

LORENZO BRASCHI

VERDADERA DESTREZA NOTES

Intro

About the book

Here goes yada.

About la Verdadera Destreza

About the author

Basic concepts

TODO:

- The sword.
 - Parts of the sword.
 - Degrees of strength of the sword.
 - Grips of the sword. Uses.
 - Quillons. Positions. Uses.
 - Angles of the sword.
 - *Rectitudes*, or positions of the sword.
 - Movements of the sword.
- The body
 - Lines in the body
 - Regions in the body
 - Stances.

Literature

Here is a review of existing methods.