 points wins the game. Then, we just start again from zero, and keep going like this until our time has run out.

We play basketball because it's part of our life. It's engrained in Chinese society these days, and so many people love to play. Even if we couldn't play indoors in the local gym, we would go out on the street and play - it's just a great way to relax, and a good workout too! I used to play every few weeks, and started getting fat. Since I changed to playing every week, I've lost a lot of weight.

Playing basketball indoors is better than on an outdoor court because the weather won't affect how the game is played. Outdoors, the wind and rain can move the ball in different ways, and if it's really sunny, it can make seeing the net harder too. If I have a choice, I'll always try to play indoors.

花很长时间准备的礼物（9–12月新题）

Describe a gift that took you a lot of time to prepare

You should say:

What it was

Who you gave it to

How you prepared it

And explain why you spent a lot of time preparing it

There is one gift that sticks out in my mind immediately, and that's the painting I painted for my dad last summer. I gave it to him for his birthday in June, but I actually started painting it in December – 6 months before. It was a painting of a photograph my mum had found in storage. In the photograph, I was just a baby, and my dad was holding my hand in the living room of our house. It was just the two of us in the photo, and we both looked so happy. It made me smile a lot, and my dad liked it too. He said to me he will put it on the wall of our house, so I thought it would be a good idea to make it extra-special and paint it too.

The painting was done with oil paints. A technique I had learned at art school when I was younger. Painting with oils requires patience, but I find it therapeutic – it really helps me calm down. Each colour needs to be mixed perfectly by combining with other colours, and any mistakes can take a long time to fix. Even though it took me a long time to prepare, it helped me get through a stressful school term, and I knew my dad would love it.

When I finally gave it to him, he was overwhelmed. I could see he adored it, and hung it on the wall in the very same room where the original photograph was taken. I'm super proud of it.

喜欢的天空（9-12月新题）

Describe a beautiful sky you enjoyed seeing

You should say:

Where you saw it

Who you saw it with

What you saw

And How you felt about it

I've always had an interest in the stars. I can spend hours just gazing up at them on long summer nights. Because of this, I think a beautiful sky I loved to witness, would be the sky above the Atacama Desert, in Chile. I know South America was a long way to go just to see the stars – after all, we can all see some stars just by looking upwards in the evening – but this sky is different. The Atacama Desert has some of the clearest skies in the world. There is no light pollution there at all, and very little rain as well. That means that, at night-time, you can see more stars above you than anywhere else in the world. For someone like me, it's really a dream come true.

I was with my best friend at the time – Johnny. I met Johnny at astronomy class. He loves the stars just as much as I do. During our lunch breaks at school, we would always say that we would visit Chile together, and it's a memory I'll never forget. It looked like there were millions of stars above me. We even saw colours in the black sky – which is obviously not something you would normally be able to see. I could have stayed there forever, and I'll definitely be back some day to experience it all again.

擅长工作的人（9-12月新题）

Describe a person who is good at his or her job

You should say:

Who this person is

What his or her job is

How he or she likes the job

And explain why this person is good at the job

I don't really know how most people perform at work, so it's a bit of a tough question. However, one of my high school teachers was really good at teaching. I think when a teacher is good at their job, they can help students in all aspects of life – not just with the subjects being taught in school.

I've graduated from high school now, but the lesson I learned from Mr. Lee have stayed with me. I can tell that Mr. Lee enjoys his job teaching chemistry and biology. He always taught me with a smile on his face. Every lesson was important because in his eyes, it wasn't just for passing the end-of-term exam. The lessons he taught were to understand our world, to give ourselves more confidence, and to make us feel curious enough to find answers on our own.

If a teacher can make you enjoy studying, then I think they are doing a great job. Mr. Lee's love for science was infectious. There are many rules of science I can remember now I am older – not because I was taught them many times – but because I enjoyed the one time I was taught them. If more people had the same positive attitude towards their jobs, I'm sure they would enjoy their working lives a lot more too.

想见的外国名人

Describe a foreign celebrity that you would like to meet in person

You should say:

Who the person is

How you know about this person

What this person does

And explain why you would like to meet the person

A foreign celebrity I would really like to meet in person is Taylor Swift. Taylor Swift is a very famous American pop singer with one of the most beautiful voices in the world. I first discovered Taylor Swift when I was very young and one of her songs played on the radio. The track was called ‘Our Song’ and it instantly became my favorite song. Nowadays, Taylor Swift is one of the most famous musicians in the world so she spends her time touring from country to country and writing new music. Therefore, she has had a lot of life experience and I am sure she would be an incredibly interesting person to meet.

The reason why I would like to meet Taylor Swift in person is because I also have a love for singing. I have been singing ever since I was a child and it is something I am very passionate about. I would like to become a professional singer one day and I feel that maybe Taylor Swift could offer me some useful advice. Also, to meet her would be such an inspiration. Taylor Swift has been so successful and is such a beautiful singer that meeting her would motivate me to pursue my own dreams of becoming a professional singer. Moreover, Taylor Swift seems like such a kind and caring person in all of her interviews and videos. Therefore, I know that meeting her would be a lovely experience and one that I would cherish for a very long time.

中文翻译：

我非常想见的一位外国名人是泰勒·斯威夫特。泰勒·斯威夫特是一位非常著名的美国流行歌手，拥有世界上最美丽的声音之一。我第一次发现泰勒·斯威夫特是在我很小的时候，她的一首歌在电台上播放。这首歌的名字叫《我们的歌》，很快就成了我最喜欢的歌。如今，泰勒·斯威夫特是世界上最著名的音乐家之一，所以她花时间从一个国家到另一个国家巡演，创作新的音乐。因此，她有着丰富的生活经验，我相信她会是一个非常有趣的人。

我想见到泰勒·斯威夫特本人的原因是因为我也喜欢唱歌。我从小就唱歌，这是我非常热爱的事情。我想成为一个专业歌手的一天，我觉得也许泰勒斯威夫特可以给我一些有用的建议。而且，能见到她也是一种鼓舞。泰勒·斯威夫特是如此成功，是如此美丽的歌手，遇见她会激励我追求自己成为一名职业歌手的梦想。此外，泰勒·斯威夫特在她所有的采访和视频中似乎都是一个善良和有爱心的人。因此，我知道，遇见她将是一个迷人的经历，我会珍惜很长一段时间。

公园

Describe a park/garden you like visiting

You should say

Where the park is

When you visit it

What the park is like

And explain why you like visiting it

My absolute favourite park to visit is Olympic Park which is located in the Chaoyang District of Beijing so it is not too far from where I live. This is an advantage as I do not have to travel far to see the lovely park, because of this I visit the park at least once a week.

The Olympic park was built during the 2008 Beijing Olympics, so it is a famous tourist attraction in Beijing. Besides, it not only has beautiful gardens like most parks, but is also full of famous architecture, such as the bird's nest, the water cube and the Olympic sports center. So, the park is so large that it can take pedestrians a whole day to get around.

I like visiting the park because it is a place where I can get away from the crowds and hectic lifestyle of Beijing. Olympic Park can be very busy, as it is a popular tourist attraction, but I know where there are quiet and serene areas. Therefore, at the weekend, I love to go there for a jog to relieve myself of all my stresses. I find it is very enjoyable to be surrounded by beautiful nature. In these quiet areas, I can often hear the birds singing and the wind rushing through the trees.

Olympic Park is filled with my good memories, so is a very special place to me.

