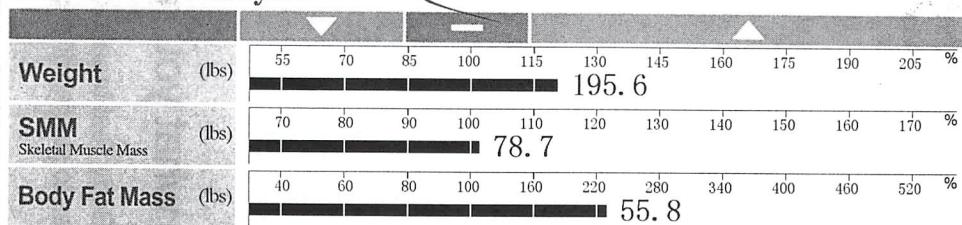


ID 8659192900	Height 6ft. 00. 0in.	Age 34	Gender Male	Test Date / Time 03. 17. 2017 16:30
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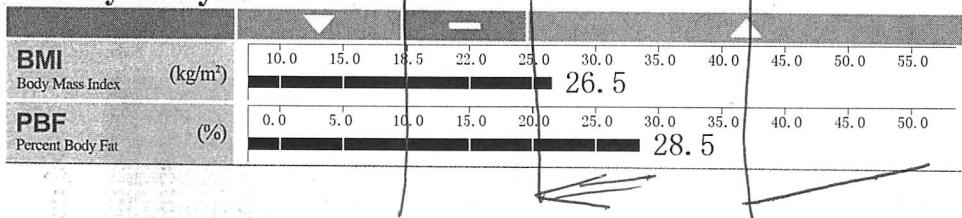
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	101.9		
Dry Lean Mass (lbs)	37.9	139.8	
Body Fat Mass (lbs)	55.8	31.6	195.6

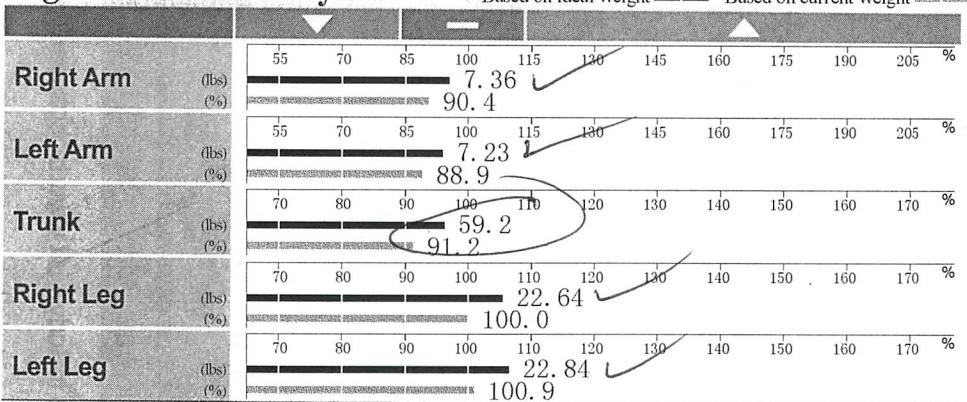
Muscle-Fat Analysis



Obesity Analysis



Segmental Lean Analysis



Body Composition History

Weight (lbs)	195.6					
SMM (lbs)	78.7					
PBF (%)	28.5					
	03. 17. 17 16:30					

Body Fat - Lean Body Mass Control

Body Fat Mass ~~-31.1 lbs~~
 Lean Body Mass ~~0.0 lbs~~
 (+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1740 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.
 The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

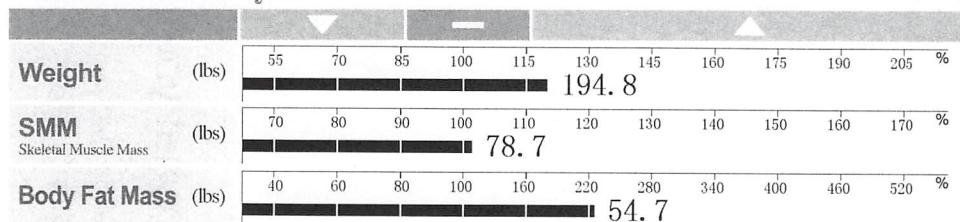
Z _(Ω)	5 kHz	RA	LA	TR	RL	LL
	383.6	389.3	23.7	283.2	277.8	
	338.7	346.8	20.5	244.5	238.9	
	306.6	316.3	17.7	219.9	213.4	

ID 8659192900	Height 6ft. 00. 0in.	Age 34	Gender Male	Test Date / Time 03. 30. 2017 17:19
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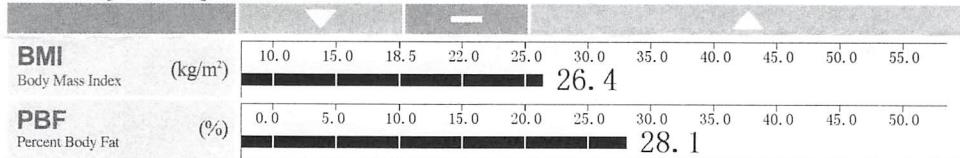
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water(lbs)	102.3	140.0	
Dry Lean Mass (lbs)	37.7		194.8
Body Fat Mass (lbs)	54.7		

Muscle-Fat Analysis

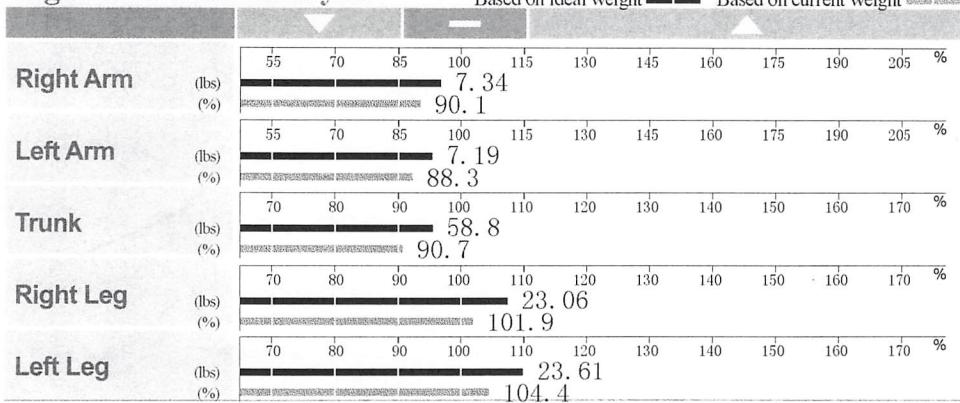


Obesity Analysis

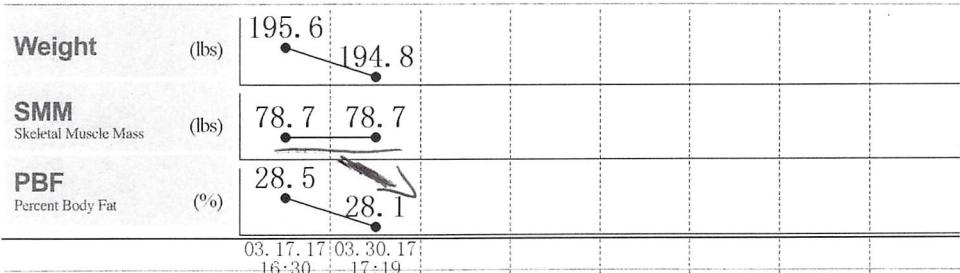


Segmental Lean Analysis

Based on ideal weight ——— Based on current weight ——————



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass —30.2 lbs
 Lean Body Mass 0.0 lbs
 (+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1741 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z(Ω)	RA	LA	TR	RL	LL
5 kHz	361.4	366.7	25.1	265.7	250.5
50 kHz	322.0	330.1	21.9	230.0	216.9
250 kHz	291.7	302.6	19.1	207.8	194.5

ID
8659192900

 Height
6ft. 00. 0in.

