



LITTLE YELLOW BOOK

LOUISIANA COUNTY COMMISSION ON AGING

Services and hours of operation reflect pre-COVID information. Please check with the agency or business listed in advance to confirm their COVID protocols, services and hours of operation.

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Important Phone Numbers

2-1-1 Virginia	211, (434) 845-8016	<i>Available 24 hours a day.</i>
Abundant Love Learning Center	(540) 967-4427	
ARC of the Piedmont	(540) 967-4437	
Animal Control	(540) 967-3477	
Animal Shelter	(540) 894-4219	
The Central Virginian	(540) 967-0368	
Crime Solvers	(800) 346-1466	
DMV	(540) 894-4584	
Emerg. Services – Police, Fire, and Rescue	911	
Environmental Health	(540) 967-3707	
Health Department	(540) 967-3703	
Health & Wellness Center of Louisa	(540) 967-9401	
Housing Foundation	(540) 967-3483	
Human Services	(540) 967-1320	
JABA (Jefferson Area Board for Aging)	(434) 817-5244	
	(833) 559-2428	<i>Toll-free.</i>
JABA Senior Center	(540) 500-5961	<i>Option 2.</i>
JABA Adult Day Care	(540) 500-5961	<i>Option 1.</i>
JAUNT (Transportation)	(800) 365-2868	
Lake Anna Connections	(540)-894-5285	
Lake Anna Guide	(540) 872-0684	
Landfill	(540) 894-5390	
Leisure Times	(540) 967-4420	
Library	(540) 894-5853	
Louisa County AARP	(540) 967-5592	
Louisa County Chamber of Commerce	(540) 894-0266	
Louisa Community Center	(540) 967-4433	
Louisa Cty Parks, Recreation & Tourism	(540) 967-4420	
Louisa Life	(434) 591-1000	
Louisa Reentry Council	(540) 967-1320	

Important Phone Numbers Continued

Louisa Town Office	(540) 967-1400	
Louisa Town Police Department	(540) 967-3011	
MACAA	(540) 967-9522	
Medicaid Transportation	(866) 386-8331	
Mineral Town Office	(540) 894-5100	
National Runaway Safeline	(800) 786-2020	
National Sexual Assault Hotline	(800) 656-4673	
Nat'l Suicide and Veteran Crisis Prevention Line	(800) 273-8255	
Poison Control	(800) 222-1222	
Sexual Assault Resource Agency	(434) 977-7273	
Shelter for Help in Emergency	(434) 293-8509	<i>Collect calls accepted.</i>
Sheriff (Non-Emergency Line)	(540) 967-1234	
Social Security Administration	(800) 772-1213	
Suicide and Crisis Lifeline	9-8-8	
VA Dept for Aging and Rehab Services	(800) 552-3402	
VA Family Violence & Sexual Assault	(800) 838-8238	
VA State Police (non-emergency)	(804) 674-2000	
Veteran Crisis Line	(800) 273-8255	<i>Extension 1.</i>

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Adult Care Center

Adult Day Care/JABA	(540) 500-5961 Website	Option 1.
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Adult Protective Services

Louisa County Human Services	(540) 967-1320 Website	
Toll Free Hotline	(888) 832-3858	<i>Investigates abuse, neglect, or exploitation.</i>

Alcohol/Substance Abuse

Addiction Recovery Systems	(434) 220-0080
Al-Anon and Alateen	(434) 972-7011
Alcoholics Anonymous	(434) 293-6565
Georgia's Healing House Partner for Mental Health	(434) 825-4311
Mohr Center	(866) 274-9943
Narcotics Anonymous [Piedmont Area]	(800) 777-1515
Oxford House	(800) 689-6411
Substance Abuse and Addiction Recovery Alliance	(804) 762-4445
Smart Recovery (On Our Own)	(434) 979-2440