中文思路：

我最喜欢去的是奥林匹克公园，它位于北京市朝阳区，离我住的地方不远。我不用走很远就可以看到优美的公园，这是一个很大的优点。正因如此，我每周至少去一次。

奥林匹克公园建于 2008 年北京奥运会期间，是北京著名的旅游景点。此外，它不仅像大多数公园一样有美丽的花园，而且还充满了著名的建筑，如鸟巢，水立方和奥林匹克体育中心。所以，公园很大，行人可以走一整天。

我喜欢参观公园，因为它是一个让我可以远离人群和繁忙生活方式的地方。奥林匹克公园可以很热闹，因为它是一个受欢迎的旅游景点，但我知道那里有安静和宁静的地区。因此，在周末，我喜欢去那里慢跑，以减轻我所有的压力。我发现被美丽的大自然包围是很愉快的。在这些安静的地方，我经常能听到鸟儿歌唱，风吹过树林。

奥林匹克公园充满了我美好的回忆，所以对我来说是一个非常特别的地方。

乐于助人的人

Describe a person who often helps others

You should say:

Who this person is

How often he helps others

How he helps others

Why he helps others

And how you feel about this person?

There is a young man at my local metro station who often helps others. His name is Lin and he works there as an assistant.

When I was in high school. I went to school by subway every day. The first time I met Lin was on my way to school. In the subway station I saw an old woman standing in front of the ticket machine. It seemed that she didn't know how to buy a ticket. I wanted to help her, but I was going to be late for class. Just then I saw Lin walk over and patiently taught her how to buy a ticket and guided her to enter the station through a special channel. Since then, I've noticed Lin doing everything he can every day to help every passenger he meets such as maintaining order patiently during peak hours, helping blind people go down stairs and even helping anxious travelers find toilets.

I think Lin is a wonderful man. Every person he meets he treats kindly, he greets everyone with a smile and kind words. Small acts of kindness like this can help people in ways that we cannot even imagine. I believe Lin helps people simply because he is a kind and loving person. Lin is altruistic and never does anything for his own profit or gain. I really respect Lin and I think if more people were like Lin then the world would be a better and happier place.

中文思路：

我所在的地铁站有一位年轻人，他经常帮助别人。他的名字叫林，在那里做助理。

我上高中的时候。每天都坐地铁上学。我第一次遇见林是在上学的路上。我在地铁站看到一个老妇人站在售票机前。她似乎不知道怎么买票。我想帮助她，但是上课要迟到了。就在那时，我看到林走过来，耐心地教她如何买票，并引导她通过一个特殊的通道进入车站。从那时起，我注意到林每天都在竭尽所能帮助他遇到的每一位乘客，比如在高峰时间耐心地维持秩序，帮助盲人下楼梯，甚至帮助焦虑的旅客找到厕所。

我认为林是一个了不起的人。他遇到的每一个人都很友善，他微笑着和每个人打招呼，说着友善的话。像这样的小善举以我们无法想象的方式帮助人们。我相信林能帮助别人仅仅是因为他是一个善良和有爱心的人。林是利他主义者，从不为自己的利益做任何事情。我真的很尊重林，我想如果有更多的人像林一样，那么这个世界会变得更美好、更幸福。

给他人建议的经历

Describe a time that you gave advice to others

You should say:

Who you gave advice to

What the advice was

Why you gave advice

And how you felt about the advice

A couple of weeks ago a friend of mine ask me for some advice. He was going on a first date with a girl he had met in his art class. Before going on the date, he wanted to know if I knew of any good restaurants I could recommend for them to go to. He really liked this girl and wanted to make a good first impression so I wanted to give him really good advice.

I advised him to take her to Dadong Roast Duck. This is a very fancy restaurant in the centre of Beijing which serves modern and elegant food. He thought it was a brilliant suggestion and decided to take her there. The day after his date he called me to tell me how it went and informed me that they had a brilliant night and the restaurant I recommended was fantastic. They have already arranged to go on a second date, so the advice that I gave him worked really well.

I felt very proud that I was able to give good advice and help my friend in his time of need. Often it is hard to make good decisions by yourself. So, it is important to have friends who are able to help you. Luckily, I am sure that my friend would do the same for me if I need advices.

中文思路：

几个星期前，我的一个朋友问我一些建议。他要和一个美术课上认识的女孩第一次约会。在约会之前，他想知道我是否知道有什么好餐馆可以推荐给他们去。他真的很喜欢这个女孩，想给她留下一个好的第一印象，所以我想给他一些很好的建议。

我劝他带她去大董烤鸭店。这是一家位于北京市中心的高档餐厅，供应现代优雅的食物。他认为这是一个聪明的建议，决定带她去那里。约会的第二天，他打电话给我，告诉我进展如何，并告诉我他们度过了一个美好的夜晚，我推荐的那家餐馆棒极了。他们已经安排了第二次约会，所以我给他的建议非常有效。

我感到非常自豪，我能在我的朋友需要的时候给他提供好的建议和帮助。通常一个人很难做出好的决定。所以，有能够帮助你的朋友是很重要的。幸运的是，如果我需要建议，我相信我的朋友也会为我做同样的事情。

邀请聚餐

Describe an occasion when you invite your family or friends to dinner

When you invited them

Where you had the dinner (At home or at the restaurant?)

Why you invited them

And explain how you felt about the dinner

Last summer my parents planned a large BBQ party at my family home to celebrate my birthday. It was during the summer and the weather was bright and sunny, so it seemed like the perfect way to spend my birthday. I invited many of my friends to the party. Moreover, we invited my very best friend Andrew whom I had not seen for a very long time. We had the BBQ dinner in the garden of my family home and everyone helped cook and pass around food to guests. It was a wonderful and informal party, which is just the way I like to celebrate my birthday.

I felt very happy about the dinner. Sharing food with the people you love is such a wonderful way to celebrate life on a person's birthday. I was particularly happy to spend some time with my best friend Andrew. It had been a long time since we had seen each other and we spent much of the dinner talking to each other and reminiscing (回忆) about old memories from our childhood. I feel that some of the best and most meaningful conversations happen when sharing food and drink with your friends and loved ones. I had a wonderful evening, and everybody who came also enjoyed the party. Everybody said the food was delicious and gave praise to my mother and father for their cooking skills. Even after all the food was eaten many people stayed late into the evening to chat and play games. That night, everybody went home with full stomachs and happiness in their hearts.

中文翻译：

去年夏天，我的父母计划在我家举办一个大型的烧烤派对来庆祝我的生日。那是在夏天，天气晴朗，所以这似乎是度过我生日的完美方式。我邀请了许多朋友来参加聚会。此外，我们邀请了我最好的朋友安德鲁，我很长时间没有见到他了。我们在家里的花园吃烧烤晚餐，每个人都帮忙做饭并把食物分给客人。这是一个很棒的家常聚会，我很喜欢这种庆祝生日的方式。

我对这顿饭感到很高兴。和你喜欢的人分享食物是庆祝生日的好方法。我特别高兴能和我最好的朋友安德鲁在一起。我们已经很长时间没见面了，晚餐的大多数时间我们都在聊天，回忆我们小时候的事。我觉得一些最好和最有意义的对话总是发生在和你和朋友或爱人分享食物和饮料的时候。我度过了一个美好的夜晚，每个来参加晚会的人都很开心。每个人都说食物很好吃，并赞扬了我的父母的烹饪技巧。甚至在吃完所有东西后，许多人仍然在聊天或者玩游戏，直到深夜。那天晚上，每个人都吃饱了，带着幸福的心情回家。

和朋友出去& 空闲时光

Describe an experience that you went out with your friends and had a good time

You should say

Where you went

When you went out

What you did

And explain why you had a good time

Describe a time that you enjoyed your free time

When it was

Where you were

What you did

And explain how you feel about it

During the last Spring Festival, my friend Lucy and I decided to take a trip to Sanya. This seemed like a great idea because Sanya is the only tropical island in China. Thus, it is very warm during the winter when the rest of the country can be very cold. When we arrived to Sanya, we discovered that there was a large variety of water sports to try along the coast. We found out that diving is very popular in Sanya, so the next morning we decided to go out together and try diving for the first time. We went to the coast in the early morning as the sun was rising in the sky and went diving with some **instructors** (教练). We saw so many beautiful fish and amazing coral reefs.