 Age
34

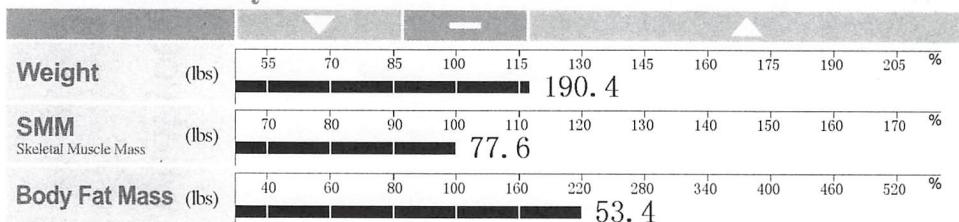
 Gender
Male

 Test Date / Time
04. 13. 2017 16:14

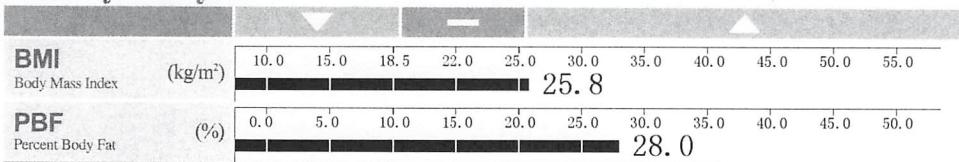
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	99. 9	136. 9	
Dry Lean Mass (lbs)	37. 0		190. 4
Body Fat Mass (lbs)	53. 4		

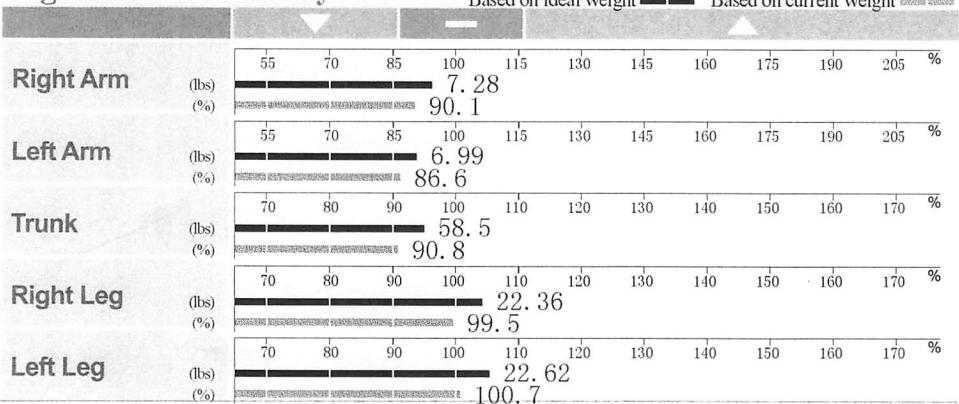
Muscle-Fat Analysis



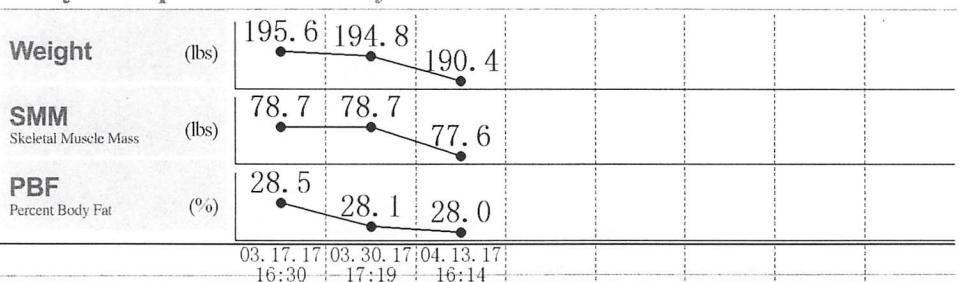
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -29. 1 lbs
 Lean Body Mass +0. 9 lbs
 (+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1712 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z(Ω)	RA	LA	TR	RL	LL
5 kHz	382.2	396.6	26.8	303.6	295.5
50 kHz	336.6	354.2	23.6	255.8	248.3
250 kHz	302.9	322.2	20.2	229.2	221.3

ID
8659192900

 Height
6ft. 00. 0in.

 Age
34

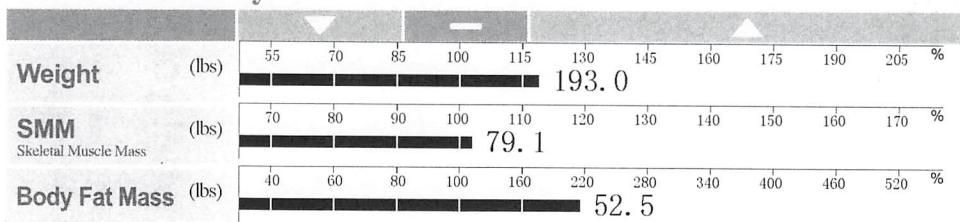
 Gender
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 Test Date / Time
04.27.2017 16:34

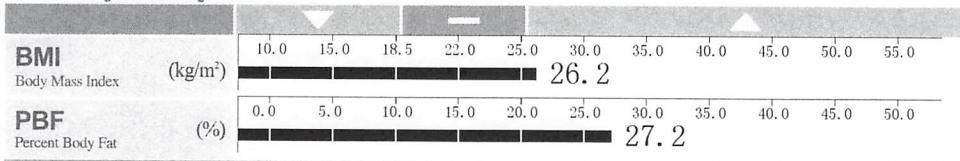
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	102.5	140.4	
Dry Lean Mass (lbs)	37.9		193.0
Body Fat Mass (lbs)	52.5		

Muscle-Fat Analysis

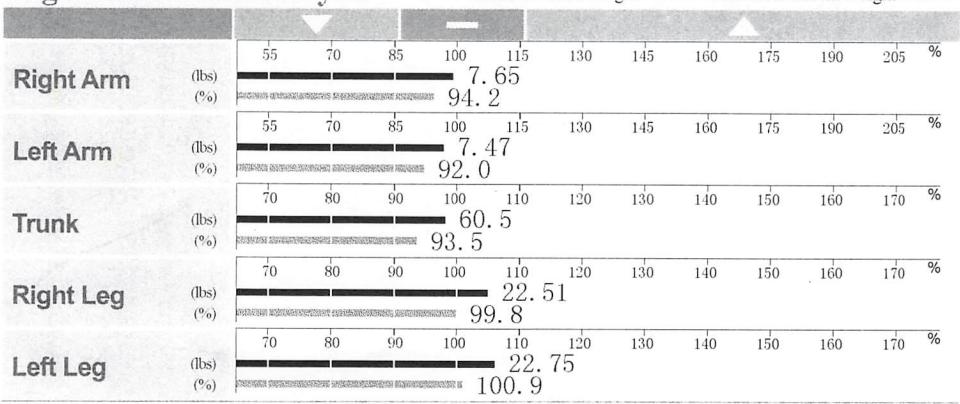


Obesity Analysis

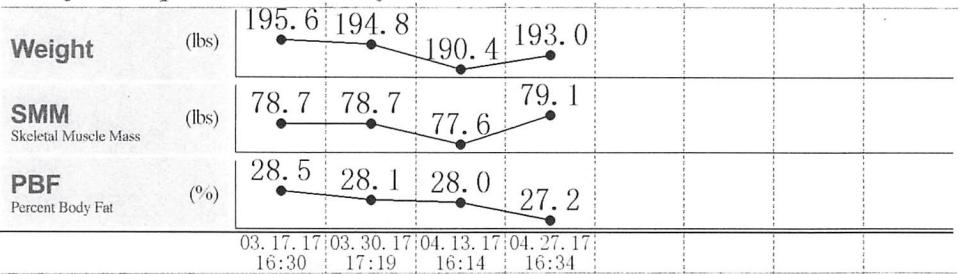


Segmental Lean Analysis

Based on ideal weight ——— Based on current weight ——————



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -27.8 lbs

Lean Body Mass 0.0 lbs

(+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1746 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

