1. Create list of potential tests
2. Start with the simplest test case
3. Use index cards to keep track of tasks and test cases, rip up when complete
4. Do the simplest thing to make it work even if the results are hard coded
5. Do a small amount of work and check in to source control
6. Tear up the card
7. Identify the next small item to work on
8. Allow API to be defined as you go, don’t design up front too much
9. Begin with the assertion and work backwards
10. Make small incremental changes
11. Red-green-refactor
12. Triangulate
13. Taking a break? Leave on a failing test so there is something to return to