We had such an amazing time diving in Sanya. The reason why it was so good was because it was a completely new experience that neither of us had tried before. Therefore, it was really exciting and different for both of us. Sometimes it is important to leave your comfort zone and try new experiences. Furthermore, the water was beautiful and warm so swimming in the sea was a lovely experience. We saw so many beautiful fish and took loads of pictures of them. Such a memorable experience would stay with us for the rest of our lives. It felt really special and it is wonderful to be able to share moments like this with your closest friends. When we went back home, we were both very sorry to be leaving Sanya and promised that we would go back together soon.

中文翻译：

去年春节期间，我和朋友露西决定去三亚旅游。这似乎是个好主意，因为三亚是中国唯一的热带岛屿。因此，当其他地方很冷的时候，这里的冬天是非常暖和的。当我们到达三亚的时候，我们发现沿着海岸有很多种类的水上运动可以尝试。我们发现潜水在三亚很受欢迎，所以第二天早上我们决定一起出去尝试第一次潜水。我们一大早就去了海边，太阳在天空中慢慢升起。我们跟着一些教练去潜水。我们看到了很多美丽的鱼和令人惊叹的珊瑚礁。我们在三亚潜水的时候玩得很开心。它如此棒的原因是因为这是一个我们都没有尝试过的全新体验。因此，这对我们俩来说都是非常令人兴奋和与众不同的。有时候，离开你的舒适区，尝试新的体验是很重要的。此外，水是美丽又温暖，所以在海里游泳是一个很棒的体验。我们看到了许多美丽的鱼，还拍了很多照片。这次难忘的经历将伴随我们一生。能和你最亲密的朋友一起分享这样的时刻，感觉真的很特别。当我们回到家，我们都很遗憾要离开三亚，并承诺我们会很快一起回去。

实用技能

Describe a practical skill you learned

You should say

What it was

When you learned it

Why you learned it

And how you felt about it

I still remember that the day I was out with my friends in the city centre of Beijing. While on the subway, I got my favourite shirt caught on something and it ripped. This was very upsetting for me as it was an expensive gift that a friend gave me. However, my friend Lucy calmed me down and told me that it would be very easy to mend, I only had to sew up the rip. I did not know how to sew but she offered to help me. That evening we went back to my accommodation, got some needles and thread and she taught me how to sew. After I felt confident in my sewing skills, I attempted to sew up the rip in my shirt and I did so successfully.

I was so happy that I was able to fix my shirt, but I was even more so proud that I had learnt a new skill and done it myself. I had not realised that sewing was so easy to learn. Before I could sew if my clothes broke, I would have to throw them away or take them to an expensive tailor. It is a great feeling learning a new skill. It is important that we enrich ourselves and learn new things all of the time. This skill will be useful to me for the rest of my life, and I am sure that I will learn more practical skills in the future.

中文思路：

我仍然记得我和我的朋友们在北京市中心的那一天。在地铁上，我最喜欢的衬衫被什么东西钩住了，撕破了。这让我很沮丧，因为这是一个朋友送给我的昂贵礼物。然而，我的朋友露西让我冷静下来，告诉我这非常容易修补，我只需要缝上裂口。我不会缝纫，她主动提出帮助我。那天晚上回到我的住处，我们拿了一些针和线，她教我如何缝纫。当我对自己的缝纫技术感到自信之后，我试着把衬衫上的破洞缝好，我成功了。

我很高兴我能修好我的衬衫，但我更自豪的是，我学会了一项新技能并且实践它。我没有意识到缝纫这么容易学。如果我的衣服破了，在这之前我只能把它们扔掉，或者带到一个昂贵的裁缝那里。学习新技能是一种很棒的感觉。任何时间我们都应该丰富自己并学习新事物，这是非常重要的。这个技能对我之后都很有用，我相信未来我将学习更多的实用技能。

旅游经历

Describe an unusual experience of travelling

You should say

Where you went

When you went there

Who you were with

What you did there

And explain why it is unusual

Last winter, I went on vacation with a small group of my friends to Hainan Island. We went there to escape the colder temperatures of the north and to enjoy some sun and sand on the beaches. We decided to fly to Sanya airport as it was the quickest and simplest way for us to reach Hainan Island. On the plane we were all very excited, thinking about all of the thrilling activities we were going to do in the sunshine.

However, as we got closer to Sanya airport we started to experience some serious turbulence on our plane. The pilot of the plane announced that we were flying through a tropical thunderstorm that had arrived to the island sooner than expected. We were all incredibly shocked by this as we had not expected at all that there would be thunderstorms on Hainan Island. The pilot assured us that everything would be fine, and despite some intense turbulence, we landed safely at Sanya airport.

When we got off of the plane we walked into a massive rainstorm with loud thunder and lightning off in the distance. This was incredibly unusual as it was a much different climate than what we had expected. We assumed we were going to arrive at a tropical oasis but instead we found ourselves in the middle of the most intense storm I had ever seen in my life. We were all dressed so inappropriately for the weather that we quickly got to our hotel to take shelter from the storm.

中文思路：

去年冬天，为了躲避北方较冷的气温，享受阳光和海滩。我和一群朋友去海南岛度假。我们决定飞往三亚机场，因为这是到达海南岛最快最简单的方式。在飞机上，我们都很兴奋，想着我们要在阳光下做的所有令人兴奋的活动。

然而，当我们接近三亚机场时，我们的飞机开始经历一些严重的颠簸。飞机驾驶员宣布，我们正在穿越一场热带雷暴，这场雷暴比我们预计的要早到达该岛。我们都非常震惊，因为我们根本没有预料到海南岛会有雷暴。飞行员向我们保证一切都会很好，尽管有强烈的颠簸，我们还是安全降落在三亚机场。

当我们下了飞机，伴随着远处的雷声和闪电，我们走进了一个巨大的暴风雨中。这是非常不寻常的，因为这里的气候与我们预期的完全不同。我们原以为会到达热带绿洲，结果却发现自己正处于我一生中见过的最猛烈的风暴之中。我们都穿得和天气不符，所以很快就到了旅馆，躲避暴风雨。

通过网络解决问题

Describe an experience you solved the problem through the Internet

You should say:

What the problem was

How you solved this problem

How long it took you to solve this problem

And how you felt about it

Last summer I was riding my bicycle on my way home from school. The weather was atrocious, the rain was heavy and there was poor visibility in the air. Suddenly, my bicycle slipped on the wet road and I crashed into the pavement.

Luckily, I was not hurt, aside from some minor bruises, however, when I went to retrieve my bicycle, I found that my bike chain had come loose. Therefore, my bicycle was utterly useless and I had to walk the rest of the way home. Moreover, I had no idea how to fix a bicycle so when I got home, I tried to use the internet to search for a solution. I quickly found many websites with articles which explained how to reassemble a bike chain. With this information it turned out to be quick and easy to repair my bicycle and I was surprised with how simple everything turned out to be.

I felt very lucky that I was able to solve this problem through the internet. While I was walking home I thought that I would have to take my bicycle into a shop and have it fixed by a professional. This would mean I would not have it for a few days and that would be very inconvenient for me. With the internet the solution was quick and easy, and I was able to do it myself in a matter of minutes. I felt very happy and proud that I was able to fix the bicycle all by myself.

