

168 QUESTIONS TO ASK YOUR PARTNER

- Are you an optimist, a pessimist, or a realist?
- As a child, did you trust both of your parents?
- As a teenager, did you ever rebel against your parents?
- Before making a telephone call, do you ever rehearse what you are going to say?
- What would constitute a “perfect” day for you?
- When did you last sing to yourself? To someone else?
- If you were able to live to the age of 90 and retain either the mind or body of a 25-year-old for the last years of your life, which would you want?
- Do you have a secret hunch about how you will die?
- Name three things you and your partner appear to have in common
- For what in your life do you feel most grateful?
- If you could change anything about the way you were raised, what would it be?
- If you could wake up tomorrow having gained any one quality or ability, what would it be?
- Did you collect stuff as a child?
- Did you ever consider a totally different career path?
- Did you ever want more or fewer siblings?
- Did you go through puberty before or after everyone else, or right on time?
- Did you like high school or college better?
- Do you believe everything happens for a reason or do we just find reasons after things happen?
- Do you believe in God?
- Do you ever compare yourself to other guys/girls?
- Do you ever dream about me?
- Do you ever get jealous if you see me talking to other attractive people?
- Do you ever picture having grandchildren?

Do you ever think about me sexually during the day?

Do you ever wish I could read your mind? When?

Do you have any deal-breakers, things that would make you seriously reconsider our relationship?

Do you have a secret hunch about how you will die?

Do you like kissing or hugging more?

Do you think I'm more of an optimist, a pessimist, or a realist?

Do you think of yourself as an introvert or an extrovert?

Do you usually follow your head or your heart when making decisions?

Given the choice of anyone in the world, whom would you want as a dinner guest?

Would you like to be famous? In what way?

Have you ever gotten really obsessed with some topic?

How did your siblings shape who you are?

How long do you think people should wait before having kids?

If a crystal ball could tell you the truth about yourself, your life, the future or anything else, what would you want to know?

Is there something that you've dreamed of doing for a long time? Why haven't you done it?

What is the greatest accomplishment of your life?

If our relationship ended, what's the one thing about it you'd miss the most?

If you could change anything about the way you were raised, what would it be?

If you could change one thing about our relationship what would it be?

If you could go back in time, what age would you be again?

If you could pick one year of your life to do-over, which would it be and why?

If you could see into the future, what would you want to know?

If you could wake up tomorrow having gained a quality or ability what would it be?

If you could write a note to your younger self what would you say?

If you got sick, do you think I would be there to care for you?

If you had one word to describe our relationship what would it be?

If you had to change one thing about yourself, what would you pick?

- If you knew that in one year you would die suddenly, would you change anything about the way you are now living? Why?
- What does friendship mean to you?
- What roles do love and affection play in your life?
- How close and warm is your family? Do you feel your childhood was happier than most other people's?
- How do you feel about your relationship with your mother?
- If you were able to live to the age of 90 and retain either the mind or body of a 30-year old for the last 60 years of your life, which would you choose?
- If you were to die this evening with no opportunity to communicate with anyone, what would you most regret not having told someone? Why haven't you told them?
- Your house, containing everything you own, catches fire. After saving your loved ones and pets, you have time to safely make a final dash to save any one item. What would it be? Why?
- Of all the people in your family, whose death would you find most disturbing?
- If you woke up tomorrow with no fear, what would you do first?
- In your life, what has been the biggest blessing in disguise?
- Is there anything you consider absolutely unforgivable?
- What have dreamt of doing for a long time? Why haven't you done it?
- Complete this sentence: "I wish I had someone with whom I could share..."
- What was an embarrassing moment in your life?
- When did you last cry in front of another person? By yourself?
- What, if anything, is too serious to be joked about?
- Name your two closest friends
- Name one of your favorite novels/movies
- Name one of my hobbies
- Name one of your major rivals or "enemies"
- Share with your partner an embarrassing moment in your life.
- What about me made you fall in love?
- What about our relationship makes you really happy?

What about us do you think works well together? How do we balance each other?

What age are you most looking forward to?

How do you think you might change as you age?

How do you picture yourself as an old man/woman?

What surprises you most about where you are now?

Were you ever bullied? Or did you know anyone who was?

Which TV show characters are you most like?

Describe your ideal day in words or less

What are some of your favorite ways to work out?

What are some of the important events coming up in your life? How do you feel about them?

What are your secret thoughts when you see me at the end of the day?

What can I do to make sure you feel safe with me?

What did you learn about marriage from your parents?

What did you learn about physical affection from your parents?

What did you think after your first sexual experience?

What did you think when you first met me?

What does love mean to you?

What do I mean to you?

What do you like most that I do in bed?

What do you think about couples who are married but live in different cities?

What do you think about couples who own a business together and spend all their time together?

What do you think is your biggest strength in this relationship?

What do you think was your most vulnerable moment in our relationship?

What do you think we need to work on the most in our relationship?

What do you value most in a friendship?

What is your most treasured memory?

What is your most terrible memory?

What do you want to do when you retire?

