

# ADVANCED DATA ANALYSIS FOR PSYCHOLOGICAL SCIENCE

## Part 1. Introduction to multilevel modeling

**Luca Menghini Ph.D.**

luca.menghini@unipd.it

\*\*\*







Master degree in Developmental and Educational Psychology

University of Padova

2023-2024




# Outline of Part 1

- **LM recap:** Short recap of linear regression modeling  
- **LMER:** Introduction to multilevel modeling (*linear mixed-effects regression*)
- **Data processing:** How to approach a multilevel data structure?  
How to manipulate and pre-process multilevel data? 
- **Descriptives:** Which descriptive stats should be reported from a multilevel dataset? How to compute and interpret them?
- **Model fit:** How to fit a multilevel model in R? How to inspect, report, visualize, and interpret the results of a multilevel model? 
- **Model evaluation:** Which are the assumptions of multilevel models? How to evaluate them? How to compare multiple models and select the best model? 
- **Related:** Summaries & in-depth topics related to multilevel modeling (e.g., generalized and Bayesian LMER, power analysis) 

---

 = not for the exam

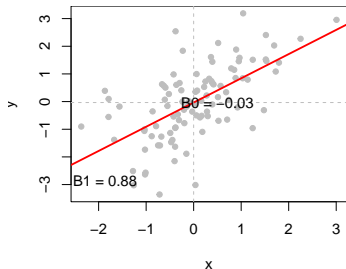
 = exercises with R (bring your laptop!)

# Linear regression models

**Linear models (LM)** allow to determinate the link between two variables as expressed by a linear function:  $y_i = \beta_0 + \beta_1 x_i + \epsilon_i$

Such a function can be graphically represented as a **straight line**, where:

- $\beta_0$  is the **intercept** (value assumed by y when x = 0)
- $\beta_1$  is the **slope** (predicted change in y when x increases by 1 unit)
- $\epsilon_i$  are the **errors** (distance between observation  $i$  and the regression line)



$x_i$  and  $y_i$  are the values of observation  $i$  for the **casual variables**  $x$  and  $y$

$\beta_0$ ,  $\beta_1$ , and  $\epsilon_i$  are called “**parameters**”, or “**coefficients**”. They are *estimated* from the sampled data and *generalized* to the whole population.

# Fitting linear models in R

```
data("children", package = "npregfast") # loading children dataset from npregfast pkg
```

R uses the `lm()` function to fit linear models with the arguments `formula` (`y ~ x1 + x2 + ...`) and `data` (identifying the dataframe with the model variables).

## Null model

Children' height is only predicted by the model **intercept**  $\beta_0$  = expected (i.e., mean) value of height in the sample.  $\sigma^2$  is the **variance of the residuals**  $\epsilon_i$  (deviations from the intercept).

```
m0 <- lm(formula = height ~ 1,
          data = children)
coefficients(m0) # model parameters
```

```
(Intercept)
153.4013
```

```
summary(m0)$sigma^2 # residual variance
```

```
[1] 243.9085
```

## Simple regression model

height is now predicted by the **intercept**  $\beta_0$  (mean value when age is 0), the **slope**  $\beta_1$  (expected change for 1-unit increase in age), and the **residual variance**  $\sigma^2$ .

```
m1 <- lm(formula = height ~ age,
          data = children)
coefficients(m1) # model parameters
```

```
(Intercept)      age
94.904099      4.388803
```

```
summary(m1)$sigma^2 # residual variance
```

```
[1] 56.19656
```

# Multiple regression & interactions

LM also allow to include **multiple predictors** and the **interactions**<sup>1</sup> among them. This is done by estimating a separate slope (thus, a separate line) for each predictor by *holding constant* the value of the other predictors, which are fixed to zero.

## Multiple regression model

$\beta_0$  = expected value in girls with age = 0

$\beta_1$  = age effect<sup>2</sup> within the same sex

$\beta_2$  = sex difference when age = 0

```
m2 <- lm(formula = height ~ age + sex,  
          data = children)  
coefficients(m2)
```

(Intercept)	age	sexmale
95.0075706	4.3887983	-0.2001025

## Interactive model

$\beta_1$  = age effect in girls

$\beta_2$  = sex difference in height when age = 0

$\beta_3$  = sex difference in age effect (interaction)

```
m3 <- lm(formula = height ~ age * sex,  
          data = children)  
round(coefficients(m3),2)
```

(Intercept)	age	sexmale	age:sexmale
104.25	3.70	-19.04	1.41

---

<sup>1</sup>The **interaction** between  $x_1$  and  $x_2$  is computed as the **product of  $x_1$  and  $x_2$** .

<sup>2</sup>In this context, “effect” is used as a synonym of “relationship” (not a *causal* effect).

# Model comparison & model selection

## Likelihood ratio test

Compares the *fit* of two *nested* models (i.e., predicting the same *y* variable, with the more complex model including all predictors included in the simpler model).

```
library(lmtest)
lrtest(m0,m1,m2,m3) # returns Chisq statistic
```

	#Df	LogLik	Df	Chisq	Pr(>Chisq)
1	2	-10417.84	NA	NA	NA
2	3	-8582.42	1	3670.84	0.000000e+00
3	4	-8582.19	1	0.45	5.046155e-01
4	5	-8468.86	1	226.67	3.176229e-51

Here, *model fit to the data* is expressed by its **likelihood** = probability of observing the sampled data given the parameters estimated by the model, sometimes referred as the *evidence* of a model, or its *ability to predict/forecast* new data that are similar to the sampled data (see [interactive visualization by Kristoffer Magnusson](#)).

## Information criteria

The Akaike (AIC) and the Bayesian Information Criterion (BIC) compare multiple models in terms of *fit & parsimony* (the lower number of parameters the better)

```
AIC(m0,m1,m2,m3) # AIC: the lower the better
[1] 20839.68 17170.83 17172.39 16947.72
```

# Akaike weights: from 0 (-) to 1 (+)

```
MuMin::Weights(AIC(m0,m1,m2,m3))
```

```
model weights
[1] 0 0 0 1
```

# Parameter estimation in linear regression models

$\beta_0$ ,  $\beta_1$ , and  $\epsilon$  must be **estimated** based on data sampled from a population:

$\hat{\beta}_0 = b_0$ ;  $\hat{\beta}_1 = b_1$ ;  $\hat{\epsilon} = e$ ).

🔗 There are several methods to estimate unknown parameters, such as:

- **Ordinary least squares (OLS)**: finds the *parameter values* that *minimize the sum of the squared residuals* (default LM estimator)
- **Maximum likelihood estimator (MLE)**: finds the *parameter values* that *maximize the model likelihood*, making the observed data the most probable under that model
- **Bayesian estimator**: finds the *parameter posterior distributions* based on prior knowledge/beliefs (*prior*) and observed data (*likelihood*)

Regardless of the used method, parameters values (or distributions) are always accompanied with a measure of the **uncertainty/precision** associated with their estimate:

**Standard errors (SE)** = predicted *variability* in the parameter estimate if the data were collected from different random samples from the same population.

SE are used for computing *test statistics* ( $Est/SE$ ) & *confidence intervals* ( $Est \pm 1.96 \times SE$ )

---

🔗 In LM, under the assumption of normally distributed residuals, OLS = MLE

# What are residuals?

Residuals are the model-based estimates of the population errors.

