$Variational\ methods\ for\ the\ Navier-Stokes\ equations\ {\scriptstyle (working\ title)}$

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August 2, 2021

Contents

\mathbf{C}	onter	nts	1
1	Cor	ntinuum mechanics	3
	1.1	Newton's laws of motion	3
		1.1.1 Symmetry, momenta, and inertia	3
	1.2	The Euler-Lagrange equations: From $F = ma$ to $\frac{\partial \mathcal{L}}{\partial q} - \frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{q}} = 0$	4
			4
		1.2.2 The first variation of a functional	4
		1.2.3 From the Lagrangian to the equations of motion	4
		1.2.4 Why —?	5
	1.3	The kinematics of the continuum	
		1.3.1 Continuity equations and conservation laws	5
		1.3.2 The Reynolds transport theorem	6
		1.3.3 Incompressible and compressible transport	8
		1.3.4 Transport of vector and tensor quantities	8
	1.4	The dynamics of the continuum	9
		1.4.1 Position maps	10
	1.5	The dynamics of the continuum	
	1.6	The continuum hypothesis and constitutive relations	10
	1.7	Lagrangians of Cauchy momentum equations	10
2	The	e Navier-Stokes equations	11
3	The	e finite element method	13
	3.1	Discretizing variational principles	13
B	iblios	rraphy	15

Chapter 1

Continuum mechanics

Corpus omne perseverare in statu suo quiescendi vel movendi uniformiter in directum, nisi quatenus a viribus impressis cogitur statum suum mutare.

Mutationem motus proportionalem esse vi motrici impressae, \mathcal{E} fieri secundum lineam rectam qua vis illa imprimitur.

Actioni contrariam semper \mathcal{E} aequalem esse reactionem: sive corporum duorum actiones in se mutuo semper esse aequales \mathcal{E} in partes contrarias dirigi.

Newton [1]

1.1 Newton's laws of motion

Newton's three laws, namely those of inertia, force, and equilibrium, have found universal success in application to mechanical systems such as the pendulum, the motion of an rigid body, the evolution of a bending beam, and, as we shall see, the motion of fluid. *Mechanics* could be thought of as the study of physical motion, but the word "physical" might be misleading. Newton's principles are mathematical in nature, applicable to the study of motion in a general sense as some unambiguously measurable state which evolves in time.

1.1.1 Symmetry, momenta, and inertia

Mechanics as a theory of physical motion will require a definition of physical motion. A first attempt might be to posit that "physical states" are representable as points in a finite-dimensional manifold, which we call the configuration space X, which is the case for typical notions of state such as the two angles in a double pendulum, or the position and orientation of a rigid body. We might define a motion as a continuous time-parameterized curve

$$\gamma: [t_1, t_2] \to X.$$

(— motivation of F=ma, and momenta as fundamental quantity). We start in the middle:

Total force = change of momentum.
$$(1.1)$$

In this form, Newton's second law of motion states that a (non-explanatory) measurement of change of momentum will be called "force".

The Euler-Lagrange equations: From F=ma to $\frac{\partial \mathcal{L}}{\partial q}-\frac{d}{dt}\frac{\partial \mathcal{L}}{\partial \dot{q}}=0$ 1.2

1.2.1 A Lagrangian of a mechanical system

Force is an intensive measurement of the change in momentum. In the language of calculus,

$$\int_{s_1}^{s_2} F \, dt = \mathcal{P}(s_2) - \mathcal{P}(s_1) \tag{1.2}$$

for all time subintervals $[s_1, s_2] \subset [t_1, t_2]$. If we restrict F to be conservative and a function only of position q, then we may let $F = -\frac{\partial V}{\partial q}$ for some potential function V. Suppose also that $\mathcal{P} = \frac{\partial T}{\partial \dot{q}}$ for some potential function (called the "kinetic energy") independent of position q. We then define a Lagrangian of the mechanical system to be

$$\mathcal{L}(q, \dot{q}, t) = T(\dot{q}, t) - V(q, t) = \text{kinetic - potential.}$$

