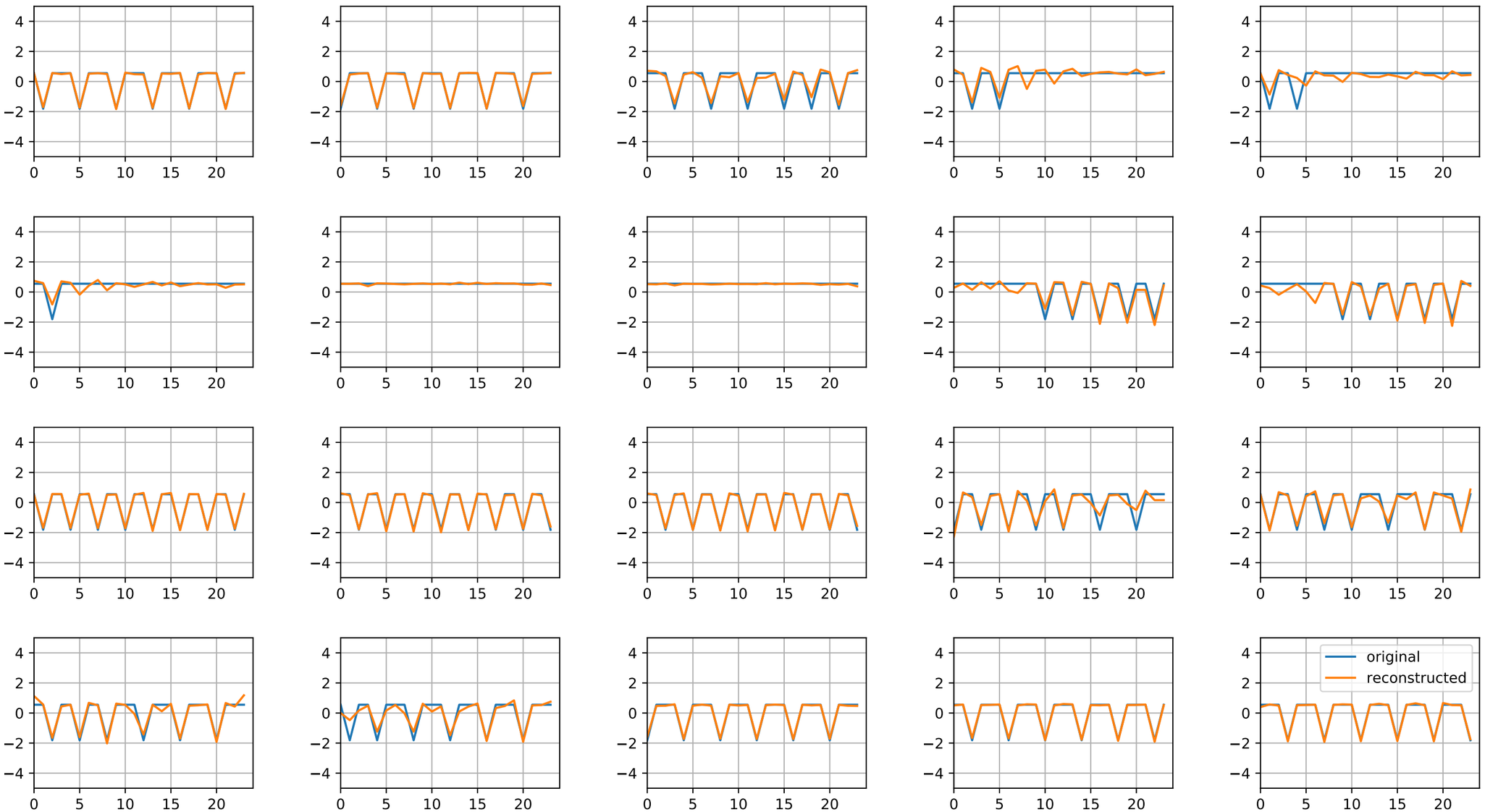Channel 23