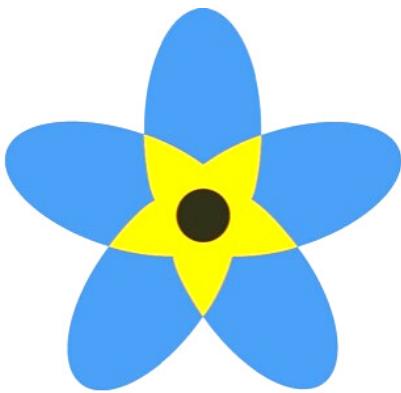


Dementia Friends Information Session

**Thursday, July 14
1:00pm (via Zoom)**

Dementia Friends is an engaging and interactive virtual 60-minute information session giving you a basic understanding of dementia, communication tips and strategies, and what you can do to make a difference for people living with dementia. You will learn five key messages about dementia, and also learn about resources available in the community for people living with dementia and their caregivers. All participants will receive a Dementia Friends Workbook and a certificate!

Sign up at www.jmrl.org or call 434.973.7893 x4.



**Dementia
Friends**



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