



Maria Russo

PSYCHOLOGIST

CONTACTS

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CERTIFICATIONS AND COURSES

- Specialization Course in Family Law, 2010
- Gender-based Violence Update Course, 2018

SKILLS

- Trauma management
- Cognitive-behavioral therapy
- Psychological counseling
- Multidisciplinary teamwork

LANGUAGES

- Italian (native)
- English (advanced)

REFERENCES

Available upon request.

EDUCATION

Master's in Cognitive-Behavioral Psychotherapy, University of Milan
2010 - 2012

Bachelor's in Psychology, University of Milan
2005 - 2010

WORK EXPERIENCE

Psychologist, Anti-Violence Center of Milan
January 2015 - Present

- Individual and group psychological support for victims of domestic violence.
- Development of personalized therapeutic programs.
- Collaboration with multidisciplinary teams to provide comprehensive assistance.

Psychotherapist, Private Practice
September 2010 - December 2014

- Cognitive-behavioral therapies for adults and adolescents.
- Counseling and support for self-esteem issues and stress management.