

Programme Descriptor: Award in Foundations of English for Foreigners

MQF Level: 1 | **Total ECTS:** 5 | **Delivery Mode:** Face-to-Face | **Language:** English
Target Audience: Foreign nationals seeking to build confidence in everyday English communication.

Programme Overview

This beginner-level course helps non-native speakers build foundational English skills for everyday life, work, and integration into English-speaking communities. Lessons focus on listening, reading, writing, and speaking through relatable and practical topics.

Learning Mode & Duration

- In-person, classroom-based sessions
- Approximate duration: **10 weeks (part-time)**
- **Total Learning Hours:** 125 (contact hours + self-study)

Modules and Content

1. Talking About You and Your World
2. Everyday Life: Family, Friends, and You
3. Outdoor English: Places and Directions
4. English for Work and Daily Tasks
5. Final Review and Language Celebration

Learning Outcomes

You will learn to:

- Understand and use basic English grammar and vocabulary
- Communicate simple ideas and information
- Respond to everyday questions and instructions

- Write basic personal information and short messages
- Build listening and pronunciation skills

Assessment

- Group speaking activity
- Listening and comprehension tasks
- Vocabulary and grammar exercises
- Portfolio of short written texts
- Attendance: 80% minimum required

Entry Requirements

- No previous English qualification required
- Minimum age: 16
- Basic literacy skills preferred

Career Pathways

Supports learners in:

- Entering basic customer service or hospitality roles
- Progressing to further English language study (e.g., MQF Level 2 or IELTS preparation)

Core Reading List

Empower Starter/A1 Student's Book with Digital Pack 2nd Edition by Adrian Doff, Craig Thaine, Herbert Puchta, Jeff Stranks, Peter Lewis-Jones (2022) ISBN 978-1108961691

Supplementary Reading List

Empower Starter/A1 Workbook with Answers 2nd Edition by Rachel Godfrey (2022) ISBN 978-1108961721