Linear model:

$$y_i = \beta_0 + \beta_1 x_i + \epsilon_i$$

Predicted values:

$$\hat{y}_i = \beta_0 + \beta_1 x_i$$

Observed values:

$$y_i = \hat{y}_i + \hat{\epsilon}_i$$

Residuals = observed - predicted

$$\hat{\epsilon}_i = y_i - \hat{y}_i$$

```
head(data.frame(observed = children$height,
                 predicted = fitted(m3),
                 residuals = residuals(m3)
                 squared = residuals(m3)^2 ))
```

	observed	predicted	residuals	squared
1	150.77	152.90	-2.13	4.55
2	170.59	156.61	13.98	195.33
3	167.31	160.31	7.00	49.01
4	165.72	165.52	0.20	0.04
5	171.67	160.31	11.36	129.06
6	143.74	151.07	-7.33	53.74

```
sum(residuals(m3)^2) # sum of squared (SS) residuals
## [1] 128188.3
```

```
var(residuals(m3)) # residual variance SIGMA2
## [1] 51.29585
```

In LM, **model parameters** include:

(1) intercept, (2) slope(s), and (3) **residual variance**  $\sigma^2$

→ *How many parameters in the previous models? (= No. predictors + 2)*



# Statistical inference on regression coefficients

In the NHST approach, we can **test the statistical significance** of regression coefficients (*two-tail t-test*).

This is automatically done by R in the model summary.

```
summary(m3) # model results
```

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	104.25	0.88	118.22	0.000000e+00
age	3.70	0.06	57.45	0.000000e+00
sexmale	-19.04	1.26	-15.14	1.237494e-49
age:sexmale	1.41	0.09	15.39	3.897810e-51

- **Estimate** = estimated parameter
- **Std. Error** = parameter standard error
- **t value** = test statistic computed as  

$$t = \text{Estimate} / \text{Std. Error}$$
- **p-value** =  $p$  corresponding to the  $t$ -value  
 with  $\text{No. Obs.} - \text{No. Coeff.} - 1$   
 degrees of freedom

## Effect size:

Coefficient of determination

$$R^2 = 1 - SS_{\text{residuals}} / SS_{\text{total}}$$

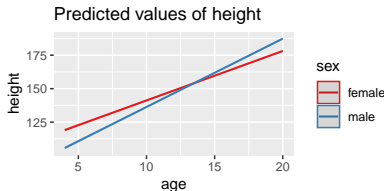
```
summary(m3)$r.squared
```

```
[1] 0.79
```

The model explains 79% of the variance in height.

## Plotting effects:

```
sjPlot::plot_model(m3, type="pred", terms=c("age", "sex"))
```



# Hands on

1. Download & read the dataset from [the “Pregnancy during pandemics” study](#) 

`depr` = postnatal depression, `age` = mother's age, `NICU` = intensive care, `threat` = fear of COVID

```
library(osfr) # package to interact with the Open Science Framework platform
proj <- "https://osf.io/ha5dp/" # link to the OSF project
osf_download(osf_ls_files(osf_retrieve_node(proj))[2, ],conflicts="overwrite") # download
preg <- na.omit(read.csv("OSFData_Upload_2023_Mar30.csv",stringsAsFactors=TRUE)) # read data
colnames(preg)[c(2,5,12,14)] <- c("age","depr","NICU","threat") # set variable names
```

2. Explore the the variables `depr`, `threat`, `NICU`, and `age` (`descr.`, `corr.`, & `plots`)
3. Fit a null model `m0` of `depr`
4. Fit a simple regression model `m1` with `depr` being predicted by `threat`
5. Fit a multiple regression model `m2` also controlling for `NICU` and `age`
6. Fit an interactive model `m3` to check whether `age` moderates the relationship between `threat` and `depr`.
7. Compare the models with AIC and likelihood ratio test: which is the best model?
8. Print & interpret the coefficients estimated by the selected model
9. Print & interpret the statistical significance of the estimated coefficients
10. Plot the effects of the selected model
11. Compute the determination coefficient of the selected model

# One step back: Linear model assumptions

Core assumptions:

1. **Linearity:**  $x_i$  and  $y_i$  are linearly associated  $\rightarrow$  the expected (mean) value of  $\epsilon_i$  is zero
2. **Normality:** residuals  $\epsilon_i$  are normally distributed with  $\epsilon_i \sim \mathcal{N}(0, \sigma^2)$
3. **Homoscedasticity:**  $\epsilon_i$  variance is constant over the levels of  $x_i$  (homogeneity of variance)
4. **Independence of predictors & errors:** predictors  $x_i$  are unrelated to residuals  $\epsilon_i$
5. **Independence of observations:** for any two observations  $i$  and  $j$  with  $i \neq j$ , the residual terms  $\epsilon_i$  and  $\epsilon_j$  are independent (no common disturbance factors)

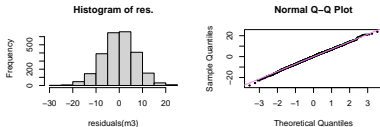
Additional assumptions:

6. **Absence of influential observations** (multivariate outliers)
7. **Absence of multicollinearity (for multiple regression):**  
lack of linear relationship between  $x_1$  and  $x_2$

# Model diagnostics: Assessing LM assumptions

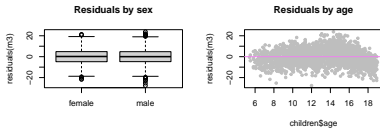
Normality & linearity 😊

```
hist(residuals(m3))  
qqnorm(residuals(m3)); qqline(residuals(m3))
```



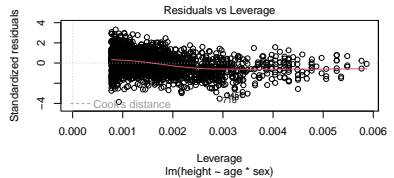
Homoscedasticity & independence  $x, \epsilon$  😊

```
plot(residuals(m3) ~ children$sex)  
plot(residuals(m3) ~ children$age)
```



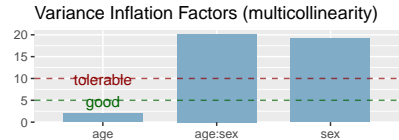
Absence of influential cases 😊

```
plot(m3, which=5)
```



Absence of multicollinearity 😊

```
sjPlot::plot_model(m3, "diag")[[1]]
```



Independence of observations ?

*Are the unmeasured factors influencing  $y$  unrelated from one individual to another?*

# Cluster variables & nested data

In many cases, the *sampling method* creates **clusters** of *individual observations*

- students → schools
- children → families → neighborhoods → cities → regions → states → planets 🌎

**Nested data structure** (= *multilevel* or *hierarchical* data structure)

= when data points at the **individual level** appear *in only one group* of the **cluster level** variable

→ individual observations are *nested* within clusters

How do you imagine such a nested dataset?

---

**Individual observation** = **statistical unit** = individual entity within a sample or population that is the subject of data collection & analysis (not necessarily a person)

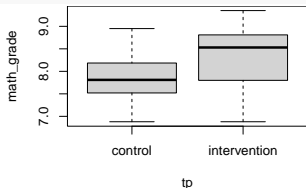
# Case study: Innovative math teaching program

We're hired by a school principal to assess whether an *innovative teaching program* can improve *math achievement* in first-year high-school students.

```
# reading data
itp <- read.csv("data/studentData.csv")
# frequency table class by intervention
table(itp[,c("classID", "tp")])
```

```
      tp
classID control intervention
A         30              0
B         22              0
C          0             27
D          0             11
```

```
boxplot(math_grade ~ tp, data=itp)
```



The teaching program **tp** was delivered over the first semester to 2 out of 4 classes and we got the students' end-of-semester **math\_grade** (1-10).

