

FIRST 2 LAYERS (F2L)

"Beginner" method used 2 simple triggers

- Left-handed trigger U' L' U L
- Right-handed trigger U R U' R'

"Improver" method will use 4 additional triggers

- "Sexy Move" for alternative corner insertion L' U' L U and R U R' U'
- "Sledgehammer" for alternative corner + edge pairing L F' L' F and R' F R F'

The new triggers are relatively easy to learn and incorporate into your solves

- Alternative corner insertion will reduce the number of y / y' rotations
- Alternative corner + edge pairing will reduce the number of y / y' rotations





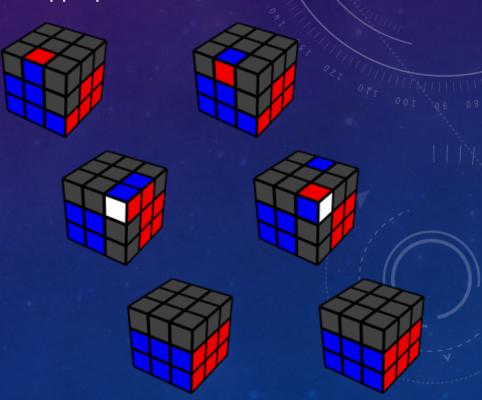
SOLVING THE F2L

The basic approach is to "pair" a corner + edge then "insert" them into the appropriate "slot"

Step 2.1 – "Solve" the corner piece

Step 2.2 – "Setup" the corner + edge in the U-layer, ready for insertion

Step 2.3 – "Insert" the corner + edge into the appropriate "slot"



STEP 2.1 – SOLVING THE CORNER

A simple trigger can be used to "solve" a corner without using a y / y' rotation

Setup: Choose the appropriate setup + trigger based on the corner orientation

Execution: Turn the U-layer with your index finger(s)









STEP 2.1 – TRICKY CORNERS







L U L' U' * 2



R U R' U' * 2



U R U' R' * 2



U'L'UL*3 or LUL'U'*3



R U R' U' * 3 or U R U' R' * 3

STEP 2.2 – PAIRING THE EDGE + CORNER

A simple trigger can be used to "setup" an edge with its corner without using a y / y' rotation

Setup: Choose the appropriate setup + trigger based on the edge orientation

Execution: Turn the U-layer with your index finger(s)









STEP 2.2 – TRICKY EDGES

If the edge is already in the correct slot but "badly oriented" the pair needs to be extracted and re-solved

- 1. "Extract" the corner and edge pieces using the "Sledgehammer" L F' L' F or R' F R F'
- 2. "Solve" the corner using the "Sexy Move" i.e. step 2.1
- 3. "Setup" the corner and edge using the "Sledgehammer" i.e. step 2.2



(L F' L' F) (L' U' L U) U2 (L F' L' F)



(R' F R F') (R U R' U') U2 (R' F R F')

STEP 2.3 – INSERTING THE F2L PAIR

Insert the F2L pair as you would solve a corner in step 2.1 without using a y / y' rotation

Setup: Choose the appropriate trigger based on the corner orientation

Execution: Turn the U-layer with your index finger(s)









SOLVE THE REMAINING PAIRS!



Practice Makes Perfect