

# Demonstrating *TOM*: A Development Platform for Wearable Intelligent Assistants in Daily Activities

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## ABSTRACT

Advanced wearable digital assistants can significantly enhance task performance, reduce user burden, and provide personalized guidance to improve users' abilities. However, developing these assistants presents several challenges. To address this, we introduce *TOM* (*The Other Me*), a conceptual architecture and open-source software platform (<https://github.com/TOM-Platform>) that supports the development of wearable intelligent assistants that are contextually aware of both the user and the environment. Collaboratively developed with researchers and developers, *TOM* meets their diverse requirements. *TOM* facilitates the creation of intelligent assistive AR applications for daily activities and supports the recording and analysis of user interactions, integration of new devices, and the provision of assistance for various activities.

## CCS CONCEPTS

• Human-centered computing → Ubiquitous and mobile computing systems and tools; Mobile devices; Mixed / augmented reality; • Computing methodologies → Artificial intelligence.

## KEYWORDS

context-aware system, wearable, AI assistance, smart glasses, HMD, interactions, augmented reality, AR, MR, XR, AI/ML

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## 1 INTRODUCTION AND RELATED WORK

With recent advancements in Machine Learning (ML) and Artificial Intelligence (AI) technologies, intelligent digital assistants are becoming an integral part of daily life. These include traditional voice assistants like Siri or Google, and emerging wearable assistants like Humane Ai Pin [1] and Rabbit R1 [27]. Intelligent digital assistants can practically aid users in performing both familiar and new tasks, reduce task load and errors, and enhance task performance [12]. Moreover, these assistants can offer personalization, optimize support for individual needs, and broaden accessibility.

However, developing wearable intelligent assistants presents challenges for stakeholders such as users, developers, and researchers. Despite existing interaction paradigms such as Heads-Up Computing [37] aiming to realize such assistance in daily activities with a focus on users, there is a lack of understanding of the required system capabilities and development guidance. While Augmented and Mixed Reality (AR/MR) assistive systems that enhance user performance have been developed [6, 7, 32], most are tailored to specific tasks (e.g., ARGUS [12] for immersive analytics, Project Aria [16] for data collection) and lack adaptability for various daily activities. Although the Platform for Situated Intelligence (psi) [5, 8] enables accelerated research and development in traditional interactive systems, it lacks support for wearable, user-centered applications [37] that facilitate task assistance while minimizing interference by understanding user and context. Emerging wearable intelligent assistants such as Rabbit R1 [27], which support specific activities (e.g., booking taxis, querying objects), do not provide easy development or research support (e.g., analyzing/visualizing data) and have limited user interactions and understanding.

To tackle these challenges, we introduce *TOM* (*The Other Me*), a software platform developed by identifying the needs of users, researchers, and developers. *TOM* facilitates the creation and analysis of wearable assistive applications, integrates new devices, enables

understanding of context and users, and supports multimodal interactions with AR/MR devices and ML/AI technologies. Through developing several proof-of-concept services (e.g., running coach assistance, translation, and querying assistance), we showcase the utility of *TOM* in supporting different daily activities and highlight the necessary future improvements. For additional evaluation, please refer to our original paper, *TOM* [22].

## 2 TOM: THE OTHER ME

### 2.1 Envisioned Usage Scenarios

Consider Jane, who regularly uses *Jerry*, a **digital assistant developed using TOM**, in her daily life. *Jerry* sees what Jane sees, hears what Jane hears, knows her preferences, and understands her emotional and physical conditions.

*Scenario.* Unable to decide on a dish to prepare for herself and her toddler and wishing to try something new, she opens the refrigerator and asks, “Hey, *Jerry*. Can you suggest a new dish for us?” *Jerry* scans and identifies the ingredients in the refrigerator, finds possible dishes, and renders three new dish suggestions with their images. Jane finds the second suggestion appealing and inquires about the preparation process. *Jerry* then guides her through preparing the new dish, providing real-time, step-by-step feedback superimposed in real-world objects.