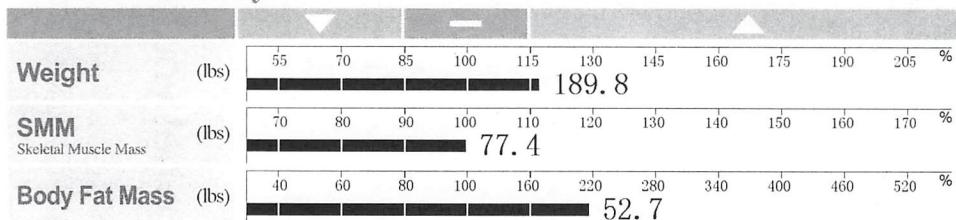
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5 kHz	347.7	355.5	24.2	282.1	274.9
50 kHz	311.1	320.9	22.1	243.6	237.2
250 kHz	283.0	293.3	19.5	219.7	212.0

ID	Height	Age	Gender	Test Date / Time
8659192900	6ft. 00.0in.	34	Male	05.11.2017 15:55

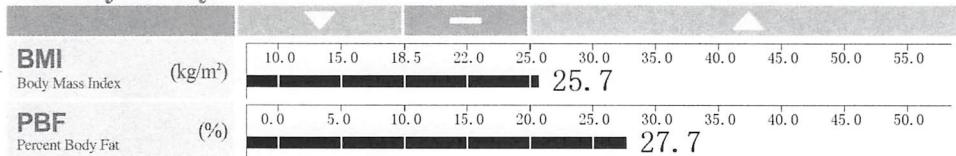
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	99.9		
Dry Lean Mass (lbs)	37.3	137.1	
Body Fat Mass (lbs)	52.7		189.8

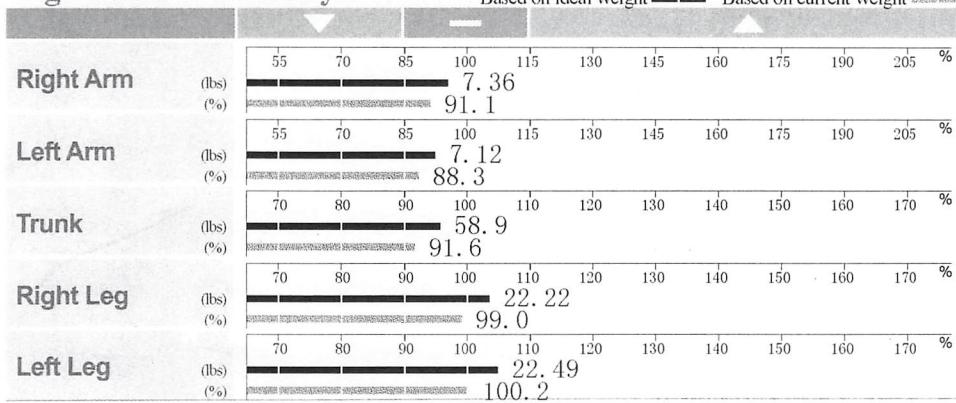
Muscle-Fat Analysis



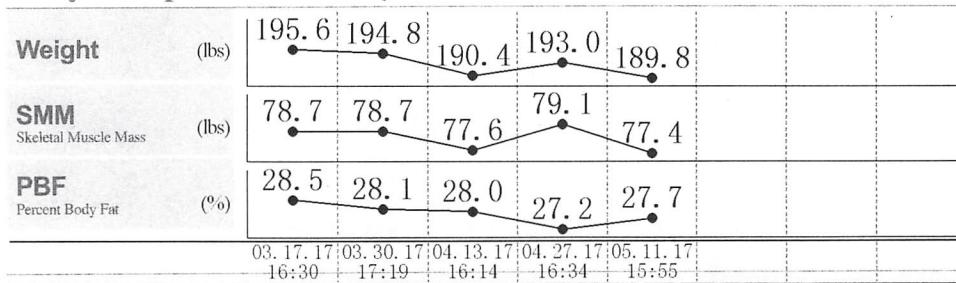
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -28.2 lbs
 Lean Body Mass +0.9 lbs
 (+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1714 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.
 The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change.
 Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state.
 BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z(Ω)	RA	LA	TR	RL	LL
5 kHz	373.1	388.4	25.8	299.7	292.3
50 kHz	330.6	345.6	22.5	255.6	248.4
250 kHz	299.9	314.4	19.9	229.5	220.9

ID
8659192900

 Height
6ft. 00. 0in. 34

 Age
34

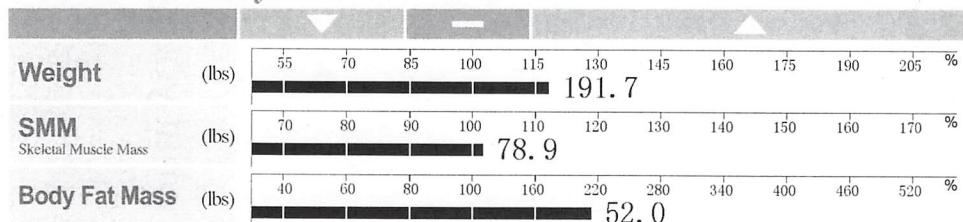
 Gender
Male

 Test Date / Time
06.03.2017 14:42

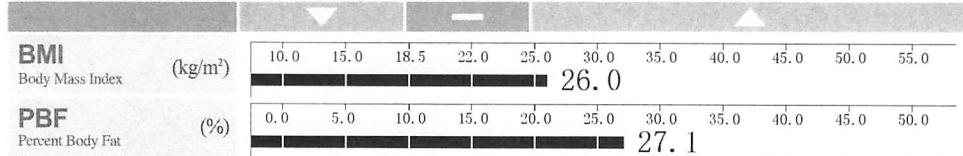
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	101.9		
Dry Lean Mass (lbs)	37.9	139.8	
Body Fat Mass (lbs)	52.0		191.7

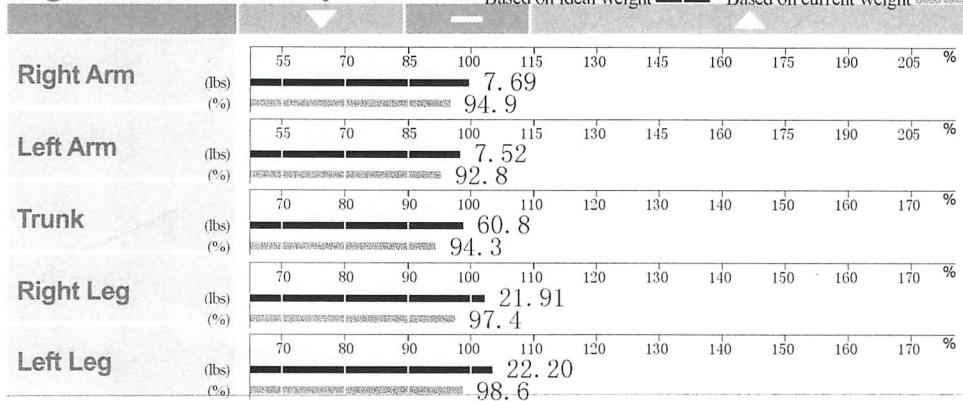
Muscle-Fat Analysis



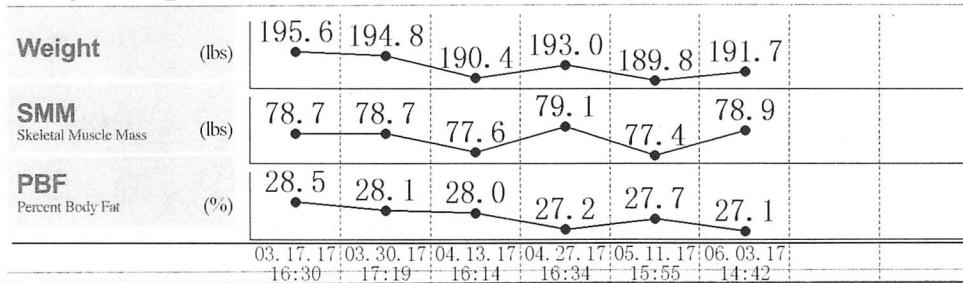
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -27.3 lbs
 Lean Body Mass 0.0 lbs
 (+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1738 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

