

Site administration

Approve Selected Exercise

EXERCISENAME EXERCISEDATE

edit name

Dec. 1, 2017, 11:30 p.m. Biceps Elbow Shoulder aa 18

Dec. 1, 2017, 11:28 p.m. Biceps Elbow Shoulder 17

Dec. 1, 2017, 11:27 p.m. Elbow Shoulder ttt

Dec. 1, 2017, 4:02 p.m. Elbow Shoulder

Dec. 1, 2017, 4:01 p.m. Elbow Shoulder

Dec. 1, 2017, 6:17 a.m. Shoulder

Dec. 1, 2017, 6:13 a.m. new tag

Dec. 1, 2017, 8:31 p.m. editTag

this is a test name Dec. 1, 2017, 8:28 p.m. Shoulder tagText

another video size Dec. 1, 2017, 12:06 a.m. Triceps gg

EXERCISEURL EXERCISEAPPROVED EXERCISE STATUS

Change Status Delete

Home > Exercises

By exerciseApproved

By Tags

new tag

Site administration

on:
Approve Selected Exercise Go
Reject Selected Exercise

EXERCISENAME EXERCISEDATE

1 of 10 selected

Dec. 1, 2017, 11:30 p.m. Biceps Elbow Shoulder aa 18

Dec. 1, 2017, 11:28 p.m. Biceps Elbow Shoulder 17

Dec. 1, 2017, 11:27 p.m. Elbow Shoulder ttt

Dec. 1, 2017, 4:02 p.m. Elbow Shoulder

Dec. 1, 2017, 4:01 p.m. Elbow Shoulder

Dec. 1, 2017, 6:17 a.m. Shoulder

Dec. 1, 2017, 6:13 a.m. new tag

Dec. 1, 2017, 8:31 p.m. editTag

this is a test name Dec. 1, 2017, 8:28 p.m. Shoulder tagText

another video size Dec. 1, 2017, 12:06 a.m. Triceps gg

Home > Exercises

By exerciseApproved

FILTER

By Tags

VIEW SITE / LOG OUT

Change Status Delete

Site administration VIEW SITE / LOG OUT VIEW SITE / LOG OUT Home > Comments FILTER Go 0 of 2 selected Action: ----test@vg.ca CONTENT POSTER COMMENT STATUS test1@vg.ca test2@vg.ca reply from test sprint4_test@vg.ca Change Status Delete blu1@ualberta.ca xin@vg.ca comment from test sprint4_test@vg.ca Change Status Delete xinad@vg.ca sprint4_test@vg.ca 2 comments sprint4_admin@vg.ca virthalgymlogintest@gm XinHuang@vg.ca virtualGym401@vg.ca