

Lindberg Simpson

AI Model Development

Personal Research Portal

AI Usage Log

I used ChatGPT 5.2 and Gemini 3.2 to help me find sources for this project. I asked them for links to diverse sources covering remote work and productivity. However, most of the sources they returned were not sufficient to be used for this project. I only selected around four of the sources recommended by these LLMs and manually curated the rest of the corpus.

I used Cursor coding agent and Claude Opus 4.5 to write most of the code for this project. I made use of the planning mode and instructed the agent to work step by step, while performing manual verification checks of the code along the way.

I also asked Opus 4.5 to assist with giving a detailed project rundown and final architecture explanation that I used to guide my creation of the report. I made edits to this project description and asked Opus to assist with expanding on the adjust report outline. I made further edits to the report before getting it critiqued by Gemini. I then made final changes to the overall structure and grammar before submitting it.