Using ninfs on macOS

The standalone Mac application requires macOS 10.12.6 or later.

Macs with Intel and Apple Silicon are both supported.

An implementation of FUSE is required:

- fuse-t doesn't require a kext, but is less tested with ninfs. It can be installed from https://www.fuse-t.org/
- macFUSE requires a kext, thus requires additional setup to use on Apple Silicon. It can be installed from https://osxfuse.github.io/

ninfs versions 2.0 and later are signed and notarized.

