

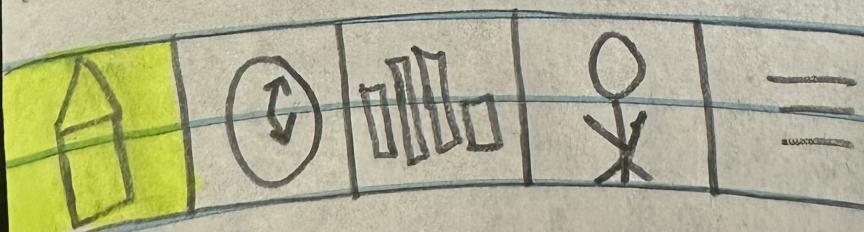
TAKE A BREAK
Homepage

YOGA 

MEDITATION 

FITNESS 

PICK ONE FOR YOUR BREAK TODAY!



TAKE A BREAK
CLOCK IN CLOCK OUT

CI CO lunch

Monday

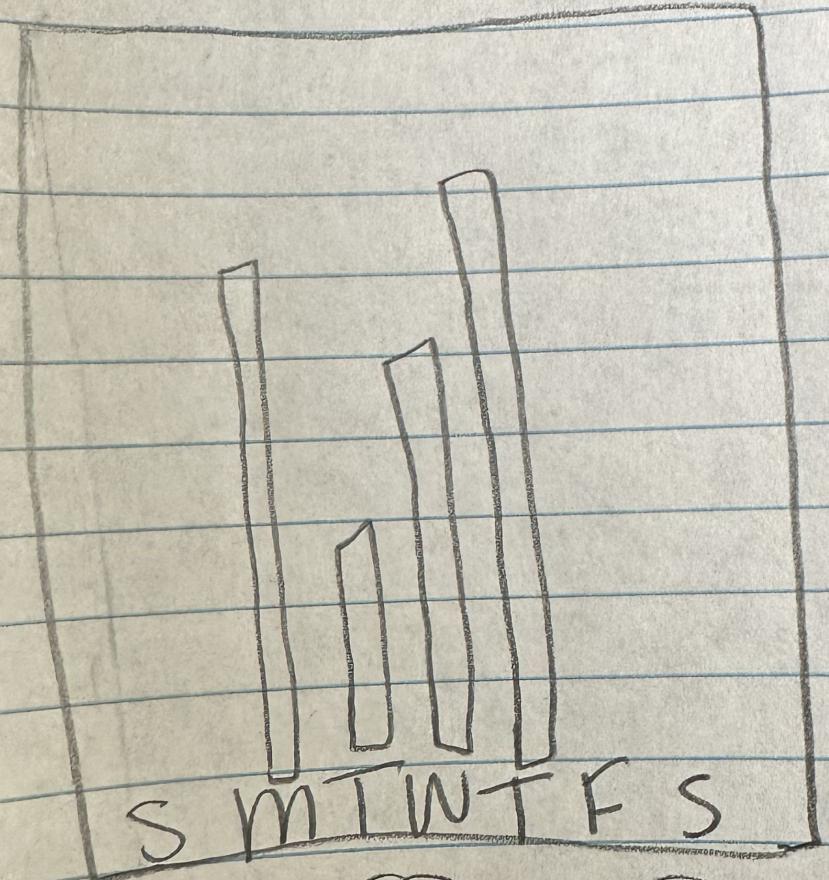
Tuesday

Wednesday

Thursday



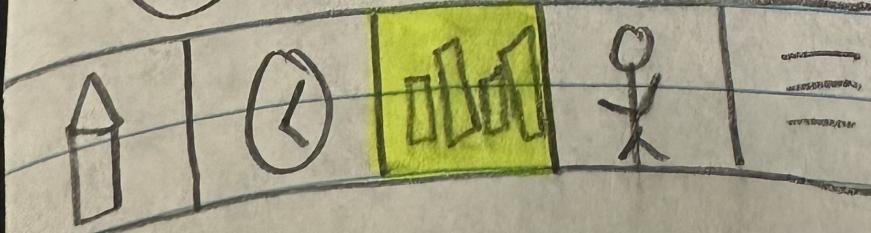
TAKE A BREAK
progress
Daily | Weekly | Monthly



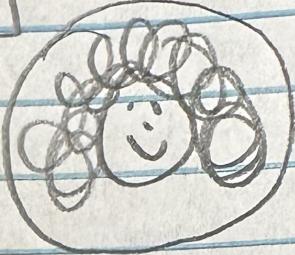
steps
700

Time
30min

Rest
1:25min



TAKE A BREAK!
profile



Name: Nancy Price

Age: 24

Birthday: 06/09/1997

Job: IT

Hours of work: 40

Days worked: Mon, Tue, Wed

Thur



TAKE A BREAK
Settings



Nancy price
General
metrics progress •

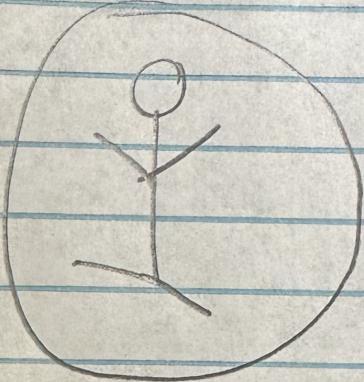
my goals •

profile settings •

password •



TAKE A BREAK
Homepage
YOGA



Ocean

30 min · 45min · 50min

