

The Red Bull Athlete Performance Center (APC) is an athlete accelerator that supports world-class athletes to maximize their individual potential, within an innovative environment and with a powerful global network of specialists. To support our team in Thalgau/ Salzburg, we are looking for an attentive and empathetic Mental Performance Specialist.

The main task of this role is to carry out functional mental assessments and tests of international top-level athletes visiting the APC, analyse and interpret test results, and conduct and recommend individual and athlete-centred mental training and coaching strategies. You will play an active role in an interdisciplinary team striving to increase performance, prevent injuries, and maximise the individual potential of world-class athletes.

RESPONSIBILITIES

Areas that play to your strengths

All the responsibilities we'll trust you with:

ASSESS

You assess, test and diagnose athletes on their mental skills, executive functions and relevant cognitive and affective factors in different action situations.

INTERPRET

You interpret, summarise and document athletes' results in mental tests and assessments and take part in interdisciplinary athlete-focused meetings

MANAGE

You establish, manage and refer athletes to a European network of mental health providers

COACHING

You manage and conduct training and coaching in the field of mental performance; Furthermore, you will give recommendations to athletes and coaches to maintain and further develop their mental skills in their daily training.

REMOTE SUPPORT

You provide ongoing support to athletes remotely via video calls and create educational and practical content to be shared with the Red Bull athlete community

REHABILITATION

You support injured athletes during their rehabilitation process and use evidence-based methods to optimise the outcomes of the rehabilitation process

Experience

Your areas of knowledge and expertise

That matter most for this role:

- Experience and proven track record in individual and team consultations of international athletes within the field of mental performance or sport psychology
- Experience in managing an external network of specialists
- Experience in working in interdisciplinary teams
- At least five years of experience in the above-mentioned fields.
- Basic knowledge of relevant fields in sport science.
- Personal experience in competitive/elite sports preferred
- Excellent communication skills, professional work attitude, and good analytical skills are required
- Good understanding and basic experience with new technologies preferred
- University degree (Masters) with a specialization in psychology, sport psychology or related fields
- Exceptional English language skills, German and further language skills desired

- Travel: 0-10 %

JOIN THE TEAM

Got what it takes?

In your application we want to see your personal style - what makes you tick and why you think your next opportunity is here with us.