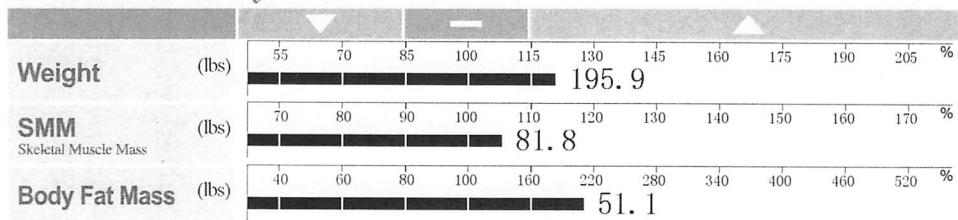
Z(Ω)	RA	LA	TR	RL	LL
5 kHz	361.9	365.4	25.8	307.4	299.9
50 kHz	318.5	328.0	22.1	262.8	255.2
250 kHz	287.9	299.6	19.2	236.5	228.3

ID 8659192900	Height 6ft. 00. 0in.	Age 34	Gender Male	Test Date / Time 06. 18. 2017 16:43
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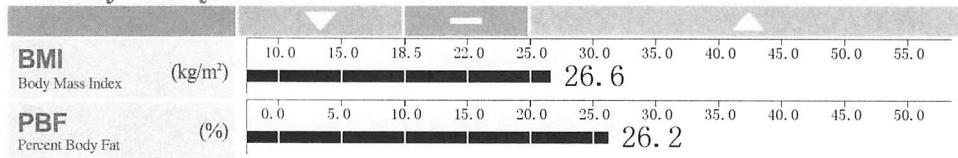
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	105.6	144.6	
Dry Lean Mass (lbs)	39.0		195.9
Body Fat Mass (lbs)	51.1		

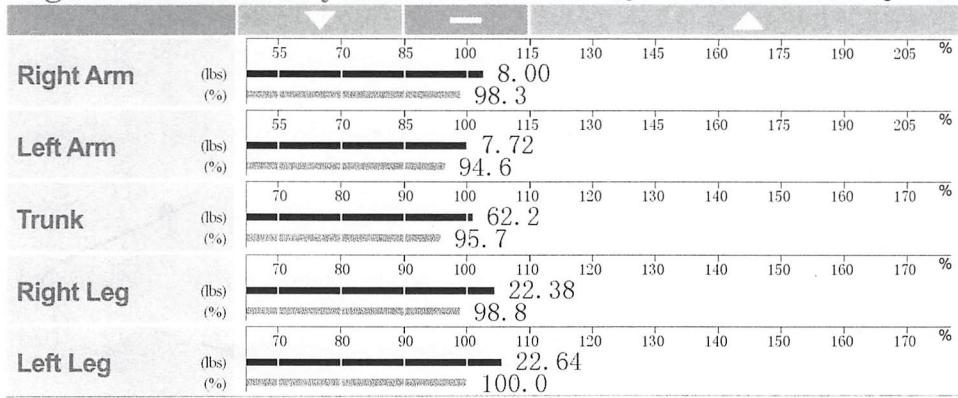
Muscle-Fat Analysis



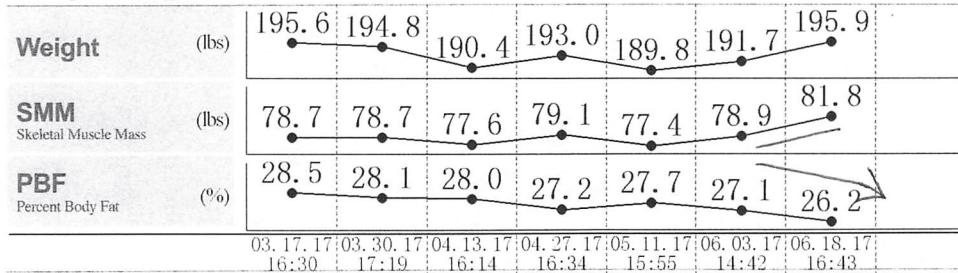
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -25.8 lbs
 Lean Body Mass 0.0 lbs
 (+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1787 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z(Ω)	RA	LA	TR	RL	LL
5 kHz	340.2	354.4	23.4	294.3	288.4
50 kHz	304.4	319.6	20.9	251.7	244.8
250 kHz	275.8	292.5	18.3	226.1	218.0

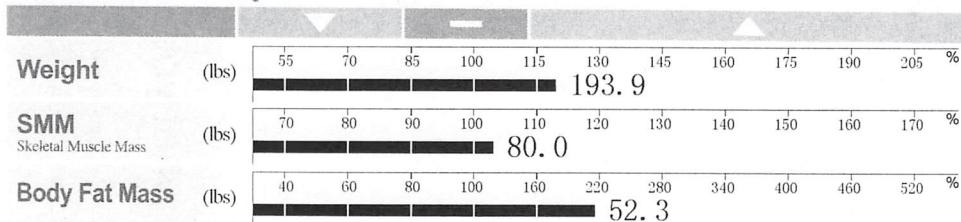
ID
8659192900

 Height
6ft. 00. 0in.
Age
34
Gender
Male
Test Date / Time
07.01.2017 15:22

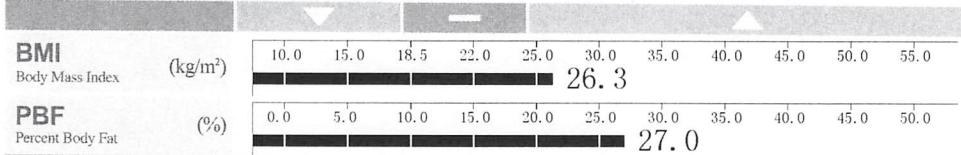
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	103.2	141.5	
Dry Lean Mass (lbs)	38.4		193.9
Body Fat Mass (lbs)	52.3		

