

## **Programme Descriptor: Diploma in Developing Leaders**

**MQF Level:** 5 | **Total ECTS:** 60 | **Delivery Mode\*\*:** Face-to-Face | **Language:** English

**Target Audience:** Emerging leaders and professionals looking to develop applied leadership skills across sectors.

## **Programme Overview**

This applied diploma equips learners with strategic, interpersonal, and operational leadership skills. It blends theory, reflection, and practice to prepare individuals for supervisory, managerial, or leadership roles.

## **Learning Mode & Duration**

- In-person, face-to-face instruction
- Approximate duration: **12 months (full-time)**
- **Total Learning Hours:** 1500 (including project and self-study)

## **Modules and Content**

1. Personal Development and Self-Awareness
2. Leading People and Teams
3. Managing Performance and Results
4. Strategic Thinking and Financial Leadership
5. Innovation, Change and Impact
6. Leadership Research Project

## **Learning Outcomes**

You will learn to:

- Reflect on and apply leadership styles
- Manage team dynamics and interpersonal conflict



- Use strategic and financial data to inform decisions
- Deliver performance outcomes in ethical ways
- Lead innovation and drive sustainable change
- Plan and complete a leadership project

### **Assessment**

- Presentations and group assignments
- Case studies and reflective journals
- Written assessments
- Applied leadership project (final module)

### **Entry Requirements**

- MQF Level 4 qualification or equivalent
- Minimum age: 21
- Prior work or volunteer experience preferred
- English language proficiency (spoken and written)

### **Career Pathways**

Graduates may progress into:

- Middle or senior management roles
- Team leadership in public or private sectors
- Further study at MQF Level 6 or beyond

### **Core Reading List**

- Brown, J. (2021), How to Be an Inclusive Leader: Your Role in Creating Cultures of Belonging Where Everyone Can Thrive, Berrett-Koehler Publishers
- Covey S. (2020) The 7 Habits of Highly Effective People, 30th Anniversary Edition, Simon & Schuster

- Covey S. (2020) The 7 Habits of Highly Effective People: Guided Journal: (Goals Journal, Self-Improvement Book), Simon & Schuster
- Covey, S., (2022) Trust and Inspire: How Truly Great Leaders Unleash Greatness in Others, Simon & Schuster
- Goleman D. (2020) Emotional Intelligence, 25th Anniversary Edition, Bloomsbury Publishing
- Kouzes J.M & Posner B.Z. (2023) The Leadership Challenge, 7th edition, Jossey Bass

### **Supplementary Reading List**

- Harvard Business Review Emotional Intelligence Series, (2019), Self Awareness, HBR Press
- Trenton, N., (2021), Stop Overthinking: 23 Techniques to Relieve Stress, Stop Negative Spirals, Declutter Your Mind, and Focus on the Present (The Path to Calm), Independent