

# LOCHLANN O'HIGGINS THEILMANN

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Age - 24



## PROFESSIONAL EXPERIENCE

**Website Design** | 02/2024-ongoing | **EasyWeb** – One of the founding members of this start up. Saw a demand for personalized websites for other start up companies who don't have time to learn how to make a website. Have worked on various websites like Heredge.club and globaldignity.org.

**Website specialist** | 11/2023-ongoing | **Parallax cinematics** – Working for a media company. Website updates and edits. Work close with our clients helping them get the results and visual outcome for their websites.

**Table tennis coach** | 10/2023-ongoing | **St Mary's University** – Run two weekly evening session for the table tennis club. Key skill here is communication when trying to teach and help players.

**Marketing / project coordinator** | 06/2023-08/2023 | **Blonde Ambitions** -Twickenham, surrey  
Rolled involved researching and networking with clients on LinkIn and creating sponsorship decks for upcoming events. I learnt the importance of good communication skills in networking.

**Peer Tutor** | 10/2021 - 05/2023 | **St Mary's University** - Twickenham, Surrey  
Started as a peer tutor to help and support the first-year students with any content. Initially the sessions ran on zoom, then later moved in person. Usually between 5-10 students.

**Summer Internship** | 07/2022 – 09/2022 | **Spear Homeless charity** – Twickenham, Surrey  
Work involved looking through user engagement on all their social media platforms and newsletters, then presenting this information back, usually in a PowerPoint format.

**Blog Editing/ editor** | 12/2019 - 08/2021 | **ParentingSuccess** - Egham  
Approached by ParentingSuccess to help with SEO optimization and general blog management. Improved google hit rating through allying blogs with search intent.

**General Admin** | 09/2019 - 01/2020 | **RealNetworking** - Egham  
RealNetworking offered weekly networking meetings for small companies and individuals. The job involved general admin during meetings.

**Corporate Intern** | 06/2017 - 07/2017 | **Great Ormond street Charity** – London.  
Throughout my time at Great Ormond Street, I was responsible for managing day-to-day admin and research into potential opportunities with other organizations.

## **LANGUAGE SKILLS:**

Danish (Native) and English (Native)

**About me:** Growing up I spent a lot of time moving countries and never settling down anywhere. I see myself as an inclusive person who is always eager to learn more while having a strong focus and drive. Passionate about many things and enjoy staying active with various hobbies. I try to

have a positive impact on my environment and enjoy seeing others do well and achieve their goals in life.

## **EDUCATION**

**Coding institute-03/2024- 03/2025** | Software Development | **2024-Ongoing**

**St Mary's University – Twickenham** | Sport Science | **2020-2023** | 1<sup>st</sup> Degree Honors

**Nordjyllands Idrætshøjskole - Brønderslev, Denmark** | Sports Science | **2019**

**Brighton University** | Foundation in Business management | **2018**

**St Georges College, Addlestone** | GCSE's and A-levels | **June 2015 – 2018**

### **Achievements:**

**President Table tennis society** | St Mary's University – Became president of the society in my third year of university.

**London Marathon** | 2022 – always wanted to complete a marathon.

**Web designer** | started as a hobby, then used my skills to make some money on the side during university, helping to create websites on WordPress.

**Paratriathlon** | spent some time training with the GB development team.