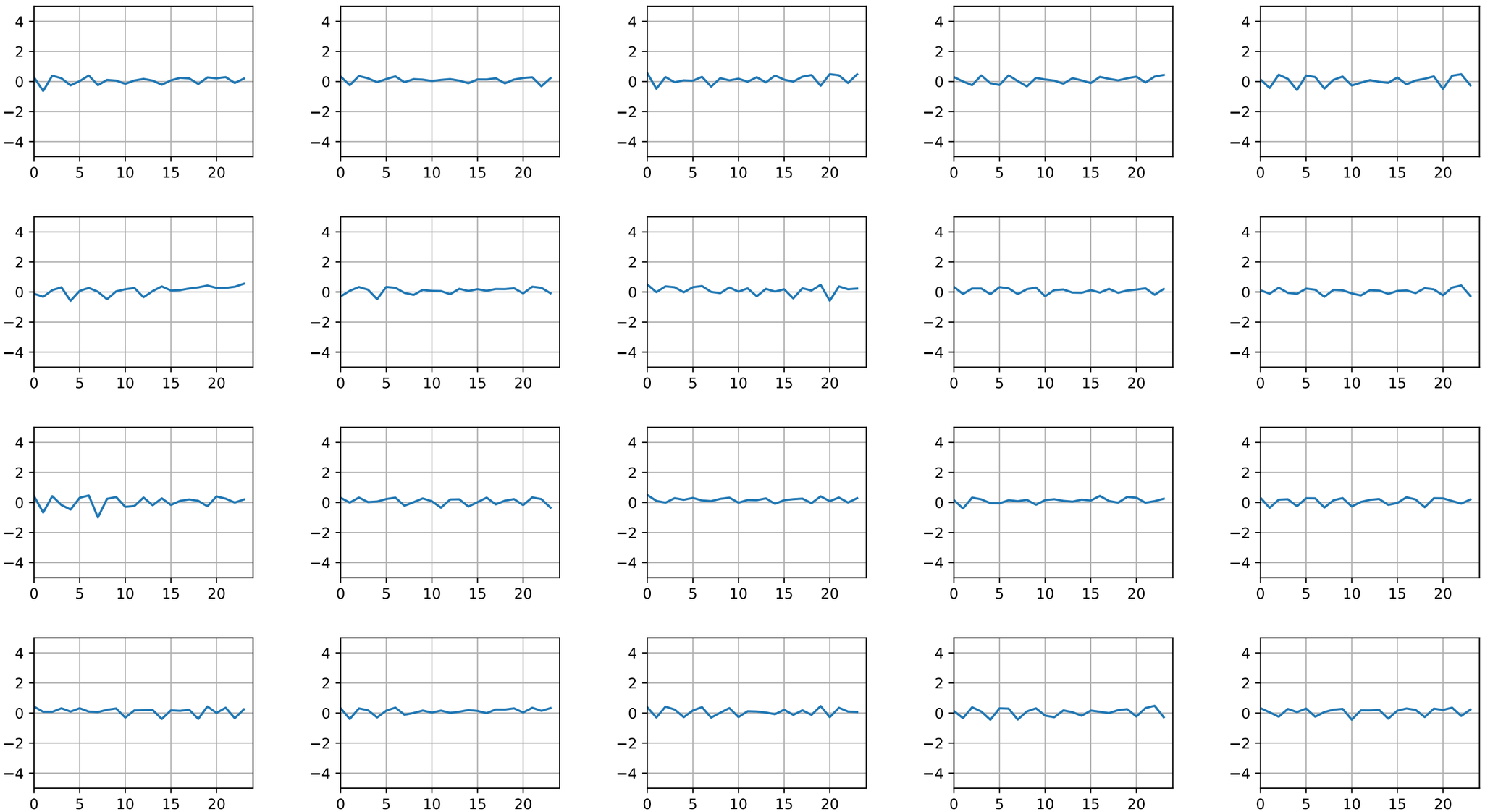Channel 22