

Haorui Luo (Leo)

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Education

August 2020 - Present

Carlow University – *Doctor of Physical Therapy*

Expected Graduation: May 2028

August 2020 - May 2025

University of Pittsburgh – *Bachelor of Psychology, Minor in Neuroscience*

Relative Coursework: Sport Psychology, Social Psychology, Psychopathology, Anatomy and Physiology I&II, Microbiology and lab, Intro to Neuroscience, Synaptic Transmission, Functional Neuroanatomy

Certifications: BLS, CPR, and AED of Adults and Children, July 2026

Rehabilitation Experience

August 2022 - April 2025

UPMC Passavant – McCandless, Pittsburgh, PA – *Casual Rehab Aid*

- Acquiring more extensive knowledge on the duties of Physical Therapists in rehab settings, orthopedic settings, and acute settings.
- Providing assistance to Physical and Occupational Therapists during their work with patients and helping prepare and organize the equipment before and after use.
- Becoming familiar with the operation of rehabilitation equipment, including Litegait, Stand up lift, and many more.
- Recognized by the department for being a “team player” for being collaborative and supportive efforts

May 2023 - April 2025

UPMC Rehabilitation Institute at Squirrel Hill, Pittsburgh, PA – *Casual Rehab Aid*

- Facilitating patients through a workout assigned by a Physical Therapist.
- Performing clerical and housekeeping duties to ensure the favorable rehabilitation environment and basic operation of the institute.
- Encouraging patients during activities to meet the goals for outcome.
- Bridging communication between the patient's concerns about rehabilitation and new symptoms to the Physical Therapist.
- Helping communication between Chinese-speaking patients and the Physical Therapists.

- Preparing equipment for heat treatment, cold treatment, ultrasound, and Stims for patients and sanitizing equipment after use.

May 2022 - August 2022

UPMC Shadyside, Pittsburgh, PA - *Volunteer At Orthopedic Gym (72 hours)*

- Supported Physical Therapist and Occupational Therapist in providing care for orthopedic patients and managed rehabilitation equipment for patients.
- Transported patients to rehabilitation gyms and transported patients from wheelchairs to beds or recliners using different methods.
- Provided protection to patients in various activities instructed by Physical or Occupational Therapists.
- Assisted patients with their daily needs and applied cold treatment prescribed by Therapists.

Physical Therapy Shadowing Experience

August 2024

Panther Physical Therapy, Pittsburgh, PA (8 Hours)

- Observed the work setting of a Physical Therapist in an outpatient clinic and learned the duties of a therapist when managing the clinic alone.
- Observed pediatric, pelvic floor and orthopedic rehabilitation administered by Physical Therapist and learned how fascia blades can help improve patient muscle tightness.
- Observed spinal manipulation to alleviate the numbness of a patient's limbs.

August 2023

China Rehabilitation Research Center, Beijing, China (40 Hours)

- Observed Physical Therapists administering aquatic therapy to patients with joint pain, muscle weakness, and balance difficulty.
- Learned about the future research direction for Physical Therapy in China, and the difference in therapeutic approach between the United States and China.

July 2023

Beijing Sport Hospital, Beijing, China (40 Hours)

- Learned and observed the impact of acupuncture on the outcome of the rehabilitation process.
- Observed application of Shockwave Therapy (ESWT) on patients with foot, back, and shoulder pain.

July 2023

Sir Run Run Shaw Hospital, HangZhou, China (40 Hours)

- Observed the application of Western Physical Therapy in China including different specialties like Orthopedics, Pediatrics, and Women's Health.
- Discussed with the board director of Physical Therapy in the rehabilitation department regarding future career opportunities in China.

May 2023

UPMC Rehabilitation Institute at Squirrel Hill, Pittsburgh, PA (32 hours)

- Observed the working of Orthopedic Physical Therapists in an outpatient setting, and learned the exercises for patients that are geared toward an outpatient setting.
- Assisting with equipment sanitization after each use.
- Learned how Physical Therapists evaluate new patients and develop personalized treatment plans for the following sessions.

Volunteer Experience

December 2023 - Present

Private Employer, Pittsburgh, PA - *Volunteer Caregiver*

- Preparing basic life essentials for clients and maintaining hygiene for the living environment.
- Helping the patient with advanced daily living.
- Take part in the patient's rehabilitation process and prepare equipment for the activity.
- On call for the client when help is needed as well as maintaining a regular schedule for volunteering work.

December 2019 - May 2020

St. Vincent de Paul of Kenosha Thrift Store, Kenosha, WI - *Volunteer*

- Collected, sorted, and organized the donations received from people and passed it to others for further inspection and cleaning.
- Helped customers with the package and transport of their purchase.
- Collected trash and organized the inventory in the warehouse.

Extracurricular Experience

August 2021 - May 2023

Chinese Student and Scholar Association At University of Pittsburgh - *Logistics Department Member*

- Ordered, transported, and maintained the equipment and supplies required for various different activities and events, and provided support to other departments when needed.
- Designed functional logistic plans for various different activities and events.
- Responsible for communicating between different members of the department and coordinating with other departments.
- Assumed a leadership role on short notice.