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[00:00:15]

om nithyānandeśvara paramaśiva samārambhām nithyānandeśvari parāśakti madhyamām | asmat āchārya paryantām vande guru paramparām |

[00:00:58]

I welcome all the living and practicing Hindus from all over the world. I welcome all the Sarvajnapeetha Kartas, Yajamans, Manifestors, Sarvaparityagis, Sri Mahants, Mahants, Kothari, Thanedar, visitors, viewers, Kayakalpa Yoga participant, Kailasa's e-Gurukul students, Kailasa's NHU students, Paramashiva Ganas, Paramashivoham Season 9 participant, everyone sitting with us all over the world. I welcome all of you with My love and respect[s].

[00:01:53]

Paramashiva's message directly from Kailasa. Listen. It is time now for all beings naturally to associate, affirm our Oneness existence with Universe, Cosmos. It is time for all of us to affirm, to be bold, strongly declaring, strongly centering yourself as Cosmos, Universe. Understand.

[00:03:12]

We all continuously connect with our body dimension. Please listen intensely. We all continuously associate ourself with one of our dimension that we are body. That is why such immediate response we give to our chemical actions and reactions and



hormonal actions and reactions happening in our system. I am not saying we are not body. I am only saying body is one of our dimension like Paramashiva's twenty five face. Your idea you are a body is one face of you. You have many more faces: f-a-c-e-s and phases - p-h-a-s-e-s.

[00:04:25]

Cosmos, this whole Prapancha, Universe is also one of your face, f-a-c-e, p-h-a-s-e, one of your dimension. So understand, because that Cosmos, its expansion is accelerated, if you associate yourself more and more with the Cosmos face of you, if you remember your Cosmos face more and more now, you will get the impact of that accelerated expansion. See, that accelerated expansion in the Cosmos can intensely land in you and manifest, if you remember more and more 'you are Cosmos'.

[00:05:48]

Understand, if you remember 'you are body' more and more, you will be constantly working only on your chemical reactions and hormonal reactions - food and sex. Food is the strongest reaction you manifest for all the chemicals; chemical reactions in your body. See, when the, when your body chemistry attacks you, the strongest experience it generates in you is hunger or not feeling satisfied. Then, immediately dump the food. That is why I am saying, ninety nine percent of your hunger signals are wrong signal. It is not actually hunger, it is that not feeling enough. Irritation, frustration; all that you give food. It's like a wrong payment.

[00:07:03]

Somebody has come asking for one glass of water. You give all your diamonds and gold to that person. Hey, he wan wanted only just a glass of water but stupidly you throw away all your diamond and gold. Same way, many time your body is just expressing its frustration, irritation, anger and not feeling enough. You just need unclutching, nothing else, but, you react as if you are feeling hungry and dump food on it; waste the food and the body, both. At least food you can get back even if you wasted, but body you can't.

[00:08:04]

Listen carefully because you associate yourself more and more with the body, you do too much of funny reactions. That is the right word I'll use. Funny reactions to your body signal; the signals your body sends to you, you do all funny reactions. Same way, hormone. Ayy, your hormone is telling you, you are feeling lonely. That doesn't



mean immediately you have to start some sexual activity - pornography or so many sexual activity. Ayy, listen. When your body tells you, you are little lonely; when your body tells you that you are little frustrated, irritated, not enough - you just need little unclutching, not immediately food related activity or sexual activity.

[00:09:16]

I tell you, I am not saying you are not body. I am saying 'you are body' is one face of you. You have twenty five face like Paramashiva. 'You are body' is one face of you. 'You are Cosmos' is one face of you. Now spend more time, more energy, more attention at least till December 14th 'You are Cosmos'; because so much accelerated expansion is happening there. See, just like how you go and spend time in the country which gives you more money, more luxury, more comforts. Let's all go and spend time in the space where accelerated expansion is happening. You have twenty five faces: f-a-c-e-s, p-h-a-s-e-s, both. You can use both the words when I say faces.

[00:10:51]

I am trying to map Sanskrit into modern day English. I tell you, multiple researchers are again and again telling Sanskrit is the best base for whether computing or translating or if you develop certain capabilities - multiplying those capabilities in different dimensions and fields - for everything Sanskrit seems to be the best foundation. I tell you, if you can add Sanskrit words in your thinking, that is like adding detox in your consciousness.