- What food reminds you of me?
- What is your favorite getaway place?
- What is your favorite restaurant?
- What is your favorite way to spend an evening?
- What is your fondest unrealized dream?
- What is one behavior that you never tolerate?
- What is one of your favorite ways to be soothed?
- What is one of your greatest fears or disaster scenarios?
- What is something I could do to make you trust me even more?
- What is something that never ends well?
- What is the best thing about our relationship?
- What is the one thing that makes you feel alive?
- What is the question that strangers ask you the most?
- What word would you make up to add to the dictionary?
- If you could call up one person to apologize for something, who would it be?
- What are you afraid to do but will do someday? What would make you do it?
- If you could show up at the door of one famous person and have a thirty-minute chat where they let you ask them anything, who would you choose?
- If you had a shop, what would you sell?
- What if you could only remember one memory? What would you choose to relive?
- When did you first learn how to do x?
- Who inspires you to x?
- What is your favorite part of making x?
- What kinds of activities do you wish you had more time for?
- When's the last time you felt really challenged? How did it feel?
- What is something you're glad you did once, but probably will never do again?
- What is something on your bucket list we could do this year?
- What is the most spontaneous thing you've ever done?
- What's gift have you given that you're most proud of?
- Who was your best teacher? What made them great?

Do you have any favorite quotes?
How did you feel about boy bands?
Who was your favorite artist growing up?
What makes you tick while traveling?
What has been your favorite age?
What is your favorite book?
What is your favorite memory of dating me?
What is your favorite sexual fantasy?
What is your favorite sexual memory of us?
What is your favorite sexual position?
What is your favorite song?
What is your favorite thing I ever did for a special occasion for you?
What is your favorite thing that I do for you?
What is your most unique trait?
What makes me different from the other people you've been with?
What medical problems do you worry about?
What movie reminds you of us?
What should a healthy relationship provide for the people in it?
What stresses are you facing right now?
What things about me make you know I'm the one for you?
What were you wearing when we first met?
What was your most embarrassing moment?
What was the best party you ever went to?
What was the very first thing you thought about me?
What was your favorite class in high school?
What was your favorite date night we ever had?
What was your favorite present you ever received as a child?
What do you think your life would be like if you ended up with the job you wanted as a kid?
What do you think happens when we die?

- What food would you refuse to try or what is the food you most regret trying?
- If you could spend one year abroad anywhere, where would you spend it?
- Did you ever get in trouble in middle school? For what?
- What year of high school did you like most? Why?
- What is a big lesson you've learned from past relationships?
- What famous person is living your dream life?
- What would you most like to have invented?
- What legacy do you hope to leave behind?
- Who would you want to play you in a movie about your life?
- What do you remember about your first injury?
- When did you last cry laughing? What was it at?
- Tell me about a time where you were embarrassed but you can laugh about it now
- What was the biggest argument you ever got in with your siblings?
- Did your siblings ever have to come to your rescue?
- Did you like having X siblings?
- What was it like living in x city?
- What was your best birthday like?
- Did you get along with your family in high school?
- Who is the most competitive when you play games as a family?
- What were holidays like when you were younger?
- Did you have any weird nicknames as a kid?
- What do most love about your parents?
- If you were a state, what would be your state symbol?
- If you could be in two places at once, where would you go?
- What superpower would you have if you were a villain?
- What strange thing makes you light up?
- How much would someone have to pay you to give up [favorite beverage] forever?
- Who's wedding was your favorite? Why was it special?
- What do you wish more people asked you about?
- What was your favorite subject in middle school?

What was your first favorite movie, as a child?

What would you consider your ideal job?

What would you do with a million dollars?

What would you do with an extra \$, to spend only on yourself?

What would you do with your life if you were suddenly awarded a billion dollars?

What would your perfect day look like?

What's another career that you think you would love?

What's a question you've never asked me?

What's your best physical feature?

What's one difference between us that you absolutely love?

What's one secret you've wanted to tell me, but haven't?

What's one similarity between us that you absolutely love?

What's one thing about your life you would never change for someone else, including me?

What's one thing you always procrastinate on?

What's one thing you feel our relationship is lacking?

What's one thing you think makes our relationship unique from everyone else's?

What's one thing you want to do together that we've never done before?

What's one thing you're scared to ask me, but really want to know the answer to?

What's something you're glad you'll never have to do again?

What's the accomplishment you are most proud of?

What's the angriest you ever felt?

What's the best book you've read in the past year?

What's the happiest you ever felt?

What's the most anxious you ever felt?

What's the most scared you ever felt, as a child?

What's your biggest fear for this relationship?

What's your favorite memory of us?

What's your favorite memory with your dad?

What's your favorite memory with your mom?

- What's your favorite non-physical quality about me?
- What's your favorite non-sex activity that we do together?
- What's your favorite personality trait of your own?
- What's your favorite physical feature of your own?
- What's your favorite time of day to be intimate?
- What's your favorite way to receive affection?
- What's your greatest talent?
- When did you first think I was attractive?
- When did you know you wanted to kiss me?
- When do you feel the most protected and taken care of?
- When we are with my family, do I make you feel like you're still my priority?
- When we hang out with friends, do I make you feel like you're still my priority?
- When you wake up in the middle of the night, what do you think about?
- When you were a kid, did you feel that you fit in?
- Where do you want to be living in ten years?
- Where have you always wanted to travel?
- Where is your favorite place to be with me?
- Which of my friends do you think is the most fun?
- Which of our kids are most like you?
- Which of your friends is most like you?
- Which one of your friends would you choose if you were stuck on a desert island?
- Which of your parents are you most like?
- Which of your parents did you go to when you wanted to talk?
- Which of your personality traits do you wish you could change?
- Which significant other before me had the biggest impact on you?
- Which would you like most: a summer house, a year-long vacation, or a boat?
- Who was the first person to have a crush on you?
- Who was your favorite teacher when you were a child?
- Who's the closest person to you in your extended family?
- Would you like to be famous? In what way?