Alzheimer's and Dementia

Alzheimer's Association	(800) 272-3900 Website
Alzheimer's Foundation of America	(866) 232-8484 Website
National Institute on Aging	(800) 438-4380 Website
Natl. Inst. of Neuro. Disorders & Strokes	(888) 478-7653 Website

Animal Information

Albemarle/Charlottesville SPCA	(434) 973-5959 Website	
Louisa County Animal Control	(540) 967-3477 Website	
Louisa County Animal Shelter	(540) 894-4219 Website (540) 967-3477	Mon – Sat 10am – 3pm

Apartment Complexes

Club Hill	(540) 967-0965 Website
Epworth Manor	(540) 967-1696 Website
Jouett Square Apartments	(540) 967-9643 Website
McDonald Street Apartments	(540) 967-2641
Pine Ridge Apartments	(540) 967-9657
Waverly Place	(540) 603-2477 Website

Assisted Living

Noble Senior Living	(540) 967-4600 Website
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Banks

Blue Ridge Bank	
Louisa Branch	(540) 967-2111 Website Mon – Thu 9am – 5pm, Fri 9am – 6pm
Mineral Branch	(540) 894-5433 Website Mon – Thu 9am – 5pm, Fri 9am – 6pm
Trust Bank	
Mineral Branch	(540) 894-5411 Website Mon – Thu 9am – 2pm, Fri 9am – 2pm, 4pm – 6pm
United Bank	(540) 967-5900 Website Mon, Tues, Wed 8:30am – 5pm, Thurs, Fri 8:30am – 6pm, Sat 9am – 12pm
Wells Fargo Bank	
Louisa Branch	(540) 967-2221 Website Mon – Fri 9am – 5pm

Cemeteries

Hillcrest Cemetery (Town of Louisa)	(540) 967-1400
Spring Grove Memorial (Town of Mineral)	(540) 894-5100 Website

Children and Parenting

The ARC of the Piedmont	(434) 977-4002	Extension 12.
Child Health Partnership	(434) 964-4700	
PREP [Piedmont Regional Education Program]	(434) 975-9400	

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Children and Parenting Continued

Ready Kids	(434) 296-4118	
	(434) 972-7223	<i>Teen crisis hotline.</i>
Side by Side – LGBTQ+ support for youth & caregivers	(804) 644-4800 (888) 644-4390	<i>24-hour youth support hotline.</i>

Christmas, Help with

Louisa County Resource Council	(540) 967-1510	Website
Louisa County Human Services	(540) 967-1320	Website

Church Outreach Services

Goshen Baptist Association & RuraLove	(540) 894-8440	Website
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Community Organizations

AARP	(540) 967-0700	Website
Chamber of Commerce	(540) 967-9044	Website
Lions Club	(540) 894-0498	Website
Rotary Club	(215) 519-7523	Website
VFW Post 8947	(540) 894-5677	Website

Cooling (Energy) Assistance

Jefferson Area Board for Aging (JABA)	(434) 817-5244	Website
	(833) 559-2428	<i>Toll-free.</i>
Louisa County Human Services	(540) 967-1320	Website

County Government

Animal Control	(540) 894-4219	Website	
Circuit Court — Judge's Office	(540) 967-5300	Website	
Circuit Court Office	(540) 967-5312	Website	<i>Mon – Fri 8:30am – 5pm</i>
Clerk of the Court	(540) 967-5312	Website	
Commissioner of Revenue	(540) 967-3432	Website	<i>Mon – Fri 8:30am – 5pm</i>
Community Development	(540) 967-3430	Website	<i>Mon – Fri 8:30am – 5pm</i>