中文思路：

去年夏天我骑着自行车在放学回家的路上。那天天气恶劣，雨下得很大，能见度也低。突然，我的自行车在潮湿的路上滑倒了，我撞到了人行道上。

幸运的是，除了一些轻微的瘀伤，我没有受伤。然而，当我去取回我的自行车时，我发现我的自行车链条松了。因此，我的自行车完全没用了，剩下的路我只能步行回家。此外，我不知道如何修理自行车，所以当我回到家，我尝试使用互联网来寻找解决方案。我很快就找到了很多网站上的文章，解释如何重新组装自行车链条。有了这些信息，我发现修理自行车又快又容易，我惊讶于原来一切都是那么简单。

我感到幸运，能够通过互联网解决这个问题。当我走回家的时候，我想我得把自行车拿到商店去，让专业人士修理。这意味着要好几天才能拿到它，这对我来说非常不方便。有了互联网，解决问题又快又简单，我自己能在几分钟内完成。能自己修理自行车让我感到非常高兴和自豪。

陌生人在公共场合打电话

Describe a time you heard a stranger talking on the phone in a public place

You should say:

Where you were

When it was

What the stranger was talking about

And explain how you felt about it

A few months ago, my friends and I decided it would be lovely to spend the evening at the cinema watching the recent Marvel film which had just been released: Avengers Endgame. We went to the cinema, bought snacks for the film and took our seats. We chatted quietly during the advertisements before the film, but when the film began the entire cinema went silent.

However, about ten minutes into the film a stranger's phone started to ring. This was very rude and distracting as one should always have their phone off at the cinema. However, this stranger actually had the audacity to answer the call and have a conversation in the middle of the cinema. The conversation was very banal and seemed to be with a work friend of his regarding a job they were doing. Other people and I in the cinema were outraged at this man for how rude and impolite he was being. Very quickly, an usher at the cinema came in and asked the man to be silent. We were all happy about this and continued to watch our film in peace.

I felt utterly outraged that this had occurred. It is common knowledge that one does not answer a phone call while in the cinema, and to do so is totally rude and extremely impolite. When he first answered the call I had a fear that this would ruin the entire movie for me as it was such an obtuse distraction. However, after he was warned I was able to calm down and enjoy the rest of the film. I find it is amazing how rude and inconsiderate people can be when talking on the phone in public places.

中文思路：

几个月前，我和我的朋友们决定晚上去电影院看刚刚上映的《复仇者联盟》。我们去电影院，买了看电影的零食，坐了下来。在电影开始前的广告期间，我们都在小声地聊天，但是当电影开始时，整个电影院都安静下来了。

然而，大约十分钟后，一个陌生人的电话开始响了。这是非常粗鲁和令人分心的，看电影的时候应该把手机关掉。然而，这个陌生人竟然有勇气接电话，并在电影院里交谈。这段对话很老套，似乎是在和他的一位同事谈论工作。我和电影院里的其他人都对这个男人的粗鲁无礼感到愤怒。很快，电影院的一个引导员走了进来，要求这个人保持安静。我们对此都很高兴，并继续平静地看我们的电影。

发生了这样的事，我感到非常气愤。众所周知，在电影院是不应该接电话的，这样做是非常粗鲁和不礼貌的。当他第一次接电话时，我担心这会毁了整部电影，因为它会让我分心。然而，在他被警告后，我能够冷静下来并享受接下来的电影。我发现人们在公共场所打电话是多么的粗鲁和不体谅人。

错误信息

Describe a time when you got incorrect information

You should say:

When it happened

What the information was

How you found it incorrect

And explain how you felt about it

I am a big fan of the movie and try to see new and exciting movies whenever I have the free time and money to do so. However, recently I had a difficult evening when I attempted to go to the cinema but I had been given some incorrect information.

My friend Andrew had arranged for my friends and I to see a movie at the Beijing Capital Cinema. He informed us that the movie started at 8pm so we should arrive at 7:30. We arrived at 7:30pm but found that the cinema was empty and very quiet. Something seemed amiss, so we went up to the admissions desk and asked about the movie that was showing at 8pm this evening. The young man we asked had no idea what we were talking about and told us that the only movie on tonight was a late showing at 10pm.

It turned out that Andrew had given us the incorrect start time of the performance. At first, we were all very annoyed because we had been misinformed and irritated that we would have to wait for so long. However, the staff at the theatre let us into the waiting area and served us drinks while we waited. Andrew apologised profusely and by that point we had all calmed down. We played some games while waiting for the movie. Actually, the movie itself was fantastic and we spent a pleasant evening. So, in the end I was not that annoyed by the incorrect information. Accidents happen, and there is no use being upset by them.

中文思路：

我是电影的超级粉丝，每当我有时间和金钱，就会去看最新的让人兴奋的影片。然而，最近当我想去电影院时，度过了一个困难的晚上，因为我得到了一些错误的信息。

我的朋友安德鲁安排我和我朋友去北京首都电影院看电影。他告诉我们晚上8点钟开始，所以应该7点半到。7:30我们到了，但发现电影院是空的而且非常安静。好像有什么不对劲，我们走到售票处，询问今晚8点放映的那部电影。我们询问的那个年轻人不知道我们在说些什么，并告诉我们今晚唯一的电影是晚上10点开始。

结果证明安德鲁给我们的开始时间是错误的。起初我们都很生气，因为我们被误导了，我们因为要等很长时间而感到恼怒。然而，剧院的工作人员让我们进入等候区，并在我们等待的时候提供饮料。安德鲁不停地道歉，这时我们都平静下来了。我们在等电影的时候开始玩游戏。电影本身很棒，我们也度过了一个愉快的夜晚。所以最后我并没有因为错误的信息而生气。意外是会发生的，为之烦恼是没有用的。

广告

Describe an advertisement that you remember well

You should say:

Where you saw it

What was it about

What it was like

Why you remember it well

When it comes to advertisements, I would like to talk about the public service adverts about drunk driving. Drunk driving is a terrible thing which has huge impacts on a community. It is very dangerous and people may needlessly lose their lives because of drunk driving. Therefore, drunk driving is very important thing to prevent. So, recently my local government released a series of effective adverts to tackle the issue and they were very memorable. They were played on major television stations and also on social media websites such as Weibo. The adverts were full of facts and statistics relating to the dangers of drunk driving. I think knowledge of the risks of drunk driving is the best deterrent (威慑力).

The adverts were very chilling and serious. They showed how dangerous and how harmful drunk driving can be. I think this is what made them so memorable. They were very emotional adverts, they showed families who had lost children to drunk driving. They showed people who had been hit by drunk drivers, and drivers who died in crashes whilst under the influence of alcohol. Even though all the people in the adverts were actors, the adverts were still shocking and very convincing. They were really effective and shortly after the advertisement campaign (活动), people were driving a lot slower and there were less incidents of drunk driving according to the daily news. I think I will remember these adverts for the rest of my life and never drive under the influence of alcohol. Therefore, they must be very memorable and effective advertisements.

