

CAREGIVER'S CONFERENCE

caregiving as memories fade

VIRTUAL CONFERENCE

Sessions will be held daily, Tuesday, November 9th through Thursday, November 11th, from 10:00 am to 12:30 pm.

REGISTER ONLINE

Registration is \$15 for the conference and will open on September 15th. This conference sells out quickly. Reserve your spot today at <https://nvdcc.com>.

WHO SHOULD ATTEND

- Family caregivers
- Volunteers working with older adults
- Professionals in aging and related services

WHY ATTEND

- Be better prepared to provide care and support at home or in a facility.
- Learn new ways to engage individuals with dementia.
- Visit with exhibitors who offer supportive services.
- Connect with other caregivers.
- Earn Continuing Education Units (CEUs) from George Mason University's Office of Continuing Education.
Additional fee applies.

QUESTIONS?

If you require an accommodation to participate, please indicate this in your registration or call 703-270-0043.

Interested in exhibiting in our virtual exhibit hall?
Email nvdcc1@gmail.com for more information.

**For more information about the conference,
please call 703-270-0043.**

Please join us for our conference for family and professional caregivers.

901 East Byrd Street, Suite 1005
Richmond, VA 23219



NORTHERN VIRGINIA
dementia care
consortium

caregiving

as memories fade

35TH ANNUAL CAREGIVER'S CONFERENCE

NOVEMBER 9-11, 2021

virtual sessions 10:00 am to 12:30 pm daily



AARP Virginia
Arlington Aging and Disability Services
Alzheimer's Association
City of Alexandria Area Agency on Aging
ElderLink
Fairfax Area Agency on Aging
Fairfax County Health Department
Goodwin House Incorporated
GraceFul Care, Inc.
Inova Parkinson's and Movement Disorders Center
Insight Memory Care Center
Loudoun County Area Agency on Aging

MAJOR SUPPORT PROVIDED BY



conference schedule

DAY ONE | TUESDAY, NOVEMBER 9

Keeping Love Alive as Memories Fade

10:15 am to 11:45 am

Presented by Gary Chapman, PhD, author of *Keeping Love Alive as Memories Fade: The 5 Love Languages and the Alzheimer's Journey*.

Get Moving with Chair Fitness

11:45 am to 12:15 pm

Presented by Alexis Perkins, founder and creative director of Chair One Fitness.

DAY TWO | WEDNESDAY, NOVEMBER 10

Managing Challenging Behaviors in People with Dementia

10:15 am to 11:45 am

Presented by Linda Ercoli, PhD, health sciences clinical professor, Department of Psychiatry and Biobehavioral Sciences at the Semel Institute, director of geriatric psychology-neuropsychology training program and interim director of the UCLA Longevity Center.

A Mind for Music

11:45 am to 12:15 pm

Presented by Tom Sweitzer, MTT, MT-BC, co-founder, creative director and head of music therapy at A Place to Be.

DAY THREE | THURSDAY, NOVEMBER 11

Understanding Young-Onset Dementias

10:15 am to 11:45 am

Presented by Dr. Chiadi Onyike, director of Frontotemporal Dementias Program, director of Young-Onset Dementias Program, co-director of Lewy Body Disease Research Center of Excellence, associate professor of psychiatry and behavioral sciences, Johns Hopkins Medicine

The Joy of Using LEGO: Serious Play in Caregiving

11:45 am to 12:15 pm

Presented by Loretta Veney, author of *Being My Mom's Mom* and *Refreshment for the Caregiver's Spirit*.

LEARN MORE ONLINE AT [NVDCC.COM](https://www.nvdcc.com)