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County Government Continued

Domestic Relations (Court)	(540) 967-5337 Website	<i>Mon – Fri 8:30am – 4:30pm</i>
Emergency Services	(540) 967-3491 Website	
Environmental Health and Vital Records	(540) 967-3707 Website	<i>Mon – Fri 8:30am – 5pm</i>
Finance Department	(540) 967-3407 Website	
Forestry Department	(540) 967-3702 Website	
General District Court/Traffic Court	(540) 967-5330 Website	<i>Mon – Fri 8:30am – 4:30pm</i>
General Services	(540) 967-3462 Website	
Highway Department	(540) 967-3710 Website	
Juvenile Court	(540) 967-5337 Website	<i>Mon – Fri 8:30am – 4:30pm</i>
Landfill	(540) 894-5390 Website	<i>Mon – Sat 8am – 4pm</i>
Litter Control	(540) 967-3462 Website	
Louisa County Administrative Office	(540) 967-3400 Website	
	(866) 325-4131	<i>Toll free.</i>
Louisa County Switchboard Operator	(540) 967-0401	
Louisa Water Authority (Fishing Licenses)	(540) 967-1122 Website	
Magistrate's Office	(540) 967-3493	
Natural Resource Conservation Service	(540) 603-3200 Website	
Parks, Recreation & Tourism	(540) 967-4420 Website	
Real Estate Assessment	(540) 967-3450 Website	
Sheriff's Office	(540) 967-1234	
T. Jefferson Soil & Water Conservation	(540) 967-5940 Website	<i>Mon – Fri 8am – 4:30pm</i>
Traffic Court	(540) 967-5330 Website	<i>Mon – Fri 8:30am – 4:30pm</i>
Transportation	(540) 967-3710 Website	
Treasurer's Office	(540) 967-3435 Website	
Victim-Witness Assistance	(540) 967-2205 Website	
Virginia Cooperative Extension	(540) 967-3422	
Voter Registrar	(540) 967-3427 Website	

Deaf and Hard of Hearing Services

Speech-Language-Hearing Center	(434) 924-7107
VA Assistive Technology Systems	(804) 662-9990 Website

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Deaf and Hard of Hearing Services Continued

VA Department of Deaf & Hard of Hearing

Fishersville (540) 885-0822 [Website](#)

Henrico (800) 552-7917 [Website](#)

Dental Care

Gordonsville

Dr. Jack Thompson (540) 832-3141 [Website](#) Mon – Wed 8:30am – 4:30pm

Louisa

Drs. Andre, Hall & Muncy (540) 967-0777 [Website](#) Mon by appt., Tues – Fri 8am – 6pm

Health & Wellness Ctr. of Louisa (540) 967-9401 [Website](#) Mon – Thu 8am – 6:30pm

Louisa Comprehensive Dental (540) 967-5800 [Website](#) Mon – Tues 8am – 6pm, Wed 8am – 2pm,
Thur 8am – 5pm, Closed Fri

Louisa Resource Council (540) 967-1510 [Website](#)

Dr. Darryl Pearlman (540) 967-5554 [Website](#) Mon & Thu 8am – 5pm,
Tues & Fri 7am – 3pm, closed Wed

Mineral

Mineral Dental Care (540) 894-4297 [Website](#) Mon – Thu 8am – 4pm

Zion Crossroads

Spring Creek Family Dental (540) 369-6118 [Website](#) Mon 8am – 5pm, Tues – Thu 7am – 5pm,
Fri 8am – 1pm

Department of Motor Vehicles

DMV – Mineral, Virginia (540) 894-5100 [Website](#) Mon – Fri 8:30am – 4:30pm

Diabetic Supplies – Medical

Home Care Delivered (866) 332-4193 [Website](#) For new customers.
(800) 565-5644 For current customers.
Mon – Thu 8am – 7pm,
Fri 8am – 6pm

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Dialysis Centers

Fresenius Kidney Care Louisa	(800) 881-5101	Website	Mon – Sat 6am – 5pm
Orange Dialysis	(540) 661-3011	Website	
UVA Dialysis Center	(434) 924-5959	Website	Mon, Wed, Fri 6:30am – 9:30pm, Tues, Thu, Sat 6:30am – 5:30pm
Zion Crossroads Dialysis	(434) 924-9009	Website	Mon – Sat 6:30am – 6:30pm

