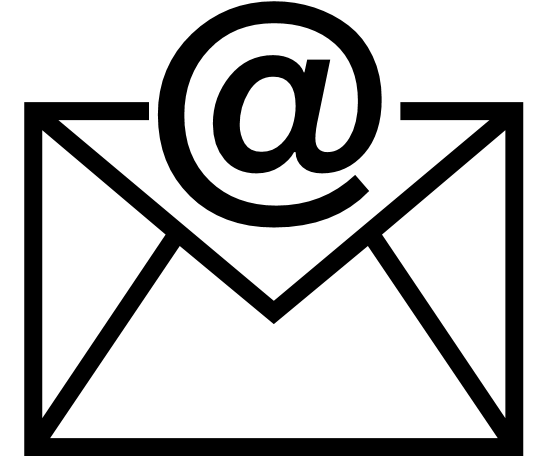
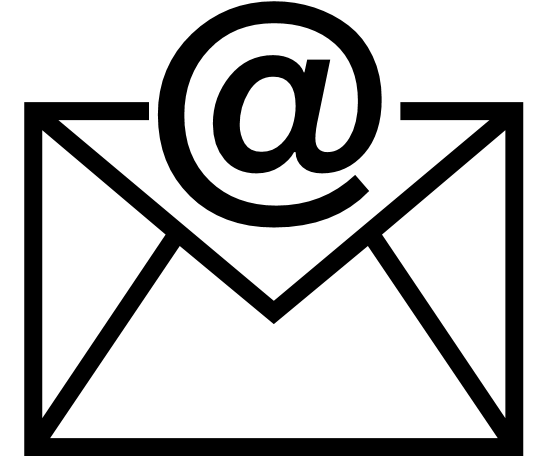
We hold these truths to be self-evident, that all men are created equal, that they are endowed with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness

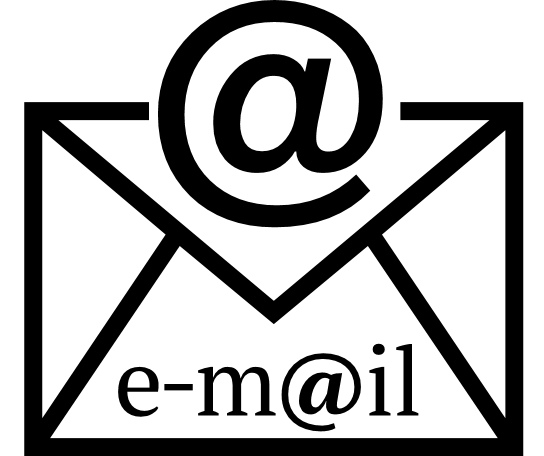
Firstname M. Lastname[](https://orcid.org/0000-insert-here-theORCiDnumber),1,[](mailto:Firstname.Lastname@gmail.com), Other M. Otherlast2, Not Sure[](https://orcid.org/0000-insert-here-theORCiDnumber),3, Nom Prenom2, Stronzo Bestiale4, and Groupleader S. Surname[](https://orcid.org/0000-insert-here-theORCiDnumber),1,[](mailto:GSurname@some_uni.edu)

1 Author affiliation info 1

2 Author affiliation info 2

3 Author affiliation info 2

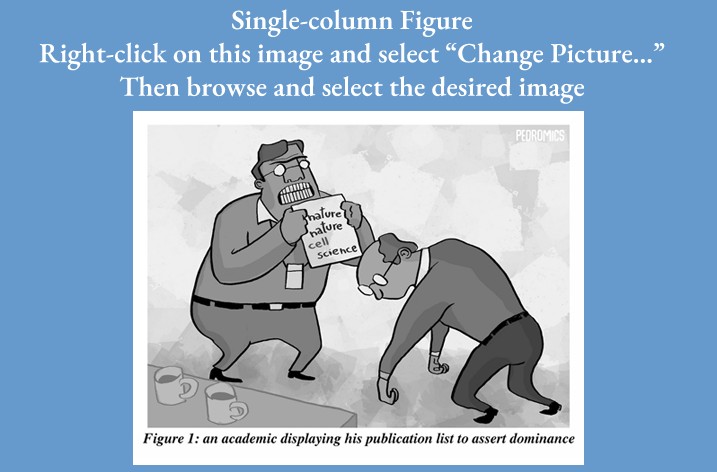
4 Institute for Advanced Studies at Palermo, Sicily, Italy

 Correspondence should be addressed to F.M.L ([Firstname.Lastname@gmail.com](mailto:Firstname.Lastname@gmail.com)) and G.S.S. ([GSurname@some\_uni.edu](mailto:GSurname@some_uni.edu))

# Abstract

<Paste Abstract here, then select text and apply the “Normal” style. Generally, all sections of the paper should be pastable into this format. Do not paste supplemental information into this format. >

