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(0:07)

nithyānandeśvara sadāshiva samārambhām nithyānandeśvari adīshakti madhyamām | asmat āchārya paryantām vande guru paramparām ||

(0:43)

I welcome all of you with My love and respects. I welcome all the Sarvajna Peeta Yajamans, Nithya Satsangis, Sri Mahants, Mahants, Kotharis, Thanedar, Devotees, Disciples, Visitors, everyone sitting with us all over the world, through Nithyananda TV, Facebook Live, YouTube Live, Twitter Live, 100s of Aadheenavasis channels and 2-

way Video Conferencing having Nayana Deeksha. I welcome all of you with My love and respects.

(1:22)

I will continue on 'Aadheenam Chalo Series', nitty gritties of Shaktipata. Listen. Yesterday, I spoke about being in love, with the Visionary of your life, is Guru Bhakti. I saw so many Facebook status. I am seeing so many people whom I never expected.....almost from all over the world. Many people I thought, who attended program 10 years before, 11 years before, 7 years before, who are not in touch with the Sangha regularly... even from all of them, I am seeing this status - "You are my Visionary, I am in love with you." So today, I give you the commitment - "Whoever puts the status - You are my Visionary, I am in love with you, I'll give you My personal vision about your life. I give homework for you every day. Today I am taking up a homework In few days I'll complete, but... whoever puts the status, if you feel, I am your.....I am the Visionary for your life and you are in love with Me, please put a status and tag it to My page. You will have My vision for your life.

For all the Aadheenavasis, today I really wanted to spell out My vision for you. Sadāshivatva Batch 1 Participants, Sadāshivatva Batch 2 Participants - both listen... and all the Aadheenavasis, who are yet to attend Sadāshivatva. Listen to this fundamental principles, based on which I built my vision.

(4:09)

First - First one year, when you come into the Sangha, means Aadheenam, one year it is **Sālokya Mukti**, means, enjoying the Enlightenment being in this Loka, carving your Integrity, Authenticity, Responsibility, Enriching, Divya Sharira, pure identity. Understand. Listen carefully. **Just like how you built this body – food, work out, rest, care, same way build your Divya Sharira**. That is what I am saying - **Carving out your spiritual identity**. Build your Divya Sharira, with Integrity, Authenticity, Responsibility, and Enriching. One year is for that. Within 1 year, carve your identity such a way, you enjoy the **Sāmeepya Mukti** – enlightenment of being around, near, literally the physical breathing space.

I heard, one Guru has told, "Guru's physical presence is not required and sometimes it will be hindrance." Let me make it very clear, it may be for him. I am very clear, Sadāshiva is very clear, the physical presence of Guru, VedaAgama Saiva Sampradayas, are very, very, very clear - "The Physical Presence of the Guru, is not

only necessary - **mandatory** - for enlightenment. Of course, if somebody is not enlightened and they are sitting on the Guru Peetha, then their physical presence is not required. See, if their physical presence cannot radiate, vibrate, Shaktipata, then their presence is not required. Why physical presence, even presence is not required.

Understand an important basic truth – in VedaAgama Saiva Sampradayas, Physical Presence of the Guru is not only required, it is mandatory for highest enlightenment to manifest through you.

Of course, you see, there are clear different components, dimensions, like - only if it is about state, means peace, kind of a consolation, for that you just need to get their words, that's all. Now a days, you can get anybody's words, just through the internet. Then, you see, if it all about only gaining some consolation, thought current, a state, then physical presence of the person, who is teaching you is not required and you also can't give the title "Guru" for him. If it is all about space, the way enlightenment operates, then you may need a little time, training time around Him. But, if it is all about an important component - manifesting powers of enlightenment, Sadāshiva - then physical presence is not only required - mandatory!! So the very definition of Guru and physical presence, as per Veda Agama Saiva Sampradaya, is different than modern day trekking Neo-Jinknak Sampradayas, Jukpuk Chikpuk Sampradayas.

9:07

Let me come back to Veda Agama Saiva Sampradaya. Either Vedānta or Siddhānta or āgamānta Sampradayas.....Vedānta or Siddhānta or āgamānta Sampradayas - Physical Presence of the Guru, is not only required - mandatory!!

So listen, within a year, you carve your Divya Sharira and move to the space of Sāmeepya Mukti and... may be enjoy the Sāmeepya Mukti intensely and manifest Sadāshivatva completely, intensely - State, Space and Powers. After 3 years, wherever you are, you are in Shaktipata. Understand. With a clear integrity and completion, when you manifest all the state, space and powers and you are sent somewhere to represent Me and take the responsibility of - what for I happened, then you are enjoying Sārupya Mukti. Understand. This is My vision for all the Aadheenavasis. One year Sālokya Mukti, carve your identity day and night. If you want to achieve extraordinary things, you have to do extraordinary things.

Still, I am seeing all this human stupidity cribbings from some of the so called Aadheenavasis - "Oh, my butt is burning, my jutt is burning, this is aching, that is

pulling." Understand. If you want to become extraordinary, you have to do extraordinary things. One year, carve out your identity, Divya Sharira.

(12:21)

What is **Divya Sharira**? I will define. Understand. You take a clay and put any impression; for example - you put your hand. It get impressed. Then burn that clay. Your hand is imprinted on it forever. So that clay is Divya Sharira of your hand. Same way, bring yourself and put the Master on you or put yourself on the Master so strongly, He gets imprinted in you intensely, then burn yourself with Integrity. Now you just radiate Him, manifest His state, space, powers. You are His Divya Sharira. You are His Divya Sharira.