**Nested dataset:** students are *nested within* classes, with each student only belonging to one class.

```
head(itp[,1:4], 12)
```

	studID	classID	tp	math_grade
1	s1	A	control	7.74
2	s2	A	control	8.31
3	s3	A	control	7.09
4	s4	A	control	7.80
5	s5	A	control	7.21
6	s6	A	control	8.95
7	s7	A	control	7.48
8	s8	A	control	7.86
9	s9	A	control	7.85
10	s10	A	control	7.13
11	s11	A	control	7.87
12	s12	A	control	6.88

# Non-independence of observations with nested data

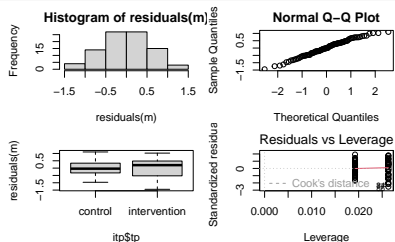
Let's try with a linear regression model:

```
m <- lm(math_grade ~ tp, data=itp)
summary(m)$coefficients[,1:3]
```

	Estimate	Std. Error	t value
(Intercept)	7.85	0.08	97.60
tpintervention	0.48	0.12	3.87

Model diagnostics (see slide #11):

```
hist(residuals(m)); qqnorm(residuals(m))
boxplot(residuals(m)~itp$tp); plot(m,5)
```



- Coefficient meaning?
- Linear model assumptions?
- **Independent observations?**

*Are  $\epsilon_i$  and  $\epsilon_j$  independent for any  $i \neq j$ ?*

*Are the unmeasured factors influencing  $y$  unrelated from one individual to another?*

**NO:** students are nested within classes and such cluster variable is likely to explain differences in the  $y$  variable (as well as in the relationship between  $x$  and  $y$ )

Thus, **we cannot rely on linear models** to analyze these data.

# Local dependencies

**Local dependencies** = correlations that exist among observations within a **specific cluster** (but the software doesn't know that!)

e.g., grades from the same class will be more correlated than they are between different classes

## *Why is this a problem?*

- 1) Can result in **biased estimates of the standard errors** → underestimated  $p$ -values (+false positive)
- 2) Potentially important **variables at the cluster level** are neglected  
e.g., teachers' characteristics, teaching CV, class social climate

## *When is this a problem?*

Virtually, any time that a cluster variable is potentially related to  $y$

Pragmatically, we cannot account for all potential clusters

e.g., children → families → neighborhoods → cities → regions → states → planets 🌎

Based on theory & logic, we should focus on what we consider the most influential clustering factors for both  $y$  and  $x$



# Mixed-effects models

Multilevel models are part of the largest **linear mixed-effects regression (LMER)** family that include **additional variance terms** for handling local dependencies.

Why ‘mixed-effects’?

Because such additional terms come from the distinction between:

- **Fixed effects:** effects that remain *constant across clusters*, whose levels are *exhaustively considered* (e.g., gender, levels of a Likert scale) and generally controlled by the researcher (e.g., experimental conditions)
- **Random effects:** effects that *vary from cluster to cluster*, whose levels are *randomly sampled* from a population (e.g., schools)

---

📖 When individual observations can change cluster over time, it is still a mixed-effects model but not a multilevel model.

📖 Here, “levels” refers to the possible categories/classes of a categorical variable, but from now on we will use this term with a different meaning...

## From LM to LMER

LM formula:  $y_i = \beta_0 + \beta_1 x_i + \epsilon_i$

Intercept and slope are **constant across all individual observations**  $i$  within the population;  $x$ ,  $y$ , and the error term  $\epsilon$  only variate across individual observations  $i$

LMER formula:  $y_{ij} = \beta_{0j} + \beta_{1j} x_{ij} + \epsilon_{ij}$

Intercept and slope have both a **fixed** ( $_{0/1}$ ) and a **random** component ( $_j$ );  $y$ ,  $x$ , and  $\epsilon$  variate across **individual observations**  $i$  as well as across **clusters**  $j$

$$y_{ij} = \beta_{0j} + \beta_{1j} x_{ij} + \epsilon_{ij} = (\beta_{00} + \lambda_{0j}) + (\beta_{10} + \lambda_{1j})x + \epsilon_{ij}$$

LMER are an extension of LM where the **intercept** and the **slope** are decomposed into the **fixed components**  $\beta_{00}$  and  $\beta_{10}$  referred to the whole sample, and the **random components**  $\lambda_{0j}$  and  $\lambda_{1j}$  randomly varying across clusters.

---

In LMER,  $x$  **variables (predictors)** always variate across clusters  $j$ , but not necessarily across individual observations  $i$  (e.g., school principals' age only variate across schools, whereas students' age variate across students within schools)

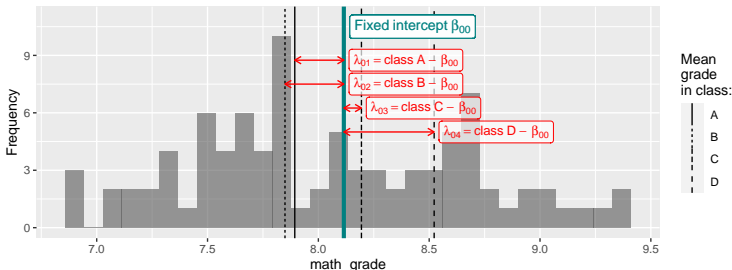
# Random intercept

Let's start with an **intercept-only model** (i.e., *unconditional* or *null model*), where math grades ( $y_{ij}$ ) are only predicted by the intercept  $\beta_{00}$  and the residuals  $\epsilon_{ij}$

- *Linear model*:  $y_i = \beta_0 + \epsilon_i$

The intercept value  $\beta_0$  is common to all individuals within the population

- *Linear mixed-effects model*:  $y_{ij} = \beta_{0j} + \epsilon_{ij} = (\beta_{00} + \lambda_{0j}) + \epsilon_{ij}$ 
  - $\beta_{00}$  is the **fixed intercept** (also called ‘average’ or ‘general intercept’) that applies to the whole population
  - $\lambda_{0j}$  is the **random intercept** = *cluster-specific deviation from the fixed intercept* (i.e., mean class grade - fixed intercept)



# Random slope

Let's now add a predictor: students' **anxiety** levels  $x_{ij}$ .

**Random intercept** model

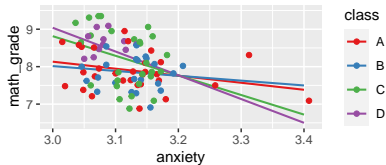
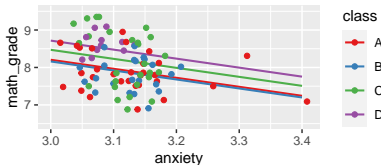
$$\begin{aligned}y_{ij} &= \beta_{0j} + \beta_1 x_{ij} + \epsilon_{ij} \\ &= (\beta_{00} + \lambda_{0j}) + \beta_1 x_{ij} + \epsilon_{ij}\end{aligned}$$

Math grades  $y_{ij}$  are predicted by the overall mean grade  $\beta_{00}$ , their *average relationship* with anxiety  $\beta_{10}$ , the *random variation among clusters*  $\lambda_{0j}$  (*random intercept*), and the random variation among individuals within clusters  $\epsilon_{ij}$  (*residuals*).