By definition, we have the force equation (1.2) as

$$-\int_{s_1}^{s_2} \frac{\partial \mathcal{L}}{\partial q} dt = \frac{\partial \mathcal{L}}{\partial \dot{q}}(s_2) - \frac{\partial \mathcal{L}}{\partial \dot{q}}(s_1).$$

The step toward the calculus of variations (—)

$$\int_{s_1}^{s_2} \frac{\partial \mathcal{L}}{\partial q} h \, dt + \int_{s_1}^{s_2} \frac{\partial \mathcal{L}}{\partial \dot{q}} \frac{dh}{dt} \, dt = 0 \quad \equiv \quad \left\langle \frac{\partial \mathcal{L}}{\partial q}, h \right\rangle + \left\langle \frac{\partial \mathcal{L}}{\partial \dot{q}}, \frac{dh}{dt} \right\rangle = 0. \tag{1.3}$$

Adjointness of differential operator $\frac{d}{dt}$ to $-\frac{d}{dt}$, and integration by parts. (—) By linearity, we then get the reformulation of (1.3) as

$$\left\langle \frac{\partial \mathcal{L}}{\partial q} - \frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{q}}, h \right\rangle = 0$$

for all perturbation functions h.

The first variation of a functional 1.2.2

In the calculus of variations, $\frac{\partial \mathcal{L}}{\partial q} - \frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{q}}$ is an instance of the *Gâteaux derivative*, also called the "first variation" of the functional

$$S[q] := \int_{t_1}^{t_2} \mathcal{L}(q, \dot{q}, t) dt.$$

The first variation measures response of the value of S, called the *action*, to perturbations of the (differentiable) input function q, and is denoted

$$\frac{\delta S}{\delta q(t)} \coloneqq \frac{\partial \mathcal{L}}{\partial q} - \frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{q}}.$$
 (1.4)

The first variation is linear in the perturbation function, and so another term for the Gâteaux derivative could be "functional gradient". Setting this to zero gives the Euler-Lagrange equations, and the practice of determining trajectories of motions as stationary curves of the action is called the "principle of stationary action".

1.2.3 From the Lagrangian to the equations of motion

In the framework of Lagrangian mechanics, $\mathcal{P}\coloneqq \frac{\partial \mathcal{L}}{\partial \dot{q}}$ is the momentum. If there are ddegrees of freedom in the mechanical system, and we suppose that q_1, \dots, q_d are (local) variables of state, then we say that $\mathcal{P}_i := \frac{\partial \mathcal{L}}{\partial \dot{q}_i}$ are *conjugate* to the q_i .

(—) By inducing the equations of motion by a Lagrangian, we get systems with a

"physical interpretation" with "physically meaningful" force measurements.

1.2.4 Why —?

These variational ideas appear because, no matter if our configuration space is finite-dimensional, time forms a continuum, and therefore if we globally consider the calculus of the motion as a whole, it must be a "variational" calculus. (—)

(—) Physical process, conservation laws, conservative forces (hint at thermodynamics limiting the range of stress tensors?)

When we consider mechanical models of continuum processes, we will see that these same ideas appear in the spatial dimensions too. A variational understanding of a continuum mechanics model leads very easily to a class of methods called Galerkin methods for solving the corresponding (PDE) equations of motion.

1.3 The kinematics of the continuum

Before considering continuum processes in the framework of Newtonian and Lagrangian mechanics, we will look at a fundamental notion of a "motion" of a point in a function space. Many continuum models in physics, such as the heat equation, Maxwell's equations, and the equations of fluid motion, are formed by *continuity equations*. These laws posit that the evolution of the state (represented by a function) is due to the transport of the quantity that the function measures, which is either pushed around (by some flux either predetermined or dependent on the current state) or created and destroyed at sources and sinks.

(— figure of some manifold embedded in space, and some vector field pushing quantity around)

We consider here the transport of quantities (scalar, vector, and tensor) on a general finite-dimensional manifold M, colloquially called "the continuum". All transporting vector fields (or flux functions) are considered to be tangent to this manifold M.