A placeholder text: «Everyone has the right to freedom of thought, conscience and religion; this right includes freedom to change his religion or belief, and freedom, either alone or in community with others and in public or private, to manifest his religion or belief in teaching, practice, worship and observance. Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers. Everyone has the right to freedom of peaceful assembly and association. No one may be compelled to belong to an association. Everyone, as a member of society, has the right to social security and is entitled to realization, through national effort and international co-operation and in accordance with the organization and resources of each State, of the economic, social and cultural rights indispensable for his dignity and the free development of his personality. »

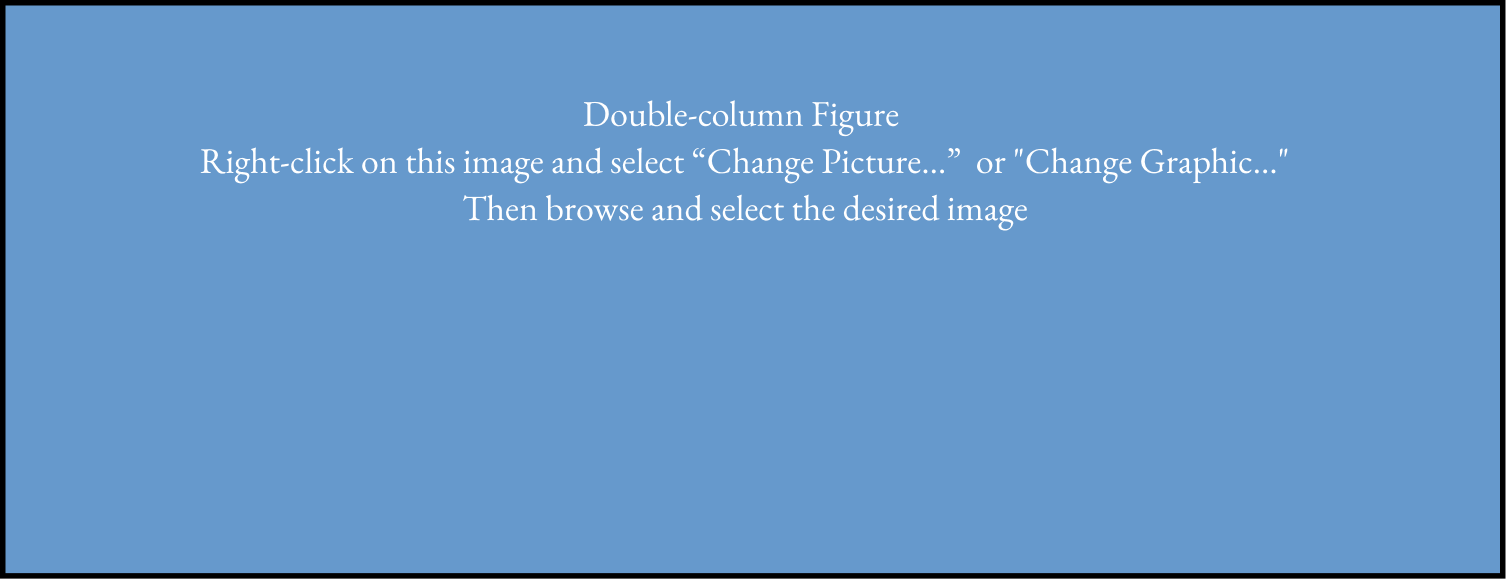
Keywords: Paste/type keywords here, keyword phrase, keyword1, keyword word

# Introduction

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The current point size and font (Times New Roman, 10 points) results in about 66 characters per line, which is close to the ideal number for readability ([66](https://www.reddit.com/r/typography/comments/c28y6f/is_66_still_the_ideal_number_of_characters_per/) or [50-75](https://baymard.com/blog/line-length-readability) characters per line). You may wish to increase the line interval for the body text (“Normal” style) to 1.15 for a better text readability. Further, you can increase the text size to 11 pt. Or you can [use another font](https://www.smashingmagazine.com/2010/12/what-font-should-i-use-five-principles-for-choosing-and-using-typefaces/) (e.g., Stix Two, EB Garamond, Junicode 2, Adobe Arno, etc.). [Stix Two](https://www.stixfonts.org/) are free-open-license fonts, with a comprehensive set of mathematical symbols and alphabets, intended to serve the scientific and engineering community for electronic and print publication. It’s designed as a replacement for [Times New Roman](https://www.insanityworks.org/randomtangent/2024/3/31/times-new-roman-alternatives). Currently, many journals (e.g. [BMC](https://doi.org/10.1186/s12885-025-14267-w), [ACS](https://en.wikipedia.org/wiki/Arno_(typeface)), [PEDS](https://doi.org/10.1093/protein/gzaf005), [NEJM](https://www.nejm.org/doi/full/10.1056/NEJMe020160)) are moving from Transitional-style fonts (most notably, [Times New Roman](https://www.insanityworks.org/randomtangent/2024/3/31/times-new-roman-alternatives)) towards Old-style fonts (i.e., [Garamond](http://web.archive.org/web/20210924013249/https:/creativepro.com/will-real-garamond-please-stand/)-like) for the body text (but not for Tables), as [more comfortable](https://cmscdn.fonts.com/documents/a0a1c46fe9cea024/ILGaramond.pdf) for reading long blocks of text.