[00:12:21]

Please be very clear, I am here to enlighten you. I am here to give you enlightenment. I don't belong to this language, that language and all that. I belong to Cosmos. I am here to tell you the truth as it is: Sanskrit is Devabasha. There are tons of researches, NASA claims that Sanskrit - most suitable language to develop computer programming for their Artificial Intelligence Program. I am telling you, my brain fundamentally functions on Sanskrit. Actually if I am in samadhi, I don't talk in Tamil or English. I'll be uttering only words in Sanskrit or the Sanskrit-based Tamil. There is the Tamil language; it used to be alive in those days. Now this Dravish gang killed that Tamil, practically eliminated it. That Tamil slang which is full of Sanskrit base - Tamizhi. Either I will be speaking in Sanskrit or that Sanskrit-based Tamil. That's the way, when I am in samadhi, that's the way I'll be uttering the words. People who take care of Me, they know it.



[00:14:14]

I am telling you. Listen. It's not for pride, I am straight expressing the truth as it is. I am not even saying become a Sanskrit scholar overnight and spend your whole life in studying Sanskrit. As if you are going to follow if I say or what? No. I know My limitation. If somebody smoke one or two cigarette[s] a day, if I tell him drop the cigarette, he may drop. But if somebody smokes ten packets a day, if I tell him drop the cigarette, he will drop Me, not the cigarette. I know My limits. Knowing that limits, I want to tell you all, at least add few Sanskrit words in your thinking, means everyday learn ten minutes. There are so many beautiful Sanskrit teaching channels in YouTube. Just learn ten words. Take it like a, casually. Let's read Upanishads in original Sanskrit. So for that, maybe one Upanishad. One Upanishad, you can read in one week. One or two days, first one day, one or two verses read the original Sanskrit and English translation word by word, word by word translation so you know few words, and you start thinking those words, chewing those words inside.

[00:16:19]

Understand, I am not promoting Sanskrit learning. I am promoting Sanskrit thinking, because the language with which you start thinking expands your ability to hold powerful cognitions. Listen. The language in which you think helps you holding, manifesting powerful cognitions, so the language in which you think, plays a major role in your enlightenment. I am not saying, if you don't think in Sanskrit, you won't get enlightened. I am only saying, if you start thinking in Sanskrit, enlightenment is too easy, power manifestation is too easy, that's all I am saying. There's a, hatred for Sanskrit in bloody dash dash, dash

[00:18:29]

I want all My disciples to know Sanskrit is the spoken thinking language of Kailasa. Sanskrit is the cognition language of Kailasa. Not only the Kailasa My physical body is there - the Kailasa, MahaKailasa itself Sanskrit is the language of cognition. So listen I wanted to explain this one point and then get back to today's original message; because the language plays a major role in powerful cognitions you develop.

[00:19:27]

I tell you This is one of the powerful Mahavakya I received from Annamalai Swamigal. This, I should say that, from the Ramana Sampradaya, that tradition, ecosystem of



Bhagavan Sri Ramana Maharshi. Very casually, he put this in Me - Deham Naham, Koham Soham. Like how in the schools, you learn "Baa, baa black sheep." See the rhymes you learn plays a major role in your thinking. Don't think rhymes are just funny! This is the most beautiful rhyme for enlightenment I learned - Deham Naham, Koham Soham. Deham means body; Naham - I am not; then Koham - Who am I?; Soham - Paramashiva is Me. I can say that I just can build full-fledged temple for Annamalai Swamigal just putting this one rhyme inside My head.

[00:21:04]

Even while I walk to the restroom in the schools, they will give interval break - ten minutes, you have to run to the restroom, and come back. Even while running to the restroom, I will sing this only - Deham Naham, Koham Soham.

Ninaika ninaika nenjoorudhe Annamalaiyane. Un mannin mahimaiyo kaatrin kirubaiyo.

Listen, the rhymes you cherish inside you matters! The words you cherish inside you matters! The words you cherish inside you for six months will become reality within a year. At least it will become like a echo chamber for you; e-c-h-o, echo chamber for you, around you. These rhymes, these great beings have put inside My head so casually!