**Random intercept & random slope** model

$$\begin{aligned}y_{ij} &= \beta_{0j} + \beta_{1j} x_{ij} + \epsilon_{ij} \\ &= (\beta_{00} + \lambda_{0j}) + (\beta_{10} + \lambda_{1j}) x_{ij} + \epsilon_{ij}\end{aligned}$$

Since the effect of anxiety might not be the same across all classes, we partition  $\beta_1$  into the overall *average relationship* between anxiety and grades  $\beta_{10}$  (*fixed slope*) and the *cluster-specific variation in the relationship*  $\lambda_{1j}$  (*random slope*) - basically, an interaction between anxiety and class.



# From LMER to multilevel modeling

LMER is often called ‘*multilevel modeling*’ due to the underlying **variance decomposition** of the  $y_{ij}$  variable into the *within-cluster* and the *between-cluster* levels.


That is, the LMER formula  $y_{ij} = (\beta_{00} + \lambda_{0j}) + (\beta_{10} + \lambda_{1j}) + \epsilon_{ij}$  can be expressed in two separate levels:

$$\text{Level 1 (within)} : y_{ij} = \beta_{0j} + \beta_{1j}x_{ij} + \epsilon_{ij}$$

$$\text{Level 2 (between)} : \beta_{0j} = \beta_{00} + \lambda_{0j}$$

$$\beta_{1j} = \beta_{10} + \lambda_{1j}$$

---

 In some papers and textbooks, the coefficients  $\beta_{00}$  and  $\beta_{01}$  are indicated with  $\gamma_{00}$  and  $\gamma_{01}$ , while  $\lambda_{0j}$  and  $\lambda_{1j}$  are sometimes indicated with  $U_{0j}$  and  $U_{1j}$ , respectively.

# That's all for now!

## Questions?

## Homework (optional):

- read the slides presented today  
and write in the Moodle forum if you have any doubts
- refresh your familiarity with **R**: `R-intro.pdf`
- `exeRcises 1-3` from `exeRcises.pdf`

---

For each exercise, the solution (or one of the possible solutions) can be found in dedicated chunk of commented code within the `exeRcises.Rmd` file

## In the last episode...

### The problem

Sometimes the sampling method creates *clusters* of individual observations: **nested data structure** where individuals observations are *nested within* clusters.

#### → Local dependencies

= correlations among observations within a cluster, violating the LM assumption of independence.

→ We cannot use ordinary LM

### The solution

**Linear mixed-effects regression** (LMER) includes **additional variance terms**<sup>1</sup> to handle local dependencies.

$$\begin{aligned} y_{ij} &= \beta_{0j} + \beta_{1j}x_{ij} + \epsilon_{ij} \\ &= (\beta_{00} + \lambda_{0j}) + (\beta_{10} + \lambda_{1j}) x_{ij} + \epsilon_{ij} \end{aligned}$$

These can be expressed in two separate levels:

$$\text{Level 1 (within)} : y_{ij} = \beta_{0j} + \beta_{1j}x_{ij} + \epsilon_{ij}$$

$$\text{Level 2 (between)} : \beta_{0j} = \beta_{00} + \lambda_{0j}$$

$$\beta_{1j} = \beta_{10} + \lambda_{1j}$$

---

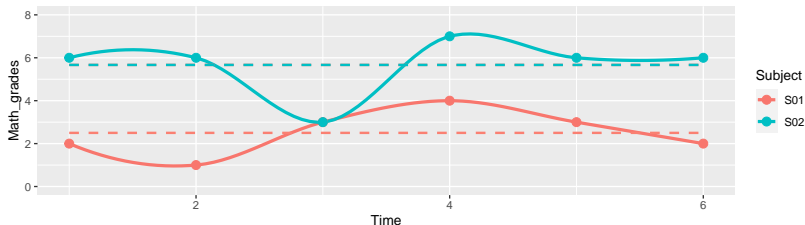
<sup>1</sup>The **additional variance terms** are the variance  $\tau_{00}^2$  of the random intercept  $\lambda_{0j}$  and the variance  $\tau_{10}^2$  of the random slope  $\lambda_{1j}$ . We will see this later...

# Multilevel modeling in longitudinal designs

Longitudinal assessments (or repeated-measure designs) involve the collection of **multiple data from the same subjects at multiple time points**.

→ Observations from the same subject are not independent (*local dependencies*).

- Individual observations = time points (*level 1: within-subject*)
- Clusters = subjects (*level 2: between-subjects*)



[!\[\]\(e1c624d4757f08486e89482c18364c17\_img.jpg\)](#) If individuals are further nested within higher-level clusters, we can specify a *3-level model* (time points → students → classes)



# Case study: Adolescent insomnia

Sleep Health 9 (2023) 108–116

Contents lists available at [ScienceDirect](#)

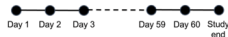
## Sleep Health

Journal of the National Sleep Foundation

journal homepage: [sleephealthjournal.org](http://sleephealthjournal.org)

### Wearable and mobile technology to characterize daily patterns of sleep, stress, presleep worry, and mood in adolescent insomnia

Luca Menghini, PhD<sup>a</sup>, Dilara Yuksel, PhD<sup>b</sup>, Devin Prouty, PhD<sup>b</sup>, Fiona C. Baker, PhD<sup>b,c</sup>, Christopher King, PhD<sup>d</sup>, Massimiliano de Zambotti, PhD<sup>b,a</sup>



Motion and heart rate continuous passive recording



Bedtime electronic diary ratings of stress, worry, and mood

A sample of 93 US adolescents undertook a semi-structured clinical interview for **DSM-5 insomnia** symptomatology (*insomnia vs. healthy sleepers*).

Then, they were provided with a Fitbit wristband (recording **sleep** data) for 2 months. Over the same period, every evening they responded short questionnaires on their **stress** levels at bedtime.

We want to understand whether **daily stress predicts lower sleep time** (HP1); whether the stress impact on sleep is **moderated by insomnia symptomatology** (HP2).

# Hands on

1. Download & read the datasets from <https://github.com/SRI-human-sleep/INSA-home>

ID = subject ID, dayNr = day, stress = daily stress rating (1-5), TST = total sleep time (min),  
insomnia = subject's group (insomnia vs. healthy)

```
repo <- "https://github.com/SRI-human-sleep/INSA-home" # loading datasets from GitHub
load(url(paste0(repo, "/raw/main/Appendix%20-%20Data/emaFINAL.RData")))
load(url(paste0(repo, "/raw/main/Appendix%20-%20Data/demosFINAL.RData")))

# selecting columns

ema <- ema[,c("ID", "dayNr", "stress", "TST")] # ema = time-varying variables
demos <- demos[,c("ID", "insomnia")] # demos = time-invariant variables
```

- Print the first rows of the datasets:  
How many rows per subject?
- Which variable includes individual observations, which is the cluster variable, which is the predictor?
- Which variable(s) at the *within-cluster* level (Level 1)? Which variable(s) at the *between-cluster* level (Level 2)?
- Explore (descript., correlations, plots)
- Compute the *cluster mean* for each level-1 variable using `aggregate()`
- Join the cluster means to the `demos` dataset using `cbind()`
- Join the cluster means to the `ema` dataset using `plyr::join()`
- Subtract individual obs. from cluster means

# Wide & Long data structure

## Wide-form dataset

one row per cluster

```
clustMeans <- # computing cluster means
  aggregate(x = ema[,c("TST","stress")],
    by = list(ema$ID), FUN = mean, na.rm = T)
# join cluster means to the wide-form dataset
demos <- cbind(demos, clustMeans[,2:3])
colnames(demos)[3:4] <- c("TST.m", "stress.m")
head(demos)
```