Later, Jane receives a delivery of a play table set for her toddler, ordered through *Jerry* during an online browsing session. She notices her toddler’s eagerness to assist in assembling the set. Examining the package, she asks, “Hey *Jerry*, can you help me build this?” By identifying the play table set and retrieving instructions, *Jerry* displays step-by-step virtual instructions superimposed on the physical parts, which Jane follows while involving her toddler. Suddenly, her toddler accidentally drops a piece of the set, striking his leg and causing him to cry. Jane becomes panicked. Sensing the situation, *Jerry* instructs her to remain calm and inspect her toddler’s leg. As Jane consoles her child, *Jerry* assesses the situation and provides first-aid instructions. During the first aid, *Jerry* asks whether to contact her husband, family doctor, or hospital for further treatment. Upon request, *Jerry* connects with the family doctor via video call to further observe the toddler’s leg.

### 2.2 System Capabilities

In our quest for an envisioned intelligent wearable assistant, *Jerry*, we observed that while certain capabilities are supported by existing context-aware and assistive AR/MR systems, a complete integration of these capabilities into a single system is lacking. The Heads-Up Computing Paradigm [37], while theoretically supporting our envisioned use cases, does not provide guidance on implementing such a system or the capabilities required to further research optimal Human-AI interactions during daily activities. Drawing from literature, our experience working with AR/MR and AI researchers, and testing assistive Human-AI interfaces (including early prototypes of *TOM*) with participants and their feedback, we have formulated the following system capabilities. These are categorized based on three major stakeholders’ requirements, which, though distinct, have overlapping capabilities.

*Just-in-time Assistance for Users.* Users should be able to **interact** with the system (i.e., provide input and receive feedback) naturally and optimally to obtain the desired assistance [18, 37]. Such assistance should be delivered just in time to match the user’s current needs or proactively when users have limited knowledge of system capabilities [3, 29, 34], with minimal interference in the user’s ongoing activities while accommodating the user’s cognitive capabilities [4, 23]. To achieve this, the system should **understand the user and context** to provide the most appropriate feedback to support the user’s ongoing activities [14, 37]. Such understanding aids in modeling the human and the world to minimize awareness mismatch between user expectations and system feedback and maintaining profiles [30].

*Data Recording and Analysis for Researchers.* To understand user interactions with such a system and to design optimal interactions, researchers need to **record, visualize, and analyze** the data and develop models [12, 16, 24]. This involves collecting data to support real-time and retrospective observations, training models to predict optimal feedback and analyzing their performance, and understanding the underlying reasons for user and system behaviors [12, 16, 26].

*Ease of Development for Developers.* Considering the variety of activities users may engage in and their unique assistance requirements, the system should enable developers to create different assistive features easily. This requires that developers can **integrate new devices** easily (e.g., sensors to understand new contexts or actuators to provide optimal feedback), **deploy new assistance and models** (e.g., to predict optimal feedback), and **access and control current data** (e.g., from existing devices or models).

