## Midterm + HW4 Recitation

Nidhi Hegde, Lawrence Jang

### **Table of Contents**

#### Midterm Review

- Policy Gradient Methods
- Advanced Policy Gradient Methods (AWR, PPO, DDPG, TD3, SAC)
- Practice Questions

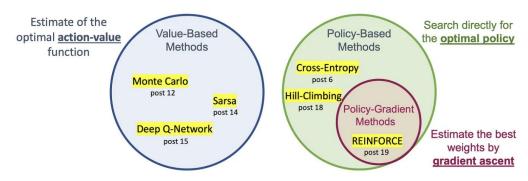
#### **HW4** Overview

- CMAES
- Imitation Learning
- Diffusion as Policy

### Topics to Know for Midterm

- Everything covered till the lecture on Sep 29th is fair game
- Value-Based Methods (Recitation 3)
- Policy Gradients and Actor Critic Methods (Recitation 2)
- We will cover Advanced PG today

### Policy-Gradient Methods



- Value-based methods: learn a value function (an optimal value function leads to an optimal policy)
  - Goal: minimize the loss between the predicted and target value
  - Policy is implicit as it is generated directly from the value function (e.g. eps-greedy from Q-function)
  - Examples: DQN, SARSA
- Policy-based methods: learn to approximate optimal policy directly (without learning a value function)
  - Parameterize the policy, e.g. using a neural network
  - Policy outputs a probability distribution over actions (stochastic policy)
  - Goal: maximize the performance of the parameterized policy using gradient ascent

### REINFORCE (Monte-Carlo PG) - Algorithm

REINFORCE, or Monte Carlo policy-gradient, uses an estimated return from an entire episode to update the policy parameter  $\theta$ .

0. Initialize policy parameters  $\theta$ 



1. Sample trajectories  $\{\tau_i = \{s_t^i, a_t^i\}_{t=0}^T\}$  by deploying the current policy  $\pi_{\theta}(a_t | s_t)$ .

2. Compute gradient vector 
$$\nabla_{\theta} U(\theta) \approx \hat{g} = \frac{1}{N} \sum_{i=1}^{N} \sum_{t=1}^{T} \nabla_{\theta} \log \pi_{\theta}(a_t^{(i)} | s_t^{(i)}) G_t^{(i)}$$

Approximate the gradient with the empirical estimate from N sampled trajectories

Gradient Estimator expected to be unbiased (~N samples) and have low variance

What does the term  $\Sigma_t \log \pi_\theta(a_t^{(i)} | s_t^{(i)})$  resemble? Think in terms of MLE: "log-likelihood of actions under the policy"

Multiplying by G reweights the likelihood ("reward-weighted maximum likelihood")

### REINFORCE - Baseline: Algorithm

```
Initialize policy parameter \theta, baseline b
for iteration=1, 2, \cdots do
  Collect a set of trajectories by executing the current policy
 At each timestep t in each trajectory \tau^i, compute
   Return G_t^i = \sum_{t'=t}^{T-1} r_{t'}^i, and
   Advantage estimate \hat{A}_t^i = G_t^i - b(s_t).
 Re-fit the baseline, by minimizing \sum_{i} \sum_{t} ||b(s_t) - G_t^i||^2,
  Update the policy, using a policy gradient estimate \hat{g},
    Which is a sum of terms \nabla_{\theta} \log \pi(a_t|s_t,\theta) \hat{A}_t.
```

Expectation of the baseline term is 0, so the estimator is still unbiased

### Advantage Actor Critic: Algorithm

Train a value network to estimate the baseline

```
One-step Actor-Critic (episodic), for estimating \pi_{\theta} \approx \pi_*
Input: a differentiable policy parameterization \pi(a|s,\theta)
Input: a differentiable state-value function parameterization \hat{v}(s,\mathbf{w})
Parameters: step sizes \alpha^{\theta} > 0, \alpha^{\mathbf{w}} > 0
Initialize policy parameter \theta \in \mathbb{R}^{d'} and state-value weights \mathbf{w} \in \mathbb{R}^{d} (e.g., to 0)
Loop forever (for each episode):
    Initialize S (first state of episode)
    I \leftarrow 1
    Loop while S is not terminal (for each time step):
         A \sim \pi(\cdot|S, \boldsymbol{\theta})
         Take action A, observe S', R
         \delta \leftarrow R + \gamma \hat{v}(S', \mathbf{w}) - \hat{v}(S, \mathbf{w})
                                                                    (if S' is terminal, then \hat{v}(S', \mathbf{w}) \doteq 0)
         \mathbf{w} \leftarrow \mathbf{w} + \alpha^{\mathbf{w}} \delta \nabla \hat{v}(S, \mathbf{w})
         \boldsymbol{\theta} \leftarrow \boldsymbol{\theta} + \alpha^{\boldsymbol{\theta}} I \delta \nabla \ln \pi(A|S, \boldsymbol{\theta})
         I \leftarrow \gamma I
         S \leftarrow S'
```