1.3.1 Continuity equations and conservation laws

The integral form of a continuity equation

Consider some spatial quantity on M, ϕ , and a flux function j which by which this quantity flows around M. For clarity, we will begin by specializing ϕ to be a scalar, although later we will find it useful to transport vector quantities such as momentum. By definition we want this flux function to just push quantity around, and not create or destroy it: the creation and destruction of quantity is determined by some arbitrary source function s (of the same kind as ϕ). These variables are related by the continuity condition

$$\frac{d}{dt} \int_{\Omega_0} \phi \, dx = \int_{\partial \Omega_0} \phi j \cdot (-\hat{n}) \, dx + \int_{\Omega_0} s \, dx. \tag{1.5}$$

for arbitrary control volumes Ω_0 in the continuum. The term $-\hat{n}$ denotes the inward-pointing normal to the boundary of the control volume. This simply says that the change in the total quantity in the fixed control volume is accounted for exactly by that quantity pushed through the boundary by the flux function j, and the internal sources and sinks of quantity s.

The differential form of a continuity equation

A common technique in continuum modelling is the use of Stokes' theorem to simplify integral expressions. Equation (1.5) becomes

$$\frac{\partial \phi}{\partial t} = -\nabla \cdot (\phi j) + s \tag{1.6}$$

assuming that ϕj is sufficiently differentiable such that the limiting integral exists. It should be noted that Stokes' theorem and its specializations are really definitions of pointwise quantities such as the divergence and curl as limits of these integral expressions for arbitrarily small regions. Continuity relations are most naturally expressed in form (1.5), while the form (1.6) may be more useful for techniques such as finite differences. For example, it is a theorem of Gauss that in Euclidean space $(M = \mathbb{R}^3)$ we have

$$\nabla \cdot j = \frac{\partial j_x}{\partial x} + \frac{\partial j_y}{\partial y} + \frac{\partial j_z}{\partial z},\tag{1.7}$$

and we get (1.6) in the form

$$\frac{\partial \phi}{\partial t} = -\nabla \phi \cdot j - \phi \left(\frac{\partial j_x}{\partial x} + \frac{\partial j_y}{\partial y} + \frac{\partial j_z}{\partial z} \right) + s, \tag{1.8}$$

by the product rule. As one equation in a system of PDEs, (1.8) is readily discretized by finite differences. For example, using forward difference in time and central differences in space, our discrete scheme is

$$\frac{\phi(t + \Delta t) - \phi(t)}{\Delta t} = -\frac{\phi(\hat{x} + e_1 \Delta x/2) - \phi(\hat{x} - e_1 \Delta x/2)}{\Delta x} j_x$$

$$-\frac{\phi(\hat{x} + e_2 \Delta y/2) - \phi(\hat{x} - e_2 \Delta y/2)}{\Delta y} j_y$$

$$-\frac{\phi(\hat{x} + e_3 \Delta z/2) - \phi(\hat{x} - e_3 \Delta z/2)}{\Delta z} j_z$$

$$-\frac{j_x(\hat{x} + e_1 \Delta x/2) - j_x(\hat{x} - e_1 \Delta x/2)}{\Delta x} \phi$$

$$-\frac{j_y(\hat{x} + e_2 \Delta y/2) - j_y(\hat{x} - e_2 \Delta y/2)}{\Delta y} \phi$$

$$-\frac{j_z(\hat{x} + e_3 \Delta z/2) - j_z(\hat{x} - e_3 \Delta z/2)}{\Delta z} \phi + s.$$
(1.9)

Later, when we discuss numerical methods for solving continuum models, we will not take this route. The methods of interest, *Galerkin* methods, work naturally with the integral form (1.5). It will be seen later that some constructions in the presentation of Galerkin methods, such as the "weak form" of a PDE, simply undo the differentialization of the original integral form of physical PDEs. (— note: Maybe not exactly, as the integral conservation is quantified over regions, while the weak form is quantified over test functions, which still need to be sufficiently differentiabile. But I think that this must express the same continuity relation.)