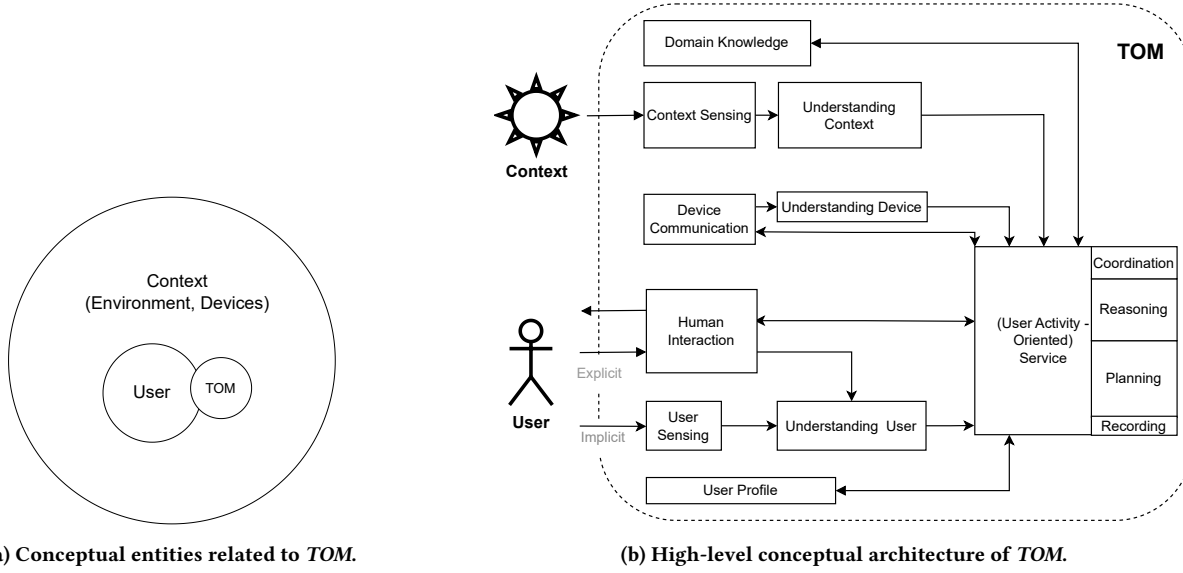
### 2.3 Conceptual Architecture

To support the above requirements, we consider three main entities: *user* (i.e., the individual receiving assistance), *context* (i.e., the user’s perceptual space and associated tasks), and the *system*, *TOM*, as illustrated in Figure 1, following the high-level context sources [17].

Separating the *user* from the *context* enables us to develop user interaction models [37]. These models sense and understand the user (e.g., cognitive states, affective states, physical states [17]) to provide personalized feedback. Thus, *TOM* maintains user profiles to cater to individual preferences and capabilities.

Given that daily activities, such as cooking, typically involve both digital (e.g., viewing a recipe) and physical tasks (e.g., selecting the proper portion), *TOM* offers system-level support to connect the digital world with the physical world by understanding the context (e.g., physical environment) and utilizing pervasive augmented reality [17]. This involves a multi-modal and multifaceted understanding of the environment (e.g., understanding the ongoing activities, associated objects, and relationships) as well as understanding the devices that facilitate interactions (e.g., device resource availability).

In terms of input, *TOM* supports the user’s explicit multi-modal inputs (such as voice and gesture) as well as implicit inputs (like gaze and physiological data), in addition to processing multi-modal context information.



**Figure 1: Conceptual entities and high-level modules associated with TOM. Arrow directions represent the communication (e.g., data/interaction) flow.**

After understanding the context (e.g., ongoing activity) and user (e.g., intention), *TOM* activates a context-aware service, employing domain knowledge to generate real-time proactive suggestions through reasoning and planning. These suggestions are conveyed to users as multi-sensory feedback, tailored to their cognitive capacity, including visual, auditory, and/or haptic modalities. The feedback is dynamically updated based on the user's actions; for instance, if the user does not follow a given suggestion, *TOM* formulates the next appropriate suggestion, considering the user's current status and context, facilitating a closed-loop control system.

*System Architecture: Implementation.* Refer to TOM [22] and <https://github.com/TOM-Platform> for client-server implementation of the system architecture, which satisfies the above requirements and (partial) envisioned use cases. To overcome potential latency issues between the client and server, time-critical processing can also be implemented on-device.

### 3 DEMONSTRATION DURING EXERCISES

We have implemented several proof-of-concept services to support daily activities, such as **exercising in mobile and stationary settings**, and realizing our vision of an intelligent, wearable, proactive assistant.

