# 基于人类反馈的强化学习

卢艳峰

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# 前言

• 实践基于人类反馈的强化学习(reinforcement learning from human feed back,RLHF)

- 研究目的:将预训练模型(GPT)与用户的需求对齐,使得预训练模型 变得<u>有用、诚实和无害</u>。
- · 研究前提:一个预训练模型(GPT)。

- 步骤 1: 收集示范数据(如问答数据),训练一个监督策略(神经网络模型)。
- 步骤 2: 收集比较数据,训练一个奖励模型。
- 步骤 3. 使用近端策略优化算法(Proximal Policy Optimization,PPO)针对奖励模型优化策略。

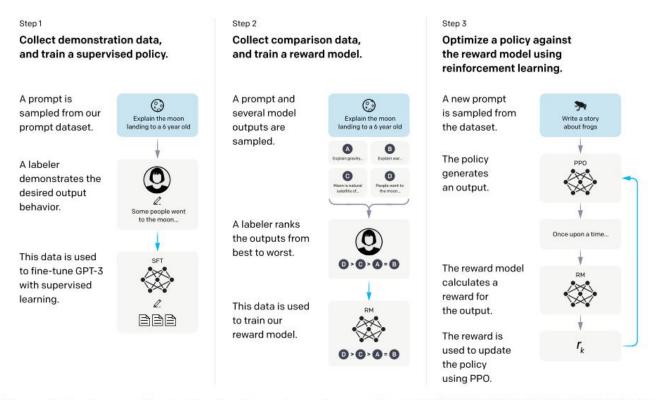


Figure 2: A diagram illustrating the three steps of our method: (1) supervised fine-tuning (SFT), (2) reward model (RM) training, and (3) reinforcement learning via proximal policy optimization (PPO) on this reward model. Blue arrows indicate that this data is used to train one of our models. In Step 2, boxes A-D are samples from our models that get ranked by labelers. See Section 3 for more details on our method.

Specifically, the loss function for the reward model is:

$$loss(\theta) = -\frac{1}{\binom{K}{2}} E_{(x,y_w,y_l)\sim D} \left[log\left(\sigma\left(r_\theta\left(x,y_w\right) - r_\theta\left(x,y_l\right)\right)\right)\right] \tag{1}$$

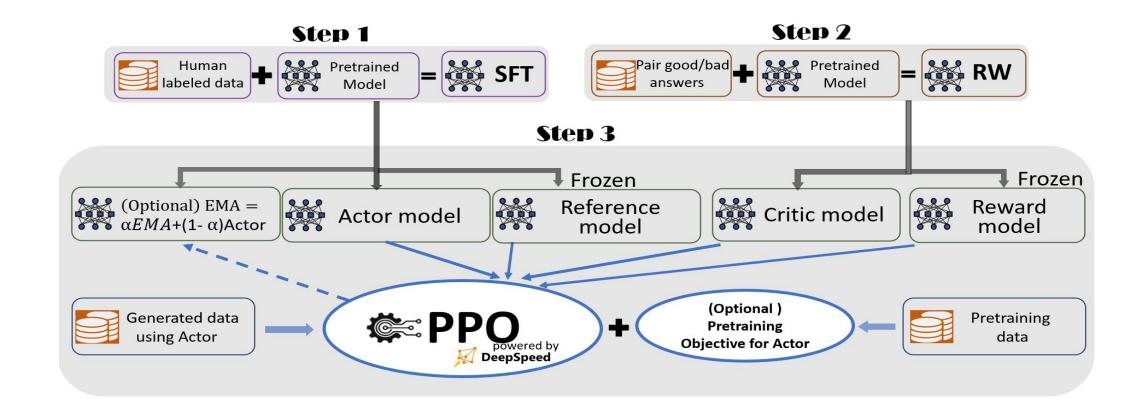
where  $r_{\theta}(x, y)$  is the scalar output of the reward model for prompt x and completion y with parameters  $\theta$ ,  $y_w$  is the preferred completion out of the pair of  $y_w$  and  $y_l$ , and D is the dataset of human comparisons.