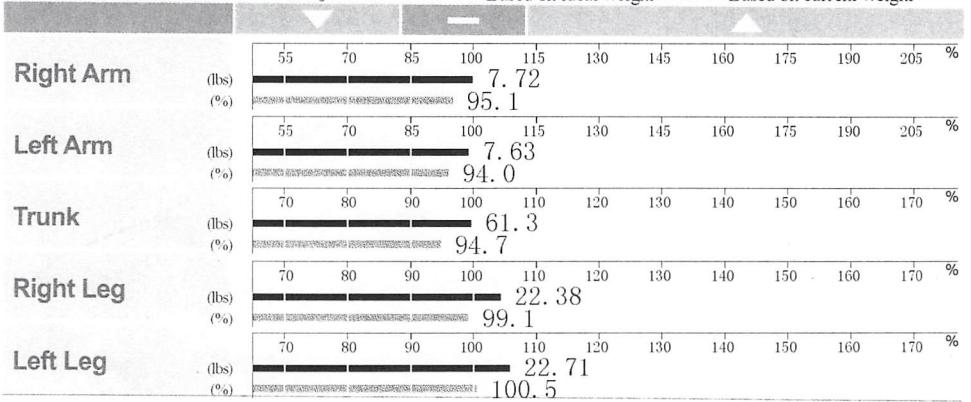
Muscle-Fat Analysis



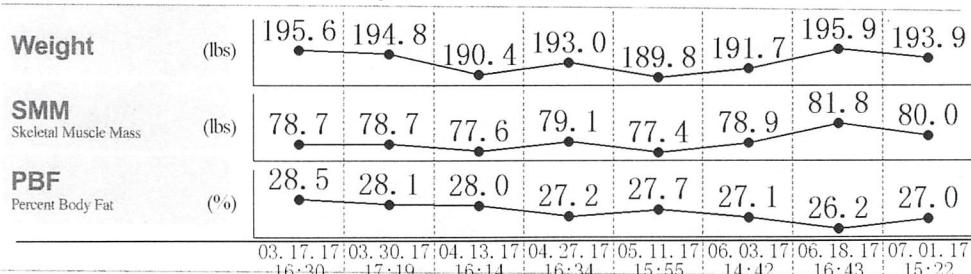
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -27.3 lbs
 Lean Body Mass 0.0 lbs
 (+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1756 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z(Ω)	RA	LA	TR	RL	LL
5 kHz	357.9	361.0	25.1	297.3	287.8
50 kHz	316.8	321.5	21.9	254.8	246.2
250 kHz	286.3	292.9	19.3	228.4	218.9

ID
8659192900

 Height
6ft. 00. 0in.

 Age
34

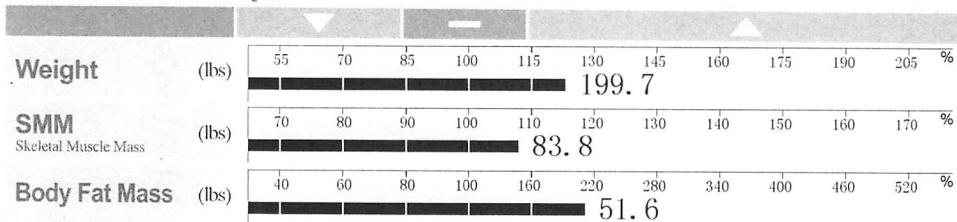
 Gender
Male

 Test Date / Time
07. 16. 2017 15:43

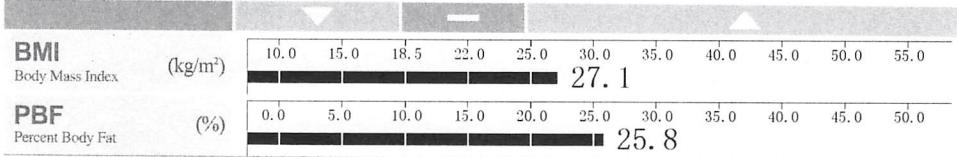
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	108.2	148.2	
Dry Lean Mass (lbs)	39.9		199.7
Body Fat Mass (lbs)	51.6		

Muscle-Fat Analysis

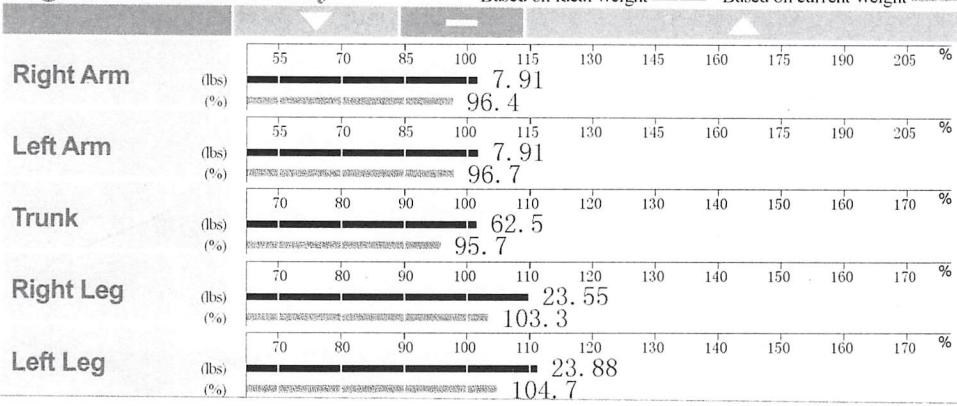


Obesity Analysis

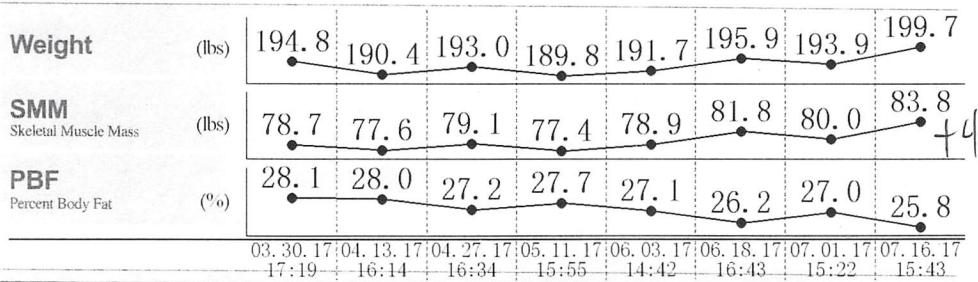


Segmental Lean Analysis

Based on ideal weight ——— Based on current weight —————



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass —25.4 lbs

Lean Body Mass 0.0 lbs

(+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1822 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z _(Ω)	RA	LA	TR	RL	LL
5 kHz	352.8	347.6	23.3	267.3	259.1
50 kHz	310.5	309.7	20.0	229.4	221.6
250 kHz	279.3	280.3	17.4	206.5	197.6

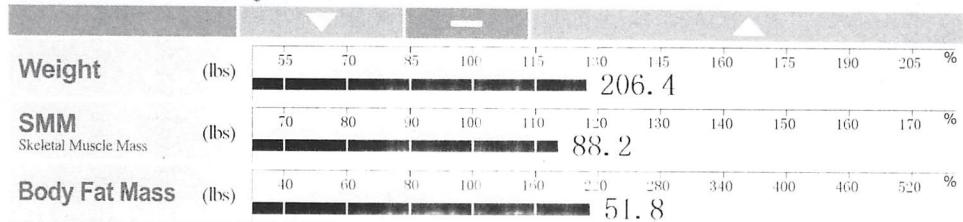
-2-

ID	Height	Age	Gender	Test Date / Time
8659192900	6ft. 00. 0in.	34	Male	08.15.2017 16:15

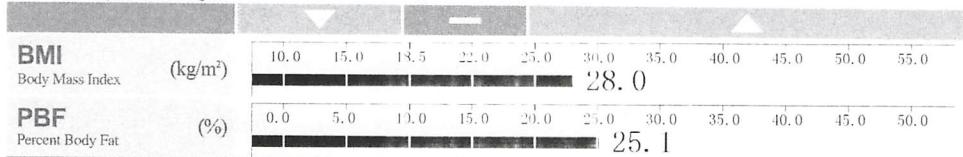
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	112.7		
Dry Lean Mass (lbs)	41.9	154.5	206.4
Body Fat Mass (lbs)	51.8		

