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Undertaking – Learning by Doing (LbD)

Date of the learning experience

Provide an approximate date if the activity is ongoing.

Please specify the competencies that relate to this activity

Which competencies have you developed through this learning activity? Indicate whether they are Self, Team or Project/Venture related competencies.

Purpose

Provide a rationale as to why you chose to engage in this particular learning activity.

You may want to consider:

- Plans set out in your Learning Contract, Objectives, Team Company Strategy
- Personal interests, specialisms or Exit Strategy
- Entrepreneurial competence

Actions undertaken

Action(s) undertaken. For each action I comment on the relevance of the action both to the success of the project or venture and to my learning. Include reference to relevant ideas, concepts, frameworks or theories.

Action	Relevance

Critical Evaluation of Learning

You could follow Rolfe et al.'s (2001) Reflective Model and frame your answer by focusing on the following questions:

What? So what? Now what?

1. What?

Provide an overview of the learning experience. What were the skills, habits, competencies that you learned about while learning by doing?

2. So what?

Reflect on your learning experience: What is the potential impact to you and others of this learning? How has this learning experience altered your understanding, perspectives, or attitudes? You may want to consider, for example, how this experience has influenced your professional values, ethics, practices and behaviours. Can you identify any shifts in your knowledge or skills?

3. Now what?

Demonstrate the application and integration of your learning: Highlight how you have applied, or aim to apply, what you've learned. What do you need to do to make improvements or better prepare for the future? What might be the consequences of making a change? How could this knowledge prove useful, now or later? Consider its relevance to other areas of your learning journey - like Managing My Learning & Development / Self-leadership, Running a Learning Organisation / Team Company, or Enquiry / Learning From Others. Identify any connections, overlaps, or synergies you've noticed.

Word count: 0 (500 - 800)

Appendix

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