	ID	insomnia	TST.m	stress.m
1	s001	0	466.1786	1.707317
2	s002	0	431.0745	2.175000
4	s005	0	415.2059	1.872727
5	s006	1	413.1111	3.393443
6	s007	0	445.7642	1.983333
7	s008	0	422.8468	3.045455

Level-2 (*between*) variables:

ID, insomnia, TST.m, stress.m

## Long-form dataset

one row per individual observation

```
library(plyr)
ema <- # join lv-2 variables to long-form
  join(x = ema, # long-form dataset
    y = demos, # wide-form dataset
    by = "ID", # joining variable
    type = "left") # keep all x rows
head(ema)
```

	ID	dayNr	stress	TST	insomnia	TST.m	stress.m
1	s001	1	3	507.0	0	466.2	1.7
2	s001	2	1	502.5	0	466.2	1.7
3	s001	3	3	469.5	0	466.2	1.7
4	s001	4	2	NA	0	466.2	1.7
5	s001	5	NA	NA	0	466.2	1.7
6	s001	6	3	NA	0	466.2	1.7

Level-1 (*within*) variables:

dayNr, stress, TST

# Between & within cluster

## Long-form dataset

one row per individual observation

```
head(ema[, -6], 20)
```

	ID	dayNr	stress	TST	insomnia	stress.m
1	s001	1	3	507.0	0	1.7
2	s001	2	1	502.5	0	1.7
3	s001	3	3	469.5	0	1.7
4	s001	4	2	NA	0	1.7
5	s001	5	NA	NA	0	1.7
6	s001	6	3	NA	0	1.7
7	s001	7	1	NA	0	1.7
8	s001	8	2	NA	0	1.7
9	s001	9	1	NA	0	1.7
10	s001	10	2	NA	0	1.7
11	s001	11	2	NA	0	1.7
12	s001	12	1	NA	0	1.7
13	s001	13	2	NA	0	1.7
14	s001	14	1	NA	0	1.7
15	s001	15	1	NA	0	1.7
16	s001	16	NA	NA	0	1.7
17	s001	17	NA	NA	0	1.7
18	s001	18	NA	NA	0	1.7
19	s001	19	NA	510.5	0	1.7
20	s001	20	NA	515.5	0	1.7

Long-form data structures are needed to fit multilevel models.

Here, **level-1 variables**  $x_{ij}$  (**stress**) and  $y_{ij}$  (**TST**) change both **between** and **within cluster**.

In contrast, **level-2 variables**  $x_j$  (**insomnia**, **stress.m**) **only change between clusters**, whereas they keep identical values across all the rows associated with the same cluster.

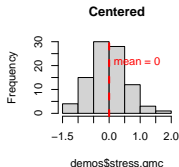
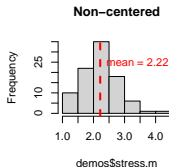
# Data centering

**Data centering** = subtracting the mean of a variable from each variable value.

- The mean of a centered variables is always 0.
- Its variance and covariances are equivalent to those of the original variable.
- Centered scores represent *deviations from the mean*.

In both LM and LMER, **centering the predictors** is useful to *reduce collinearity* (linear relationship between predictors) and for *better interpreting a model intercept* (= value of  $y$  *when  $x$  is at its mean*); but it *does not affect the slopes*.

```
demos$stress.gmc <- # grand-mean centering  
demos$stress.m - mean(demos$stress.m)
```



```
# non-centered x: b0 = predicted y when x = 0  
coefficients(lm(TST.m ~ stress.m, data=demos))
```

(Intercept)	stress.m
421.474599	-4.074498

```
# centered x: b0 = predicted y when x = mean x  
coefficients(lm(TST.m ~ stress.gmc, data=demos))
```

(Intercept)	stress.gmc
412.447988	-4.074498

# Grand mean vs. Cluster mean centering

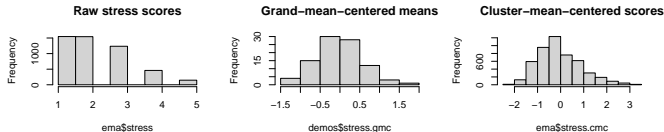
With LMER, we can distinguish two main ways to center the data:

1) **Grand mean centering** = subtracting the mean of the whole sample (*grand-mean* or *grand-average*) from each cluster's mean.

```
# gmc stress = mean cluster's stress - grand mean  
demos$stress.gmc <- demos$stress.m - mean(demos$stress.m)
```

2) **Cluster mean centering** (or '*group mean centering*') = subtracting the mean of the cluster (*group mean*) from each individual observation nested within that cluster.

```
# cmc stress = individual obs. - mean of the corresponding cluster  
ema$stress.cmc <- ema$stress - ema$stress.m
```



Hands on : Compute the grand-mean-centered & the cluster-mean-centered values of **stress** and **TST**. Then, compute their Pearson's correlation with the `cor()` function

# That's all for now!

## Questions?

### Homework (optional):

- read the slides presented today  
and write in the Moodle forum if you have any doubts
- **exeRcises 4-5** from `exeRcises.pdf`

---

For each exercise, the solution (or one of the possible solutions) can be found in dedicated chunk of commented code within the `exeRcises.Rmd` file

## In the last episodes...

### Problem & solution

The sampling method can create *clusters* of individual observations = *nested data* leading to *local dependencies*  
→ **Multilevel modeling** (or LMER) includes *additional variance terms* to handle local dependencies.

$$\text{Level 1 (within)} : y_{ij} = \beta_{0j} + \beta_{1j}x_{ij} + \epsilon_{ij}$$

$$\text{Level 2 (between)} : \beta_{0j} = \beta_{00} + \lambda_{0j}$$

$$\beta_{1j} = \beta_{10} + \lambda_{1j}$$

### Wide and long datasets

LMER require **long-form datasets**, with one row per each individual observation (level 1) and multiple rows for each cluster (level 2)

### Between and within

In such datasets, **within-cluster (level-1)** variables variate both between and within clusters, while **between-cluster (level-2)** variables only variate across clusters, keeping identical values across the rows belonging to the same cluster.

### Data centering & Variance decomposition

Data centering (= subtracting the mean from each variable value) can be used to decompose the variance into:

- the between-cluster component  
= **grand-mean-centered means**
- the within-cluster component  
= **cluster-mean-centered values**



# The adolescent insomnia case study

A sample of 93 US adolescents undertook a semi-structured clinical interview for **DSM-5 insomnia** symptomatology (*insomnia* vs. *healthy sleepers*). Then, they were provided with a Fitbit wristband (recording **sleep** data) for 2 months. Over the same period, every evening they rated their **stress** (1-5) at bedtime.

We want to test whether **day-to-day fluctuations** in **stress** predict **lower total sleep time** TST (HP1), and whether the stress impact on TST is **moderated by insomnia symptomatology** (HP2).

```
load("insa.RData") # read processed data  
insa[,c("ID", "TST", "TST.m", "TST.gmc", "TST.cmc")]
```

	ID	TST	TST.m	TST.gmc	TST.cmc
1	s001	507.0	466.18	53.73	40.82
2	s001	502.5	466.18	53.73	36.32
3	s001	469.5	466.18	53.73	3.32
21	s001	496.0	466.18	53.73	29.82
22	s001	447.5	466.18	53.73	-18.68
23	s001	450.5	466.18	53.73	-15.68
24	s001	423.0	466.18	53.73	-43.18
29	s001	483.5	466.18	53.73	17.32
30	s001	450.0	466.18	53.73	-16.18
31	s001	529.0	466.18	53.73	62.82

TST = raw total sleep time (minutes)

TST.gmc = grand-mean-centered cluster means  
of TST (**level-2 component**)

TST.cmc = cluster-mean-centered TST  
(**level-1 component**)

# Descriptive statistics of multilevel data

The **first section of the results section** in any quantitative report (including published papers) includes the **descriptive statistics** of the considered variables in the examined sample. Descriptive statistics are also the main output of any quantitative report you might draft or read in your **professional practice**.