中文翻译：

说到广告，我想谈谈有关醉酒驾驶的公益广告。醉酒驾驶是一件可怕的事情，它对一个社区有巨大的影响。这是非常危险的，人们可能因为酒后驾驶失去他们的生命。因此，预防酒后驾驶是非常重要的。所以，最近我的地方政府发布了有效的广告来解决这个问题，他们是非常难忘的。这些广告在各大电视台以及微博等网站上播放。广告中充满了有关酒后驾驶危险的事实和统计数字。我认为了解酒后驾驶的风险是最好的威慑。

这些广告非常令人恐惧和严肃。他们展示了酒后驾驶的危险性和危害性。我想这就是他们如此难忘的原因。这是非常感人的广告，展示了因酒后驾车而失去孩子的家庭。他们展示了被醉酒司机撞到的人，以及在醉酒状态下死于车祸的司机。尽管广告中的所有人都是演员，但广告仍然令人震惊，非常有说服力。他们真的很有效，在广告活动后不久。据《每日新闻》报道，人们开车的速度要慢得多，酒后驾车的事件也少了。我想我的余生都会记住这些广告，永远不会酒后驾车。因此，他们必须是非常难忘和有效的广告。

水上运动

Describe a water sport you would like to try in the future

You should say:

What it is

Where you would like to try it

How difficult it is

And explain why you would like to try it

A water sport that I am desperate to try in the future is riding a banana boat. A few months ago, my cousin came to visit me and she introduced a water sport activity which she had tried at the week before. She told me that a banana boat is a long inflatable boat which can look like a banana and seat several people at the same time. This boat is attached to a speed boat which will drive very fast. Everyone then holds on tight as the banana boat flies through the water.

It sounded very thrilling and exciting and I decided that I would like to try it in the future. My cousin suggested that in the next vacation I come with her to the water sports activity centre and try it there. I thought this was a great plan, as it could be a bit difficult, so I would like to do it with my cousin who has experienced it already.

The reason why it can be difficult is because the banana boats travel very fast through the water which makes it hard to hold on to the boat. My cousin told me that loads of people flew off of the boat and fell into the water. However, apparently this is what makes it so much fun. I really love exciting and extreme sports which is one of the reasons I would like to try this in the future.

中文思路：

我非常想尝试的水上运动是香蕉船。几个月前，我表妹来看我，她介绍了自己上周尝试过的一项水上运动。她告诉我香蕉船是一种很长的充气船，（船的形状和香蕉类似）可以同时容纳几个人。这艘船与一艘速度很快的快艇相连。当香蕉船飞过水面时，每个人都紧紧抓住它。

这听起来很刺激，我想在未来尝试它。表妹建议我下个假期和她一起去水上运动中心试试。我认为这是一个伟大的计划，因为它可能有点困难，所以我想和已经体验过的表妹一起做。

它很难是因为香蕉船在水中行驶得很快，很难抓得住。我表妹告诉我，很多人从船上飞下去掉进水里。显然这就是它如此有趣的原因。我非常喜欢刺激和极限运动，这也是我将来想尝试的原因之一。

喜欢穿的衣服

Describe a piece of clothing you enjoy wearing

You should say

Where you bought it

How often you wear it

What it is like

And explain why you enjoy wearing it

I have a particular piece of clothing which I enjoy wearing as it is very special to me. It is a woollen sweater, which I did not buy in any store because my grandmother knitted it for me. She knitted the sweater for me when I was a very young child, it is a red sweater with fine knitting.

When I was a child the sweater was very large for me, as my grandmother knew it would last a long time and that I would grow bigger. My parents used to laugh a lot at how silly I looked with this huge sweater on. Everywhere I would walk, my sleeves would drag behind me because they were too long. I used to laugh as well so this sweater always fills me with joy whenever I wear it. Nowadays it fits me well and I wear it almost every day in winter until it becomes too warm to do so.

I enjoy wearing this sweater so much because it is very warm and well made by my grandmother. It has protected me from the cold for many winters and I am sure it will continue to do so in the future. Furthermore, whenever I wear the sweater I think of my grandmother, whom I love very much. I think clothing is far more special when it has been given to you as a gift from a loved one, and even more special when they have made that gift themselves. My one regret is that I have put on weight these days and this sweater doesn't fit me well.

中文思路：

我有一件特别喜欢穿的衣服，它对我来说很特别。这是一件羊毛衫，它不是买来的，是奶奶给我织的。奶奶在我很小的时候就为我织了这件毛衣，是一件织得很好的红色毛衣。当我还是个孩子的时候，这件毛衣对我来说是非常大的，因为我的祖母知道它会穿很长时间，而且我会长大。我父母过去常常嘲笑我穿这件大毛衣看起来有多傻。无论走到哪里，我的袖子总是拖在身后，因为它们太长了。我过去也经常笑，所以每当我穿这件毛衣的时候，它总是让我充满喜悦。现在它非常合身，我几乎每天冬天都穿，直到天气变得太热而不能穿为止。

我很喜欢穿这件毛衣，因为它很暖和，而且是我祖母做的。它已经保护我在许多冬天免受寒冷，我相信它在未来会继续这样。此外，每当我穿上毛衣都会想起祖母，我非常爱她。我认为当你所爱的人把衣服作为礼物送给你时，它会显得特别得多，而当他们自己亲手做了这件礼物时，它会显得更加特别。我唯一的遗憾是最近体重增加了，这件毛衣不太合身了。

交通工具出故障

Describe an experience that the vehicle you took broke down in your travels

You should say:

Where it happened

When it happened

Who you were with at that time

And what impact this breakdown had

I remember this one day, I was travelling to school by the metro train in the early morning. I was on the subway in Beijing when my train suddenly broke down while in the middle of a tunnel. Then everything turned dark and many passengers began screaming including me. I was scared and didn't know what had happened. But soon the driver spoke to us over the intercom to assure us that we were all safe and told us that the train signal was out of order and the tunnel was out of power. We would be stuck here for some time. As we were in the middle of a tunnel and not at a station there was no way for us to be let off the train. All we could do was sit there and wait for the train to be fixed.

They were not able to fix the train for at least thirty minutes, after which we started moving but I still had a fifteen minute commute to school. When I arrived at school I was extremely late and worried that I was going to be punished for this. However, it turned out that my teacher was on the very same train that broke down, but was sat in a different carriage to me. Therefore, we arrived to school at the same time and he did not blame me for being late. Overall, it was still a very stressful and unpleasant experience. Through our this experience, I know that I need to go out earlier when I have something important to do in case of unexpected accident.

中文思路：

我记得有一天早上，我乘地铁去上学。我在北京乘地铁时，火车在隧道中间突然抛锚了。然后一切都变暗了，许多乘客开始尖叫，包括我在内。我很害怕，不知道发生了什么事。不久之后，司机通过对讲机向我们保证我们都很安全，并告诉我们火车信号出了故障，隧道也停电了。我们会被困在这里一段时间。因为我们是在隧道中间，而不是在车站，所以没有办法下车。我们所能做的就是坐在那里等火车修好。

他们至少有 30 分钟没能修好火车，直到我们出发，我仍然有 15 分钟的路程才能到达学校。当我到学校的时候已经迟到了，我担心会因此受到惩罚。然而，我的老师也在那列出故障的火车上，我们坐在不同的车厢。因此，我们在同一时间到达学校，老师并没有因为迟到而责备我。总的来说，这仍然是一个非常有压力和不愉快的经历。经过这件事我明白了，当有重要事情的时候，我需要早一点出门，以避免意外的发生。

想法有趣的人& 逗我笑的小孩

Describe a person who has interesting ideas or opinions

You should say:

Who the person is

What this person does

How you know the person

And explain why you think his/her ideas are interesting

Describe a time a child made you laugh

You should say:

When it was

Where you are

Who the child was

What that child did

And explain why you laughed

This topic reminds me of my little nephew who is only 4 years old and is still in kindergarten. Although he is young, he is very clever and always has interesting ideas. I really like to chat with him.