[00:23:14]

I started going to Annamalai Swamigal because he will give that candy and all that for the kids. Whoever brings to have his darshan, candy and other sweet[s], He will give it to all those kids. Very casually, he put those these great truths inside My head. If you know little Sanskrit, you will understand these four word is the essence of whole Hinduism. Deham means body; Naham - not my core, me, me, me; Deham is mine but not me - Naham; Koham - then who am I?; Soham - Paramashiva. Even when I am running to the washroom, from the class to the washroom, I will try to run - Deham, Naham, Koham, Soham; Deham, Naham, Koham, Soham; Deham, Naham, Koham, Soham; Deham, Naham, Koham, Soham. This constantly going on with this, created a kind of a echo chamber around Me.

[00:24:52]

I tell you, Kanchi, Kashi, Tiruvannamalai, Ayodhya: all these places; even if you just live, you cannot protect yourself from enlightenment! You have to become enlightened, how much ever you try! That's why it's called Mokshapuris. There will be



always some sadhu, some temple, if you; actually in Kashi and all, even if you fall in the road, you will fall only in some temple. Every eye; you see, you can't take a picture of Kashi without the temple falling on it, into that frame. You can't take a photograph of Tiruvannamalai without a sadhu or some sacred things falling in the frame. So, Kashi, Kanchi, Ayodhya, Mathura, Tiruvannamalai - Mokshapuris. Ayy, I did not go to some great monastery, live in Vedantic atmosphere; just that Tiruvannamalai. I am a mere boy from village, Tiruvannamalai. Running from classroom to washroom, I'll be chanting this - Koham, Naham; Deham Naham, Koham Soham; Deham Naham, Koham, Soham.

[00:26:57]

I tell you, the language which is put inside you which becomes programming of your natural relaxed state of existence, plays a major role in your manifestation of life. Relaxed deepest core existence of you, the words its it cherishes is the blueprint of your life. Around the age of seven-eight, running to the school restroom, I am singing - Deham Naham, Koham, Soham. It's like a rhyme. It's not that I understood immediately when I heard from him. But, when I started mapping it more and more and when it started sinking more and more, I tell you, that deliciousness of My Gurus awakened such a deep trust on this science of enlightenment in Me, such extreme fulfillment!

[00:28:55]

The grace of Ramsuratkumar. I tell you, the way he will sit, and the way he will be and the grace he radiated, brought tremendous assurance and trust about that whole science he is radiating. I tell you it's not that, all the time Ramsuratkumar was talking to Me. Many time I will sit in one corner; sometimes even hundred feet away from him, and watching his activities, his behaviour, what he is doing. There are many time, not even one word will transpire between Me and him. Just a glance. I'll go and sit, watch whatever he is doing and come back. Sometimes even once a week, one smile. But, there was such tremendous reassurance, feeling guided, feeling protected.

[00:30:42]

Such enormous, tremendous, it's like a, I know what you think and you know what I think; what is the need to talk to each other? That kind of feeling. Ayy, I know what you are thinking and you know what I am thinking. We both know each other. Then what is there to talk! I tell you that kind of a echo chamber happened around Me. One of the important component is, think in Sanskrit. Add more and more words to think in Sanskrit. See, you may be in Gurukul or you may not be in Gurukul. It's up to you.



I can't say anything about it. I'll strongly recommend you add little Sanskrit into your thinking. I have seen tons of channels in YouTube. I can recommend one channel that, there is a channel called "The Sanskrit Channel." Beautifully, they are doing a amazing job. I'll give the link here: tinyurl.com/sanskritchannel. Please enjoy learning Sanskrit.

[00:32:25]

Let Me now come back to the today's message. You associating yourself more and more with Cosmos, existence of you. As I told, you have twenty five face. One face is 'you are body'. That's only one dimension of you, one face of you. You are Cosmos, is one more face of you. Till December 14th, start enjoying more and more this face - "you are Cosmos." Because in Cosmos, intense accelerated expansion is happening. So if you connect with that, that'll start happening in you also - in your body, in your mind, in your consciousness; whatever you think as you - your relationships, your wealth, your health, your money. Your bank balance will increase. Your power manifestation will happen more. You will have beautiful people around you. You will have happy relationships. You will have smiley, smiley conversations; giggly, giggly time spent with friends, family, relatives, and, lots of sweet beautiful auspicious things will be happening.