#### 3.1 Running Assistance

*Scenario.* Jack uses *Jerry* (implemented using *TOM*) to assist with his running exercises (Figure 3). He wears an OHMD and a smartwatch (connected to a Server operating on a laptop<sup>1</sup>). He initiates his running (speed or distance) training using voice interactions. *Jerry* provides route options, and he selects one using either voice commands or mid-air gestures. During his run, *Jerry* provides personalized running coach instructions (e.g., speeding up or slowing

down based on his current speed, training plan, and user profile) and proactive suggestions (e.g., encouraging feedback based on duration, alerting about potential dangers like traffic lights based on environment sensing, giving direction cues based on location, indicating waterpoints based on location) using either visual or auditory modality when required (i.e., by default, *Jerry* will provide only essential details, such as the time, to reduce the display clutter and information overload). At the end of his run, he receives a summary of the exercise.

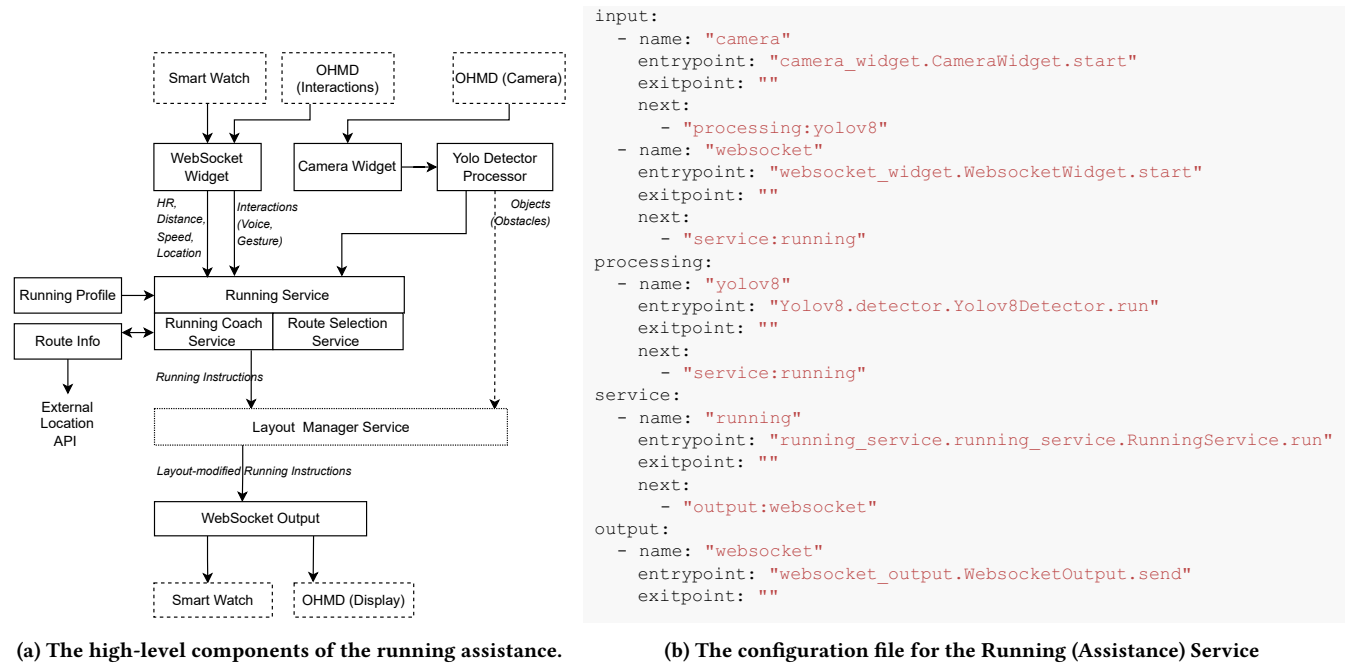
*System.* As shown in Figure 2, the current running assistance is implemented as a Running Service. This service processes sensor data from the smartwatch, user interactions, and the egocentric camera view from the OHMD, and route information from external API to determine the next running coach instruction and provide feedback. Then, the service sends the feedback to the OHMD using a pre-configured display layout (Figure 3) designed based on user testing. If the user does not specify certain details required for running (e.g., expected speed), the system uses the user's profile to determine them.