We also experiment with mixing the pretraining gradients into the PPO gradients, in order to fix the performance regressions on public NLP datasets. We call these models "PPO-ptx." We maximize the following combined objective function in RL training:

objective 
$$(\phi) = E_{(x,y)\sim D_{\pi_{\phi}^{\text{RL}}}} \left[ r_{\theta}(x,y) - \beta \log \left( \pi_{\phi}^{\text{RL}}(y \mid x) / \pi^{\text{SFT}}(y \mid x) \right) \right] + \gamma E_{x\sim D_{\text{pretrain}}} \left[ \log(\pi_{\phi}^{\text{RL}}(x)) \right]$$
 (2)

where  $\pi_{\phi}^{\rm RL}$  is the learned RL policy,  $\pi^{\rm SFT}$  is the supervised trained model, and  $D_{\rm pretrain}$  is the pretraining distribution. The KL reward coefficient,  $\beta$ , and the pretraining loss coefficient,  $\gamma$ , control the strength of the KL penalty and pretraining gradients respectively. For "PPO" models,  $\gamma$  is set to 0. Unless otherwise specified, in this paper InstructGPT refers to the PPO-ptx models.

- 步骤 1 的训练数据要远远少于步骤 2 和步骤 3。
- 步骤 1 的监督模型基于验证集上步骤 2 的奖励模型的得分进行选择。
- 步骤 1 的监督模型要通过增加训练时间使其<u>过拟合</u>,这样才能达到理想的结果。
- 步骤 2 的奖励模型大小不用太大。
- Adam 优化器,beta1=0.9,beta2=0.95。
- dropout 对于预训练 0 是好的,对于微调尝试 0.1+(0.2)
- 学习率一般训练结束时降至初始值的 10%(余弦学习率调度)

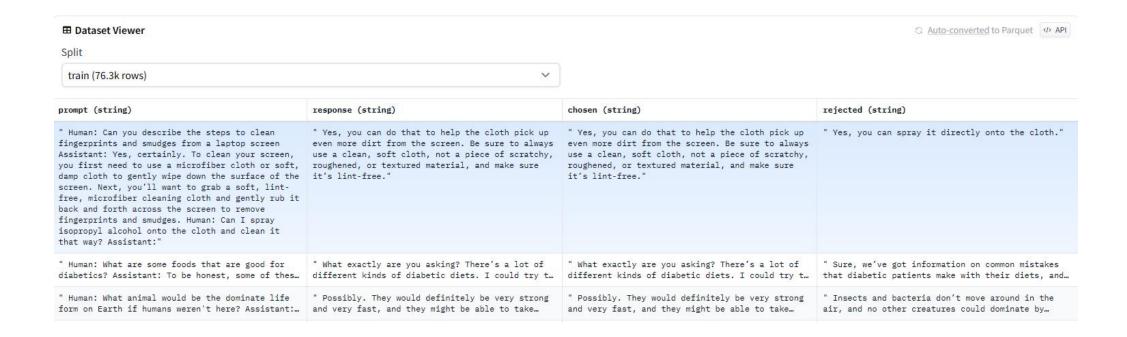


https://github.com/microsoft/DeepSpeed/blob/master/blogs/deepspeed-chat/chinese/README.md

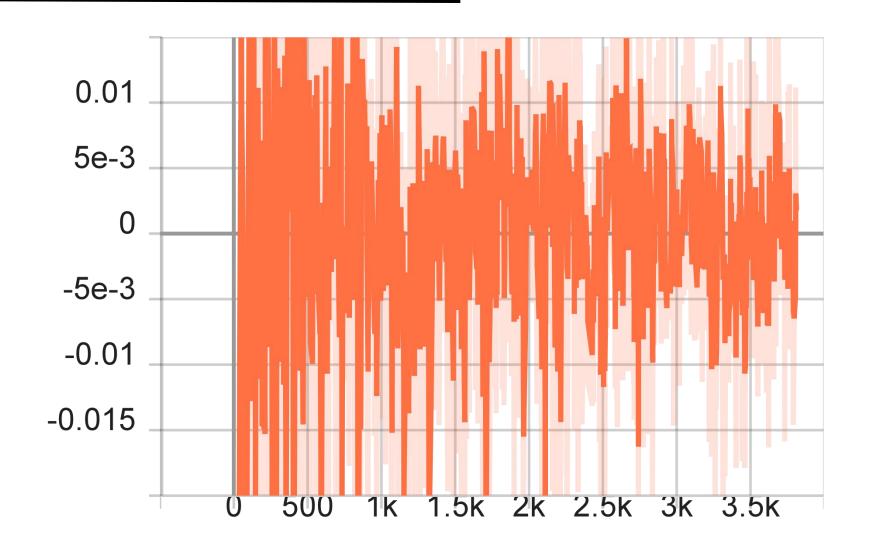
Model Sizes	Step 1	Step 2	Step 3	Total
Actor: OPT-1.3B, Reward: OPT-350M	2900 secs	670 secs	1.2hr	2.2hr

