

## **NEWSLETTER SUBJECTS COVERED SO FAR:-**

**April 2018 -**  'Why do Patients Miss Surgery Appointments?'

Summer 2018 - 'Keeping Drugs away from Children;' 'The Benefits of your Local Chemist'

Autumn 2018 - 'Germ Zone' - 'Coughs and Sneezes spread Diseases'

Spring 2019 - 'Steps to Health'; Measure your Obesity

Summer 2019 - 'Barbecue Time': 'Cancer Screening' - Breast, Cervical, Prostate, Bowel, Ovarian and AAA

Autumn 2019 - 'What is the PPG' (Patient Participation Group) & What do they do? 'Vaccination of Children'

Winter 2019 - 'Preparing the Christmas Meal,' 'A Stroke Survivor NOT a Victim.

Spring 2020 -- "Race for Their Lives' - Smoking; 'Dietary Help for Type 2 Diabet

Every Edition: -'News from Glenroyd Medical's Surgeries,' - eg. Staff changes, Flu Jabs, etc.

- 'Fun Page' - with Puzzles, Quizzes and Strange but True? - for all ages

Many More Subjects and Stories in the future. If you would like to write a small Articles about may be "What it is like to Live With; Recover from; or Care For Someone, with an Infection or a Disease,"

Please get in touch we would love to hear from you- Contact details above

We Hope you find something of Interest in the Newsletters and/or this New PPG Website Take Care and Stay Safe