I still remember the day I was asked to look after him because both my uncle and aunt needed to work overtime. At the moment I stepped into the house, he imitated a dinosaur and tried to scare me. Of course, I was not scared, but laughed a lot. I spent the whole afternoon playing with toys and games with him.

When I borrowed his watch to see what time it was, I found that the time of his watch was wrong. I told him I was going to correct the time but was stopped by him. He said every time he went to kindergarten, he put the clock forward by half an hour, so that he could pretend that he would leave the kindergarten half an hour earlier. He explained that this would make him feel less sad. I immediately burst into laughter because it was the funniest joke that I heard recently.

I don't know how he gets so many interesting ideas. His innocence and childlike humor always make me laugh, and these unique ideas make him more special. He is the most interesting child that I have ever seen and I wish he could retain that creativity when he grows up

这个话题让我想起了我的小侄子，他只有 4 岁，还在读幼儿园。虽然他很小，但很聪明，总是有有趣的想法。我很喜欢和他聊天。我记得有一天我被要求照顾他，因为我的叔叔和婶婶都需要加班。我一进屋，他就模仿恐龙想吓唬我。当然我没有被吓到，而且哈哈大笑。我花了整个下午陪他玩玩具和做游戏。

当我借他的表看看现在几点时，我发现时间是错的。我告诉他我要改成正确的时间，但被他拦住了。他说，每次他去幼儿园，他都会把时钟拨快半个小时，这样他就可以假装自己提前半个小时离开幼儿园。他解释说这会让他感到不那么难过。我立刻大笑起来，因为这是我最近听到的最有趣的笑话。

我不知道他怎么会有这么多有趣的想法。他的天真无邪和孩子气的幽默总是让我发笑，这些独特的想法让他更特别。他是我见过的最有趣的孩子，我希望他长大后能保持这种创造力。

助你实现目标的人

Describe a person who encouraged and helped you to achieve goal

You should say

Who this person is

What this person encouraged you to do

How this person helped you

And explain why this encouragement helped you to achieve the goal

My family have always tried to encourage me to reach my goals in life, and no one more so than my grandfather. My grandfather was a very successful actor when he was younger. Therefore, he is a very talented man. One of my grandfather's talents is his singing ability. As an actor, he received **formal vocal coaching** (正式的声乐训练) since childhood. Throughout his life, he has sung for hundreds of people on the stage many times. Therefore, my grandfather has excellent technique and knowledge on the art of singing. He knows that I am eager to participate in a singing competition at my school, so he encourages me and teaches me how to sing.

My grandfather does this by practicing with me. Often when I get home from school at weekends, I will visit my grandfather. He teaches me all the techniques he learnt from his vocal coaching and corrects me when I am singing with bad form. I have greatly improved ever since my grandfather began instructing me, so the encouragement is very effective. However, the most encouraging thing is that my grandfather really believes in me and **compliments** (表扬) my singing all the time. He gave me a lot of confidence in my singing abilities and made me proud of the talent that I had. I think this is the reason why I ended up winning the singing competition, because of the love and encouragement my grandfather showed me. The support of your friends and family is very important in life, it can often be the difference between success and failure.

中文翻译：

我的家人一直试图鼓励我实现我的人生目标，我的祖父更是如此。我祖父年轻时是个非常成功的演员。因此，他是一个非常有才华的人。我祖父的天赋之一是他的歌唱能力。作为一个演员，他从小受到正式的声乐训练。在他的一生中，他曾多次在舞台上为数百人演唱。因此，我的祖父在歌唱艺术方面有卓越的技巧和知识。他知道我很想参加学校的歌唱比赛，所以他鼓励我并教我如何唱歌。我祖父和我一起练习。当我周末从学校回到家，我会去看望我的祖父。他教我他从声乐教练那里学到的所有技巧，并纠正我当我想唱的不对的形式。自从爷爷开始教导我以来，我已经有了很大的进步，所以鼓励是非常有效的。然而，最令人鼓舞的是，我祖父真心的相信我并且经常赞美我的歌声。在唱歌方面他给了我很大的信心，并使我为自己的才华自豪。我想这就是我最终赢得歌唱比赛的原因，因为爷爷对我的爱和鼓励。朋友和家人的支持在生活中是非常重要的，它经常是成败的关键。

说外语的人

Describe a person who speaks a foreign language well

You should say:

Who the person is

What kind of foreign language he/she speaks

Why he/she learned this foreign language

And explain why you think he/she speaks this foreign language well

My friend Alexis and I went on holiday together recently to Thailand. While we were there I discovered that she speaks English very well. I had known that Alexis could speak English a little bit, as both she and I were taught English at school but only at a basic level. I was surprised to discover that since then she had practiced her English and was now almost fluent.

We were staying in a hostel in Thailand and there were many people from all around the world staying there as well. There were a few people from English speaking countries such as Australia, England and America. Alexis would speak with them every day and we became good friends with a few of them. During the trip, Alexis used her excellent English skills to solve many communication problems, such as finding the way and looking for food.

Near the end of our trip I asked Alexis how she learnt to speak English so well. She told me that after we were taught English in school she never stopped practising it. At home, both of her parents spoke English very well and they would practice English with each other every day. On top of this, Alexis would read books in English and watch English television so that she was always exposed to the language. She said all these things worked really well and nowadays she finds speaking English completely natural to her.

中文思路：

最近我和朋友亚历克斯一起去泰国度假。在那里我发现她英语讲得很好。我知道亚历克斯会说一点英语，因为我们都在学校学过英语，但只是初级水平。我惊讶地发现，从那以后，她一直在练习英语，现在几乎很流利了。

我们住在泰国的一家青年旅社，那里也住着许多来自世界各地的人。有一些人来自说英语的国家，如澳大利亚，英国和美国。亚历克斯每天都和他们聊天，我们和他们中的一些人成了好朋友。在旅途中，亚历克斯用她出色的英语技能解决了许多沟通问题，比如找路和找食物。

旅行快结束时，我问亚历克斯是怎么把英语说得这么好的。她告诉我，自从我们在学校学习英语后，她从未停止练习。在家里，她父母英语都说得很好，他们每天都会互相练习。除此之外，亚历克斯还会读英语书，看英语电视，这样她就能经常接触到英语。她说所有这些都很有效，现在她发现说英语对她来说很自然。

纪念品

Describe something special you took home from a tourist attraction

You should say

What it is

When you bought it

Where you bought it

What it was like

And explain why you think it was special

Last summer holiday, a few friends and I went to Lasa to visit the Potala Palace in Tibet, we spent a day visiting the palace and learning Tibetan Buddhist culture.

Just before we left, we went to browse in the gift shop. They were selling all sorts of things, from postcards to T-Shirts, and we spent a long time looking at all the different souvenirs. My friends bought some small things such as pens and notebooks which has pictures from Potala Palace on them, but I wanted to find something very special to cherish the day. Eventually, I found a bracelet which was a simple thread with a stone attached to it. It was a kind of stone only found in Tibet. I loved how simple and rustic the bracelet looked, and the fact that it contained a stone from Tibet make it even more special. So, I bought the bracelet and took it home, and ever since it has been something which is really important to me.

The reason why I believe the bracelet is so special is that every time I wear it, I am reminded of the beautiful day I spent with my closest friends in Tibet. It was such a lovely journey, the weather was great and we had a lot of fun together. Thus, every time I wear the bracelet I am filled with joy. The bracelet itself is very simple and not elegant at all, however, the sentimental value it holds for me makes it the most beautiful bracelet in the world.

