# Personal Key Indicators of Heart Disease Project Code

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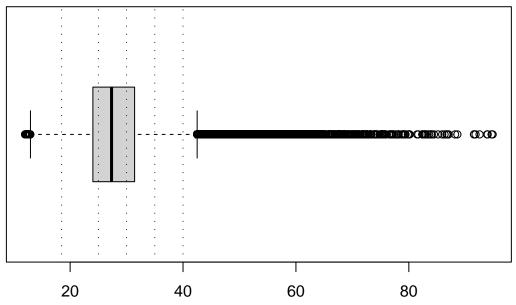
#### Data

```
rm(list=ls())
heart<-read.csv("~/Desktop/Notes/Graduate/STAT 408 - Applied Regression Analysis/heart_2020_cleaned.csv
heart$HeartDisease<-as.factor(heart$HeartDisease)
heart$Smoking<-as.factor(heart$Smoking)
heart$AlcoholDrinking<-as.factor(heart$AlcoholDrinking)
heart$Stroke<-as.factor(heart$Stroke)
heart$DiffWalking<-as.factor(heart$DiffWalking)
heart$Sex<-as.factor(heart$Sex)
heart$AgeCategory<-as.factor(heart$AgeCategory)</pre>
heart$Race<-as.factor(heart$Race)
heart$Diabetic<-factor(heart$Diabetic, labels=c("No", "BL", "Yes", "YesPreg")) # Renaming levels
heart$PhysicalActivity<-as.factor(heart$PhysicalActivity)
heart$GenHealth<-factor(heart$GenHealth, labels=c(5,2,3,1,4)) # Reordering levels to EX, VG, G, F, P
heart$Asthma<-as.factor(heart$Asthma)</pre>
heart$KidneyDisease<-as.factor(heart$KidneyDisease)</pre>
heart$SkinCancer<-as.factor(heart$SkinCancer)
set.seed(612)
s<-sort(sample(nrow(heart),round(nrow(heart)*.8)))</pre>
train<-heart[s,]</pre>
test<-heart[-s,]
rm(s)
table(heart$HeartDisease) # p
##
##
       No
             Yes
## 292422
           27373
```

#### **Data Visualization**

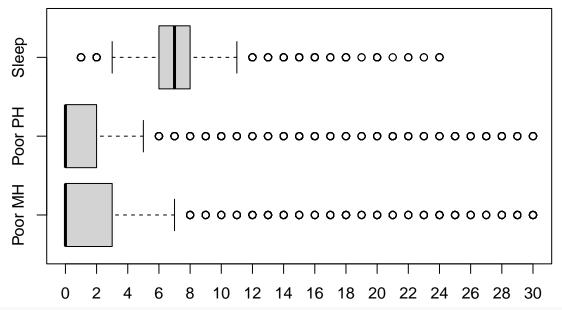
```
boxplot(heart$BMI, main="Body Mass Index (BMI)", horizontal=TRUE)
abline(v=c(18.5,25,30,35,40), lty="17") # Underweight, normal, overweight, class I-III obesity
```

### **Body Mass Index (BMI)**



boxplot(heart\$MentalHealth,heart\$PhysicalHealth,heart\$SleepTime,names=c("Poor MH","Poor PH","Sleep"),ma

## # of Poor Mental/Physical Health Days (Last 30) and Average Sleep



cor(heart[,c("BMI","PhysicalHealth","MentalHealth","SleepTime")])

```
##
                         BMI PhysicalHealth MentalHealth
                                                           SleepTime
## BMI
                   1.0000000
                                 0.10978754
                                              0.06413057 -0.05182225
## PhysicalHealth 0.10978754
                                 1.00000000
                                              0.28798667 -0.06138663
## MentalHealth
                  0.06413057
                                 0.28798667
                                              1.00000000 -0.11971679
## SleepTime
                 -0.05182225
                                -0.06138663 -0.11971679 1.00000000
```