1.3.2 The Reynolds transport theorem

The integral form of Reynolds transport

With our integral formulation of a continuity relation (1.5), the control volume Ω_0 is fixed. We may change our perspective by considering, in addition to the flux function j (which transports quantity ϕ), another vector field \hat{u} which will transport our control volume Ω_0 . The rate of change of some time-dependent quantity γ in this *moving* control volume is expressed as

$$\frac{d}{dt} \int_{\Omega_0(t)} \gamma \, dx,\tag{1.10}$$

where $\Omega_0(t)$ implicitly denotes that Ω_0 is being transported under the flow of \hat{u} . Clearly, this rate of change of quantity γ is due to the motion of the control volume (— draw a

picture of positive and negative contributions at the boundary), as well as internal changes of γ inside the (fixed) control volume. The formal expression of these contributions to the rate of change (1.10) is

$$\frac{d}{dt} \left[\int_{\Omega_0(t)} \gamma \, dx \right] \bigg|_{t=0} = \int_{\Omega_0(0)} \frac{\partial \gamma}{\partial t} \, dx + \int_{\partial \Omega_0(0)} \gamma \hat{u} \cdot \hat{n} \, dx. \tag{1.11}$$

This result is called the *Reynolds transport theorem*, a generalization of Feynman's popularized "differentiation under the integral sign" [10], otherwise named the Leibniz integral rule.

The differential form of Reynolds transport

In the limit, with the routine application of Stokes' theorem, we can differentialize (1.11) to get

$$\frac{d_{\hat{u}}\gamma}{d_{\hat{u}}t} = \frac{\partial\gamma}{\partial t} + \nabla\cdot(\gamma\hat{u}),\tag{1.12}$$

where $\frac{d_{\hat{u}}}{d_{\hat{u}}t}$ denotes a "convective derivative" with respect to \hat{u} , which measures the change in volume of a quantity when a small control volume around the point of evaluation is moved, expanded or contracted by the flow field \hat{u} . (— notation and terminology? This is not a material derivative, since the divergence of the flow field is considered to expand/contract the small control volume).

Reynolds transport applied to a continuity equation

Letting our quantity γ in (1.11) be the quantity ϕ transported by flux function j (described in continuity equation (1.5)), we get a specialized form of the Reynolds transport theorem for continuity equations. Term $\frac{\partial \gamma}{\partial t}$ in (1.11) becomes $\frac{\partial \phi}{\partial t}$ in the differential form of the continuity equation (1.6), giving

$$\frac{d}{dt} \left[\int_{\Omega_0(t)} \phi \, dx \right] \Big|_{t=0} = \int_{\Omega_0(0)} -\nabla \cdot (\phi j) + s \, dx + \int_{\partial \Omega_0(0)} \phi \hat{u} \cdot \hat{n} \, dx$$

$$= \int_{\Omega_0(0)} s \, dx + \int_{\partial \Omega_0(0)} \phi (\hat{u} - j) \cdot \hat{n} \, dx$$
(1.13)

by Stokes' theorem. This has a clear interpretation. The $\hat{u} - j$ term is due to us wanting to measure the contributions to the total ϕ due to the moving boundary of Ω_0 , where the motion that matters is *relative* to the flux of the quantity j. Specifically, if we move the control volume by the same flux function j (letting $\hat{u} = j$), we get

$$\frac{d}{dt} \left[\int_{\Omega_0(t)} \phi \, dx \right] \bigg|_{t=0} = \int_{\Omega_0(0)} s \, dx. \tag{1.14}$$

In fact, (1.14) is just another form for the conservation law (1.5), where the "frame of reference" for measurement of ϕ follows the transport of ϕ . This simply means that as we follow some volume of quantity original situated in Ω_0 , a conservation law posits that the only change detected is due to the source function s. In differential form (1.14) becomes

$$\frac{d_j\phi}{d_jt} = s, (1.15)$$

a succint equivalent to (1.6). The idea of following the flow while making measurements is called the *Lagrangian* perspective, in contrast to the *Eulerian* (fixed) perspective. Before describing these notions of flow, we first investigate the property of incompressibility.