Disabilities: Assistive Technology Funding

Assistive Technology Loan Fund Authority	(866) 835-5976	Website	Toll free.
Virginia Assistive Technology System	(800) 552-5019	Website	Toll free.
VA Department of Rehabilitative Services	(804) 662-7000	Website	

Doctors

Charlottesville Family Medicine	(434) 973-1831	Website	Mon – Fri 7:30am – 5:30pm, Sat 8:30 – 12:30 (virtual visits only)
Charlottesville Free Clinic	(434) 296-5525		Mon – Fri 8:30am – 4:30pm Closed from 1pm – 2pm Mon, Tues, Thu 5pm – 8pm
Dr. James H. Bowles, Jr.	(804) 556-3172	Website	
Dr. David Schwarz	(540) 967-2050		Mon, Tues & Thu 9:00am – 4:00pm
Fork Union Medical Associates	(434) 842-3244	Website	
Health & Wellness Center of Louisa	(540) 967-9401	Website	Mon – Wed, Fri 8:30am – 5pm, Thu 10:30am – 7pm
Louisa Family Practice	(540) 967-2202	Website	
Medical Associates of Louisa	(540) 967-2011	Website	Mon – Thu 8am – 7pm, Fri 8am – 5pm, Sat 9am – 12pm
Orange Family Physicians	(540) 672-3010	Website	Mon – Thu 8am – 7:30pm, Fri 8am – 5pm, Sat 8am – 12pm
University Physicians – Orange	(540) 661-3004	Website	Mon – Fri 8am – 5pm
	(877) 523-5826		After hours.
Virginia Family Practice	(804) 883-0046	Website	Mon – Thu 8am – 5pm, Fri 8am – 4pm

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Donations, Places Accepting

Goodwill	(540) 967-9490	Website
LCRC Community Closet	(540) 500-5921	Website
MACAA	(434) 295-3171	Website
RuraLove	(540) 894-8440	Website

Emergency Shelter

Red Cross – Cville Emergency Shelter	(434) 979-7143	Website	<i>All welcome, no pets allowed.</i>
Salvation Army – Charlottesville	(434) 295-4058	Website	<i>9:30am – 3:30pm, 5pm – 9pm</i>
Shelter for Help in Emergency	(434) 963-4676	Website	<i>Domestic violence victim shelter.</i>
	(434) 293-8509		<i>24-hour hotline.</i>

Employment

Virginia Career Works	(434) 979-5610	Website
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Eye Care

Dr. Jeffrey W. Workman			
Mineral Vision Center	(540) 894-5600	Website	<i>Mon – Thu 9am – 6pm, Fri 9am – 1pm</i>
Montpelier Vision Center	(804) 883-5027	Website	<i>Mon – Thu 9am – 6pm, Fri 9am – 1pm</i>

Fire Departments – Non-Emergency Number

Bumpass	(540) 872-2400	Website
Holly Grove	(804) 556-6515	Website
Locust Creek	(540) 872-3122	Website
Louisa	(540) 967-1330	Website
Mineral	(540) 894-5660	Website
Trevilians	(540) 967-0868	Website
Zion Crossroads	(434) 589-1116	Website

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Financial Assistance – Housing & Utilities

Louisa Community Emergency Fund	(540) 967-9522 Website	<i>Client intake.</i>
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Food

Health Department – WIC	(540) 967-3707 Website	<i>Mon – Fri 8:30am – 5pm</i>
Human Services – Food Stamps	(540) 967-1320 Website	
JABA – Home Delivered Meals	(540) 500-5961 Website	<i>Option 5.</i>
	(833) 559-2428	<i>Toll-free.</i>
Resource Council – Monthly Food Items	(540) 967-1510 Website	<i>Mon – Fri 9am – 3pm</i>
Virginia Cooperative Extension	(888) 814-7627 Website	<i>Meal planning, budgeting & nutrition information.</i>

