



FEMEPASHIDI, A.C.

REQUISITOS FEMEPASHIDI PARA ENTRAR AL **CURSO DE ENTRENAMIENTO PARA ESPECIALISTAS** **TECNICOS EN LATINOAMERICA**



1. Edad mínima de 21 años, máxima 50 años.
2. Tener acreditado por lo menos el nivel de preliminar.
3. Tener disponibilidad de tiempo de acuerdo con las necesidades de la FEMEPASHIDI
4. No ser competidor activo.
5. Habilidad para mantener la calma en situaciones de estrés
6. Habilidad para trabajar en equipo.
7. No tener ningún conflicto de interés en la mayoría de los niveles.
8. Demostrar comportamiento ético relacionado a esta posición o rol a ejercer, y no tener ningún antecedente de mal comportamiento a lo largo de su carrera en este deporte.
9. Ganas de aprender y tener la capacidad de recibir retroalimentación.
10. Ser de nacionalidad mexicana y residir en México.
11. Ingles básico (Habilidad para leer e interpretar las reglas).
12. RSVP: Cada solicitud será revisada y se les avisará con tiempo en caso de ser aceptados.



TRAINING PROGRAM FOR THECNICAL SPECIALIST IN LATIN AMERICA

September 17 - November 3, 2024





Invitation

The following ISU Members would like to invite you to apply for the Technical Specialist Training Program for Figure Skating:

- Federación Argentina de Patinaje sobre Hielo
- Confederação Brasileira de Desportos no Gelo
- Federación Nacional Chilena de Patinaje Artístico Sobre Hielo
- Federación Ecuatoriana de Patinaje
- Federación Mexicana de Patinaje Sobre Hielo y Deportes de Invierno
- Federación Peruana de Patinaje sobre Hielo

Requirements

The course is open to all Candidates from the countries mentioned above. All candidates must be presented by their respective Federations, which may ask for their own internal requirements in different countries.

There are 12 places available for this course, so they will be assigned up to 2 Candidates from each country. If there are fewer candidates per country, the remaining places will be allocated on a “first come, first serve” basis.

All candidates must:

- *Be a former Skater.*
- *Have passed exams at a level that at least includes a single Axel.*
- *Be in constant contact with the sport (e.g. Coach).*
- *Have availability of time to meet the attendance requirement and practice.*
- *To be in good standing with your federation.*
- *To be a team player.*
- *To be able to work under pressure.*
- *To have a basic level of English*
- *No Judges will be accepted.*

Program Structure

The training will start virtually using the ISU eLearning platform with meetings twice a week with the leadership of Regional ISU Technical Specialist Ms. Nancy García Villarreal (MEX). During these meetings, we will have theory training and practical practices with evaluations once a month. After this period, a live practice Trial will be held during the Regional Interclub Competition with the monitoring of the competition ISU Technical Specialist Ms. Nancy García Villarreal (MEX) with discussions each day.



Topics

- **Element ID & Codes**
- **Jumps**
 - Correct identification of each one of the 6 jumps with their respective codes
- **Spins**
 - Correct identification of each of the 3 positions with their respective codes
 - Correct identification of what is a CoSP, CCoSp, Fly Spins and Spin in One Position and their respective codes.
- **Turns and Steps**
 - Basic identification of the different types of difficult turns and steps
- **Rules for Spins**
 - Requirements for each type of spin and each position
 - Features
 - Difficult Variations
 - Mandatory for level 4
 - Errors and “V”
- **Rules for Jumps**
 - Under vs downgrade
 - Wrong Edge take off
 - Combos Vs Seq
 - Mistakes (+Co, +Seq +REP)
- **StSq**
 - Types of difficult turns and steps
 - Features
 - Other rules in steps
- **ChSq**
 - Requirements for ChSq
- **FALLS**
 - ¿ What is a fall?
- **PROTOCOL**
 - Correct process of a technical panel



Schedule

Lesson 1 – September 16

Lesson 2 – September 18

Lesson 3 – September 30

Lesson 4 – October 2

Lesson 5 – October 7

Lesson 6 – October 9

Lesson 7 – October 14

Lesson 8 – October 16

Lesson 9 – October 21

Lesson 10 – October 23

Lesson 11 – October 28 Final examination

Lesson 12 – November 1 - Call live performances (Triple panels) + Discussions

Lesson 13 – November 2 - Call live performances (Triple panels) + Discussions

Lesson 14 – November 3 - Call live performances (Triple panels) + Discussions

Interactive Sessions will take place each **Monday and Wednesday** following the above schedule **at 7:00 pm Central Time (PET) from September 17 until October 31, 2024**. The Course will end with calling live performances during the 2nd Latin American Regional Interclub Figure Skating Competition in Quito Ecuador from November 1 to November 3 with the monitoring of ISU Technical Specialist Ms. Nancy García Villarreal (MEX).

The course requires approximately 16.5 hours of virtual learning time.

At the end of the course, we will issue certificates of participation to all candidates, mentioning the level achieved according to the grade obtained in the practices during training and the final exam. Candidates must pass the 80% mark to obtain their certificate of completion for this seminar. This certificate confirms that the candidate has passed an introductory-level seminar. Each candidate must later validate this certificate with their respective national federations according to their requirements to be able to judge.

Entries

All entries must be submitted **before September 10, 2024**.

Candidates must submit their applications using this [Digital Form](#)

All candidates are expected to commit to finishing the course successfully and continue working as Figure Skating Technical Specialists under the scope of their National Federation.