Understand. 1000s and 1000s and 1000s of years, Sanatana Hindu Dharma has kept this great science of producing Divya Shariris alive. All spiritual Sampradayas, will be relevant to Planet Earth, as long as they are able to produce Divya Shariris. If you are living the state, space and manifesting powers, your Divya Sharira has started getting built. It has started happening. Understand, build your Divya Sharira intensely... in one year. By the second year, enjoy Sāmeepya Mukti, two years build yourself completely.

Somebody was asking me permission, "Swamiji, instead of Shiva Stambha Yoga, can I go for morning walk?" What a fool you are!! You already gave up your life!! Get into the Shiva Stambha, not only learn, decide to become a teacher for others! I was extremely happy, when I saw my mother on the rope - Kundalini Rajju. Not only she has become an ideal, due to her innocence, now she is becoming ideal by being active. When I saw that photograph, first thing, the disciples who were around Me, "Swamiji, Swamiji, stop her, stop her, tell her not to do all this." I said, "No, let her do, I'll protect her." It's not that I am just going to be so unattentive, that she will fall or fracture herself or have any difficulty. No. What is there? We have enough of protection mechanisms, let her start.

16:23

Understand, Will persistence to start new, new things in your life, means you are youth and young. The day you stop doing new, new things, you are old, dead, waiting to be buried. As long as you are doing new, new things and you have will persistence to start new, new things, you are young. Array, create records!! Decide when you are 90-95, you will be performing Shiva Stambha and decide you will be in the body as long as

Swamiji is in the body - *cchatagm samāḥ (Isavasya Upanishad verse 2)* – Lets live for 100s of years. Let's live for 100s of years.

Understand... a community like us, keeps you relevant. Community like us keeps you relevant. [Photo of Swami Amma trying the Kundalini Rajju is projected]. I don't know whether she went above...up the rope, but she has tried. That itself, I am very happy. No, I am really happy she tried. See now, she is setting an example, for many people who are thinking they are already old... and they can't do anything [Swamiji makes a drooping face]

Age is a stupid number, brainwashing you. If you allow the age to brain wash you, you don't have brain even to wash. In the modern day, the idea of youth, is always associated with the sexual activity. No! Idea of youth is always associated to ecstatic activities, not sexual activities. Understand. Please understand. The ecstatic... means – the blissful activities are different, sexual activities are different. It's not that always both need to be hand in hand, climbing the hill, climbing the hill. Swimming, marathon races, all these can be amazing youthful activity, which is blissful and which is not related to sexual.

Understand, youth should be associated to blissful activities. The youthfulness, the idea of youthfulness is associated to blissful activities. I am introducing, the Nithyananda Nagaravala – which is 9 km, going through our main east gate and going round and crossing the level crossing, entering into the Mysore road, coming back through the over crossing, not under bridge, over crossing and coming back to the Aadheenam's east entrance, main entrance. So in that way you go around all the Gods and Goddess, living in Nithyananda Nagara – largest Consciousness happening city.

(20:58)

Listen. Listen to the Sacred Secrets. Listen to this great truths. I am repeating, the youthfulness need not be associated only with sexual activity, as it is presented in the modern day. Youthfulness should be associated to blissful activities. I have seen in Tiruvannamalai, till the age of 90, people lifting the Deities on their shoulder, for the procession; people getting involved with the temple activities. **One temple can hold the city alive, young, inspired, energetic and healthy;** because the right kind of food, is served at right season, in the name of prasadam, during the right festivals and change of rutus. I tell you, one temple can keep whole city active, inspired, alive, young. Blessed are those who go and settle around a big temple, which is full of activity like

Tiruvannamalai, Chidambaram, Madurai. Now coming up - Nithyanandeshwara Sadāshiva Temple, in Bengaluru Aadheenam.

No really, I am telling you. Be full of vibrant and active. **Tiredness is devil stealing your life**, don't allow. **Boredom is a demon stealing your life**, don't allow it. **Boredom is not you, tiredness is not yours**. Renounce the stupid idea - "boredom is you, tiredness is yours." When you think boredom is you, tiredness is yours, you are a fool!! **Alive, active, living, inspired beings are generated, maintained, sustained... and liberated from temples.** Temples are the centers for this great activity. Understand, one temple can keep... whole city alive. Alive, really alive.

(25:02)

First one year, carve your Divya Sharira in Sālokya Mukti.

Second year, carve your state, space and manifesting powers in Sameepya Mukti.

After 3 years you should be in Sārupya Mukti, move all over the universe to radiate Sadāshiva.

This is the precise vision I have for all the Aadheenavasis who are here and who are going to come... who are here and who are yet to come. Millions are yet to come. Understand. Millions are going to come. I have given my rough vision for the Aadheenavasis, but whoever feels, I am your Visionary, including Aadheenavasis, put the status, I'll do My homework of giving you My vision.

(26:29)

With this, I bless you all. let's all radiate with Integrity, Authenticity, Responsibility, Enriching, Causing, Living Shuddhadvaita Saivam, Sadāshivoham, the Eternal Bliss - Nithyananda.

Thank you.

Be Blissful.

(26:55)