Fraud

VA Atty. General – Consumer Protection	(804) 786-2071 Website	
Consumer Affairs – VA Consumer Resources	(804) 786-2046 Website	
Louisa County Human Services	(540) 967-1320 Website	
Central Virginia Legal Aid Society	(434) 296-8851 Website	<i>Nonprofit law firm.</i>
	(800) 390-9983	<i>Toll-free.</i>
Sheriff's Office	(540) 967-1234 Website	

Funeral Arrangements

Lacy Funeral Home – Mineral, Virginia	(804) 556-3303 Website	
Preddy Funeral Home & Crematory	(540) 832-2111 Website	<i>Mon-Fri 8:30am – 5pm, Sat 9am – 12pm</i>
D.D. Watson Mortician	(540) 967-1890 Website	<i>Formerly Thomasson and Watson</i>
Woodward Funeral Home	(540) 967-0085 Website	

Healthcare Equipment & Supplies

ABC Health	(434) 326-0900 Website	<i>Mon – Fri 8am – 5pm.</i>
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Medical supplies considered Medicare chargeable items.

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Healthcare Equipment & Supplies Continued

Home Care Delivered	(866) 332-4193 Website	<i>For new customers.</i>
	(800) 565-5644	<i>For current customers.</i>
		<i>Mon – Thu 8am – 7pm, Fri 8am – 6pm</i>
Louisa County Resource Council	(540) 500-5921 Website	
MaxiAids	(800) 522-6294 Website	
Roberts Home Medical	(434) 973-7847 Website	

Housing

Habitat for Humanity – Louisa County	(540) 967-0486 Website	
The Haven	(434) 973-1234 ext. 100	<i>Mon – Sat 7am – 12pm, Sun 7am – 3pm</i>
Housing Foundation	(540) 967-3483 Website	
PACEM	(434) 465-2800 Website	
Piedmont Housing Alliance	(434) 817-2436 Website	
Virginia Supportive Housing	(804) 788-6825	<i>Mon – Fri 8:30am – 5pm</i>

Hospitals

Bon Secours Memorial Regional	(804) 764-6000 Website	<i>Open 24 hours.</i>
Chippenham Hospital	(804) 483-0000 Website	
Culpeper Regional	(540) 829-4100 Website	
Henrico Doctors – Parham	(804) 747-5600 Website	
Henrico Doctors – Forest	(804) 289-4500 Website	
Johnston Willis	(804) 483-5000 Website	
Mary Washington Hospital	(540) 741-1100 Website	
McGuire's Veteran Administration	(804) 675-5000 Website	
	(800) 784-8381	<i>Toll free.</i>
MCV (VCU Medical Center Oncology)	(804) 828-9000 Website	<i>Mon – Sun 8am – 5pm</i>
Retreat Doctors' Hospital	(804) 254-5100 Website	

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Hospitals Continued

Sentara Martha Jefferson	(800) 633-6353 Website	<i>Open 24 hours.</i>
Spotsylvania Regional Medical Center	(540) 498-4000 Website	
St. Francis Medical Center	(804) 594-7300 Website	<i>Open 24 hours.</i>
St. Mary's Hospital	(804) 285-2011 Website	<i>Open 24 hours.</i>
University of Virginia	(434) 924-0000 Website	

Incontinence Supplies

Home Care Delivered	(866) 938-3906 Website	<i>For new customers.</i>
	(800) 565-5644	<i>For current customers. Mon – Thu 8am – 7pm, Fri 8am – 6pm</i>

Independent Living Services and Equipment

ADT Response System	(800) 568-1216 ext. 2	
Alzheimer's Association	(800) 272-3900	
Dept. of Rehabilitation Services	(800) 552-5019	
Independence Resource Center	(434) 971-9629	
InnovAge Virginia PACE – Blue Ridge	(434) 529-1300	<i>Mon – Fri 8am – 5pm</i>
Lake Anna Security	(540) 895-5253	
Learning, Sight & Sound Products	(800) 468-4789	
Lifeline Medical Alert Service	(800) 752-1914	
Louisa County Human Services	(540) 967-1320 Website	
MaxiAids for Independent Living	(800) 522-6294	
Virginia Relay Center	711	