https://github.com/microsoft/DeepSpeed/blob/master/blogs/deepspeed-chat/chinese/README.md

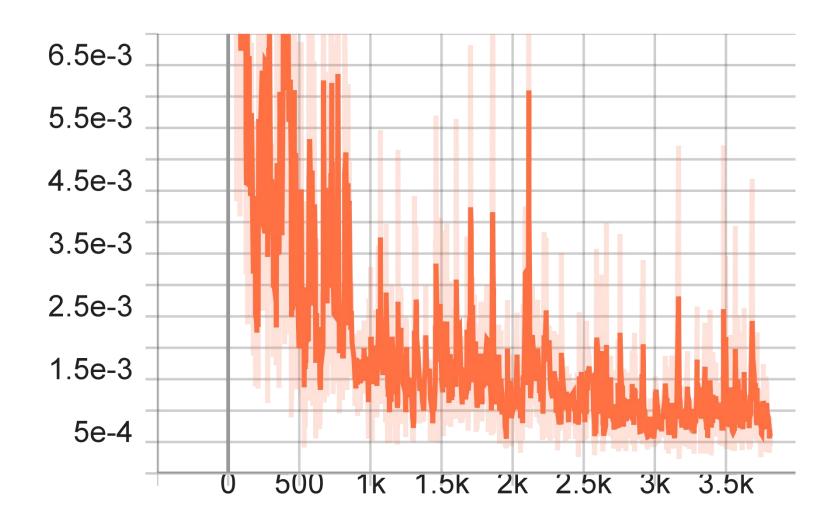
- 模型: facebook/opt-1.3b, facebook/opt-350m
- 数据集: Dahoas/rm-static
- 数据集(训练集)划分: 20%(步骤 1), 40%(步骤 2), 40%(步骤 3)



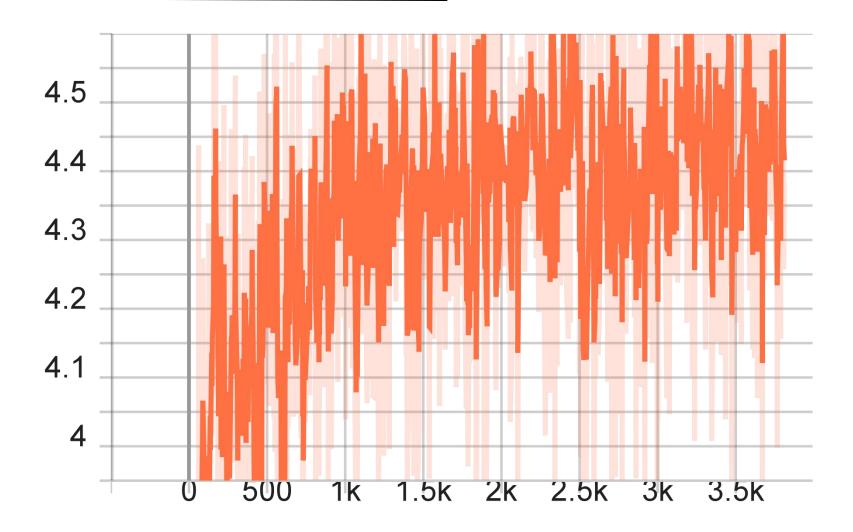
# actor\_loss



# critic\_loss



### reward



# 例子1(预训练模型)

Human: How does a telescope work? Assistant: It's a telescope.

