

		<u> </u>		-	
	COFFEE,	SMOO	THIES & MORE		
K	ENYAN COFFEÉ		COLD PRESSED JUICE		
Es	presso	200	Orange	750	
Do	uble espresso	250	Passion fruit	500	
Es	presso macchiato	210	Apple	650	
Ca	ppuccino	250	Pineapple mint	500	
Do	uble cappucino	300	Mango	500	
La	tte	300	Watermelon	450	
La	tte macchiato	300	Mixed Juice	600	
Mod	chacino	350	FRESH SMOOTHIES		
Ame	ericano	200		650	
Ice	ed Americano	250	Healthy Green Smoothie Celery, cucumber, lemon, coriander, avocado	mon,	
Ice	ed capuccino	350	Healthy Rooty Smoothie	650	
Alı	mond or soya milk	+150	carrot, beetroot & ginger	050	
Dec	caffeinated coffee	+50	Healthy Fruity Smoothie apple, strawberry,	650	
La	rge takeaway	350	passion, banana, mango, watermelon, pineapple	000	
Τŧ	EA		Almond Banana Passion	650	
Tea	a box selection	300	Almond milk, banana, passion fruit, almond.		
Kei	nyan Dawa -	400	HAAGEN DAZS ICE CRE	ΔМ	
gi	nger, lemon & honey				
Kei	nyan tea with milk	350	Vanilla, Belgian chocolate,	650	
Fre	esh Lemon grass ice tea	350	Strawberry cheesecake, Salted		
F18	avoured Iced tea -	400	caramel, Cookies and cream		
se:	lect from Ameretto,		PRO BIOTIC DRINKS	450	
Ca	Caipirinha, Fruity Kiss, or		BEAN PLANT COFFEE	EEE RAC	
Pi	na colada			DHO	
HC	OT CHOCOLATE	400	250 gms ground	950	
			500 gms beans	I800	
ICt	ED CHOCOLATE	450	TEA TINS	950	
<ul> <li>we use filtered water for all our products</li> <li>our prices are in KShs and inclusive of all taxes</li> <li>our fruits &amp; vegetables are fresh and seasonal</li> </ul>					

### SANDWICHES

	Spicy chicken white baguette -(grilled) kachumbari & lettuce with spicy sauce	1200
	Beef pastrami panini (grilled) pecorino romano & rocket with mustard ma	
	Smoked salmon bagel Cream cheese, walnuts, capers & onion with a dash of lemon	1500
	Tuna salad white baguette lettuce, sweet & sour cucumber	1300
	Ham & cheese panini (grilled) edam cheese & cream cheese	1250
	Blt bacon, lettuce & tomato sandwich with mayonnaise	1250
	Eggie baguette egg salad & chives with masala mayonnais	1000 se
(V)	Bean plant cct sandwich cheese, cucumber & tomato with chilli coriander chutney	1000
(V)	Veggie multigrain baguette (Grilled) grilled vegetables with olive tappenade	1150
(V)	Beetroot, avocado & hummus bagel	1200

All sandwiches served with Salad or Crisps

pickled beetroot and avocado salad with

hummus

kachumbari

## WARM SAVOURIES

	ANIMA IN IN CONTACT	U
	Sausage roll	500
	Chicken pie puff pastry filled with chicken, leek, mushroom & served with side salad	800
(V)	Vegetable pie puff pastry filled spinach, leek, mushroom served with side salad	800 n &
	Fresh soup of the day served with 1/2 white or multigrain baguette, butter & olive tappenade	800
(V)	4 Samosas of your choice chicken, beef or mutton vegetable, feta & spinach	800
	served with lemon, spicy sauce &	

# BEAN PLANT COFFEE & MORE

## PASTRIES

Butter croissant	300
Chocolate croisssant	330
Cinnamon roll	400
Chocolate muffin	400
Vanilla muffin	400
Banana cake	400
Chocolate cake	700
Coffee cake	700
Black forest cake	700
Apple pie	650
Donuts - double choc or crystal glaze	400

## **SALADS**

(V) Garden green salad	1550		
sprouts, avocado, lettuce, onion, tomat microgreens with salsa verde dressing	0 &		
Spicy grilled chicken salad	1550		
with lettuce, tomato, onion, mango chut spicy sauce	ney &		
Chicken caesar salad lettuce	1600		
tomato, anchovy, pecorino romano & croutons with caeser dressing			
Tuna salad	1600		
tuna salad, lettuce, olives, tomato, sweet & sour cumcumber			
Salads served with 1/2 White or Multigrain Baguette			
(V) Seasonal fresh fruit salad	950		
<pre>mango, pineapple, apple, orange, passsion fruit, banana, watermelon &amp; nuts</pre>			

#### BEAN PLANT BREAKFAST

English breakfast 1450
2 eggs of your choice, crispy bacon,
beef sausage, baked beans, tomato
with cheese, white or multigrain
toast

Croissant with beef 700 Sausage

Eggs & toast 700 2 eggs of your choice with white or multigrain toast

- (V) Avocado on toast 700 avocado on white or multigrain toast with chilli flakes & seeds
- (V) Nutty fruity natural 650
  Yoghurt
  natural yoghurt, nuts crumble
  & seasonal fruits

#### BEAN PLANT SPECIALS

Beef burger

lettuce, tomato, cucumber, mustard mayonnaise, hot & sweet sauce, sweet fried onions, served with crisps

1250

1350

Cheese burger
lettuce, tomato, cucumber,
mustard mayonnaise, hot &
sweet sauce, sweet fried
onions, served with crisps

Chicken shawarma 1250 lettuce, garlic sauce & kachumbari

(V) Paneer shawarma 1250 lettuce, garlic sauce & kachumbari

## POKE BOWLS

(V) Buddha bowl 1150

rice, chickpeas, sweet potato, carrot, avocado, onion, cucumber, artichoke, capsicum, mint, sweet corn, coriander with hummus & black sesame seeds

Smoked salmon poke bowl 1500 rice, chickpeas, sweet potato, carrot,

avocado, onion, cucumber, artichoke, capsicum, mint, sweet corn, coriander with black sesame seeds

Moroccan chicken poke bowl 1350 couscous, chickpeas, sweet potato, carrot,

avocado, onion, cucumber, artichoke, capsicum, mint, sweet corn, coriander with hummus

Prices in Kshs, inclusive of all taxes

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## BEAN PLANT COFFEE & MORE

#### DRINKS & MORE

MAYERS WATER		SPIRITS 25 ML	
Still water 500ml	300	Bombay Sapphire gin	500
Sparkling water 500ml	350	Gordons gin	400
SODA		Absolute blue vodka	400
Coca cola	350	Barcardi white rum	400
Coca cola zero	350	Bacardi brown rum	450
Sprite	350	Tequila	400
Fanta orange	350		
Stoney	350	WINES	
Tonic water	350	Lunetta Procecco Brut	1000
Ginger ale	350	Glera Italy 200ml	1000
Soda Water	350	2018 Pequena Vasija Red	2000
LIQUOR 25ML		Syrah - Cabernet Sauvignon 375 ml	2000
Amarula	450	2016 Alandra White Wine	2000
Baileys	500	Portugal 375ml	2000
Bols triple sec	400	WHISKEY 25ML	
APPLE CIDER TUSKER	600	Johnny Walker red	400
DEED		Johnny Walker black	650
BEER	600	Jameson black barrel	650
Tusker		Glenfiddich I5 years	850
white cap	600	·	
Heineken	600	RED BULL	500
Dire Straits	600	COCKTAIL OF THE MC	 )/ ITH
Honey Badger	600		лот II