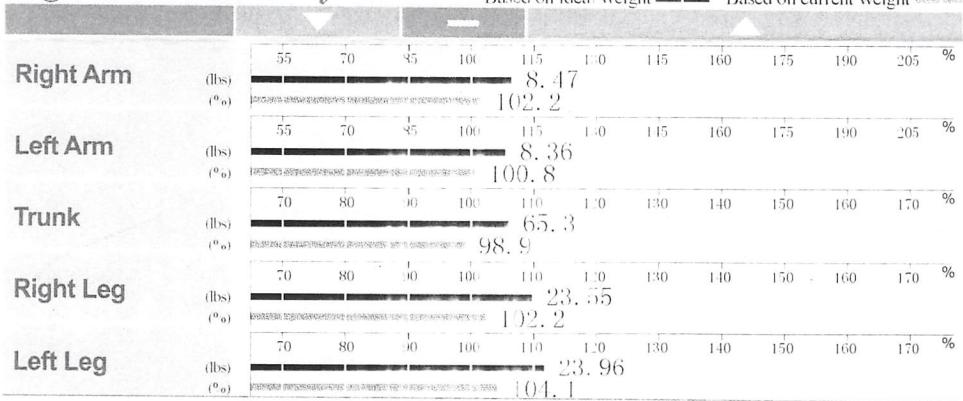
Muscle-Fat Analysis



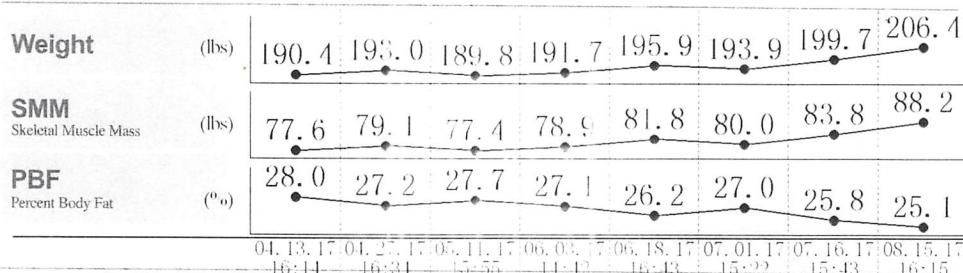
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -24.5 lbs
 Lean Body Mass 0.0 lbs
 (+ means to gain lean, - means to lose fat/lean)

Basal Metabolic Rate

885 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

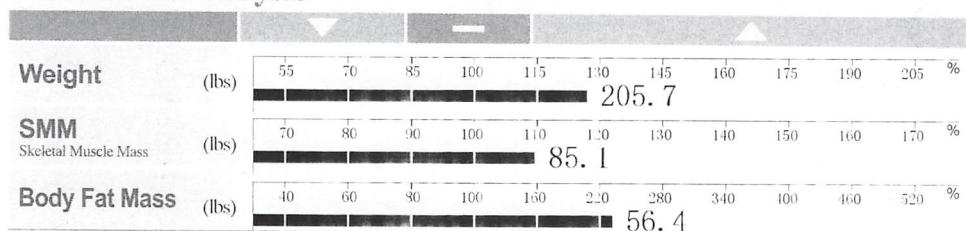
Z(Ω)	500	333.3	250	270.7	267.8
50 kΩ	2.3	2.29	1.9	19.5	231.8
250 kΩ	2.4	2.48	2.7	20.7	198.6

ID 8659192900	Height 6ft. 00. 0in.	Age 34	Gender Male	Test Date / Time 08.31.2017 16:14
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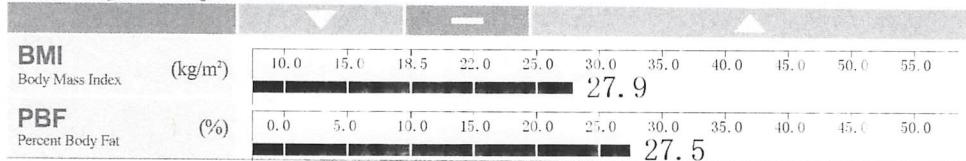
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	108.7	149.3	
Dry Lean Mass (lbs)	40.6		205.7
Body Fat Mass (lbs)	56.4		

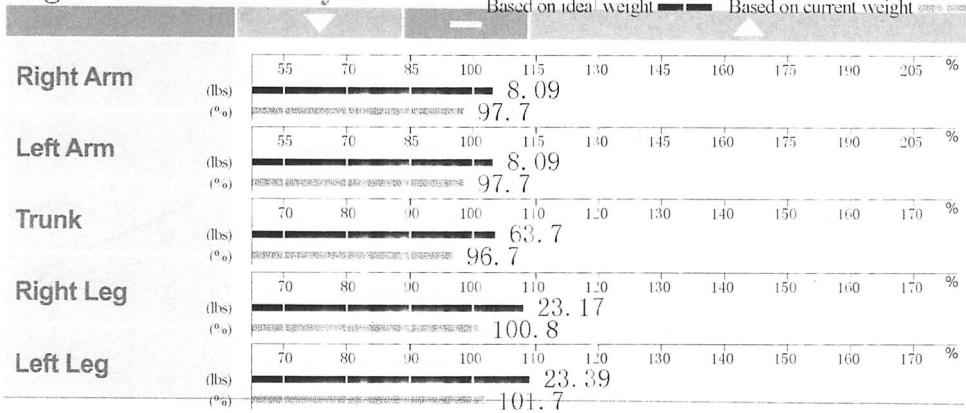
Muscle-Fat Analysis



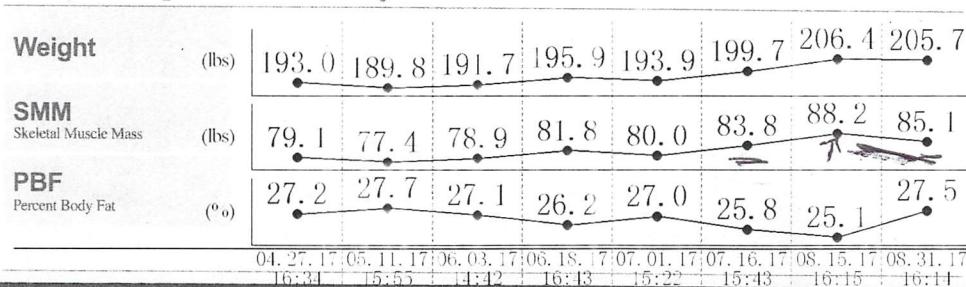
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -30.2 lbs
 Lean Body Mass 0.0 lbs
 (+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1832 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body. The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

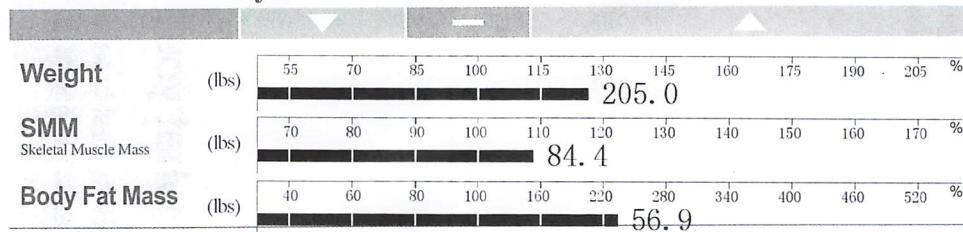
Z (Ω)	5 kHz	10 kHz	355.6	23.9	289.7	285.4
5000	313.8	313.9	20.2	241.4	238.8	2500
2500	284.9	27.6	218.0	210.9	216.1	1500

ID	Height	Age	Gender	Test Date / Time
8659192900	6ft. 00. 0 in.	34	Male	09. 12. 2017 12:17