Insurance

Louisa County Human Services	(540) 967-1320 Website	
VICAP – VA Insurance Counseling Assistance Program	(434) 817-5244 (833) 559-2428	<i>Toll-free.</i>

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Jefferson Area Board for Aging Services

Adult Care Center	(540) 500-5961	<i>Option 1. Mon – Fri 7:30am – 4:30pm</i>
Aging Services Coordinators	(540) 500-5961	<i>Option 5. Mon – Fri 8:30am – 4pm</i>
Community Senior Center	(540) 500-5961	<i>Option 2. Tues – Thu 9:30am – 2pm</i>
Nursing	(540) 500-5961	<i>Option 3.</i>
Program Manager	(540) 500-5961	<i>Option 4.</i>

Legal Assistance

2-1-1 Virginia	211, (434) 845-8016	<i>Available 24 hours a day.</i>
Central VA Legal Aid Society	(434) 296-8851 Website	
Commonwealth Life and Legacy	(434) 589-2958 Website	
Cresciendo Juntos [Growing Together]	Website	
Legal Aid Help Line (VA Legal Aid Society)	(866) 534-5243 Website	<i>Mon, Tues, Thu, Fri 9am – 3:30pm</i>
Legal Aid Justice Center	(434) 977-0553 Website	
Louisa Reentry Council	(540) 967-1320 Website	
United Way – Thomas Jefferson Area	(434) 972-1701 Website	
Victim/Witness Assistance	(540) 967-2205	

Library

Louisa County Public Library	(540) 894-5853 Website	<i>Mon 1pm – 7pm, Tues – Sat 10am – 4pm</i>
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Long Term Care

Long Term Care Ombudsman	(434) 817-5257	<i>Investigates concerns regarding adult care and nursing homes.</i>
	(833) 559-2428	<i>Toll-free.</i>

Medical Problems

Louisa County Health Department	(540) 967-3703 Website	<i>Low-income medical care Mon – Fri 8:30am – 4pm</i>
Louisa County Human Services	(540) 967-1320 Website	

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Medicare

Contact Medicare	(800) 633-4227	Website
Further Medicare Info		Website

Mental Health

Goshen Counseling Center	(540) 894-8814	Website	<i>Mon – Thu 9am – 1:30pm</i>
Health and Wellness Center	(540) 967-9401	Website	<i>Mon, Tues, Wed, Fri 8:30am – 5pm, Thu 10:30am – 7pm</i>
Help Happens Here	(434) 227-0641	Website	
Journeys Senior Solutions	(800) 434-1633	Website	
McGuire Veterans Hospital	(804) 675-5000	Website	<i>Veterans only. Open 24 hours.</i>
Ready Kids	(434) 296-4118		
	(434) 972-7223		<i>Teen crisis hotline</i>
Region Ten Club House Friendly Oaks	(540) 854-1914	Website	
Region Ten Community Services Board	(434) 967-2880	Website	
	(434) 972-1800		<i>24-hour hotline.</i>
The Women’s Initiative	(434) 872-0047	Website	

Newspapers

Central Virginian	(540) 967-0368	Website	
C-Ville Weekly	(434) 817-2749	Website	
Daily Progress	(434) 938-7200	Website	
Fluvanna Review/Louisa Life	(434) 591-1000	Website	
Orange County Review	(540) 672-1266	Website	
Richmond Times Dispatch	(804) 644-4181	Website	
	(800) 468-3382		<i>Toll free.</i>

Nursing Homes

Kings	(540) 894-0009
Lake Anna Elder Care	(540) 895-5240
Louisa Health & Rehabilitation Center	(540) 967-2250