1.3.3 Incompressible and compressible transport

Analogous to constraints on the motion of a finite mechanical system, (— section on Lagrangian mechanics should have an example of constraints of motion for a pendulum) we can constrain possible movement of our continuous quantity to *incompressible transport*. Much like how, in the framework of Lagrangian mechanics, constraints on motion are implicitly enforced by strong "virtual forces", constraining transport to be incompressible will lead to the notion of *pressure*, when we later consider the dynamics of the continuum.

Incompressibility

Incompressibility is a constraint on the form of a flux function j. By incompressibility we mean that a control volume being transported by j will have constant volume. While j may transport other quantities, we express incompressibility by requiring the flux function to transport a constant "volume quantity" with a corresponding null source function,

$$\phi_{\text{vol}} = 1$$
, $s_{\text{vol}} = 0$.

The corresponding conservation law, in differential form (1.6), is

$$\frac{\partial \phi_{\text{vol}}}{\partial t} = -\nabla \cdot (\phi_{\text{vol}} j) + s_{\text{vol}} \quad \Rightarrow \quad \nabla \cdot j = 0. \tag{1.16}$$

This is our incompressibility constraint on j, and has a clear interpretation, as there is a non-zero divergence of j if and only if there is an inward or outward flux which would contract or expand a transported control volume.

The material derivative

Assuming an incompressible (divergence-free) flux function j which transports quantity ϕ , the "convective derivative" in (1.15) following a control volume becomes

$$\frac{d_j\phi}{d_jt} = \frac{\partial\phi}{\partial t} + \nabla\cdot(\phi j) = \frac{\partial\phi}{\partial t} + j\cdot\nabla\phi + \phi\nabla\mathcal{J}. \tag{1.17}$$

We define the material derivative to be

$$\frac{D}{Dt} := \frac{\partial}{\partial t} + j \cdot \nabla. \tag{1.18}$$

It is a convention to leave the vector field j implicit, as material derivatives are usually taken with respect to some unambiguous velocity field. (— why define this?)

1.3.4 Transport of vector and tensor quantities

All previous discussion on the transport of scalar quantities applies trivially to vector and tensor quantities. This will soonest be of use in the discussion of conservation of momenta, which are vector quantities. However, some notational discussion is needed in order to establish differentialized forms of continuity equations and the Reynolds transport theorem.

Reynolds transport of vector and tensor quantities

For a general tensor quantity Γ , the integral form of Reynolds transport (1.11) is trivially

$$\frac{d}{dt} \left[\int_{\Omega_0(t)} \Gamma \, dx \right] \bigg|_{t=0} = \int_{\Omega_0(0)} \frac{\partial \Gamma}{\partial t} \, dx + \int_{\partial \Omega_0(0)} \Gamma \left(\hat{u} \cdot \hat{n} \right) \, dx. \tag{1.19}$$

The step to the differential form (1.12), however, needs some thought as rearranging

"
$$\Gamma(\hat{u}\cdot\hat{n}) = (\Gamma\hat{u})\cdot\hat{n}$$
"

in order to apply the divergence theorem makes no sense. However, the divergence ∇ -was defined to evaluate the limit of this boundary integral for arbitrarily small Ω_0 . We therefore have a natural generalization of the divergence for arbitrary tensors Ψ , as the limit of the boundary integral of the contraction of Ψ with the outward normal \hat{n} (which is a contravariant vector). The divergence of a rank n tensor is then a rank n-1 tensor,

$$\int_{\Omega_0} \nabla \cdot \Psi \, dx := \int_{\partial \Omega_0} \Psi : \hat{n} \, dx. \tag{1.20}$$

We can then rewrite $\Gamma(\hat{u} \cdot \hat{n})$ in (1.19) as

$$\Gamma\left(\hat{u}\cdot\hat{n}\right) = (\Gamma\otimes\hat{u}):\hat{n},$$

where the tensor product \otimes "defers contraction" of \hat{u} with \hat{n} , by storing it as a component of product tensor $\Gamma \otimes \hat{u}$. This leads to a differentialization of (1.19),

$$\frac{d_{\hat{u}}\Gamma}{d_{\hat{u}}t} = \frac{\partial\Gamma}{\partial t} + \nabla \cdot (\Gamma \otimes \hat{u}). \tag{1.21}$$

(— interpretation of this. This does actually make sense from "first principles" rather than tensor algebra.)

