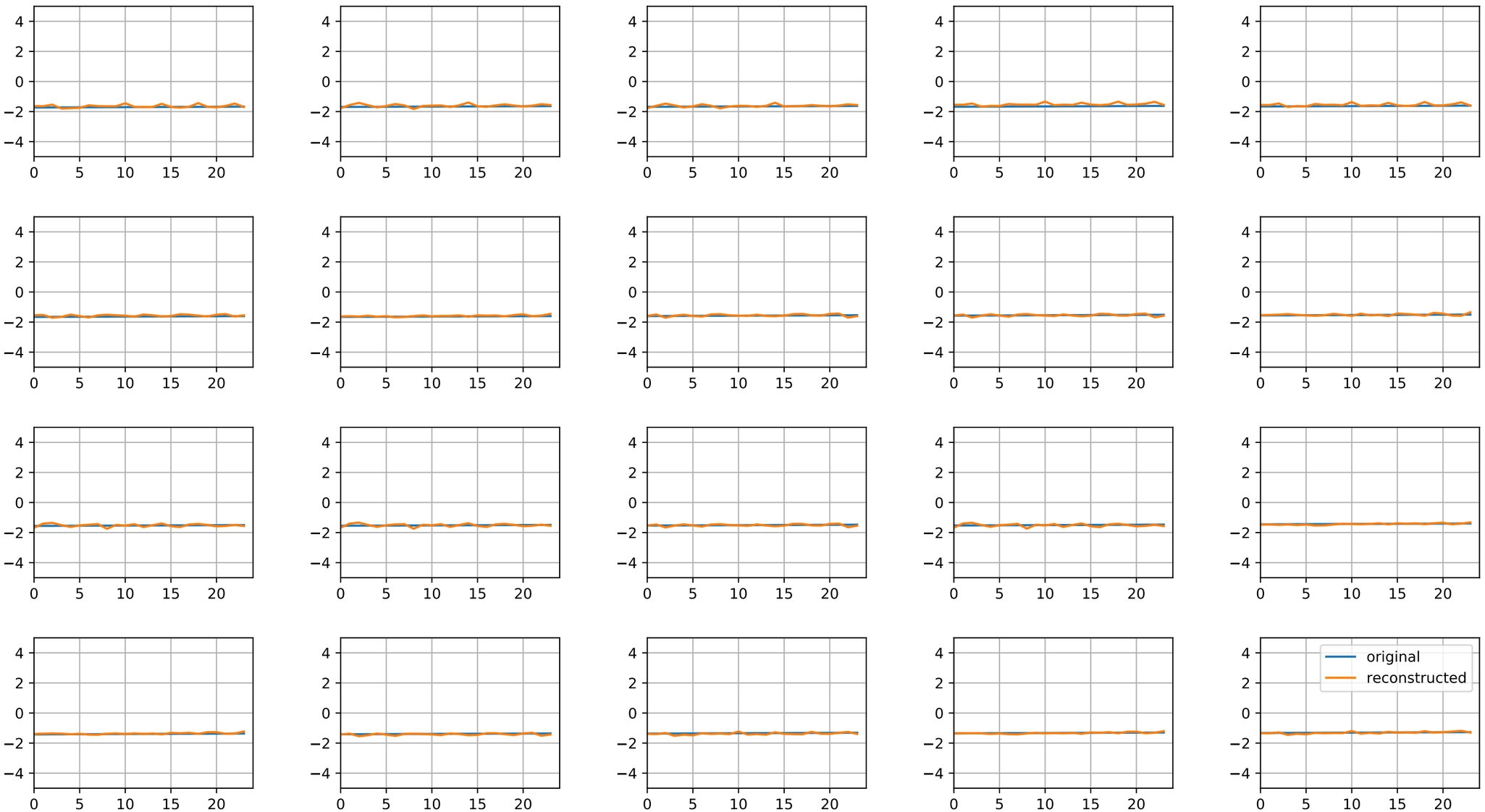Channel 5