*Limitations.* During preliminary user testing, we identified several device and technical limitations. These include impaired visibility of the OHMD's visual feedback in outdoor environments, misrecognition of voice commands due to background noise and user fatigue during running, the OHMD's weight affecting the exercise experience, and instability of visual feedback from frequent head movements (content jumps) [19, 21]. Additionally, participants requested adaptive user interfaces tailored to their preferences and environment [25] for enhanced visibility.

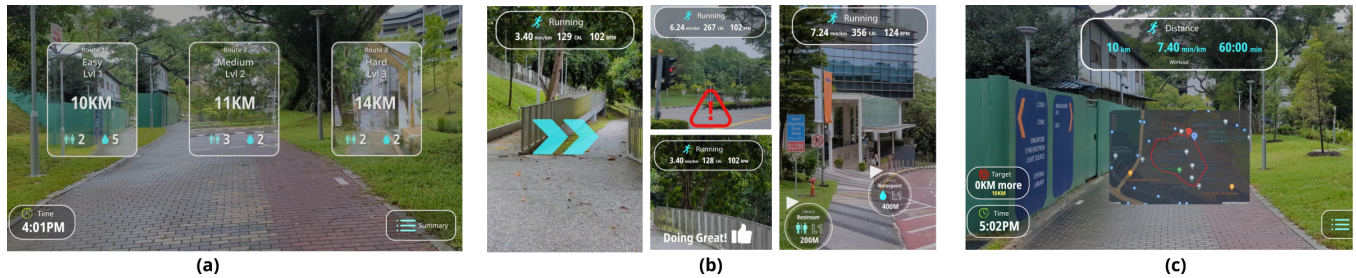
#### 3.2 Martial Arts Assistance

*Scenario.* Emma, a beginner with limited access to her coach, requests *Jerry*'s assistance in training in martial arts (Figure 4). She

<sup>1</sup>In the future, we plan to run the Server in the cloud



**Figure 2: Running assistance implemented in TOM.** (a) System components that enable the running assistance. Dashed-line boxes indicate implemented Client components, solid lines represent implemented Server components, and dotted lines denote Server components under development. (b) The configuration file that controls the data flow. Data is received in one or more components in the Input Layer (e.g., ‘camera’ component) and is sent to the next component as specified in the *next* key (e.g., ‘yolov8’ component in the Processing Layer). This process occurs similarly for all components regardless of the layer, with the *entry point* dictating the method in each component that receives the data from the previous component. The *exit point* then dictates the method for each component, which is called when they should be stopped (e.g., when the context switch indicates the component is no longer required).



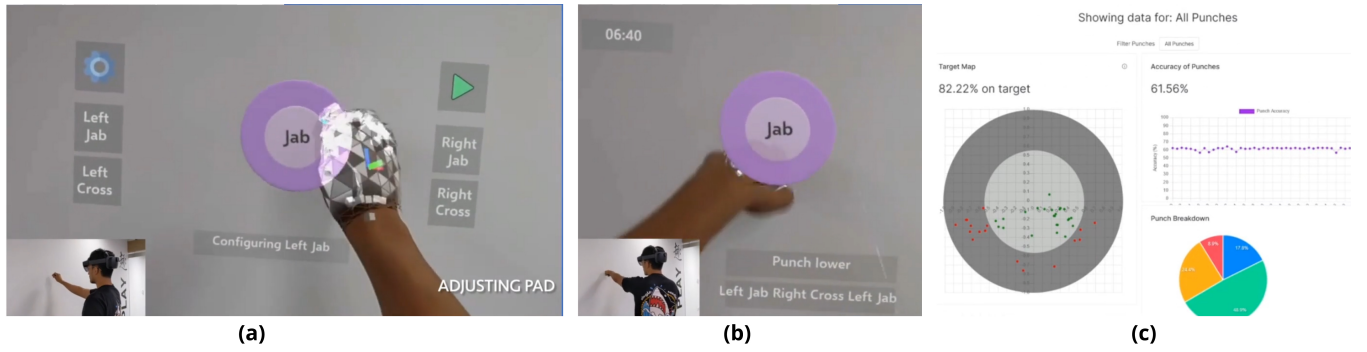
**Figure 3: The running assistance UI supports voice and mid-air gesture input interactions.** (a) The user starts the running assistance and is prompted to select a route. (b) Jerry provides personalized training guidance, proactive feedback on potential dangers or encouragement, and details about water points while running. (c) In the end, Jerry presents the user with a run summary.