#### Model

```
summary(glm(HeartDisease~.,family=binomial,data=train))
## Call:
## glm(formula = HeartDisease ~ ., family = binomial, data = train)
## Deviance Residuals:
##
       Min
                 10
                      Median
                                   30
                                           Max
## -2.1133 -0.4104 -0.2428 -0.1270
                                        3.6221
##
## Coefficients:
##
                            Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                          -6.3097610 0.1299880 -48.541 < 2e-16 ***
## BMI
                           0.0090913 0.0012816
                                                  7.094 1.30e-12 ***
## SmokingYes
                           0.3602878
                                     0.0161066
                                                22.369 < 2e-16 ***
## AlcoholDrinkingYes
                                                 -6.633 3.29e-11 ***
                          -0.2507708
                                     0.0378075
## StrokeYes
                           1.0453483 0.0252846
                                                41.343
                                                       < 2e-16 ***
## PhysicalHealth
                           0.0034601 0.0009667
                                                 3.579 0.000345 ***
## MentalHealth
                           0.0046946 0.0009894
                                                  4.745 2.08e-06 ***
## DiffWalkingYes
                           0.1958066 0.0203425
                                                  9.626
                                                         < 2e-16 ***
## SexMale
                                                43.999
                           0.7183172 0.0163257
                                                         < 2e-16 ***
## AgeCategory25-29
                           0.1345623 0.1419976
                                                 0.948 0.343314
                                                  3.746 0.000180 ***
## AgeCategory30-34
                           0.4766847
                                     0.1272601
## AgeCategory35-39
                           0.6005253 0.1217014
                                                  4.934 8.04e-07 ***
                                                  8.952 < 2e-16 ***
## AgeCategory40-44
                           1.0230442 0.1142758
## AgeCategory45-49
                           1.3435366 0.1103239
                                                12.178 < 2e-16 ***
## AgeCategory50-54
                           1.7801817
                                     0.1064447
                                                 16.724
                                                         < 2e-16 ***
## AgeCategory55-59
                           2.0062542 0.1048671
                                                 19.131
                                                        < 2e-16 ***
## AgeCategory60-64
                           2.2845783 0.1039234
                                                 21.983 < 2e-16 ***
                                                         < 2e-16 ***
## AgeCategory65-69
                                                 24.317
                           2.5199432 0.1036303
## AgeCategory70-74
                           2.8095883 0.1035570
                                                 27.131
                                                         < 2e-16 ***
## AgeCategory75-79
                           3.0046664 0.1041518
                                                28.849
                                                         < 2e-16 ***
## AgeCategory80 or older 3.2566497
                                     0.1038827
                                                 31.349
                                                         < 2e-16 ***
## RaceAsian
                                                -5.541 3.00e-08 ***
                          -0.5125952 0.0925055
## RaceBlack
                          -0.3968159 0.0643837
                                                 -6.163 7.12e-10 ***
## RaceHispanic
                          -0.2985811 0.0655792
                                                -4.553 5.29e-06 ***
## RaceOther
                          -0.1165961 0.0713955
                                                -1.633 0.102448
## RaceWhite
                          -0.1187634 0.0573349
                                                -2.071 0.038321 *
## DiabeticBL
                           0.1431830 0.0468454
                                                  3.057 0.002239 **
                                                25.788 < 2e-16 ***
## DiabeticYes
                           0.4823947
                                     0.0187059
## DiabeticYesPreg
                           0.0544857
                                     0.1198488
                                                  0.455 0.649382
## PhysicalActivityYes
                           0.0298776
                                     0.0180095
                                                  1.659 0.097117
## GenHealth2
                           1.5092180 0.0366381
                                                41.193 < 2e-16 ***
## GenHealth3
                           1.0323838 0.0329548
                                                 31.327
                                                         < 2e-16 ***
## GenHealth1
                                                 41.287
                           1.8878382 0.0457246
                                                         < 2e-16 ***
## GenHealth4
                           0.4475175
                                     0.0338513
                                                 13.220
                                                         < 2e-16 ***
## SleepTime
                                     0.0048746
                                                -5.412 6.25e-08 ***
                          -0.0263790
## AsthmaYes
                           0.2709828
                                     0.0215686
                                                 12.564 < 2e-16 ***
                                                 20.116 < 2e-16 ***
## KidneyDiseaseYes
                           0.5520620
                                     0.0274444
## SkinCancerYes
                           0.1037718 0.0218499
                                                  4.749 2.04e-06 ***
## ---
```

## Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.05 '.' 0.1 ' ' 1

```
##
## (Dispersion parameter for binomial family taken to be 1)
##
       Null deviance: 149034 on 255835 degrees of freedom
##
## Residual deviance: 115592 on 255798 degrees of freedom
## AIC: 115668
## Number of Fisher Scoring iterations: 7
step(glm(HeartDisease~.,family=binomial,data=train),direction="both") # Same as full model
## Start: AIC=115667.7
## HeartDisease ~ BMI + Smoking + AlcoholDrinking + Stroke + PhysicalHealth +
       MentalHealth + DiffWalking + Sex + AgeCategory + Race + Diabetic +
##
       PhysicalActivity + GenHealth + SleepTime + Asthma + KidneyDisease +
##
##
       SkinCancer
##
##
                      Df Deviance
                                     AIC
## <none>
                           115592 115668
## - PhysicalActivity 1
                           115594 115668
## - PhysicalHealth
                       1
                           115604 115678
## - MentalHealth
                           115614 115688
                       1
## - SkinCancer
                       1
                           115614 115688
## - SleepTime
                       1
                           115621 115695
## - AlcoholDrinking
                       1
                           115638 115712
## - BMI
                           115641 115715
                       1
## - DiffWalking
                       1
                           115683 115757
## - Race
                       5
                           115721 115787
## - Asthma
                           115745 115819
                       1
## - KidneyDisease
                       1
                           115977 116051
## - Smoking
                           116094 116168
                       1
## - Diabetic
                       3
                           116238 116308
## - Stroke
                           117183 117257
                       1
## - Sex
                       1
                           117579 117653
## - GenHealth
                       4
                           118494 118562
## - AgeCategory
                      12
                           123337 123389
##
## Call: glm(formula = HeartDisease ~ BMI + Smoking + AlcoholDrinking +
##
       Stroke + PhysicalHealth + MentalHealth + DiffWalking + Sex +
##
       AgeCategory + Race + Diabetic + PhysicalActivity + GenHealth +
##
       SleepTime + Asthma + KidneyDisease + SkinCancer, family = binomial,
##
       data = train)
##
## Coefficients:
##
              (Intercept)
                                                                SmokingYes
##
                -6.309761
                                         0.009091
                                                                  0.360288
##
       AlcoholDrinkingYes
                                        StrokeYes
                                                            PhysicalHealth
##
                                          1.045348
                -0.250771
                                                                  0.003460
                                   DiffWalkingYes
##
             MentalHealth
                                                                   SexMale
##
                 0.004695
                                         0.195807
                                                                  0.718317
##
         AgeCategory25-29
                                 AgeCategory30-34
                                                          AgeCategory35-39
##
                 0.134562
                                         0.476685
                                                                  0.600525
##
         AgeCategory40-44
                                 AgeCategory45-49
                                                          AgeCategory50-54
##
                 1.023044
                                          1.343537
                                                                  1.780182
```

```
##
         AgeCategory55-59
                                  AgeCategory60-64
                                                            AgeCategory65-69
##
                  2.006254
                                           2.284578
                                                                    2.519943
                                  AgeCategory75-79
##
         AgeCategory70-74
                                                     AgeCategory80 or older
                  2.809588
                                           3.004666