[00:34:12]

I tell you, when a man feels insecured, his first reaction is sexual activity. When a woman feels insecured, the first reaction is frightening, terrifying fear and destroying everything; doubting everything around her due to that fear. Understand, in both situation, you just need little bit of unclutching and relaxing into the truth - "you are Cosmos." Develop this one face in you - "you are Cosmos," you will see tons of your reactionary assumption-based destructions will reduce.

[00:35:31]

All women, if you teach your man, "he is Cosmos" and help him to unclutch - you will not be harassed, demanded. You won't feel exploited. You won't feel used. He will be such beautiful part of your existence. All men, listen. If you teach your women, "they are Cosmos" and little unclutching - you don't have to shiver in your own home for that three days. You don't have to be shivering, terrorized, terrified. You can be relax[ed]. Realize this one truth. At least till December 14th, add in you more and more understanding - "you are Cosmos." Add everyone around you in their life also, support them to understand - "they are Cosmos."



[00:37:19]

Maybe you can start like this a game - Deham, Naham, Koham, Soham. Then naturally, your husband will ask, "What happened? Till yesterday, you were little balanced. Now, today your Kailasa Swami taught something to you?" Then naturally you get an opportunity to introduce Me, and unclutching science to him. You can say, "Deham Naham, Koham, Soham." He will feel, "Woww, My money will not be spent anymore on makeup sets. She realized she is not the body. Oh God, good!" But he doesn't know, you are going to have jata now. Before realizing Deham Naham, Koham, Soham, you spent all your money on your parlour and hairdressing. Now after realizing Deham Naham, Koham, Soham now you are going to spend on jata:) No, that is different.

[00:38:55]

Listen. If you add this simple truth in all your activity, please understand I can guarantee tremendous wellness, auspiciousness. Eh, I tell you, this whole Cosmos is actually vibrating, Shiva, Shiv

Shiva, Sh

[00:40:15]

Actually Shiva means auspiciousness without any reason. Expansion, auspiciousness, no reason. Just auspiciousness, expansion of the Universe accelerated. You are only going to get better and better and better and better and better and better and better. There is no bad karma for you. Everything is only a lesson. Now whatever has happened based on that, you will expand your life next. There is no such thing you will go to hell and exhaust all the bad things you did and then go to the heaven and enjoy all the good things you did. Nothing! That and all is pre-Pralaya. Post-Pralaya just expansion into enlightenment.

[00:41:24]

You are a Thanedar, come on expand it to Kothari. From Kothari, then expand it to Mahant. From Mahant, Sri Mahant. Sri Mahant to Mandaleshvar. Mahamandaleshvar to Mahamandaleshvar. Mahamandaleshvar to Acharya Mahamandaleshvar to Ishvara of one planet. Then Ishvara to one zone.



Ishvara to one milky way. Expansion, expansion, expansion, expansion, expansion, expansion.

Shiva, Shiva, Shiva, Shiva, Shiva, Shiva.

[00:42:01]

Actually exactly when you vibrate Shiva every time, your consciousness is doing expansion, expansion, expansion. More power manifestation, more happiness, more joy, no suffocation. You won't even remember suffocation. More health, more joy, more pleasantness, more beauty, more sweetness, more powers, more happiness, more completion, more non-violence, more blissful coexistence. Shiva, Shiva,

[00:43:17]

See naturally, you will go and live in a country where you get more wealth, more luxury, more pleasant things which you like in your life. Same way, now you can live in a country where you thinking that you are body, or you can live in a country where you associating, or thinking "you are Cosmos." Your thinking is your space. So consciously decide, "I am Cosmos." I don't care about this stupid atheist dog and materialistic dash, dash and mafia trying to manipulate, control human beings.

