Yoga

<https://www.kaggle.com/datasets/shreesurya/yoga-asanas-and-its-benefits>

custom shape divider

<https://www.shapedivider.app/>

Health Score

<https://www.kaggle.com/code/prasadchaskar/health-score>

<https://www.kaggle.com/datasets/hansaniuma/patient-health-scores-for-ehr-data>

<https://icons.getbootstrap.com/>