With multilevel datasets, the descriptive statistics to be reported are the following:

1. **Mean and SD** of any considered quantitative variable
2. **Frequency (%)** of any considered categorical variable
3. **Level-specific correlations** among quantitative variables
4. **Intraclass correlation coefficient (ICC)** of any quantitative variable measured at the *within-cluster* level

🔗 Compute descriptive statistics 1-3, considering the variables **TST**, **stress**, and **insomnia** (*Note*: correlations can be computed with the `cor()` function; level-2 correlations should be computed on the cluster means in the **demos** dataset)

📄 Response rate (or missing data) is a further important descriptive to report. Here, for simplicity, we omitted missing data points from the **insa** dataset.

# Level-specific correlations

## *Between-cluster (level 2)*

Cluster means

### Level-2 correlation

= linear relationship **across clusters**

*Do stressed subjects sleep worse than unstressed subjects?*

```
wide <- insa[!duplicated(insa$ID),]  
cor(wide[,c("stress.m", "TST.m")])
```

	stress.m	TST.m
stress.m	1.000	-0.067
TST.m	-0.067	1.000

## *Within-cluster (level 1)*

Individual *deviations* from cluster mean

= cluster-mean-centered values

### Level-1 correlation

= linear relationship **within cluster**

*Do subjects sleep worse than usual in those days where they are more stressed than usual?*

```
cor(insa[,c("stress.cmc", "TST.cmc")])
```

	stress.cmc	TST.cmc
stress.cmc	1.00	-0.06
TST.cmc	-0.06	1.00

# Additional variance (& covariance) terms

LMER includes **additional variance and covariance terms** to handle local dependencies. → *Variance and covariance what?!*

Remember the LMER formula:

$$y_{ij} = (\beta_{00} + \lambda_{0j}) + (\beta_{10} + \lambda_{1j})x_{ij} + \epsilon_{ij}$$

$\lambda_{0j}$  are the **random deviations** of *cluster intercepts* from the *fixed intercept*  $\beta_{00}$

$\lambda_{1j}$  are the **random deviations** of *cluster slopes* from the *fixed slope*  $\beta_{10}$

$\epsilon_{ij}$  is the **residual term** indicating the **random deviations** of *observed values* from *predicted values* (see slide #8)

In both LM and LMER, we don't report each single residual value  $\epsilon_{ij}$ , but we use  $\sigma^2 = \text{variance of the residuals } \epsilon$

Similarly, in LMER we summarize the random effects by reporting their variances:

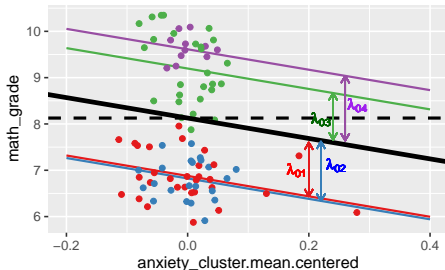
$$\tau_{00}^2 = \text{variance of random intercept } \lambda_{0j}$$
$$\tau_{11}^2 = \text{variance of random slope } \lambda_{1j}$$

Moreover, when both  $\lambda_{0j}$  and  $\lambda_{1j}$  are included, we need to also consider the covariance term:

$$\rho_{01} = \text{covariance between } \lambda_{0j} \text{ and } \lambda_{1j}$$

→  $\tau_{00}^2, \tau_{11}^2, \rho_{01}$  are the additional variance & covariance terms included in LMER

# Random intercept and random slope (1/2)



## Random intercept (RI)

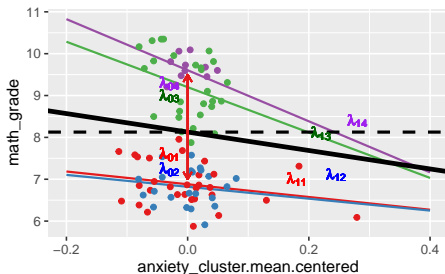
$$y_{ij} = (\beta_{00} + \lambda_{0j}) + \beta_1 x_{ij} + \epsilon_{ij}$$

RI = distances between each cluster's intercept and the **fixed intercept**

Parallel lines: there is no random slope

$\tau_{00}^2$  = variance of the RI (how much the RI differ among each other)

$$= \text{var}(\lambda_{01}, \lambda_{02}, \lambda_{03}, \lambda_{04},) = 2.22$$



## RI and random slope (RS)

$$y_{ij} = (\beta_{00} + \lambda_{0j}) + (\beta_{10} + \lambda_{1j})x_{ij} + \epsilon_{ij}$$

RS = distances between each cluster's slope and the **fixed slope**

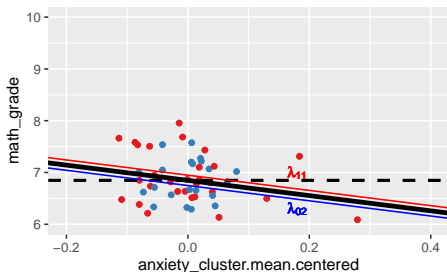
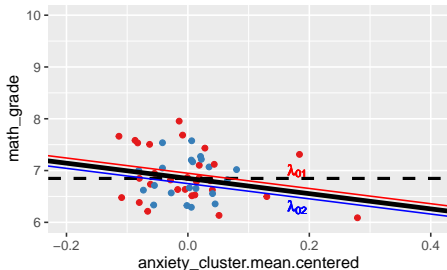
$\tau_{00}^2$  = variance of the RI = 2.22

$\tau_{10}^2$  = variance of the RS

$$= \text{var}(\lambda_{11}, \lambda_{12}, \lambda_{13}, \lambda_{14},) = -3.73$$

$\rho_{01}$  = covariance between  $\lambda_{0j}$  &  $\lambda_{1j}$

## Random intercept & random slope (2/2)



What happens if we remove class C and D?

→ Both random effects become smaller

→ **lower variance**  $\tau_{00}$  and  $\tau_{10}$

- **Random intercept (RI)**

$$y_{ij} = (\beta_{00} + \lambda_{0j}) + \beta_1 x_{ij} + \epsilon_{ij}$$

Class A and class B's intercepts are very close, their distances from the **fixed intercept** are very small

$$\lambda_{01} \sim \lambda_{02} \rightarrow \tau_{00}^2 \sim 0$$

- **RI and random slope (RS)**

$$y_{ij} = (\beta_{00} + \lambda_{0j}) + (\beta_{10} + \lambda_{1j})x_{ij} + \epsilon_{ij}$$

Class A and class B's slopes are very close → their distances from the **fixed slope** are very small

$$\lambda_{11} \sim \lambda_{12} \rightarrow \tau_{10}^2 \sim 0$$

Conclusions: It makes no sense to use LMER (better using LM!)

# Null model & variance decomposition (1/2)

A **null model** only includes the intercept and residual terms ([see slide #20](#)).

