

Hospitality and Catering

BIG PICTURE

Scheme of Work - Module Outlines

9

YEAR

Module 1 WHAT IS HOSPITALITY AND CATERING?

Catering in the classroom Hospitality in Industry

Module 2 HEALTH AND HYGIENE

Catering in the classroom Hospitality in Industry

Module 3 NUTRITION RECAP 1

EATWELL PLATE Healthy Diet

Module 4 NUTRITION RECAP 2

EATWELL PLATE Healthy Diet

Module 5 NUTRITION RECAP 3

EATWELL PLATE Healthy Diet

Module 6 NUTRITION RECAP 4

EATWELL PLATE Healthy Diet

Module 7 VISIBLE AND NON-VISIBLE 1

RESULTS OF A POOR DIET Effects on the Body

Module 8

VISIBLE AND NON-VISIBLE 2
RESULTS OF A POOR DIET

Effects on the Body

Module 9 NUTRITIONAL EXCESSES

RESULTS OF AN EXCESSIVE DIET Effects on the Body

Module 10 NUTRITIONAL DEFICIENCES

RESULTS OF A DEFICIENT DIET Effects on the Body

Module 11 COOKING METHODS 1

EFFECTS ON NUTRITION Effects on the ingredient

Module 12 COOKING METHODS 2

EFFECTS ON NUTRITION Effects on the ingredient

Module 13 COOKING METHODS 3

EFFECTS ON NUTRITION Effects on the ingredient

Module 14 COOKING METHODS 4

EFFECTS ON NUTRITION Effects on the ingredient

Module 15 TYPES OF SERVICE 1

SERVICE
Variations on food service
Customer opinions

Module 16 TYPES OF SERVICE 2

SERVICE

Variations on food service Customer opinions

Module 17 TYPES OF CLIENT

SERVICE

Variations on Clientele Customer opinions

Module 18 PORTION CONTROL

THEORY MODULES

HOW TO MANAGE PORTIONS
Pros and Cons

Module 19 PACKAGING 1

DIFFERENT TYPES OF Sustainability factors

Module 20 PACKAGING 2

DIFFERENT TYPES OF Sustainability factors

Module 21 PACKAGING 3

DIFFERENT TYPES OF Sustainability factors

Module 22 CONSERVATION 1

ENERGY AND WATER Sustainability factors

Module 23 CONSERVATION 2

ENERGY AND WATER Sustainability factors

Module 24 CUSTOMER NEEDS

DIETARY REQUIRMENTS
Budgets

Module 25 ORGANOLEPIC

5 SENSES Appeal for Consumer

Module 26 CONTROLLED ASSESSMENT PREPERATION

REVIEW OF AC1.1-2.4 EXPECTATIONS AND DEADLINES!

THROUGHOUT THE YEAR CREATING A TIMEPLAN

COMPLETED FOR PRACTICALS MUST INCLUDE;

Timings

Method

Special Reminders

Contingencies

Ingredients List

Equipment List

Mise En Place

Cooking

Cooling

Hot Holding

Completion Serving

TESTING and RECAP MODULES THROUGHOUT

Multiple choice TEST Written Exam questions Review knowledge learnt

UPON COMPLETION OF MODULE 1 -

25

Controlled Assessment Units

AC 1.1

Describe the functions of nutrients in the human body.

AC 1.2

Compare the needs of specific groups.

AC 1.3

Explain the characteristics of unsatisfactory nutritional intake.

AC 1.4

Explain how cooking methods impact on nutritional value of food.

AC 2.1

Explain factors to consider when proposing dishes for a menu.

AC 2.2

Explain how dishes on a menu address environmental issues.

AC 2.3

Explain how menu dishes meet customer needs.

AC 2.4

Plan production of dishes for a menu.

PRACTICAL MODULES

PRACTICAL 1

HOMEMADE BURGERS
Handling raw meat
Frying

PRACTICAL 2

SPAGHETTI BOLOGNAISE Handling raw meat Frying

PRACTICAL 3

TIRAMASU Whisking

PRACTICAL 4

VIENNESSE WHIRLS Whisking and Baking

PRACTICAL 5

PIZZA

Kneading and Baking

PRACTICAL 6

GINGERBREAD BISCUITS
Kneading and Baking

PRACTICAL 7

LEEK AND POTATO SOUP WITH BREAD ROLL Kneading, Baking and Preparing

PRACTICAL 8

POTATOES 3 WAYS Boiling Frying and Baking

PRACTICAL 9

PANCAKES

Piping, Frying and Temperature
Control

PRACTICAL 10

VICTORIA SPONGE Mixing and Baking

PRACTICAL 11

TEACAKE CHALLENGE Presentation Skills

PRACTICAL 12

CORNISH PASTY

Combining Ingredients and Baking

PRACTICAL 13

MACARONI CHEESE Preparing a Sauce

PRACTICAL 14

APPLE TART
Mixing and Baking

PRACTICAL 15

CHOCOLATE BROWNIES Folding and Baking

PRACTICAL 16

DESIGN YOUR OWN PIZZA Skill Building

PRACTICAL 17

CHEESECAKE

Preparing Ingredients

PRACTICAL 18

TRIFLE

Production Planning

PRACTICAL 19

SKILL BUILDING

PRACTICAL 20 SKILL BUILDING

PRACTICAL 21

SKILL BUILDING

PRACTICAL 22

SKILL BUILDING