

Test Cases

1. Profile screen

With Profile screen, users are able to see their activities, a calendar, workouts sum, resources like recipe and exercise library, user's fitness plan and user's target values like target weight and target calories.

C1: Check user fitness plan

Type Usability	Priority High	Estimate None	References None
Automation Type None			

Preconditions

User Profile is already created with the goal to be achieved.
User must be on the profile screen.

Steps

Step	Expected Result
1 Scroll the page to the end	"My fitness plan" and "modify" should be visible.
2 Check that the following information is visible:	Goal: Exercise: Initial weight: Body type: Initial body fat: Target body fat: Obs: The information must match what was selected when creating the profile.

C2: Check user target values

Type	Priority	Estimate	References
Usability	High	None	None
Automation Type			
None			

Preconditions

User Profile is already created with the goal to be achieved.
User must be on the profile screen.

Steps

	Step	Expected Result
1	Scroll to the bottom of the page	"My target values" with Target weight and Target calories must be visible.
2	Tap "Target weight".	A window opens with information about the target weight.
3	Click on OK.	The window closes.
4	Tap "Target calories".	A window opens with information about the target calories.
5	Click on OK.	The window closes.

C3: Check the calendar

Type	Priority	Estimate	References
Functional	Medium	None	None
Automation Type			
None			

Preconditions

User Profile is already created with the goal to be achieved.
User must be on the profile screen.

Steps

	Step	Expected Result
1	Check that the following information is visible:	"Your activity", "View all" and calendar are visible. The current month and date are selected by default.
2	Tap the left arrow.	The previous month is displayed.
3	Tap the right arrow.	The next month is displayed.
4	Tap "View All".	All months of the current year are displayed.
5	Tap the arrow at the top of the screen.	Profile screen is displayed.

C4: Check the workout record

Type	Priority	Estimate	References
Functional	High	None	None
Automation Type			
None			

Preconditions

User Profile is already created with the goal to be achieved.
User must be on the profile screen.
User must have complete at least one workout. (Livia note: Here I would add a link to the test case "complete a workout").

Steps

Step	Expected Result
1 Check that the following information is visible:	The "Workouts" information below the user name must be visible. The sum of the completed exercises should be visible.
2 Check the sum of the exercises in the calendar.	On each day the user completed a workout, a blue ball should be displayed. The number of blue balls should be the same in "workouts".

C6: Change the Goal

Type	Priority	Estimate	References
Functional	Critical	None	None
Automation Type			
None			

Preconditions

C1 Check user fitness plan.

Steps

Step	Expected Result
1 Tap "Modify".	"My fitness plan" screen is displayed. "My details" must be visible. "My target values" with target weight and target calories must be visible.
2 Tap "Goal".	The "Goal" screen opens. Lose weight, Get fitter and Gain muscle must be visible.
3 Change the goal and back to "My fitness plan" screen. For example: Lose weight for Gain muscle.	The "Goal" should be the same as previously selected.
4 Back to Profile screen.	The "goal" now is to "Gain muscle mass".

C7: Check Recipe book resource

Type	Priority	Estimate	References
Usability	Medium	None	None
Automation Type			
None			

Preconditions

User Profile is already created with the goal to be achieved.
User must be on the profile screen.

Steps

Step	Expected Result
1 Scroll to the middle of the page.	"Resources" with Recipe book must be visible.
2 Tap "Recipe book".	Some recipes should be visible. (Livia note: I'm not a member, I can not see how this page looks like).

C8: Check 8fit guides

Type	Priority	Estimate	References
Usability	Medium	None	None
Automation Type			
None			

Preconditions

User Profile is already created with the goal to be achieved.
User must be on the profile screen.

Steps

Step	Expected Result
1 Scroll to the middle of the page.	The "Resources" with 8fit guides must be visible.
2 Tap 8fit guides.	<p>The "8fit guides" screen must be visible with the following informations:</p> <p>The guides: The nutrition Guide. The Fitness Guide.</p> <p>Nutrition Articles: Why nutrition is so important. Nutrition tips. Eating out. More articles.</p>
3 Click one of the following options: 1 - The nutrition Guide. 2 - The Fitness Guide. 3 - More articles. Example: The nutrition Guide.	<p>A page in the browser opens with the Nutrition Guide.</p> <p>Obs: The same behavior should occur with the other options mentioned.</p>
4 Click one of the following options: 1 - Why nutrition is so important. 2 - Nutrition tips. 3 - Eating out. Example: Why nutrition is so important.	<p>The "Why nutrition is so important" screen opens</p> <p>Obs: The same behavior should occur with the other options mentioned.</p>

