

$$J_{2} = B + \frac{1}{2}$$
 $J_{1} = \frac{1}{2}$
 $B = 5T$
 $J_{1} = \frac{5T}{2}$
 $J_{2} = \frac{1}{2}$
 $J_{3} = \frac{1}{2}$

$$Ap_1 = Ap_2 = B.T = 5T.T = 5T^2$$

 $A = Ap_2 + Ap_1 = 10T^2$

$$\overline{Y}.(0T^2 = \frac{25T^3}{2} + \frac{55.T^3}{2} = \overline{Y} = 4T -) Y more$$

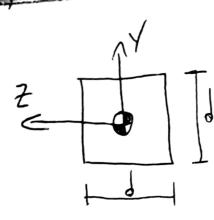
$$d_{1} = (5T + \frac{T}{2}) - \frac{1}{2} = \frac{117}{2} - 4T = \frac{3T}{2} = \frac{5T}{2} - 4T = \frac{-3T}{2}$$

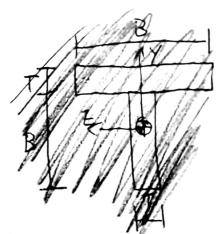
$$I_{7} = B.(T)^{3} + (5T)(T).J_{1}^{2} + T.(5T)^{3} + (5T)(7)J_{2}^{2}$$

$$I_{ZZ} = \frac{5T.T^3}{12} + 5T^2.\left(\frac{3T}{2}\right)^2 + \frac{125.T^3T}{12} + 5T^2.\left(\frac{-3T}{2}\right)^2$$

$$I_{77} = \frac{5.7^{+}}{12} + \frac{45.7^{+}}{12} + \frac{125.7^{+}}{12} + \frac{45.7^{+}}{4}$$

$$II_{22} = \frac{T^{4}}{12} \left(5 + 135 + 125 + 135 \right) = \frac{T^{4}}{12} = \frac{100}{12} = \frac{100}{$$





$$I_{22} = B.(H^3) = \frac{1}{12} = \frac{1}{12} = \frac{1}{12} \rightarrow 1$$

$$WZ = \frac{Izz}{Y_{max}} = \left(\frac{1}{12}\right)\left(\frac{2}{d}\right) = \frac{1}{6}$$

$$W_{\overline{z}} = \frac{13}{6} \rightarrow \frac{13}{6} = \frac{M_{\overline{z}} more}{\sigma_{\overline{x}} \times more}$$

$$d = \frac{3}{6} \frac{6 \cdot M_{Zmax}}{O_{XXmax}} = \frac{3}{6}$$

d = 116, 38 mm/

Esloço dos tensoes normais duando nos seções transvorsais

- OXX mare = - 15 N/mm

MZ

MZ

Oxxmoz = 15N/mm

$$O_{XX}(Y) = \frac{-M_{Z}max}{I_{tz}} Y = \frac{M_{Z}max.3Y}{100.7^4} = \frac{-3934500.43}{100(3182)^3}$$

$$A = J^2 = 116,348^2 = > A = 13536,936 m m^2$$

Exercício Vigo tensão e flação 03

$$\frac{2}{2}$$

$$A = A_1 + A_2 = HT + BT$$

$$A = 117^2 + 97^2 = 207^2$$

$$76.20T^{2} = 11T^{2} \frac{11T}{7} + 9T^{2}(1T+\frac{T}{2})$$

$$\frac{1}{2} \cdot 1207^2 = \frac{121.T^3}{7} + \frac{20T.T^3}{7}$$

$$Y_c = \frac{164T^3}{20T^{22}} = \frac{82}{10}T = \frac{41}{5}T - Y_c = \frac{41.T}{5} = 8.2T$$

$$d_2 = \underbrace{11.5T - 41.2T}_{0} = \underbrace{(5.5 - 8.2)}_{0}T = -27 T = -27T$$

$$d_2 = -27 T = -27T$$

$$d_{1} = (H + \frac{1}{2}) - Y_{c} = \frac{23T}{2} - \frac{141}{5}T = (23.5 - 41.2)T = \frac{33T}{10} = 3.3T$$

$$d_{1} = \frac{33T}{10} = 3.3T$$

$$I_{22} = \frac{87^{3}}{12} + 8 T 61)^{2} + \frac{T14^{3}}{12} + H T.(6)^{2}$$

$$I_{22} = \frac{9}{12} + 9 T^{2} \frac{(33T)^{2}}{12} + \frac{T(11T)^{3}}{12} + (11.T^{2})(-247/10)^{2}$$

$$I_{22} = \frac{9}{12} + \frac{9}{120} + \frac{9801}{100} + \frac{1331T^{4}}{12} + \frac{8019.T^{4}}{100}$$

$$I_{22} = \frac{7^{4}}{1200} (900 + 9801.12 + 1331.100 + 8019.12)$$

$$I_{22} = \frac{344840}{1200} = 289,64.T^{4}$$

$$V_{2} = \frac{7}{12} = \frac{289}{14} = \frac{84.T^{4}}{1200}$$

$$V_{2} = \frac{7}{12} = \frac{289}{14} = \frac{84.T^{4}}{1200} = \frac{289.84.5.T^{3}}{141.775} = \frac{35}{141.775} = \frac{35}{141$$

IZZ= 289,87. (151) = 14674668,75 mmt