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Pharmacies

CVS Pharmacy	(540) 967-0063 Website	Mon – Fri 8am – 8pm, Sat 9am – 9pm, Sun 10am – 6pm
Dawson’s Pharmacy	(804) 556-3311 Website	Mon – Fri 9am – 6pm, Sat 9am – 1pm
Food Lion Pharmacy – Mineral	(540) 894-0650 Website	Mon – Fri 9am – 7pm, Sat 9am – 5pm
Goochland Pharmacy	(804) 556-3607 Website (804) 556-3800	Mon – Fri 9am – 6pm, Sat 9am – 3pm
Montpelier Pharmacy	(804) 883-6363 Website	Mon – Fri 9am – 7pm, Sat 9am – 6pm
Orange Pharmacy	(540) 661-5006 Website	Mon – Fri 9am – 6pm, Sat 9am – 1pm
Walgreens	(540) 967-0771 Website	Mon – Sun 8am – 10pm
Walmart Pharmacy – Zion Crossroads	(540) 832-1271	Mon – Sat 9am – 7pm, Sun 10am – 6pm

Physical Therapy

Ivy Rehab – Charlottesville	(434) 817-4100 Website	Mon, Thu 7:30am – 7pm, Tues, Wed, Fri 7:30am – 3:30pm
Ivy Rehab for Kids – Spring Creek	(540) 832-9012 Website	Mon – Fri 7:30am – 6pm
Ivy Rehab – Lake Monticello	(434) 589-9588 Website	Mon, Wed 7am – 6:30pm, Tues, Thu 8am – 7pm, Fri 7am – 3:30pm
Ivy Rehab – Louisa	(540) 967-1757 Website	Mon – Thu 7am – 7 pm, Fri 7am – 4:30pm
Ivy Rehab – Orange	(540) 672-2708 Website	Mon – Fri 9am – 6pm
Ivy Rehab – Zions Crossroads	(540) 832-3061 Website	Mon – Thu 7am – 7pm, Fri 7am – 3pm, Sat 8am – 12pm

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Physical Therapy Continued

Pivot Physical Therapy – Hollymead	(434) 218-1021	Website	<i>Mon, Wed 10am – 6:30pm, Tues, Thu 7am – 3:30pm</i>
Pivot Physical Therapy – Lake Monticello	(434) 510-7301	Website	<i>Mon – Wed 9:30am – 6:30pm, Thurs – Fri 7am – 4pm</i>
Pivot Physical Therapy – Pantops	(434) 218-1021	Website	<i>Mon – Fri 7am – 6:30pm</i>

Post Offices

Bumpass – 23024	(540) 872-7095	Website	<i>Mon – Fri 8:30am – 12:00pm, 1:00pm - 4:30pm, Sat 9am – 11:30am</i>
Goochland – 23063	(804) 556-5119	Website	<i>Mon – Fri 8am – 5pm, 8:30am – 12am</i>
Gordonsville – 22942	(540) 832-5002	Website	<i>Mon – Fri 8:30am – 4:30pm</i>
Gum Spring – 23065	(804) 556-4347	Website	<i>Mon – Fri 9:30am – 1pm, 1:30 – 4pm, Sat 8:30 – 12pm</i>
Louisa – 23093	(540) 967-0691	Website	<i>Mon – Fri 8:30am - 12:30pm, 1:30pm - 4:45pm, Sat 10am – 12pm</i>
Mineral – 23117	(540) 894-4410	Website	<i>Mon – Fri 8:30am - 1:00pm, 2:00pm - 4:30pm, Sat 9am – 11am</i>
Montpelier – 23192	(804) 883-6340	Website	<i>Mon – Fri 8:00am - 11:00am, 12:00pm - 4:30pm, Sat 8am – 11am</i>
Troy – 22974	(434) 589-8512	Website	<i>Mon – Fri 8:00am - 11:00am, 12:00pm - 4:30pm, Sat 8:30am – 10:30am</i>