[00:44:12]

Listen. Listen to this very carefully. Human beings taught that they are only body, is making men slaves! We should declare abolition of real slavery. Understand! As long as you are brainwashed, you are just a body! You are kept as a slave and sold in the market for your monthly wages or yearly salary. It's just like a, you are made to stand in a stand and somebody says, "Okay, I will hire him for hundred thousand dollar per year." Somebody says, "No, no, I will hire him only for eighty thousand dollar." Then, whoever screams more, you say, "Okay, I will go and be with you." Come on! See, I am not saying you are not body, but, if somebody brainwashes you, you are only body. Over! You are slave. We should work to abolish slavery, conscious slavery. We should work to abolish conscious slavery. All human beings need to be told they are consciousness also.

[00:45:56]



Understand, this is your fundamental right, birthright. You are consciousness also. Once you start understanding the conscious component of you, it is easy for you to connect and relax in the space of Cosmos. Listen to this. Listen carefully. Mafia which wants to control you and exploit you makes you believe you are only body. Don't get exploited and brainwashed by those mafia that you are only body. No. You are consciousness. You are consciousness. If you understand that and start cognizing that, you can easily connect with Cosmos.

Shiva, Sh

[00:49:18]

You don't even have to think, "I am Shiva or I am the slave of the Shiva." You don't even have to think your relationship with Shiva. There is only Shiva exists. You are not even there, stupid! When you are not even there, what kind of relationship you can claim with Shiva? Only he is there. Shiva. He is only breathing. He is only thinking. Even you thinking what kind of relationship I can cherish with Shiva, He is thinking. The idea of you is delusion. Get out!

Shiva, Sh

[00:50:12]

When you are hungry, don't dub, dump junk food in your stomach. Dump Shiva, Shiva Mantra, Shiva vibration! When you are feeling insecure, immediately don't start breaking everything around you. Just sit, Shiva, Shiva, Shiva. When you are feeling lonely, don't immediately start sexual activities, pornography, masturbation, everything. Stop! Just sit, Shiva, Shiva,

Shiva, Sh



[00:52:08]

I can see very clearly, I am literally hugging each one of you. Shiva, I give you the complete assurance and protection. Just start entertaining, cherishing, remembering the idea - "you are Cosmos." Start cognizing it even in the raw crude form, it's okay. Your own ignorant, deluded form, it's okay. Just reverberate with this sound - Shiva, Shiva, Shiva, Shiva, Shiva. All the Navagrahas will support you to cognize "you are Cosmos." They will help you sweetly. They are very sweet support; supporting system to realize "you are Cosmos."

Shiva, Sh

[00:54:54]

Just with this Shiva vibration, do a dry fasting for twenty four hours and see. Dry fasting means only this Shiva Mantra as the food, nothing else, for twenty four hours. You can try, maybe once in fifteen days. Once in a month, just Shiva.

Shiva, Sh

[00:56:20]

Any thought comes, just unclutch and again come back - Shiva, Feeling tired - unclutch from it. Shiva, Shiva, Shiva. Feeling bored - boredom is just a one more thought, kind of a intense feeling. Unclutch from that. Shiva, Shiva, Shiva. Put Shiva as the fire and burn everything else! And be Shiva, Shiva. Let everything be burnt and that final silence, Paramashanta is Shiva!

[00:57:18]

Anything you know as the world, everything burn it inside you. Shiva. Oh, my office is distracting me, burn it inside you. Shiva. It's not there now. Anything which distracts you, burn it in your inner space. I am not saying put the fire outside, I am saying burn



it inside, inner space, just with this Mahashabda - Shiva, Shiva, Shiva. Mahamantra is Om. Mahavakya is Om Nithyananda Paramshivoham.

Mahashabda is Shiva, Sh

[01:00:05]

Let the different dimensions of Cosmos - Surya, Chandra, planets, everything vibrate in all of us as

Shiva, Sh

[01:03:26]

With this, I bless you all. Let's all radiate with Integrity, Authenticity, Responsibility, Enriching, Causing, Living Shuddhadvaita Saivam, the State, Space, Powers, Being, Superconsciousness and Kailasa of Paramashiva, Paramashivoham, Om Nithyananda Paramshivoham, The Eternal Bliss, Nithyananda. Thank you. Be blissful.

[01:04:18]