### Policy-based methods, pros and cons

#### **Pros**

- We can estimate the policy directly without storing additional data
- Policy-gradient methods can learn a stochastic policy
  - We don't need to implement an exploration/exploitation trade-off by hand
- More effective in high-dimensional action spaces and continuous action spaces
- Better convergence properties

#### Cons

- Converges to a local maximum sometimes
- Slower, step-by-step: it can take longer to train (inefficient)
- Gradient estimate is very noisy: there is a possibility that the collected trajectory may not be representative of the policy

### Big Picture Table

Method	On/Off Policy?	Bootstraps?
Monte Carlo Methods	On*	N
SARSA	On*	Y
Expected SARSA	Either	Y
Q-Learning	Off	Υ
REINFORCE	On*	N
Actor Critic, A2C	On*	Υ

<sup>\*</sup> can be made off policy with importance sampling

### Value Based vs Policy Gradients

Value-based methods (e.g. Q-learning) struggle with:

- Large/continuous action spaces
- Instability in function approximation

#### Policy Gradients offer:

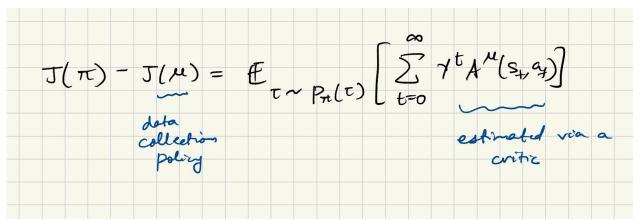
- Direct optimization of the policy.
- Can learn stochastic Policies
- Naturally handle continuous actions (think how?)

#### Problems:

- High-variance (e.g. REINFORCE)
- Sample Efficiency (on-policy constraints)

# Advanced Policy Gradients

### Policy Difference Lemma

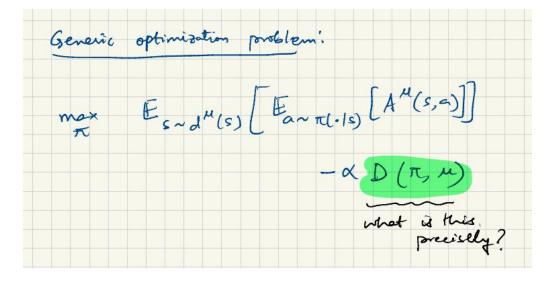


- 2 policies: π and μ
- J(.) -> expected return from a policy
- A(s,a) -> Advantage under µ (also learned via critic network)

$$J(\pi)-J(\mu)=rac{1}{1-\gamma}\;\mathbb{E}_{s\sim d^\pi,a\sim\pi}[A^\mu(s,a)].$$

Distribution over Trajectories => State Visitation frequencies

Approximation: assuming state distribution under the 2 policies are similar (can ignore the importance weight)



TV distance is upper bounded by sqrt(KL Divergence/2) (Pinsker's Inequality)

KL is not symmetric

KL ( $\pi \parallel \mu$ ) -> AWR

KL ( $\mu \mid\mid \pi$ ) -> TRPO, PPO

### Advantage Weighted Regression

Actions with higher advantage get exponentially more probability mass. β is like a temperature controlling how aggressive the update is

$$\pi(a|s) \; \propto \; \mu(a|s) \, \exp\!\left(rac{1}{eta}A^{\mu}(s,a)
ight).$$

Think: is AWR off-policy or on-policy?

- Input: replay buffer of transitions (s, a, r, s').
- Step 1: Estimate value function  $V^{\pi}(s)$  (e.g., via TD learning or fitted V).
- Step 2: Compute advantage estimates:

$$A^\pi(s,a) = Q^\pi(s,a) - V^\pi(s).$$

- Step 3: Weight each action by  $w(s,a) = \exp(rac{1}{eta}A^\pi(s,a))$  .
- Step 4: Update the policy network  $\pi_{\theta}$  with weighted log-likelihood loss.