In **LM null models** ( $y_i = \beta_0 + \epsilon_i$ )

the intercept  $\beta_0$  is simply the mean of  $y_i$ ,

and the variance of  $\epsilon_i$  ( $\sigma^2$ ) is simply the variance of  $y_i$ .

```
lm.fit <- lm(TST ~ 1, data = insa)
```

```
c(b0 = coefficients(lm.fit), mean_Y = mean(insa$TST, na.rm = TRUE))
```

```
      b0  mean_Y  
413.686 413.686
```

```
c(sigma2 = var(residuals(lm.fit)), var_Y = var(insa$TST, na.rm = TRUE))
```

```
      sigma2    var_Y  
6291.752 6291.752
```

In **LMER null models** ( $y_{ij} = \beta_{00} + \lambda_{0j} + \epsilon_{ij}$ )

the **y variance is decomposed** into:

- the within-cluster (level-1) residual variance  $\sigma^2$  = variance of the residuals  $\epsilon_{ij}$
- the between-cluster (level-2) variance  $\tau_{00}^2$  = variance of the random intercept  $\lambda_{0j}$

## Null model & variance decomposition (2/2)

Spoiler alert: How to fit LMER in R

```
# fitting a null LMER model  
library(lme4)  
m0 <- lmer(TST ~ (1|ID), data = insa)  
summary(m0)
```

```
Linear mixed model fit by REML ['lmerMod']  
Formula: TST ~ (1 | ID)  
Data: insa
```

REML criterion at convergence: 49553.2

Scaled residuals:

	Min	1Q	Median	3Q	Max
	-3.4233	-0.6134	-0.0285	0.5760	5.6047

Random effects:

Groups	Name	Variance	Std.Dev.
ID	(Intercept)	1183	34.39
Residual		5158	71.82

Number of obs: 4333, groups: ID, 93

Fixed effects:

	Estimate	Std. Error	t value
(Intercept)	410.838	3.769	109

If we inspect the summary of a null LMER model, starting from the bottom, we can see that:

- **Fixed effects** only include the *fixed intercept*  $\beta_{00}$  (= 410.838 minutes).

- **Random effects** include variance & SD of the *random intercept*  $\lambda_{0j}$  ( $\tau_{00}^2 = 1183$ ) and that of the *residuals*  $\epsilon_{ij}$  ( $\sigma^2 = 5158$ ).

The sum  $\sigma^2 + \tau_{00}^2$  of the residual (level-1) and the random intercept variance (level-2) is the **model estimate of the population-level total variance in  $y_{ij}$**



# Variance decomposition & Data centering

The **variance decomposition** implemented by LMER is basically equivalent to the **data centering procedures** shown in the last lecture (see slide #32).

```
# random intercept LAMBDA_0j
round(head( ranef(m0)$ID[[1]] ),1)
[1] 50.0 6.2 4.7 4.1 31.1 7.9
```

```
# random intercept variance TAU^2
(tau2 <- round(summary(m0)$varcor$ID[[1]]))
[1] 1183
```

```
# residual variance SIGMA^2
(sigma2 <- summary(m0)$sigma^2)
[1] 5157.676
```


```
# estimated total variance in TST
tau2 + sigma2
[1] 6340.676
```

```
# grand-mean-centered TST cluster means
round(head( wide$TST.gmc ),1)
[1] 53.7 18.6 2.8 0.7 33.3 10.4
```

```
# variance of TST cluster means
var(wide$TST.m)
[1] 1241.19
```

```
# variance of cluster-mean-centered TST
var(insa$TST.cmc, na.rm=TRUE)
[1] 5072.426
```

```
# observed total variance in TST
var(insa$TST, na.rm=TRUE)
[1] 6291.752
```

 The small differences between model-based (on the left) and observed values (on the right) are due to slight adjustments (e.g., accounting for the number of clusters) used by LMER models (for details, see Finch & Bolin, 2014, chapter 2)

# Intraclass correlation coefficient (ICC)

The last ‘descriptive’ statistics to be reported is the ICC

= **Proportion of between-cluster variance over the total variance**


The ICC is *estimated from the null model* as  $ICC = \tau_{00}^2 / (\tau_{00}^2 + \sigma^2)$

and can range between 0 and 1.

- $ICC = 1 \rightarrow$  the variable *only* varies *across* clusters (‘cluster-only variable’)
- $0.50 < ICC < 1 \rightarrow$  the variable *mainly* varies *across* clusters
- $ICC = 0.50 \rightarrow$  the variable *equally* varies across & within clusters
- $0 < ICC < 0.50 \rightarrow$  the variable *mainly* varies *within* clusters\*
- $ICC = 0 \rightarrow$  the variable *only* varies *within* cluster (‘individual-only variable’)

The ICC important in multilevel modeling, because it indicates the *degree to which the nested data structure may impact a level-1 variable*  $\rightarrow$  it **indexes of the local dependencies** implied by the nested data structure.

---

 The ICC is an estimate of the population param.  $\rho_I$  but I think you're done with Greek letters :)

# Descriptive statistics of multilevel data

Now we have all the core descriptive statistisc! ☺

Variable	Mean (SD)/Freq. (Prop.)	ICC	1.	2.
1. TST (minutes)	413.69 (79.32)	0.19	1.00	-0.06
2. Stress (1 - 5)	2.21 (1.06)	0.26	-0.07	1.00
3. Insomnia group	47 (50.54%)	NA	NA	NA

*Note:* lv-1 and lv-2 correlations are shown below and above the main diagonal, respectively. In this case, the two variable are not so correlated at any level ☹

# Hands on

1. Download and read the file

**studentData.csv**

# Hands on

1. Download and read the file  
`studentData.csv`
2. DESC: Compute the mean and SD of  
`anxiety` and `math_grade`; compute the  
number of students per `classID`

# Hands on

1. Download and read the file  
`studentData.csv`
2. DESC: Compute the mean and SD of  
`anxiety` and `math_grade`; compute the  
number of students per `classID`
3. Compute the **cluster mean** for `anxiety`  
using `aggregate()` → wide-form

# Hands on

1. Download and read the file  
`studentData.csv`
2. DESC: Compute the mean and SD of  
`anxiety` and `math_grade`; compute the  
number of students per `classID`
3. Compute the **cluster mean** for `anxiety`  
using `aggregate()` → wide-form
4. Join the cluster means to the long-form:  
`plyr::join(long,wide,by="cluster")`

# Hands on

1. Download and read the file  
`studentData.csv`
2. DESC: Compute the mean and SD of  
`anxiety` and `math_grade`; compute the  
number of students per `classID`
3. Compute the **cluster mean** for `anxiety`  
using `aggregate()` → wide-form
4. Join the cluster means to the long-form:  
`plyr::join(long,wide,by="cluster")`
5. Compute the **cluster-mean-centered**  
values of `anxiety`



# Hands on

1. Download and read the file  
`studentData.csv`
2. DESC: Compute the mean and SD of  
`anxiety` and `math_grade`; compute the  
number of students per `classID`
3. Compute the **cluster mean** for `anxiety`  
using `aggregate()` → wide-form
4. Join the cluster means to the long-form:  
`plyr::join(long,wide,by="cluster")`
5. Compute the **cluster-mean-centered**  
values of `anxiety`
6. Repeat points 4-5 for `math_grade`

# Hands on

1. Download and read the file `studentData.csv`
2. DESC: Compute the mean and SD of `anxiety` and `math_grade`; compute the number of students per `classID`
3. Compute the **cluster mean** for `anxiety` using `aggregate()` → wide-form
4. Join the cluster means to the long-form:  
`plyr::join(long,wide,by="cluster")`
5. Compute the **cluster-mean-centered** values of `anxiety`
6. Repeat points 4-5 for `math_grade`
7. DESC: Compute the **between-cluster (lv2) correlation** from the wide-form dataset (1 row per cluster)

# Hands on

1. Download and read the file `studentData.csv`
2. DESC: Compute the mean and SD of `anxiety` and `math_grade`; compute the number of students per `classID`
3. Compute the **cluster mean** for `anxiety` using `aggregate()` → wide-form
4. Join the cluster means to the long-form:  
`plyr::join(long,wide,by="cluster")`
5. Compute the **cluster-mean-centered** values of `anxiety`
6. Repeat points 4-5 for `math_grade`
7. DESC: Compute the **between-cluster (lv2) correlation** from the wide-form dataset (1 row per cluster)
8. DESC: Compute the **within-cluster (lv1) correlation** from the long-form dataset (1 row per individual obs.)

