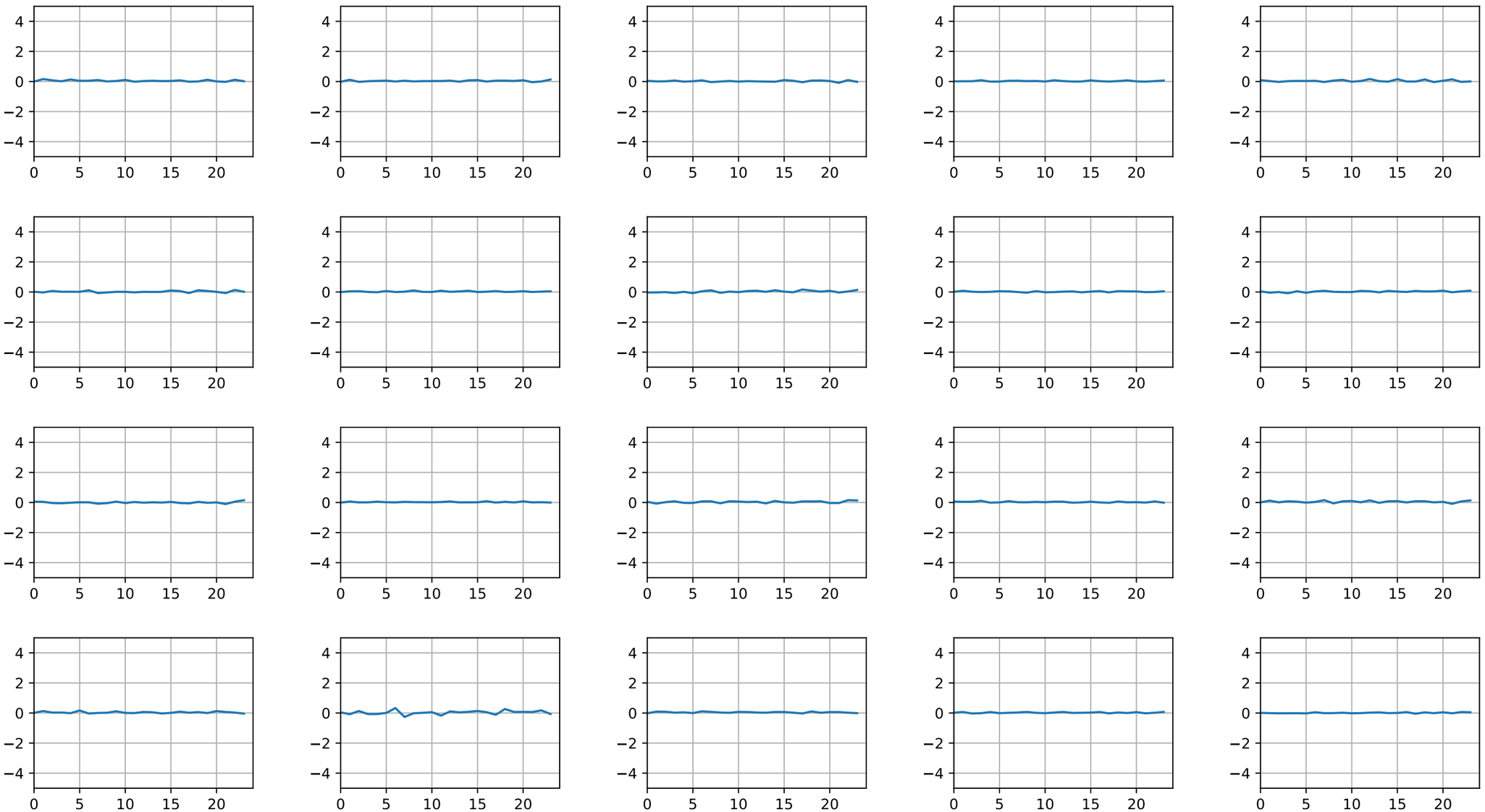Channel 3