

Read the following article and work on the following exercises:

Evolution of Sports History: From Ancient Games to Modern Sporting Events



Ancient Origins: The Birth of Sports

The roots of sports can be traced back to *ancient civilizations*, where physical activities played a significant role in society. Ancient Egyptians engaged in various sports, including wrestling, archery, and swimming, as early as 2000 BCE (before Common Era). The Greeks, however, are often credited with pioneering the concept of organized sports. The ancient Olympic Games, which began in 776 BCE, were a prominent event that showcased athletic prowess and fostered a sense of unity among Greek city-states.

Medieval Sports: From Knights to Peasants

During the Middle Ages, sports took on a different form, heavily influenced by the feudal system and the rise of chivalry. Jousting tournaments emerged as a popular spectacle, showcasing the skills and bravery of knights. Archery, horsemanship, and other martial arts also gained prominence during this period.

While sports were primarily enjoyed by the nobility, peasants engaged in their own forms of recreational activities, such as wrestling and various ball games.

The Birth of Modern Sports

The 19th century witnessed a remarkable transformation in sports, as industrialization and urbanization brought about significant changes in society. The British Empire played a crucial role in the development of modern sports, with games like cricket, football (soccer), and rugby gaining popularity both domestically and internationally. The establishment of formal rules and governing bodies further contributed to the **professionalization of sports**.

The Rise of Global Sporting Events

The 20th century marked a **turning** point in the history of sports, with the emergence of global sporting events that captured the attention of millions worldwide. The Olympic Games, revived in 1896, became a symbol of international cooperation and friendly competition. The FIFA World Cup, first held in 1930, transformed football into the world's most popular sport. Other major events, such as the Super Bowl, Wimbledon, and the Tour de France, solidified the **global appeal of sports**.

Technological Advancements: Shaping the Sports Industry

Technological advancements have played a significant role in shaping the sports industry throughout history. From the introduction of synthetic materials in equipment to the use of video technology for officiating, innovations have pushed the boundaries of performance and fairness in sports. In recent years, the advent of virtual reality, wearable technology, and data analytics has revolutionized training methods and fan engagement, taking sports to new heights.

The Business of Sports: A **Thriving** Industry

As sports gained popularity, the industry surrounding it flourished. Today, the business of sports encompasses a wide range of professions, offering **exciting** career opportunities for individuals passionate about athletics. From sports management and **marketing** to sports journalism and event **planning**, the demand for skilled professionals in the sports industry continues to grow.

A) Answer the following questions in Spanish:

1. How did sports start?		
2. Why did sports take a different form during the Middle Ages?		
3. What happened during the 19th century?		
4. How did Technological Advancements help sports?		
5. Are professionals involved in the area of sport nowadays?		

B) Provide examples of the following language structures, in English from the text:

A modal verb		
A connector of contrast		
An adverb of frequency		
A sentence in the passive voice		
A relative clause		
An adverb of manner		
A word with a prefix		
A word with a suffix		
A false cognate		

A possessive case	
A superlative adjective	

C) Tenses: Complete the table with the examples from the text, then explain in Spanish.

TENSE	EXAMPLE FROM THE TEXT IN ENGLISH	USE/FUNCTION IN SPANISH
Simple present		
Simple past		
Present perfect		

D) Scan the text and identify the function of the following ING words (Are they verbs, nouns or adjectives?):

Examples from the text	Verb, noun or adjective?
TURNING	
THRIVING	
EXCINTING	
MARKETING	
PLANNING	