

# SANDWICHES

Spicy chicken white baguette - (grilled) kachumbari & lettuce with spicy sauce	1200
Beef pastrami panini (grilled) pecorino romano & rocket with mustard mayo	1300
Smoked salmon bagel Cream cheese, walnuts, capers & onion with a dash of lemon	1500
Tuna salad white baguette lettuce, sweet & sour cucumber	1300
Ham & cheese panini (grilled) edam cheese & cream cheese	1250
Blt bacon, lettuce & tomato sandwich with mayonnaise	1250
Eggie baguette egg salad & chives with masala mayonnaise	1000
(V) Bean plant cct sandwich cheese, cucumber & tomato with chilli coriander chutney	1000
(V) Veggie multigrain baguette (Grilled) grilled vegetables with olive tapenade	1150
(V) Beetroot, avocado & hummus bagel pickled beetroot and avocado salad with hummus	1200

*All sandwiches served with Salad or Crisps*

# WARM SAVOURIES

Sausage roll	500
Chicken pie puff pastry filled with chicken, leek, mushroom & served with side salad	800
(V) Vegetable pie puff pastry filled spinach, leek, mushroom & served with side salad	800
Fresh soup of the day served with 1/2 white or multigrain baguette, butter & olive tapenade	800
4 Samosas of your choice chicken, beef or mutton	800
(V) vegetable, feta & spinach served with lemon, spicy sauce & kachumbari	



# BEAN PLANT COFFEE & MORE

## PASTRIES

Butter croissant	300
Chocolate croissant	330
Cinnamon roll	400
Chocolate muffin	400
Vanilla muffin	400
Banana cake	400
Chocolate cake	700
Coffee cake	700
Black forest cake	700
Apple pie	650
Donuts - double choc or crystal glaze	400

## BEAN PLANT BREAKFAST

English breakfast 2 eggs of your choice, crispy bacon, beef sausage, baked beans, tomato with cheese, white or multigrain toast	1450
Croissant with beef Sausage	700
Eggs & toast 2 eggs of your choice with white or multigrain toast	700
(V) Avocado on toast avocado on white or multigrain toast with chilli flakes & seeds	700
(V) Nutty fruity natural Yoghurt natural yoghurt, nuts crumble & seasonal fruits	650

## BEAN PLANT SPECIALS

Beef burger lettuce, tomato, cucumber, mustard mayonnaise, hot & sweet sauce, sweet fried onions, served with crisps	1250
Cheese burger lettuce, tomato, cucumber, mustard mayonnaise, hot & sweet sauce, sweet fried onions, served with crisps	1350
Chicken shawarma lettuce, garlic sauce & kachumbari	1250
(V) Paneer shawarma lettuce, garlic sauce & kachumbari	1250

# SALADS

(V) Garden green salad sprouts, avocado, lettuce, onion, tomato & microgreens with salsa verde dressing	1550
Spicy grilled chicken salad with lettuce, tomato, onion, mango chutney & spicy sauce	1550
Chicken caesar salad lettuce tomato, anchovy, pecorino romano & croutons with caesar dressing	1600
Tuna salad tuna salad, lettuce, olives, tomato, sweet & sour cumcumber	1600

*Salads served with 1/2 White or Multigrain Baguette*

(V) Seasonal fresh fruit salad mango, pineapple, apple, orange, passion fruit, banana, watermelon & nuts	950
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# POKE BOWLS

(V) Buddha bowl rice, chickpeas, sweet potato, carrot, avocado, onion, cucumber, artichoke, capsicum, mint, sweet corn, coriander with hummus & black sesame seeds	1150
Smoked salmon poke bowl rice, chickpeas, sweet potato, carrot, avocado, onion, cucumber, artichoke, capsicum, mint, sweet corn, coriander with black sesame seeds	1500
Moroccan chicken poke bowl couscous, chickpeas, sweet potato, carrot, avocado, onion, cucumber, artichoke, capsicum, mint, sweet corn, coriander with hummus	1350

Prices in Kshs, inclusive of all taxes



# BEAN PLANT

## COFFEE & MORE

### COFFEE, SMOOTHIES & MORE

#### KENYAN COFFEE

Espresso	200
Double espresso	250
Espresso macchiato	210
Cappuccino	250
Double cappuccino	300
Latte	300
Latte macchiato	300
Mochacino	350
Americano	200
Iced Americano	250
Iced capuccino	350
Almond or soya milk	+150
Decaffeinated coffee	+50
Large takeaway	350

#### TEA

Tea box selection	300
Kenyan Dawa -	400
ginger, lemon & honey	
Kenyan tea with milk	350
Fresh Lemon grass ice tea	350
Flavoured Iced tea -	400
select from Ameretto,	
Caipirinha, Fruity Kiss, or	
Pina colada	

#### HOT CHOCOLATE

	400
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#### ICED CHOCOLATE

	450
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#### COLD PRESSED JUICE

Orange	750
Passion fruit	500
Apple	650
Pineapple mint	500
Mango	500
Watermelon	450
Mixed Juice	600

#### FRESH SMOOTHIES

Healthy Green Smoothie Celery, cucumber, lemon, coriander, avocado	650
Healthy Rooty Smoothie carrot, beetroot & ginger	650
Healthy Fruity Smoothie apple, strawberry, passion, banana, mango, watermelon, pineapple	650

Almond Banana Passion	650
Almond milk, banana, passion fruit, almond.	

#### HAAGEN DAZS ICE CREAM

Vanilla, Belgian chocolate,	650
Strawberry cheesecake, Salted caramel, Cookies and cream	

#### PROBIOTIC DRINKS

	450
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#### BEAN PLANT COFFEE BAG

250 gms ground	950
500 gms beans	1800

#### TEA TINS

	950
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- we use filtered water for all our products
- our prices are in KShs and inclusive of all taxes
- our fruits & vegetables are fresh and seasonal



# BEAN PLANT

## COFFEE & MORE

### DRINKS & MORE

#### MAYERS WATER

Still water 500ml 300

Sparkling water 500ml 350

#### SODA

Coca cola 350

Coca cola zero 350

Sprite 350

Fanta orange 350

Stoney 350

Tonic water 350

Ginger ale 350

Soda Water 350

#### LIQUOR 25ML

Amarula 450

Baileys 500

Bols triple sec 400

APPLE CIDER TUSKER 600

#### BEER

Tusker 600

white cap 600

Heineken 600

Dire Straits 600

Honey Badger 600

#### SPIRITS 25 ML

Bombay Sapphire gin 500

Gordons gin 400

Absolute blue vodka 400

Barcardi white rum 400

Bacardi brown rum 450

Tequila 400

#### WINES

Lunetta Procecco Brut 1000  
Glera Italy 200ml

2018 Pequena Vasija Red 2000  
Syrah - Cabernet  
Sauvignon 375 ml

2016 Alandra White Wine 2000  
Portugal 375ml

#### WHISKEY 25ML

Johnny Walker red 400

Johnny Walker black 650

Jameson black barrel 650

Glenfiddich 15 years 850

RED BULL 500

#### COCKTAIL OF THE MONTH

• OUR PRICES ARE IN KSHS AND INCLUSIVE OF ALL TAXES