

Patient Discharge Summary

The following patient, registered at your GP practice, has now been discharged from the COVID-19 monitoring service for Lewisham COVID Remote Monitoring Service. Further details including the reason for discharge are shown below. We also attach details of the final assessment completed by the patient.

Doctaly Assist (DA) is a smart Remote Patient Monitoring platform for both COVID and a range of Long-Term Conditions such as asthma, hypertension, diabetes, COPD, CHD etc. The DA chatbot interacts with patients over existing communication platforms such as WhatsApp, whilst providing clinicians with a Virtual Ward to safely, easily and efficiently assess and interact with their patients remotely. Patients without access to digital technology are also fully supported by the platform

Doctaly Assist has been widely used to support the Covid Oximetry @Home service where it monitors patients with COVID for 14 to 21 days from the onset of symptoms.

Patient name

Bradley Palmer

Patient DOB

9/24/1990

Patient NHS number

9999999999

Registered NHS GP practice

Unknown

Source of referral

COVID Hub Clinic

Date symptoms began

3/3/2021

Number of days under monitoring

0

Date of discharge

3/4/2021

Reason for discharge

Recovered (Discharge to GP)

We hope that you find this discharge summary helpful. If you wish to review information about any treatment organised for this patient during the period of remote monitoring, please view the 'ALL RECORDS' tab on EMIS Web.

ACTION FOR GP PRACTICE

Please can you ensure that the following NHS England recommended SNOMED code is added to the patient's medical record:

**1325271000000102 Discharge from telehealth pulse oximetry monitoring service (procedure).
Synonym: Discharge from remote virtual care pulse oximetry monitoring service.**

DISCHARGE NOTES FROM MONITORING CLINICIAN:

Seems stable. No need to continue remote monitoring.

If you have any clinical queries about this discharge summary, please contact gpea.ohl@nhs.net.

If you have any queries about the Doctaly Assist remote monitoring service, please email doctaly.assist@nhs.net.

Kind regards,
The Doctaly Assist Team

Assessment Completed: 04/03/2021 15:03

1. Please confirm this is an emergency. The assessment will finish so you can dial 999.

PATIENT ANSWER: N/A

2. Please confirm you have 1 or more of the symptoms previously listed. The assessment will finish so you can dial 999.

PATIENT ANSWER: N/A

3. It has now been {{TIME_WITH_SYMPTOMS}} since you started to show symptoms. How do you feel today compared to yesterday?

PATIENT ANSWER: 2

4. Do you feel it is getting uncomfortable to breathe?

PATIENT ANSWER: NO

5. Do you feel breathless when sitting still?

PATIENT ANSWER: NO

6. Do you feel breathless when walking around the room?

PATIENT ANSWER: NO

7. Are you coughing up phlegm or mucus that is different from what you might produce normally, and if so what colour is it?

PATIENT ANSWER: WHITE/CLEAR

8. Is the overall amount of sputum you are producing more or less than your last assessment?

PATIENT ANSWER: N/A

9. Do you feel the sensation of your own heart beating, also known as palpitation?

This might feel like your heart is pounding or fluttering or beating irregularly.

PATIENT ANSWER: NO

10. Are you experiencing hot/cold sweats or chills?

PATIENT ANSWER: NO

11. Are you experiencing severe fatigue/tiredness?

PATIENT ANSWER: NONE OR MILD FATIGUE

12. Have you or others noticed you are more confused or drowsy?

If you are confused, you will not be able to think as clearly or quickly as normal. You may not know who/where you are, or what the date/time is. If you are drowsy, you will find it hard to wake up, or be unable to walk around the house as normal.

PATIENT ANSWER: NO

13. Have you stopped passing urine/water?

PATIENT ANSWER: I AM PASSING URINE/WATER NORMALLY

14. Do you feel faint, dizzy or lightheaded?

PATIENT ANSWER: NO

15. Please measure your blood pressure now. If you are unable to take a reading for some reason, please enter X.

Remember that the blood pressure reading comes in two parts. If you are unsure how to do this, this link will guide you: <https://bit.ly/bpathome>

Please check your blood pressure three times and state the LOWEST reading of the top number (SYSTOLIC) you receive.

For example, if you have a blood pressure reading of 130/90, 110/80 and 105/90, please enter 105 as your answer.

PATIENT ANSWER: N/A

16. Complete your Blood Pressure measurement.

PATIENT ANSWER: N/A

17. Measure your resting Heart Rate (pulse) over a one minute period. If you are unsure how to do this, this link will guide you: <https://tinyurl.com/y74u56tf>

PATIENT ANSWER: N/A

18. Please count your breathing rate. This is how many breaths you take in one minute. Please try to breathe normally. Breathing in and then out counts as 1 full breath. You do NOT need the Sats Probe for this, just a stopwatch or clock.

If you are unsure how to do this, this link will guide you: <https://www.youtube.com/watch?v=ccKGzZXNKYs>

PATIENT ANSWER: 21 (M)

19. Please measure your resting heart rate (pulse) using your Oxygen Sats probe. This is the second number on the Sats Probe labelled "PRbpm"

PATIENT ANSWER: N/A

20. Please take your Oxygen Saturation reading while resting. If you are unsure how to do this, this link will guide you: <https://bit.ly/usepulseoximeter>

The reading will be a single number (labelled %SpO2 on the Sats Probe) between 60 and 100.

PATIENT ANSWER: 95

21. Now we want to assess your Oxygen levels with light exercise. Walk 40 fast steps with Sats probe on your finger and then immediately check your Oxygen Saturation level. The reading will be a percentage between 60 and 99.

PATIENT ANSWER: 95

22. Please measure your temperature.

If you are unsure how to do this, this link will guide you: <https://tinyurl.com/wrg2j7n>

PATIENT ANSWER: N/A