Continuity equations for vector and tensor quantities

With the previous ideas from tensor algebra, it will be easy to describe continuity relations for transport of tensors. The integral form of the scalar continuity equation (1.5), generalized to transported tensor Φ , trivially becomes

$$\frac{d}{dt} \int_{\Omega_0} \Phi \, dx = \int_{\partial \Omega_0} \Phi \left(j \cdot (-\hat{n}) \right) \, dx + \int_{\Omega_0} s \, dx. \tag{1.22}$$

By the same tensor algebra as above we have

$$\Phi(j \cdot (-\hat{n})) = -(\Phi \otimes j) : \hat{n},$$

giving (1.22) differentialized as

$$\frac{\partial \Phi}{\partial t} = -\nabla \cdot (\Phi \otimes j) + s. \tag{1.23}$$

Finally, we may take a Lagrangian perspective on the transport of tensor Φ by letting the boundary transport in (1.21) be the flux function, $\hat{u} = j$, and Γ be the tensor Φ being transported by j, giving

$$\frac{d_j \Phi}{d_j t} = -\nabla \cdot (\Phi \otimes j) + s + \nabla \cdot (\Phi \otimes j) = s. \tag{1.24}$$

(— This shows that tensor transport is a trivial modification of the previous results.)

1.4 The dynamics of the continuum

We consider a time interval $[t_1, t_2]$ in which our physical motions will take place.

1.4.1 Position maps

(— terminology?) We may consider the manifold M as the parametric domain of some points living in an ambient manifold N. We will call this the "position function"

$$x: M \times [t_1, t_2] \to N.$$

In general, x needs not be continuous, differentiable, or invertible — these restrictions are only introduced in accord to the physical meaning of the position map. For example, models of small beam deflections may require continuity, and invertibility to prevent self-intersections.

(—figure of abstract square domain mapping to a bent beam, and a figure of a map from a reference configuration to itself.)

(— discuss continuum modelling). Here we work with position function x and velocity u, rather than q and \dot{q} , but the principles are the same. Let U be some region of, say, \mathbb{R}^2 . We define $x: U \times [t_1, t_2] \to U$ where x is invertible to be the displacement function, where $x(X_0, t)$ gives the (—). The "displacement function" is just the q discussed before. Here, however, the possible states, or displacement functions, exist in an infinite-dimensional configuration space. We define the velocity field $u: U \times [t_1, t_2] \to \mathbb{R}^2$ to be the "differential generator" of the displacement function. This is, again, just an instance of \dot{q} as discussed before. Importantly, x and u are functions of the same domain, and therefore u is a function of the reference configuration. Further, we define $\rho: U \to \mathbb{R}^+$ to be the mass density function, and define our momentum to be $\mathcal{P} = \rho u$. Newton's laws then give

$$\int_{s_1}^{s_2} F \, dt = \rho u(s_2) - \rho u(s_1).$$

No new mechanics has been introduced. We just have a different notion of position (a different, here infinite dimensional, configuration space X) and a relation between velocity variables and the momentum. (—body forces, surfaces forces, Lagrangian and Eulerian specifications, Reynolds tranport theorem, material derivative) From $F = \frac{dp}{dt}$ to $\nabla \cdot \sigma + \rho f = \frac{D(\rho u)}{Dt}$

1.5 The dynamics of the continuum

1.6 The continuum hypothesis and constitutive relations

1.7 Lagrangians of Cauchy momentum equations

— Require conservative body forces and "thermodynamic conditions" on surface forces, such that there exists a Lagrangian.

Chapter 2

The Navier-Stokes equations

Chapter 3

The finite element method

3.1 Discretizing variational principles

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