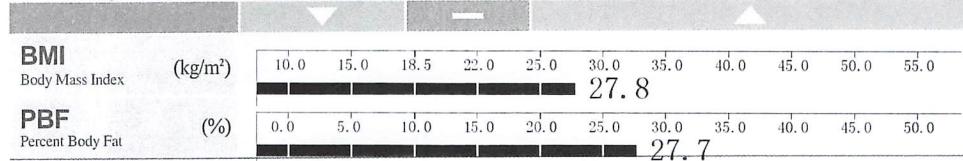
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	108.0		
Dry Lean Mass (lbs)	40.1	148.2	205.0
Body Fat Mass (lbs)	56.9		

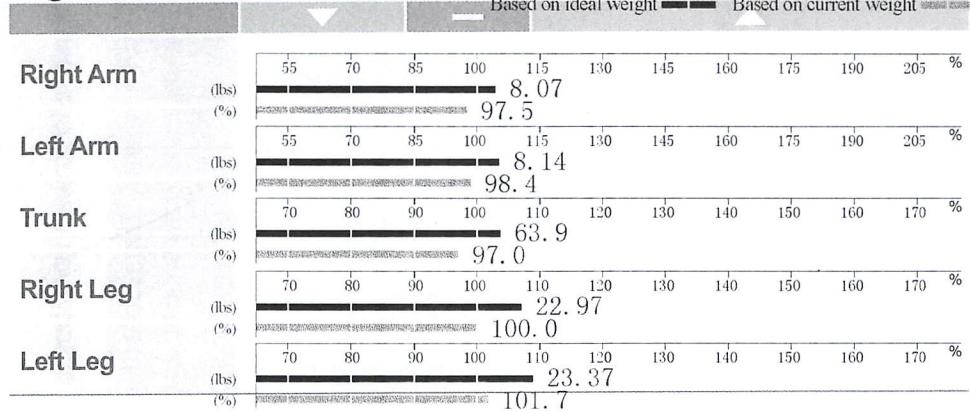
Muscle-Fat Analysis



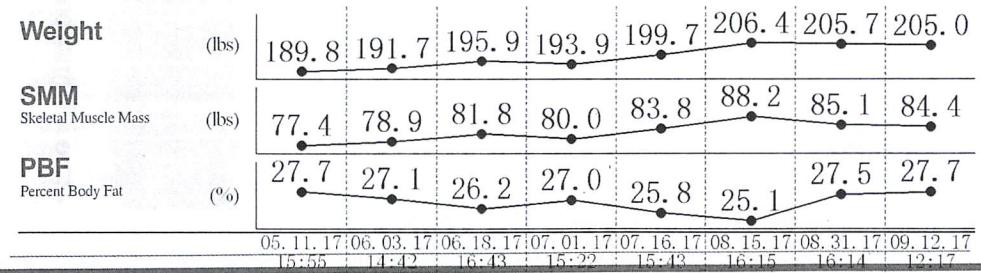
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -30.6 lbs
 Lean Body Mass 0.0 lbs
 (+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1822 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body. The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail



Impedance

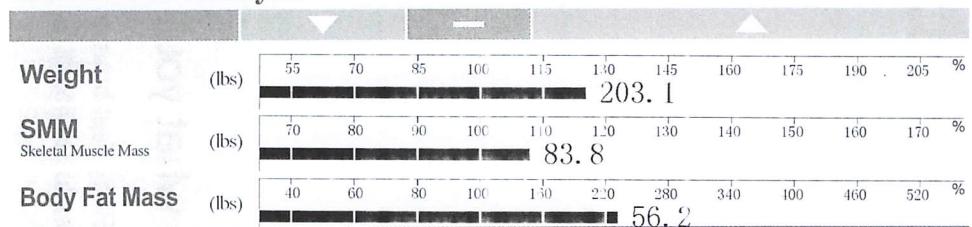
Z(Ω)	5 kHz	RA	LA	TR	RL	LL
50 kHz	314.5	310.7	21.4	251.9	241.5	
250 kHz	282.0	281.4	18.5	221.7	213.1	

ID	Height	Age	Gender	Test Date / Time
8659192900	6ft. 00. 0in.	34	Male	09. 19. 2017 14:09

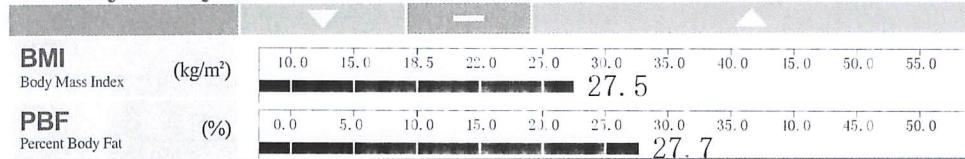
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	106.9		
Dry Lean Mass (lbs)	39.9	146.8	203.1
Body Fat Mass (lbs)	56.2		

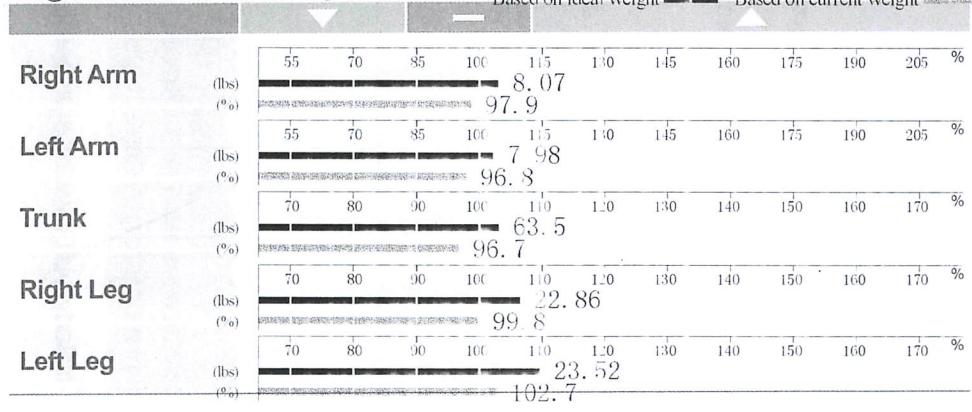
Muscle-Fat Analysis



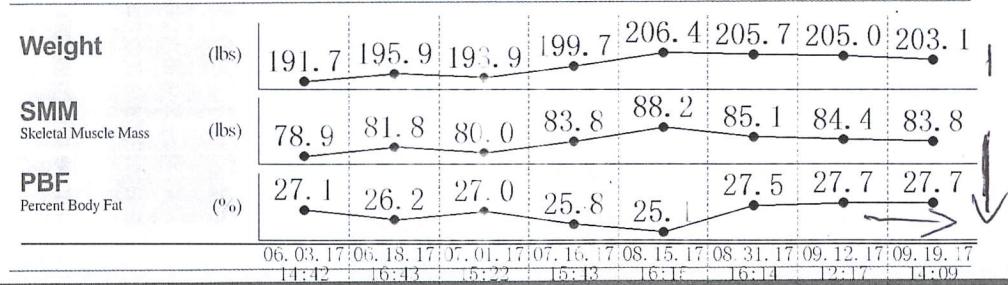
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -30.4 lbs

Lean Body Mass 0.0 lbs

(+) means to gain at least (-) means to lose fat/lean

Basal Metabolic Rate

809 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight, while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

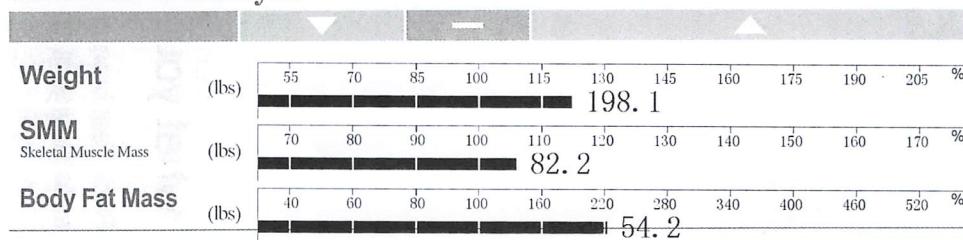
Z(Ω)	1A	TR	EL	LL
50kΩ	3.1	365.0	25.9	101.9
50kΩ	312.6	318.0	21.9	255.5
250kΩ	20.6	286.5	8.8	223.6