中文思路：

去年暑假，我和几个朋友去拉萨参观了西藏的布达拉宫，我们花了一天的时间参观了布达拉宫，学习了藏传佛教文化。

就在离开之前，我们去礼品店逛了逛。他们在卖各种各样的东西，从明信片到 t 恤，我们花了很长时间看各种各样的纪念品。我的朋友们买了一些小东西，比如钢笔和笔记本，上面有布达拉宫的照片，但是我想找一些特别的东西来珍惜这一天。最后，我找到了一条手链，它是一条简单的线，上面有一块石头。它是一种只在西藏发现的石头。我喜欢这条手链看起来是那么的简单和质朴，它包含了一块来自西藏的石头，这让它更加特别。所以，我买了手链并把它带回家，从那以后，它对我来说就变得非常重要。

我认为这条手链如此特别的原因是，每当我戴上它，我都会想起我和我最亲密的朋友在西藏度过的美好日子。这是一趟美妙的旅程，天气很好，我们在一起有很多乐趣。因此，每次我戴上手链，我都充满了喜悦。这条手链本身很简单，一点也不优雅，但是它对我的感情价值使它成为世界上最美丽的手链。

早起

Describe an occasion when you got up early

You should say:

When you got up

What you did

Why you got up early

And explain how you felt about it

Recently, when I was on holiday with my family in Sanya, we had to get up very early one morning to take part in a one-day trip to Wuzhizhou Island. The reason we had to wake up so early was because we had to travel by boat to the island which is about thirty kilometres away from Sanya. The boats travel to Wuzhizhou Island at 5 or 6am in the morning. Therefore, we had to wake up very early, about 4:30am, to get the boat that left at 5am. We set an alarm for 4:30am and got up as soon as it went off.

At first, waking up so early made me feel a bit grumpy (暴躁). I normally like sleeping in during the early mornings and waking up slowly to have a nice breakfast. But, to catch the boat we had to wake up very quickly, and rush to (急着做) get ready. Therefore, I was quite tired and grumpy at first. However, when we got onto the boat and started sailing towards the island my mood changed. The sea was crystal clear and the sun was rising in the sky which both filled me with joy. The fresh sea air had woken me up and I was no longer tired. I was very excited for the day ahead (接下来的一天). When we got to the island, we all had a fantastic day exploring its isolated (孤立的) beaches and we were sad when we had to leave. For some occasions, it is really worthy to wake up early.

中文思路：

最近，当我和我的家人在三亚度假时，有一天我们不得不早起参加为期一天的蜈支洲岛之旅。我们必须这么早起床的原因是我们必须乘船去离三亚大约 30 公里的岛屿。这些船在早上 5 点或 6 点开往蜈支洲岛。因此，我们不得不很早就起床，大约凌晨 4:30，去乘坐早上 5 点离开的船。我们把闹钟定在凌晨四点半，闹钟一响我们就起床了。

起初，醒来这么早让我觉得有点暴躁。我通常喜欢在清晨睡懒觉，然后慢慢醒来享用一顿美味的早餐。但是，为了赶上船，我们必须很快醒来，并迅速准备。因此，一开始我很累，脾气也不好。然而，当我们登上了船开始驶向小岛后，我的心情开始改变。湛蓝的大海和缓缓升起的太阳都让我感到非常快乐。新鲜的海风把我叫醒了，我感到没那么疲惫了。接下来的一天我都非常兴奋。当我们到达岛上，我们用了一天时间探索这个孤立的、美妙的海滩，当我们不得不离开时都感到很难过。有时候，早起真的很值得。

想得的奖

Describe a prize you would like to win

You should say:

What it is

When you know the prize

What you need to do

And explain why you would like to win it

There's a competition in my local city that I've always wanted to take part in, but I've never had the courage to do so. It's called the English Excellence Award - or EEA, and it's a competition that anybody in the city can take part in, as long as you are a student and have a passion for English. But in a big city like mine, there are many people studying English, and therefore the competition can be very fierce.

I know about this competition because our teachers tell us about it in school - it's actually quite a famous competition among students in the city. The competition's format is quite straightforward; each student has two minutes in which to recite a speech. Each year, the topics of the speeches change, and around two months before the competition begins, the organisers will release three potential topics for the students to use within the competition. All I would need to do is to choose one of the three topics and prepare my own speech. I really want to attend this competition because the first prize is a trip to Singapore, and Singapore is a place I've always wanted to visit. The only thing holding me back are my nerves, but I guess doing this IELTS examination is a similar experience, so I should probably just do the competition as well.

中文思路：

我所在的城市有一个我一直想参加的比赛，但我一直都没有勇气去参加。它就是英语优胜者奖，或者 EEA，这是一个城市里任何学生都可以参加的比赛，并且要求对英语有学习热情。但是在像我所在的大城市里，有很多人学习英语，因此竞争会很激烈。

之所以我知道这个比赛是因为我们的老师在学校里告诉我们的——实际上这是一个在我们市里面非常有名的比赛。比赛的形式很简单；每个学生有两分钟的时间背诵一篇演讲。每年演讲的主题都会有所变化，在比赛开始前两个月左右，组织者会发布三个潜在的主题供学生在比赛中使用。我所要做的就是从这三个主题中选择一个，然后准备我自己的演讲。我真的很想参加这个比赛，因为一等奖是新加坡之旅，新加坡是我一直想去的地方。唯一让我退缩的是我很容易紧张，但我想这次雅思考试也是类似的经历，所以我应该也可以参加这个比赛了。

综艺

Describe a quiz program or game show on TV

You should say:

What it is

When you watch it

What it is about

And explain how you feel about the program

There is a game show in China that is very popular right now. The English name for the show is “Masked Singer”. It’s a show where the contestants are all well-known celebrities. The celebrities all need to choose an elaborate outfit with a mask that completely conceals their face. They then take to the stage to sing a song. The panel of judges – and of course the viewers like me at home – then need to listen to the voice of the singer and take note of their body movements.

After the song is finished, the judges have a limited amount of questions they can ask the secret celebrity. They need to use this opportunity to gain an insight into the person’s identity. Then of course they must guess who the celebrity is. If they fail, then the celebrity wins the game.

I watch the show every week, and it’s a highlight of my week. I can’t say I’m very good at the game though- I often get it wrong. I guess the reason I enjoy this show is because there is an air of mystery from the moment the celebrity walks out on stage. We all try to guess who it is early, and we usually fail, but it’s great fun!

中文翻译：

现在中国有一个非常受欢迎的游戏节目。这个节目的英文名字是“蒙面歌手”。这是一个参赛者都是名人的节目。明星们都需要选择一套精心设计的服装，并戴上完全遮住面部的面具。然后他们走上舞台唱一首歌。评委小组——当然还有像我这样的观众——然后需要听歌手的声音，并注意他们的身体动作。

当唱完歌后后，评委们可以问几个关于这位神秘名人的问题。他们需要利用这个机会深入了解这个人的身份。当然，他们必须猜出蒙面者是谁。如果他们失败了，那么蒙面者就赢了。

我每周都看这个节目，这是我一周中最期待的部分。不过我不能说我很擅长这项运动——我经常出错。我想我喜欢这个节目的原因是因为从明星走上台的那一刻起就有一种神秘的气氛。我们都很早就试着猜出是谁，但我们通常都失败了，但这很有趣！

历史建筑

Describe an historical building

You should say:

Where it is

What it looks like

What it is used for now

What you learned there

And explain how you feel about this historical building.

Last summer holiday, my family and I went on vacation to Italy and visited many of the ancient sites there. One of the places we visited which impressed me the most was the leaning tower of Pisa. While I traveled there, I not only knew a lot of history of the tower of Pisa but also learned more about the Italian art.

