



What is PKD?

By: Anthony Lakey

Disclaimer: I am not a doctor, please seek a doctor if you suspect you may have a medical condition.



PKD stands for
Polycystic Kidney
Disease.

is a genetic disorder that causes many fluid-filled cysts to grow in your kidneys. Unlike the usually harmless simple kidney cysts that can form in the kidneys later in life, PKD cysts can change the shape of your kidneys, including making them much larger.



PKD is NOT contagious! It can be given during birth, or later on in life. This disease is passed down by genetics. So if one of your parents has PKD, you most likely have it as well.



PKD is not as bad as it sounds.
Many People with PKD live a long
life. Depending on genetics, you
could live up to 50 years old OR
older before your kidneys fail from
PKD.



You can live normally with PKD. Eventually your kidneys will fail, resulting in you needing a kidney. People with PKD can NOT donate to you (obviously). You will most likely need to go on dialysis until you get one.



All in all, this disease sounds scary, but it is not that bad. I have been diagnosed before I was born. I have never been upset for having this disease. I'm not in pain, ever. I can eat whatever I want. However, one day I will need a kidney transplant. I am happy that I have PKD and not a more severe disease. :)

- Anthony Lakey



Thank You!