C9: Check Exercise library

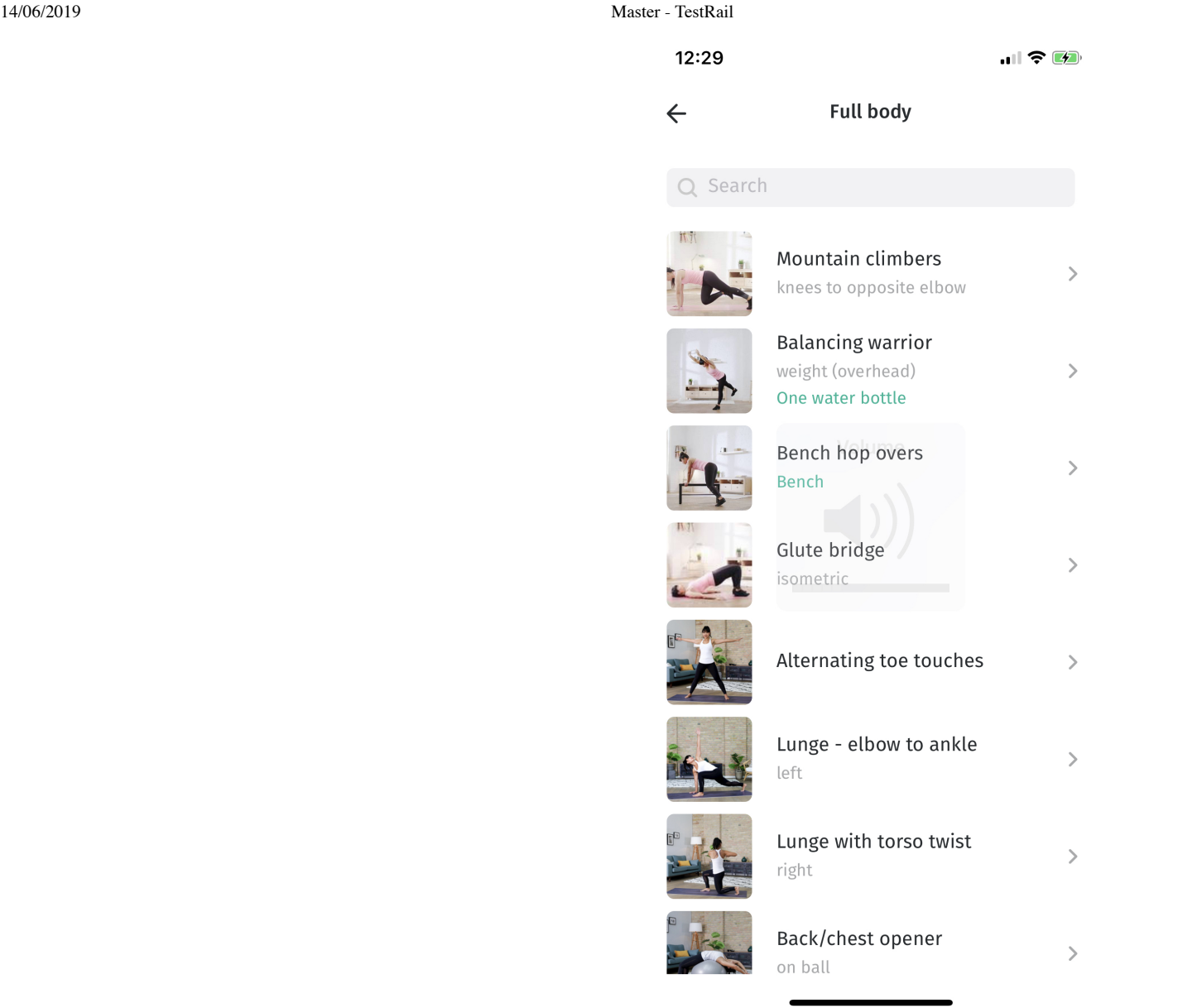
Type	Priority	Estimate	References
Usability	Medium	None	None
Automation Type			
None			

Preconditions

User Profile is already created with the goal to be achieved.
User must be on the profile screen.

Steps

Step	Expected Result
1 Scroll to the middle of the page.	The "Resources" with Exercise Library must be visible.
2 Tap Exercise Library.	The "Exercise Library" screen must be visible with the following informations: <ul style="list-style-type: none">• Full body• Lower body• Upper body• Core
3 Click one of the options. Example: Full body.	The "Full body" screen opens. A list of exercises for the whole body is displayed.



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- Click one of the options.
Example: Mountain Climbers.
- The "Exercise preview" screen opens.

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Exercise preview



Mountain climbers: knees to opposite elbow

Count one every time you return to start position - alternate sides

Muscles involved: core, glutes, quadriceps, hamstrings

This is how to perform one repetition:

1. Place hands on floor directly under shoulders, hips lifted, and extend legs with feet together and toes curled under
2. Tense every muscle to keep body in a straight line from head through to heels
3. Keep left foot straight out behind as you pull right knee in towards left elbow
4. Place right foot back down behind and pull



C10: Change Exercise time

Type	Priority	Estimate	References
Functional	Medium	None	None
Automation Type			
None			

Preconditions

C1 Check user fitness plan.

Steps

Step	Expected Result
1 Tap "Modify".	"My fitness plan" screen is displayed. "My details" must be visible. "My target values" with target weight and target calories must be visible.
2 Tap "Exercise".	The "Exercise" screen opens. The following information should be visible: How often do you exercise? - Rarely or never - 1-3 times a week - 3-5 times a week - 6-7 times a week - Seeveral times per week
3 Change the "Exercise" time and back to "My fitness plan" screen. Example: 1-3 times a week for 3-5 times a week.	The "Exercise" should be the same as previously selected.
4 Back to Profile screen.	The "Exercise" now is to "3-5 times a week".