Public Utilities

Central VA Electric Co-op	(800) 367-2832	Website
Dominion Energy	(866) 366-4357	Website
Louisa Water Authoirty	(540) 967-1122	Website
Rappahannock Electric Co-op	(540) 825-8373	Website
Town of Louisa Water and Sewer	(540) 967-0521	
Town of Mineral Water and Sewer	(540) 894-5100	

LITTLE YELLOW BOOK

Rescue Squads (non-emergency)

Holly Grove Rescue Squad	(804) 556-6629
Lake Anna Rescue Squad	(540) 872-5274
Louisa Rescue Squad	(540) 967-1800

Senior Care Services

ElderCheck Now	Website
JABA – Neighbor to Neighbor	(434) 817-5244 Website (833) 559-2428 <i>Toll-free.</i>
Touching Hearts at Home	(540) 603-2626 Website (540) 684-2474

Social Activities

Golden Age Club	(540) 967-4420 Website	<i>Mon – Fri 8:30am – 5pm</i>
Louisa County Senior Center	(540) 967-4433 Website	<i>Tues – Thu 9am – 2pm</i>
Parks, Recreation, and Tourism	(540) 967-4420 Website	<i>Mon – Fri 8:30am – 5pm</i>

Social Security & SSI

Charlottesville Office	(866) 613-3959 Website	
Social Security Administration	(800) 772-1213 Website	<i>Mon – Fri 7am – 7pm</i>

Specialized Support Groups

Mesothelioma Hope	(866) 608-8933 Website	<i>Mon – Fri 9am – 10pm, Sat – Sun 11am – 8pm</i>
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Suicide and Crisis Help

Suicide and Crisis Lifeline	9-8-8	Website	<i>24 hours a day, 7 days a week</i>
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Taxes

IRS Forms and Publications	(800) 829-3676 Website
IRS Tax Help Line	(800) 829-1040
TaxAide Program (AARP)	(888) 227-7669 Website
VA Department of Taxation	(804) 367-8031 Website

LITTLE YELLOW BOOK

Tax Relief for the Elderly

Commissioner of Revenue	(540) 967-3432	Website	Mon – Fri 8:30am – 5pm
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Must apply between January 1 and May 1.

Transportation

Brittany's Transit Service	(434) 272-9045	Website
Bright Day Transit Services	(540) 907-9676	Website
JAUNT	(434) 296-3184	Website
Medi-Ride Transportation	(434) 566-9046	Website

United Way

United Way Referral Service	(434) 972-1701	Website
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Veterans Affairs

Department of Veterans Affairs	(434) 529-6431	Website	Mon – Fri 8:00am – 12pm, 1pm – 4:30pm
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Veterans are served from 8:30 am- 3:00 pm.

All offices will be closed to the public on the last business day of each month.

Veteran Crisis Line	(800) 273-8255 ext. 1	
Virginia Veteran and Family Support	(540) 684-7822	Website

Vision Impaired Services

Learning Ally – audiobooks	(434) 293-4797	Website	
Library and Resource Center	(804) 371-3140	Website	
	(800) 622-2155		<i>Toll free.</i>
Louisa Lions Club	(540) 967-0487	Website	
National Federation for the Blind	(202) 285-4595	Website	
Recorded Books, Inc.	(800) 305-3450	Website	Mon – Fri 8:00am – 5:30pm
VA Dept. for Blind and Vision Impaired	(804) 371-3140	Website	
	(800) 622-2155		<i>Toll free.</i>
Valley Voice	(540) 568-7884	Website	

Volunteer Opportunities

Caring Connections	(540) 967-1510	Website	
JABA (Jefferson Area Board for Aging)	(434) 817-5266	Website	
	(833) 559-2428	<i>Toll-free.</i>	
Parks, Recreation, and Tourism	(540) 967-4420	Website	<i>Mon – Fri 8:30am – 5pm</i>

Voting

Louisa County Registrar	(540) 967-3427	Website
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