

# 求聽我呼求 Hear My Voice

(詩 143:1, 7-8)

中文譯詞：盧靜雯 Wendy Chen

♩=70 親密地、呼求地

詞、曲：周巽倩

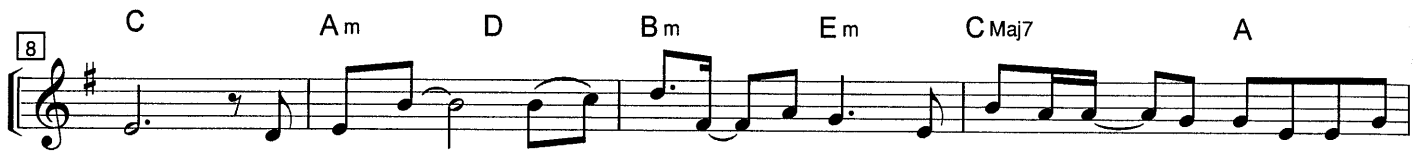
Mary Chikagami Lee



在清晨  
Hear my voice,



求祢聆聽我的禱告。在夜晚求祢傾聽我呼  
— hear my pray - er in the morn - ing. Hear my cry — in the still - ness of the



求。離了祢，我迷失方向，來應允我再次將我尋  
night. With - out You, — I am hope - less and lost. Come an - swer me, — come find me in the



回求祢使我得聽祢慈愛，求祢使我明白當  
dark. Cause me — to hear Your lov - ing kind - ness. Cause me — to know the way where



行的路。求祢使我的心只仰望祢，行出祢的旨意。  
I should walk. — Cause me to lift my soul to You a - lone. Cause me to do Your will.

當我還小的時候，我很怕黑；  
我對黑暗和寂靜有著莫名的恐懼感。

因為我害怕，因此我對周圍發出的  
任何聲音都很敏感；當我聽到不熟悉的  
聲音時 恐懼感就更加來襲。  
所以我不願意在半夜醒來，  
因為那代表我不能再入睡了

就在一個夜晚，我在四點鐘醒來後  
久久不能入睡。我了解若我繼續賴在  
床上，我又會忍不住地去專注在  
奇怪的聲音上，所以我決定到飯廳  
晨更。當我開始用詩篇  
向神歌唱時，這首歌的旋律  
就浮現在心裡。當我繼續唱的時候，  
黑暗離開，早晨來臨了；

從今，我不再恐懼！

When I was little, I used to be afraid of  
the night. I was afraid of the dark and  
silence.

Because I was scared, it made me  
listen for any sound, and when I hear a  
strange sound, I would be even more  
afraid of it. Naturally, it made me very  
uncomfortable when I wake up in the  
middle of the night and can't fall back to  
sleep.

It was one of those nights. I woke up  
4am and just couldn't go back to sleep.  
I knew if I stayed in bed, I would end up  
listening for the strange sound, so I  
decided to do my devotional time in the  
dining room. As I started to sing back  
the Psalm to God, the melody came  
naturally to me. It was my prayer to  
Him. "Cause me to hear Your loving  
kindness..." As I sung the song over  
and over, darkness departed, morning  
came, and I was not afraid any more.