

Gusto English

Handout 讲义

GB Level 初级

Month 4 第四个月.

Travel and Culture 旅游与文化



Week 3 第三周. Countries and Travel 国家和旅行

(9 月 22 日-9 月 28 日)

Day1. Must-See Countries 必去的国家

Day 2. Travel Experiences 旅游经历

Day 3. Packing for a Trip 旅行准备

Day 4. Cultural Differences When Traveling 旅游中的文化冲击

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Day 1. Must-See Countries 必去的国家



1. Video 看视频，思考你是否同意视频中的排名

<https://www.youtube.com/shorts/68M8uJxIOkE>

2. 视频中前十的旅游国家

Italy 意大利

Spain 西班牙

France 法国

Greece 希腊

Australia 澳大利亚

New Zealand 新西兰

Thailand 泰国

Switzerland 瑞士

Egypt 埃及

Canada 加拿大

3. Practice 练习

(1) Do you agree with the ranking in the video? 你同意视频中的排名吗?

Example Answer 示例答案:

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I agree with the ranking of must-see countries in the video because they're all places I'd love to visit.

(2) What's your top must-see country? 你最想去旅游的国家是哪一个?

Example Answer 示例答案:

My top must-see country is **the Netherlands**(荷兰). I really like the **buildings**(建筑) there and the style of the cities. The streets and **canals**(运河, 荷兰很多城市有穿过城市的运河系统) look very beautiful. I also want to visit the museums and try **Dutch**(荷兰的) food.

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Day 2. Travel Experiences 旅游经历



1. 听 Rick 描述自己的旅行经历，学习一些旅游相关词汇

Last **Spring Festival**(春节), I **traveled to**(旅行去某地) Thailand with my family. It was such a fun **trip**(旅行, 出行)!

We **visited**(参观, 游览) many famous **tourist attractions**(景点), like **temples**(庙宇, 寺院), **markets**(集市), and the **beach**(海滩). The **scenery**(风景) was really beautiful, and the weather was warm and sunny.

We also tried a lot of **local food**(当地食物). I ate **Pad Thai**(泰式炒河粉), **Mango Sticky Rice**(芒果糯米饭), and some **seafood**(海鲜). Everything was so delicious! The **local people**(当地人) were very friendly and always smiled at us, which made me feel very welcome.

I really enjoyed this trip because I could relax, see new places, and **spend time with**(与...度过时光) my family. I believe I will go there again in the future.

2. Useful Vocabulary 实用词汇

Spring Festival 春节

travel to+某地 去...旅行

trip (名词) (一趟) 旅行, 出行

visit 参观, 游览

tourist attraction 景点

temple 庙宇, 寺院

market 集市

beach 海滩

scenery 风景

local food 当地食物

local people 当地人

seafood 海鲜

spend time with+某人 与...度过时光

3. Practice 练习

尝试模仿 Rick, 描述你上次的旅行经历。你可以围绕以下问题思考:

- **Where did you go?** 你去了哪里?
- **Who did you go with?** 你跟谁去的?
- **When did you go?** 你什么时候去的?
- **What did you do there?** 你在那里做了什么?
- **How did you feel about the trip?** 你感觉这趟旅行怎么样?
- **Will you go there again?** 你会再去一次这里吗?

Day 3. Packing for a Trip 旅行准备



1. **Video** 看视频，学习打包行李的小技巧，并思考平时出行你是如何收拾行李的

<https://www.youtube.com/watch?v=1iN5TyicMII>

2. Useful Vocabulary 实用词汇

hack 小技巧，小窍门

pack 打包，收拾

item 一件物品或商品

essentials 必需品

towel 毛巾

toiletries 洗漱用品

pants 长裤

shoes 鞋子

T - shirt T 恤，短袖

skirt 短裙

jeans 牛仔裤

underwear 内衣

socks 袜子

shirt 衬衫

outfit 一套衣服

belt 皮带

jacket 夹克

suitcase 行李箱

collar 衣领

dress 连衣裙

fragile things 易碎物品

camera 相机

electronic devices 电子设备

wrinkle-prone items
易起皱物品

3. Practice 练习

(1) Do you find the hacks in the video helpful? 你觉得视频中的小技巧有用吗?

Example Answer 示例答案:

I think the **hacks**(小窍门) in the video are very useful. For example, if hotels provide things like **towels**(毛巾), or if you can share **stuff**(东西, 物品) with people you travel with, you don't need to bring too many things, which helps avoid **overpacking**(过度打包行李).

I have tried the hack of **rolling clothes**(把衣服卷起来) in my **suitcase**(行李箱), and it **saves a lot of space**(省很多空间).

(2) What do you usually pack in your suitcase when you travel? 你在旅游的时候通常会在行李箱里打包哪些东西呢?

Example Answer 示例答案:

When I travel, I usually pack **the essentials**(必需品) first, like **toiletries**(洗漱用品), **underwear**(内衣), and **socks**(袜子). Then I bring enough **outfits**(服装, 一套衣服) for the number of days I travel, and I roll them in my suitcase like in the video. I also take my **e-reader**(电子阅读器) because I like to read on the way.

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Day 4. Cultural Differences When Traveling 旅游中的文化冲击



1. 听 Emma 和 Tom 聊他们在过去旅游中所经历过的“文化冲击”，并思考你是否有同样的经历。

Emma: Have you ever experienced a **culture shock**(文化冲击) while traveling?

Tom: Definitely! Last year I went to **Europe**(欧洲), and it was a bit surprising. I thought everything would be super **convenient**(便利的) because it's a **developed region**(发达地区).

Emma: Really? What happened?

Tom: Well, in China, we have super fast **delivery**(快递, 外卖等送货服务) and **mobile payments**(移动支付) almost everywhere. But in Europe, sometimes I had to pay with **cash**(现金), and **food delivery**(外卖) wasn't as easy or **affordable**(划算的). Public transport can also be a bit **inconvenient**(不便的).

Emma: Oh, I see. I also had a culture shock in **Southeast Asia**(东南亚). I thought countries like **Vietnam**(越南) or **Thailand**(泰国) would be less developed.

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Tom: And were they?

Emma: Not at all! Many cities are **modern**(现代化的) and very **urban**(城市的, 城市化的). People speak English quite well, even better than in some **East Asian**(东亚的) countries. I was really **impressed**(印象深刻的, 钦佩的).

Tom: Wow, that's interesting. So sometimes our ideas about countries are not true?

Emma: Exactly. Traveling really **opens your eyes**(开阔眼界). Things are not always as we imagine.

2. Useful Vocabulary 实用词汇

culture shock 文化冲击 (指在异国生活或访问时的一种困惑、不安的感觉)

Europe 欧洲

Southeast Asia 东南亚

East Asia 东亚

convenient 便利的/**inconvenient** 不便的

developed region 发达地区

delivery 快递, 快送/**food delivery** 外卖

mobile payment 移动支付

affordable 划算的

modern 现代化的

urban 城市的, 城市化的

impressed (形容词) 印象深刻的, 钦佩的

open your eyes 开阔你的眼界

3. Practice 练习

尝试回答问题:

Have you ever experienced culture shock?

你是否有经历过文化冲击?

Example Answer 示例答案:

Yes, I have. I went to the United States **a couple of years ago**(几年前). At first, I was surprised because people usually do not **take off their shoes**(脱鞋子) at home. Sometimes they even wear shoes on the bed! It felt a little strange, but I **got used to**(习惯) it after a while because every place has its own culture, and we should respect it.