### **Proximal Policy Optimization**

In PG methods, too large updates -> instability

Idea: prevent the policy from changing too much without doing explicitly KL-constrained optimization but by clipping

$$\mathbb{E}_{s\sim d_\pi, a\sim\pi}[A^\mu(s,a)] = \mathbb{E}_{s\sim d_\mu, a\sim\mu}\left|rac{d_\pi(s)}{d_\mu(s)}rac{\pi(a|s)}{\mu(a|s)}A^\mu(s,a)
ight|.$$

### **PPO Clipping Objective**

- 1. Collect trajectories using current policy  $\mu=\pi_{\mathrm{old}}.$
- 2. Estimate advantages  $A^{\mu}(s,a)$  (e.g., GAE).
- 3. Optimize clipped surrogate objective  $L^{\mathrm{clip}}(\pi)$ .
- **4.** Update policy, set  $\mu \leftarrow \pi$ .
- 5. Repeat.

$$L^{ ext{clip}}(\pi) = \mathbb{E}_{s,a\sim\mu} \Big[ \minig(r(s,a)A^\mu(s,a), ext{ clip}(r(s,a),1-\epsilon,1+\epsilon)A^\mu(s,a)ig) \Big].$$
  $r = rac{\pi(a|s)}{\mu(a|s)}$ 

- 1. A > 0,  $r < 1 \varepsilon$  -> good action, but new policy is undersampling it
- 2. A > 0,  $r > 1 + \varepsilon$  -> good action, new policy already favoring it (clip)
- 3. A < 0, r < 1  $\varepsilon$  -> bad action, new policy already avoids it (clip)
- 4. A < 0, r > 1 +  $\varepsilon$  -> bad action, new policy favors it, so bring it down

Idea of PPO: allow "corrective updates", but don't correct aggressively!

### **Exercises**

Q1: Given a discrete action space and a feature vector  $\phi(s,a)$  for each state-action pair, how would you parameterize a policy for a policy gradient algorithm?

Q2: If training a robot arm with continuous actions -- DQN, REINFORCE, or PPO? Why?

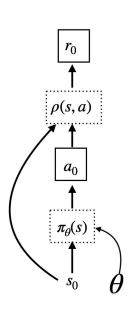
### DDPG (Deep Q-Learning + Policy Gradients) - 2015

Off-policy AC method, designed for continuous action spaces.

Learns deterministic policy

Exploration: by adding noise to actions

$$\mathbb{E} \sum_{t} \frac{dQ(s_t, a_t)}{d\theta} = \mathbb{E} \sum_{t=1}^{T} \frac{dQ(s_t, a_t)}{da_t} \frac{da_t}{d\theta}$$



$$a = \pi_{\theta}(s)$$

### DDPG algorithm

Target Values: Soft updates to both actor and critic networks

Critic update (Bellman error):

$$L(\phi) = \mathbb{E}_{(s,a,r,s') \sim \mathcal{D}} \Big[ ig( Q_{\phi}(s,a) - y ig)^2 \Big]$$

where

$$y = r + \gamma Q_{\phi'}ig(s', \pi_{ heta'}(s')ig).$$

Actor update (Deterministic Policy Gradient):

$$abla_{ heta}J(\pi_{ heta}) = \mathbb{E}_{s\sim\mathcal{D}}\Big[
abla_{ heta}\pi_{ heta}(s)\,
abla_{a}Q_{\phi}(s,a)ig|_{a=\pi_{ heta}(s)}\Big].$$

Target networks:

$$\phi' \leftarrow \tau \phi + (1 - \tau) \phi', \quad \theta' \leftarrow \tau \theta + (1 - \tau) \theta'.$$

Problem: unstable, overestimates Q, exploration hard

## TD3- Twin Delayed Deep Deterministic Policy Gradient (2018)

Aims to fix training instability and overestimation bias in DDPG.

#### Idea:

- 1. Train 2 critic networks, and define the target to use the minimum of the two
- Delayed Policy Update- let the critic stabilize before the actor chases (update every d steps)
- 3. Smoothen critic targets by adding clipped noise

### Soft Actor-Critic (SAC) - 2018

Stochastic Policy: Gaussian (natural exploration)

$$J(\pi) = \mathbb{E} \Big[ \sum_t r(s_t, a_t) + lpha \, \mathcal{H}(\pi(\cdot|s_t)) \Big]$$

Adds Entropy Regularization – Max Entropy RL (α is the temperature parameter that determines the relative importance of the entropy term versus the reward, controlling the stochasticity of the optimal policy)

### Comparison

Algorithm	On/Off Policy	Regularizer	Exploration	Stability	Use Case
AWR	Off-policy	KL (reverse, exponential reweight)	Low	High	Imitation, offline RL
PPO	On-policy	KL (clipping)	Medium	High	Robust baseline
TRPO	On-policy	KL (constraint)	Medium	Very High	Theory-focused
SAC	Off-policy	Entropy + Q	High	High	Continuous control
DDPG	Off-policy	None	Low	Low	Baseline, simple tasks