starts punch training after configuring the training exercises (e.g., location, duration, count) using voice or gesture interactions. If there are any inaccuracies in how Emma punches, Jerry provides real-time visual or auditory feedback on the needed adjustments. After the session, a summary of the session’s performance and required improvements is provided.

After several days, Emma checks the web dashboard (Figure 4(c)) to review her performance over time and notices inaccuracies in a

particular punch. In her next physical session, she plans to consult her coach to address this shortcoming and ask Jerry to configure the suggested changes to improve her training program.

**System.** The current martial arts assistance system uses hand-tracking capabilities to detect the user’s punches and predefined rules to identify their accuracy, which TOM uses to provide feedback.



**Figure 4: The martial arts assistance UI supports voice and mid-air gesture interactions. (a) The user can configure the punching pads. (b) Jerry instructs whether punches are correct and necessary adjustments in real-time. (c) The user sees the post-summary of their punching exercises on the web dashboard.**

*Limitations.* Development limitations were noted in the martial arts assistance, such as a lack of automatic inference from past data to customize the training exercises automatically.

#### 4 LIMITATIONS AND FUTURE IMPROVEMENTS

In addition to the identified technical limitations from specific demonstrations, interaction design challenges surfaced in daily activities. Situational impairments, especially in dynamic environments, restrict certain user interactions (e.g., diminished voice command accuracy in outdoor wind), underscoring the need for methods to support seamless input modality transitions [21]. Inaccuracies in AI-generated suggestions also contribute to user mistrust, necessitating more transparent AI explanations [11, 15, 33].

Moreover, *TOM*'s current implementation exhibits limitations. A notable area is the automatic switching of services based on user inputs to optimize service execution for ongoing activities, when multiple services match expected assistance, requiring further research in this area. Despite *TOM*'s support for the Large Language Model (LLM) in facilitating human-like conversations and tasks [9, 10, 28, 35], integrating Large Action Models (LAM) [27] could enhance interaction efficiency with external applications and improve user action understanding. Effective live monitoring is available, but *TOM* needs better visualizations for comprehensive retrospective analysis of long-term user behaviors. Aggregated visualization techniques, similar to ARGUS [12], and retrospective analysis such as PilotAR [20] could aid in this. Additionally, advancing the system's grasp of users' cognitive states and their activity correlations requires sophisticated modeling and simulation [24, 26]. Similarly, facilitating effective multi-agent collaboration while preserving user autonomy in multi-user *TOM* scenarios remains a significant research challenge.

Finally, developing such systems implicates privacy, security, safety, and ethical challenges. Despite Institutional Review Board (IRB) approval for user studies, real-world deployment raises critical privacy, safety, and social acceptability concerns, considering both users and bystanders [2, 13, 31]. Issues include monitoring and recording users' physical and cognitive states, capturing bystanders' behaviors without consent, securely handling sensitive data, and

anonymizing data for aggregate analysis. Although on-device/edge computing provides partial solutions [36], the limitations of current devices necessitate further advancements.

#### 5 CONCLUSION

We have presented the anticipated capabilities of developing an intelligent wearable assistive system and introduced *TOM*, an architecture and open-source implementation (<https://github.com/TOM-Platform>) that enables researchers and developers to create and analyze assistive applications for supporting daily activities. We welcome contributions from the community to expand its supported devices and usage scenarios. We envision that *TOM* will serve as a software platform for researchers and developers to develop innovative, intelligent assistance in various tasks, facilitating human-computer, human-AI, and human-robot interactions. Our future plans include extending *TOM*'s capabilities to enable remote robot interactions, where humans can share information (e.g., intentions) with a remote robot to execute tasks.

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