The Tower of Pisa was originally the freestanding bell tower of Pisa Cathedral. However, the building came to international fame after the foundations it was built upon degraded and the tower began to lean to one side. Therefore, nowadays it is primarily a tourist attraction that people from all over the world come to visit. One can also climb the tower and see the beautiful view of the surrounding areas. However, the tower still retains its original function as the bell tower for the local Cathedral.

I think the Leaning Tower of Pisa is historic because it was the place where Galileo did his famous free fall experiment. This experiment greatly improved developments in physics area, so it became one of the most famous buildings in the world. Furthermore, the tower also brings joy to a lot of people. When people visit the tower, they like to take photos where they pretend they are holding the tower up. I think this is very funny and everyone was laughing a lot when they were taking the photos. So, I think the leaning tower of Pisa is a very special place.

中文思路：

去年暑假，我和我的家人去意大利度假，参观了那里的许多古迹。我们参观的其中一个地方给我印象最深的是比萨斜塔。在那里，我听说了很多关于这座塔的故事，对意大利的艺术也有了更深的了解。

比萨斜塔最初是比萨大教堂的独立钟楼。然而，这座建筑在地基退化、塔楼开始向一侧倾斜后享誉国际。因此，现在它是一个旅游景点，世界各地的人都来参观。人们也可以爬上塔，看周围的美景。然而，这座塔仍然保留了它作为当地大教堂钟楼的原始功能。

我认为比萨斜塔具有历史意义，因为伽利略就是在这里做了著名的自由落体实验。这引起了物理学界的一场革命，因此，它成为了世界上最著名的建筑之一。此外，这座塔也给很多人带来了快乐。当人们参观这座塔时，他们喜欢假装自己举着塔拍照。我认为这是非常有趣的，每个人拍照时都很开心。所以，我认为比萨斜塔是一个非常特别的地方。

善意的谎言

Describe an occasion the someone didn't tell you the complete truth

Who is it

When this happened

What the situation was

Who you were with

And explain why this person didn't tell you the whole truth

When I was a small child I hated going to the dentist (牙医诊所). I was always extremely unhappy when I found out that my mother or father was going to take me there. Because I was a little scared of the dentist. I always thought they were going to put me through a lot of pain for no reason. This was an irrational(不理性的) fear and my parents were aware of this. I became so scared that after a while I simply refused to go to the dentist anymore. This was a big problem for my parents. As dental(牙齿的) health is very important, especially in young children, so they had to find a way to make me go. My parents decided to start telling me white lies to get me to go to the dentist. They would tell me that we were going to the park, or perhaps to the shops, then once I was in the car they would drive me to the dentist.

At the time I remember this experience made me feel very hurt by my parents. I did not think it was right of them to lie to me. However, in retrospect (回想起来), I understand that this was definitely the right thing to do. They were aware that my fears of the dentist were completely ungrounded and something that I had to overcome. They also knew that dental health was very important and worth telling a few white lies for.

中文思路：

我小的时候很讨厌去牙科诊所。当我发现父母要带我去那里时，我总是非常不开心。我有点害怕牙医，我一直觉得他们会无缘无故地让我经历很多痛苦。这是一种非理性的恐惧，我的父母也意识到了这一点。我变得很害怕，一段时间后我直接拒绝去看牙医。这对我的父母来说是个大问题。对小孩子来说牙齿健康是非常重要的，所以他们必须想办法让我去。我父母决定对我说一个善意的谎言，好让我去看牙医。他们告诉我要去公园或者商店，然后我一上车他们就会开车送我去看牙医。

当时这让我觉得我被父母伤害了。我认为他们对我撒谎是不对的。然而，现在回想起来，我明白这绝对是一件正确的事情。他们知道我对牙医的恐惧是完全没有根据的，是我必须克服的。他们也知道牙齿健康非常重要，为此撒几个善意的谎言是值得。

聪明的人

Describe an intelligent person you know

You should say:

How you know this person

What this person does

And explain why you think this person is intelligent

I think that one of the most intelligent people I know was my high school chemistry teacher. His name was Mr Jones and I respected him very much as a teacher. He was also the head of sciences and respected by all of the faculty (全体教员) as a very smart man. He taught chemistry to the higher level classes and older students. I was in these classes, but I did not find chemistry the easiest subject and often struggled with it. It was Mr Jones who encouraged me to persevere and helped explain difficult subjects to me. He knew everything about chemistry in modern science that every time I asked questions he could reply me in a very short time. This is why I thought he was very intelligent.

Mr Jones opened up an entirely new world of knowledge to me and made me really enjoy learning chemistry. So, I feel that he was a very important and influential (有影响力的) role model to me as I was growing up. I am very happy that as I was growing up I had such an intelligent person to look up to (尊敬), and I am sure there are many other students who had the same experience as I did. I think it is good and important for young people to have intelligent teachers and role models to encourage them to work hard and learn as much as they can.

中文思路：

我认识的最聪明的人之一是我高中的化学老师。他的名字叫琼斯，我非常尊敬他。他是一个非常聪明的人，同时也是系主任，受到所有老师的尊敬。他教高年级学生化学。我上过这些课，但我发现化学不是一门简单的学科，我经常和它斗争。正是琼斯先生鼓励我坚持下去，并帮助我解决困难。他知道现代科学中化学的一切，我每次问问题他都能在很短的时间内回答我。这就是我认为他很聪明的原因。

琼斯先生为我打开了一个全新的知识世界，使我真正喜欢学习化学。所以我觉得他是我成长中一个非常重要和有影响力榜样。我很高兴在成长过程中有这样一个聪明的人能让我尊敬，我相信还有很多人有和我一样的经历。对年轻人来说，有聪明的老师作为榜样来鼓励他们努力学习，这很好也很重要。

生活设施

Describe a new public facility that improves local life quality

You should say:

Where the facility is

When it is built

What people can do there

What influence the facility has

And explain how you feel about it

A few years ago, in my home town the government announced that they were going to commission (委托建造, 动词) the building of a public swimming pool. It has now been in my town for a few months and already it has greatly improved the quality of local life. The council introduced the swimming pool as a way to improve the health and wellbeing of the community. In the modern era, it can sometimes be difficult to exercise properly, especially in large urban areas. Thus, a public swimming pool is an easy and accessible method for a community to exercise and focus on their health.

I think this was a very good idea on the part of my government. Proper physical health is vital (至关重要的) to the good function of an individual and a community. If we are all individually (分别地) strong of mind and body then we shall be strong as a society together. It is very easy to become complacent and lethargic (自满和无生气的) in the modern world so I believe that public facilities such as this are very important for encouraging a positive and healthy lifestyle. Often, people who can afford expensive gym memberships can have access to facilities. However, with the development of this public facility now all people in my community have access to good exercise facilities without having to pay a lot of money. Therefore, I greatly approve of this new public facility.

中文思路：

几年前,我家乡的政府宣布,他们要委托建造一个公共泳池。现在,它已经修好几个月了,大大改善了当地的生活质量。政府引入游泳池,作为改善社区健康和福利的方式。在现代,有时很难正确地锻炼,尤其是在大城市。因此,公共游泳池是社区锻炼和关注健康的一种简单易行的方法。

我认为这对我那边的政府来说是一个非常好的主意。适当的身体健康对个人和社区的良好功能来说是至关重要的。如果我们每个人都有强大的精神和身体,那么我们就会成为一个强大的社会。现代社会很容易变得自满和没有生气,所以这样的公共设施是对鼓励积极健康的生活方式非常重要。通常情况下,那些能负担得起昂贵健身房会员费的人可以使用健身设施。然而,随着公共设施的发展,现在我们社区的所有人都可以使用良好的健身设施,并不需要支付很多钱。因此,我非常认可这个新的公共设施。