ID	Height	Age	Gender	Test Date / Time
8659192900	6ft. 00. 0in.	34	Male	10.01.2017 12:36

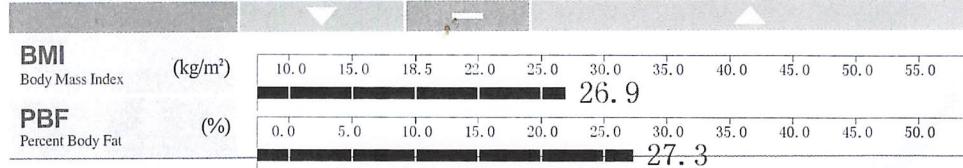
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	104.7		
Dry Lean Mass (lbs)	39.2	144.0	198.1
Body Fat Mass (lbs)	54.2		

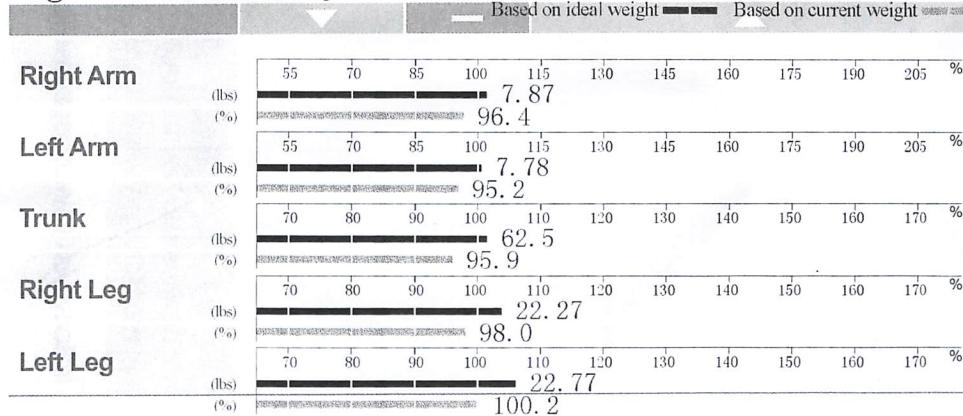
Muscle-Fat Analysis



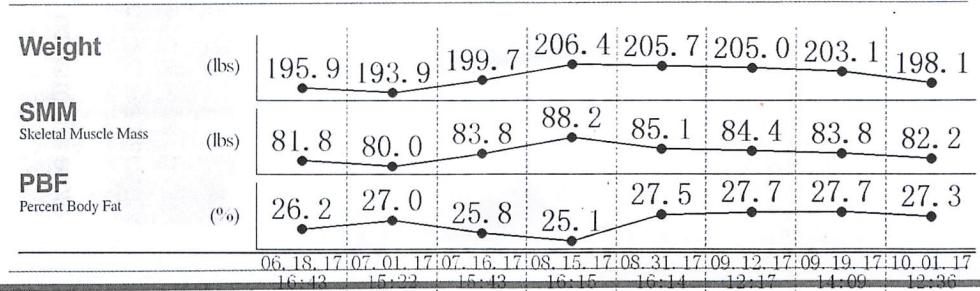
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -28.7 lbs
Lean Body Mass 0.0 lbs
(+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1781 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.
The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z _{Q2} , 5 kHz	RA	LA	TR	RL	LL
370.1	370.1	26.3	322.1	306.5	
322.5	327.3	22.2	270.4	256.1	
289.4	297.1	19.1	240.1	225.6	

ID	Height	Age	Gender	Test Date / Time
8659192900	61' 00.0 in	4	Male	10.18.2017 11:50

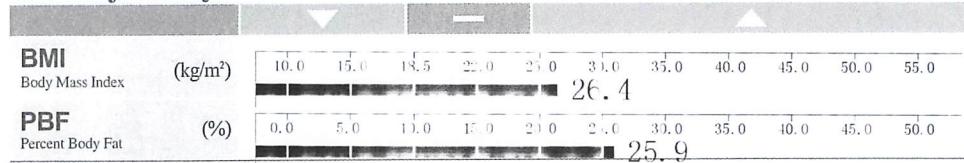
Body Composition Analysis

	Values	Lean Body Mass	Weight
Total Body Water (lbs)	105.2		
Dry Lean Mass (lbs)	39.2	144.4	194.7
Body Fat Mass (lbs)	50.3		

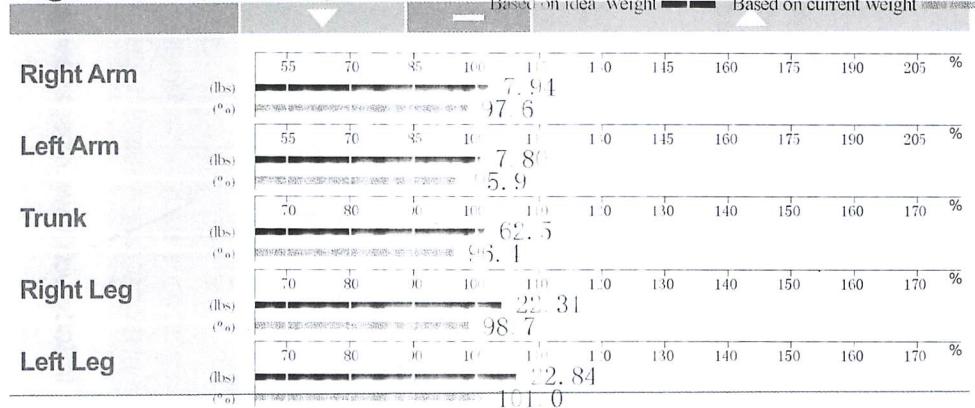
Muscle-Fat Analysis



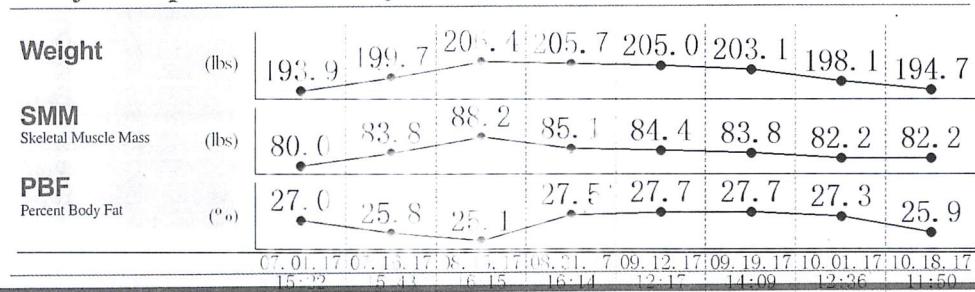
Obesity Analysis



Segmental Lean Analysis



Body Composition History



Body Fat - Lean Body Mass Control

Body Fat Mass -24.9 lbs

Lean Body Mass +1.0 lbs

(+) means to gain fat/lean (-) means to lose fat/lean

Basal Metabolic Rate

1784 kcal

Results Interpretation

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Body Fat-Lean Body Mass Control

Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

Basal Metabolic Rate

Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated to Lean Body Mass.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

	RA	LA	TR	EL	LL
Z _{RA} 5 kHz	353.2	357.6	150.0	113.3	295.5
Z _{LA} 5 kHz	312.6	319.6	122.2	161.6	250.1
Z _{TR} 250 kHz	281.4	290.9	94.1	135.6	220.7