                                                                    3.256650
##
##
                RaceAsian
                                          RaceBlack
                                                                RaceHispanic
                -0.512595
                                          -0.396816
                                                                   -0.298581
##
##
                RaceOther
                                          RaceWhite
                                                                  DiabeticBL
                -0.116596
                                          -0.118763
                                                                    0.143183
##
                                   DiabeticYesPreg
##
              DiabeticYes
                                                        PhysicalActivityYes
                  0.482395
                                           0.054486
                                                                    0.029878
##
##
               GenHealth2
                                         GenHealth3
                                                                  GenHealth1
                  1.509218
                                           1.032384
                                                                    1.887838
##
##
               GenHealth4
                                          SleepTime
                                                                   AsthmaYes
                                          -0.026379
                  0.447518
                                                                    0.270983
##
##
         KidneyDiseaseYes
                                     SkinCancerYes
##
                  0.552062
                                           0.103772
##
## Degrees of Freedom: 255835 Total (i.e. Null); 255798 Residual
## Null Deviance:
                         149000
## Residual Deviance: 115600
                                 AIC: 115700
table(train[train$AgeCategory=="25-29","HeartDisease"]) # Non-significant levels/variables
##
##
      No
           Yes
## 13429
           102
table(train[train$Diabetic=="YesPreg","HeartDisease"])
##
##
     No
         Yes
## 1990
          83
table(train[train$Race=="Other", "HeartDisease"])
##
##
     No
        Yes
## 8031
        700
table(train$PhysicalActivity,train$HeartDisease)
##
##
             No
                    Yes
                  7834
##
     No
          49730
     Yes 184311 13961
summary(glm(HeartDisease~., family=binomial, data=train)) $aic # Akaike information criterion (AIC)
## [1] 115667.7
pred<-predict(glm(HeartDisease~.,family=binomial,data=train),test,type="response")</pre>
table(round(pred))
                                    # Predictions
##
##
       0
             1
## 62914 1045
table(test$HeartDisease)
                                   # Actual values
```

```
##
##
      Nο
           Yes
## 58381 5578
glmt<-table(test$HeartDisease,round(pred))</pre>
                                   # Confusion matrix
glmt
##
##
             0
                   1
##
    No 57900
                 481
     Yes 5014
##
                 564
sum(diag(glmt))/nrow(test)
                                   # Accuracy rate
## [1] 0.9140856
glmt["Yes","1"]/sum(glmt["Yes",]) # True positive rate (sensitivity)
## [1] 0.1011115
glmt["No","0"]/sum(glmt["No",]) # True negative rate (specificity)
## [1] 0.991761
glmt["No","1"]/sum(glmt["No",]) # False positive rate
## [1] 0.008238982
glmt["Yes","0"]/sum(glmt["Yes",]) # False negative rate
## [1] 0.8988885
glmt["Yes","1"]/sum(glmt[,"1"]) # Positive predictive value (precision)
## [1] 0.5397129
glmt["No","1"]/sum(glmt[,"1"]) # False discovery rate
## [1] 0.4602871
\#summary(glm(HeartDisease^-.-PhysicalActivity,family=binomial,data=train)) \# Manual backward selection
#summary(qlm(HeartDisease~.-PhysicalActivity-Diabetic,family=binomial,data=train))
#summary(glm(HeartDisease~.-PhysicalActivity-Diabetic-Race,family=binomial,data=train))
\#summary(glm(HeartDisease \sim . - PhysicalActivity - Diabetic - Race - AgeCategory, family = binomial, data = train))
\#summary(glm(HeartDisease^-.-PhysicalActivity-Diabetic-Race-AgeCategory-BMI,family=binomial,data=train))
summary(glm(HeartDisease~.-PhysicalActivity-Diabetic-Race-AgeCategory-BMI, family=binomial, data=train))$
## [1] 125422.9
table(test$HeartDisease,round(predict(glm(HeartDisease~.-PhysicalActivity-Diabetic-Race-AgeCategory-BMI
##
##
     No 58008
##
                 373
##
     Yes 5146
                 432
```