Interview with an expert

One of the methods for gather information in the human centered design is the interview with an expert of the main topic. In this case, I wanted to know more about the occupational therapy and the relation of this with the elderly. I had a meeting with a longtime friend that study the career of "gerontologist". She is very professional and has a full knowledge about the elderly (in a soft way).

I did not know anything about the therapy, I actually did not heard about it in my entire life. So the main point of this interview was a complete context of the therapy and how it help the old people, how they interact with the therapist and the kind of exercise this has.

I see this as a very important practice because, this is really the first time i think i had a very solid knowledge about what I am going to do. I know that a have not done the interviews with the users, but this is the kind of situation that maybe the user do not know what the problem is and what the solutions will be.

Right now, I feel that I understand the user and I feel that I am very close of a strong first conclusion (prototipe).