# Hands on

1. Download and read the file `studentData.csv`
2. DESC: Compute the mean and SD of `anxiety` and `math_grade`; compute the number of students per `classID`
3. Compute the **cluster mean** for `anxiety` using `aggregate()` → wide-form
4. Join the cluster means to the long-form:  
`plyr::join(long,wide,by="cluster")`
5. Compute the **cluster-mean-centered** values of `anxiety`
6. Repeat points 4-5 for `math_grade`
7. DESC: Compute the **between-cluster (lv2) correlation** from the wide-form dataset (1 row per cluster)
8. DESC: Compute the **within-cluster (lv1) correlation** from the long-form dataset (1 row per individual obs.)
9. Fit a null multilevel model with the `lme4` package:  
`m0 <- lmer(y ~ (1|cluster), data)`  
and get  $\sigma^2$ : `summary(m0)$sigma^2`  
and  $\tau_{00}^2$ : `summary(m0)$varcor$ID[[1]]`

# Hands on

1. Download and read the file `studentData.csv`
2. DESC: Compute the mean and SD of `anxiety` and `math_grade`; compute the number of students per `classID`
3. Compute the **cluster mean** for `anxiety` using `aggregate()` → wide-form
4. Join the cluster means to the long-form:  
`plyr::join(long,wide,by="cluster")`
5. Compute the **cluster-mean-centered** values of `anxiety`
6. Repeat points 4-5 for `math_grade`
7. DESC: Compute the **between-cluster (lv2) correlation** from the wide-form dataset (1 row per cluster)
8. DESC: Compute the **within-cluster (lv1) correlation** from the long-form dataset (1 row per individual obs.)
9. Fit a null multilevel model with the `lme4` package:  
`m0 <- lmer(y ~ (1|cluster), data)`  
and get  $\sigma^2$ : `summary(m0)$sigma^2`  
and  $\tau_{00}^2$ : `summary(m0)$varcor$ID[[1]]`
10. DESC: Compute and interpret the ICC  
 $= \tau_{00}^2 / (\tau_{00}^2 + \sigma^2)$

# That's all for now!

## Questions?

### Homework (optional):

- read the slides presented today  
and write in the Moodle forum if you have any doubts
- **exeRcises 6-7** from `exeRcises.pdf`

---

For each exercise, the solution (or one of the possible solutions) can be found in dedicated chunk of commented code within the `exeRcises.Rmd` file

# Credits

The present slides are partially based on:

- Altoè, G. (2023) Corso Modelli lineari generalizzati ad effetti misti - 2023.  
<https://osf.io/b7tkp/>
- Beaujean, A. A. (2014) Latent Variable Modeling Using R. A Step-by-Step Guide. New york: Routledge
- Finch, W. H., Bolin, J. E., Kelley, K. (2014). Multilevel Modeling Using R (2nd edition). Boca Raton: CRC Press
- Pastore, M. (2015). Analisi dei dati in psicologia (e applicazioni in R). Il Mulino.

# Useful resources on multilevel modeling

- Bates, D. (2022). lme4: Mixed-effects modeling with R.  
<https://stat.ethz.ch/~maechler/MEMo-pages/lMMwR.pdf>
- Baayen, R. H., Davidson, D. J., & Bates, D. M. (2008). Mixed-effects modeling with crossed random effects for subjects and items. *Journal of memory and language*, 59(4), 390-412.
- Bliese, P. (2022). Multilevel modeling in R (2.7).  
[https://cran.r-project.org/doc/contrib/Bliese\\_Multilevel.pdf](https://cran.r-project.org/doc/contrib/Bliese_Multilevel.pdf)
- McElreath, R. (2020). Statistical rethinking: A Bayesian course with examples in R and Stan. Chapman and Hall/CRC.
- Pinheiro, J., & Bates, D. (2006). Mixed-effects models in S and S-PLUS. Springer science & business media.



## Papers on specific topics

### Information criteria

- Akaike, H. (1974). A new look at the statistical model identification. *IEEE transactions on automatic control*, 19(6), 716-723. <https://doi.org/10.1109/TAC.1974.1100705>
- Vrieze, S. I. (2012). Model selection and psychological theory: a discussion of the differences between the Akaike information criterion (AIC) and the Bayesian information criterion (BIC). *Psychological methods*, 17(2), 228. <https://psycnet.apa.org/doi/10.1037/a0027127>

## Online resources on specific topics

- Jason Fernando (2023) R-Squared: Definition, Calculation Formula, Uses, and Limitations. Available at [this link](#)

# Achronyms & Greek letters

- AIC: Akaike Information Criterion
- BIC: Bayesian Information Criterion
- ICC: intraclass correlation coefficient
- LM: linear models
- CI: confidence intervals
- MLE: maximum likelihood estimator
- OLS: ordinary least squares
- NHST: null hypothesis significance testing
- SD: standard deviation
- SE: standard error
- SS: sum of squares
- $\beta = \textit{beta}$ , indexing population-level intercept ( $\beta_0$ ) and slope ( $\beta_1$ ,  $\beta_2$ , etc.) parameters
- $\epsilon = \textit{epsilon}$ , indexing population-level errors to be estimated based on model residuals
- $\lambda = \textit{lambda}$ , indexing random effects (cluster-specific deviation from fixed coefficients)
- $\sigma = \textit{sigma}$ , indexing the variance  $\sigma^2$  of population-level errors (or model residual)
- $\mathcal{N}$  = capital *nu*, indexing that a variable is normally distributed
- $\rho = \textit{rho}$ , indexing the correlation between random effects
- $\tau = \textit{tau}$ , indexing the variance of the random effects

# Achronyms & Greek letters

- AIC: Akaike Information Criterion
- BIC: Bayesian Information Criterion
- ICC: intraclass correlation coefficient
- LM: linear models
- CI: confidence intervals
- MLE: maximum likelihood estimator
- OLS: ordinary least squares
- NHST: null hypothesis significance testing
- SD: standard deviation
- SE: standard error
- SS: sum of squares
- $\beta = \textit{beta}$ , indexing population-level intercept ( $\beta_0$ ) and slope ( $\beta_1$ ,  $\beta_2$ , etc.) parameters
- $\epsilon = \textit{epsilon}$ , indexing population-level errors to be estimated based on model residuals
- $\lambda = \textit{lambda}$ , indexing random effects (cluster-specific deviation from fixed coefficients)
- $\sigma = \textit{sigma}$ , indexing the variance  $\sigma^2$  of population-level errors (or model residual)
- $\mathcal{N} = \textit{capital nu}$ , indexing that a variable is normally distributed
- $\rho = \textit{rho}$ , indexing the correlation between random effects
- $\tau = \textit{tau}$ , indexing the variance of the random effects
- ciao