

## **UNIV 102 Post-Assessment**

**Name:** \_\_\_\_\_

1) How stressed are you about money and personal finances?

<b>1</b>	<b>2</b>	<b>3</b>
Not stressed	Feeling some stress	Very stressed

2) Has your stress level been impacted by COVID-19?

Yes                      No

3) In the last 90 days, were you ever hungry but didn't eat because you didn't have enough money?

Yes                      No

4) Do you regularly keep a monthly budget or spending plan?

Yes                      No

5) Do you pay off credit card balances in full each month?

Yes                      No                      I don't use credit cards

6) Do you regularly put money aside in savings?

Yes                      No

7) In an emergency, could you immediately come up with \$400 cash of your own money?

Yes                      No

8) Do you know where to track your student loan borrowing and review payment plans?

Yes                      No                      I haven't borrowed federal student loans

**Which class topics were most helpful?**

**Are there skills you learned in class that you plan to use in the future? If so, please describe below:**

**Can I contact you in 6 months for a follow-up?**

Yes                      No

If yes, best email address to use \_\_\_\_\_