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Re: Reference letter for Lucas Roman

Dear Selection Committee,

This letter is to recommend Lucas Roman in the highest possible manner. I met Lucas through his father, Veracruz Roman, when Lucas was six years old. His father and I have a shared interest in Latin American music. I have been in contact with Lucas essentially every week since and know Lucas and his character very well. I truly feel Lucas will make an outstanding scholarship recipient.

Lucas is a motivated, cares about scholarship as is evident by his being on the honors and principals lists and receiving an academic excellence award. Lucas truly cares about people and society and his enthusiasm, work ethic, intelligence, and personality are some of the best I have seen in a young man graduating high school. As a university professor, this covers many hundreds of students.

Lucas is very well liked and respected among his friends. He is punctual, cordial and is more than happy to help others. His capacity to interact in a productive manner with people of all ages and stripes is one of his many highlights.

Lucas is incredibly organized. He works hard to ensure that his daily and weekly plans allow for maximum productivity. Lucas wants to do the best work possible. He is more than willing to work the odd hours associated with being a serious student while maintaining a presence in his community.

In speaking with Lucas, he is one of those individuals that takes advice to heart and is grateful for the time taken to discuss, and implement, those that are interesting and important with respect to succeeding at school and in life. This is great to see in a young man. Indeed, part of this stems from Lucas being an excellent communicator. His discussions are relevant, important, clearly stated, yet fun and often funny. He is great at keeping life in perspective. He is able to differentiate what is important from what is not, and to focus on the most important tasks from scholarly, to interacting with friends, to interacting with mentors. Lucas truly does represent himself, and the people and organizations he is associated with, in an ideal manner.

Lucas is on his way to being a great colleague, a great friend, and a leader in his community. He has taken the time to volunteer at the SPCA where he has helped staff feed and

care for animals waiting for adoption. I know Lucas will continue to participate in community building activities throughout his life, it is ingrained in him.

To sum, I endorse Lucas Roman in the highest possible manner. He will make an excellent ambassador and will do you proud.

Sincerely,



Dr. Christopher R. McMaster, PhD, FCAHS
Professor of Pharmacology
Dalhousie University
and
Scientific Director / Directeur Scientifique
CIHR Institute of Genetics / IRSC Institut de Génétique