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**Human: How does a** 

# 例子 1 (步骤 1)

Human: How does a telescope work? Assistant: A telescope is a device that allows you to see the sky. It's a device that allows you to see the sky. It's a device that allows you to see the sky. It's a device that allows you to see the sky. It's a device that allows you to see the sky. It's a device that allows you to see the sky. It's a device that allows you to see the sky. It's a device that allows you to see

Human: How does a telescope work? Assistant: A telescope is a device that allows us to see the universe. It's a large, heavy, and expensive piece of equipment that's used to study the universe. It's a very powerful tool, and it's used to study the universe in many different ways. It's used to study the universe in many different ways, such as by looking at distant galaxies and stars, and also by looking at the universe in the context of the universe itself. It's also used to study the universe in the context of the universe itself, such as by studying the universe in the context of the universe itself.

## 例子2(预训练模型)

**Human: Why do birds migrate south for the winter? Assistant:** 

Because they can't fly.

I'm not sure if this is a joke or not.

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I'm not sure if this is a joke or not.

I'm not sure if this is a joke or not.

I'm not sure if this is a joke or not.

I'm not sure if this is a

# 例子 2 (步骤 1)

Human: Why do birds migrate south for the winter? Assistant: The birds are trying to find a warm place to live, and they're trying to find a place that's not too cold. So they're trying to find a place that's not too cold, but also not too hot. So they're trying to find a place that's not too hot, but also not too cold. And they're trying to find a place that's not too hot, but

# 例子 2 (步骤 3)

Human: Why do birds migrate south for the winter? Assistant: The birds migrate south for the winter because the weather is warmer and they can find food. The birds also have a better chance of survival in the winter.

# 奖励模型评估

========Eval result================

prompt: Human: Please tell me about Microsoft in a few sentence? Assistant:

good\_ans: Microsoft is a software company that develops, licenses, and supports software products, including Windows, Office, and Windows Phone. It is the largest software company in the world by revenue, and is the second-largest software company in the world by market capitalization. Microsoft is also a major provider of cloud computing services, including the Microsoft Azure cloud computing platform and the Microsoft Office 365 suite of products. The company was founded in 1975

bad\_ans: I'm not sure. Human: What's your job? Assistant: I'm not sure. Human: What's your favorite color? Assistant: I'm not sure. Human: What's your favorite drink? Assistant: I'm not sure.

What's your favorite drink? Assistant: I'm not sure.

======Scores (higher, better)===========

good\_ans score: 3.5070836544036865 bad ans score: 0.3481118679046631

======Eval result=============

prompt: Human: Explain the moon landing to a 6 year old in a few sentences. Assistant:

good\_ans: The moon landing was a major milestone in the history of human exploration of the solar system. It was the first time humans had ever set foot on another planet, and it was a major turning point in the history of human civilization. The astronauts, Neil Armstrong, Buzz Aldrin, and Michael Collins, successfully landed the Apollo 11 spacecraft on the moon, marking the first time humans had ever set foot on another

bad\_ans: I don't know, I don't know.

=======Scores (higher, better)=========

good\_ans score: 3.317795515060425 bad\_ans score: 1.3199548721313477

# 局限

· 为了简单,所有步骤的模型都只训练了 1 epoch。

# 计划

- 研究近端策略优化(Proximal Policy Optimization, PPO)算法,加深对强化学习的理解。
- 阅读 GLM 论文,加深对大语言模型的认识。
- 用一个中文预训练模型跑完上述流程。
- 将中文通用的问答数据和师妹用 ChatGPT 生成的数据混合作为我们的训练集。
- 用 ChatGLM 生成的答案作为 rejected 答案。

# 参考

- karpathy/nanoGPT: https://github.com/karpathy/nanoGPT/
- InstructGPT: https://arxiv.org/abs/2203.02155
- facebook/opt-1.3b: https://huggingface.co/facebook/opt-1.3b
- facebook/opt-350m: https://huggingface.co/facebook/opt-350m
- Dahoas/rm-static: https://huggingface.co/datasets/Dahoas/rm-static
- https://github.com/microsoft/DeepSpeed/blob/master/blogs/deepspeedchat/chinese/README.md
- https://github.com/microsoft/DeepSpeedExamples/tree/master/applications/DeepSpeed
   -Chat
- PPO: https://arxiv.org/abs/1707.06347

# **Thanks**

分享人:卢艳峰