**Fig. 1. This is an example of a single column figure. <**Caption goes here. Paste in caption, select text and then use the “Figure Caption” Style. Ensure both Figure and Caption are set to “Top and Bottom” wrapping, and are set to “Fix position on page”>

I actually recommend to [install the mentioned EB Garamond font](https://fonts.google.com/specimen/EB+Garamond) (it’s free and open source) — to get the nice “Research Article” () phrase in the Header of the First page: the italics of this font is really elegant. You may also consider it for ***Level 3*** or ***Level 4 headings***.

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**Fig. 2. This is an example of a double column figure. <**Caption goes here. Paste in caption, select text and then use the “Figure Caption” Style. Ensure both Figure and Caption are set to “Top and Bottom” wrapping, and are set to “Fix position on page”>

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Everyone has the right to freedom of thought, conscience and religion; this right includes freedom to change his religion or belief, and freedom, either alone or in community with others and in public or private, to manifest his religion or belief in teaching, practice, worship and observance. Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers.

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Everyone, as a member of society, has the right to social security and is entitled to realization, through national effort and international co-operation and in accordance with the organization and resources of each State, of the economic, social and cultural rights indispensable for his dignity and the free development of his personality.

# Results

<Paste Results here, use “merge formats” then select it all and click on the “Normal” style. Use “Heading 2” style for sub headings, “Heading 3” as needed for sub-sub headings>

## This is an example of a subheading (Level 2)

This is normal text after the subheading. In in nunc. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos hymenaeos. Donec ullamcorper fringilla eros. Fusce in sapien eu purus dapibus commodo. Cum sociis natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus. Cras faucibus condimentum odio. Sed ac ligula.

### This is an example of a sub-subheading (Level 3)

This is normal text after the sub-subheading. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Proin semper, ante vitae sollicitudin posuere, metus quam iaculis nibh, vitae scelerisque nunc massa eget pede. Sed velit urna, interdum vel, ultricies vel, faucibus at, quam. Donec elit est, consectetuer eget, consequat quis, tempus quis, wisi.

#### This is an example of a sub-sub-subheading (Level 4)

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This is normal text after the sub-subheading. Aliquam nonummy adipiscing augue. Lorem ipsum dolor sit amet, consectetuer adipiscing elit. Maecenas porttitor congue massa. Fusce posuere, magna sed pulvinar ultricies, purus lectus malesuada libero, sit amet commodo magna eros quis urna. Nunc viverra imperdiet enim. Fusce est.

# Discussion

<Paste Results here, use “merge formats” then select it all and click on the “Normal” style. Use “Heading 2” style for sub headings, “Heading 3” as needed for sub-sub headings>

## This is an example of a subheading

This is normal text after the subheading.

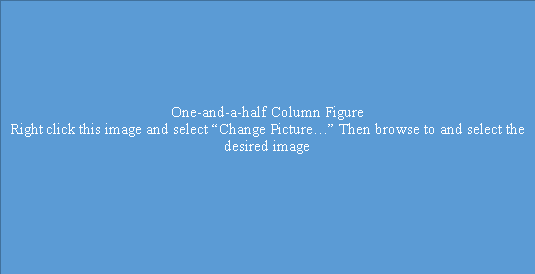
## Placeholder text

We believe that the criteria for quality are straightforward: work should be honest, clear and contain no known flaws according to the state of the art at the time of publication, without compromise for impact or titillation of the tabloids. (Note that these criteria would not preclude publication of interesting ideas and partially proven hypotheses, but one should be honest about their limitations, something that is vanishingly rare today.) Put another way, we believe that extraordinary claims require extraordinary evidence, not extraordinary publicity.

# Materials and Methods

<Paste materials and/or methods here, use “merge formats” then select it all and click on the “Materials and Methods Text” style. Use “Heading 2” style for sub headings, “Heading 3” as needed for sub-sub headings>

Many methods can be described in sufficient details by including them in Supplementary Materials. In case of the preprint manuscript, the Supplementary Methods section can be even integrated into the same manuscript file after the End Matter and the Supplementary Data sections, rather than keeping them in separate files. It is usually convenient to have the Supplementary Data section in a single-column format, while the Supplementary Methods section can be kept in a two-column format. The References section in the preprint version can be inserted after the Supplementary materials and contain references from all of them.

In porttitor. Donec laoreet nonummy augue. Suspendisse dui purus, scelerisque at, vulputate vitae, pretium mattis, nunc. Mauris eget neque at sem venenatis eleifend. Ut nonummy. Fusce aliquet pede non pede. Suspendisse dapibus lorem pellentesque magna. Integer nulla. Donec blandit feugiat ligula. Donec hendrerit, felis et imperdiet euismod, purus ipsum pretium metus, in lacinia nulla nisl eget sapien. Donec ut est in lectus consequat consequat. Etiam eget dui. Aliquam erat volutpat. Sed at lorem in nunc porta tristique. Proin nec augue. Quisque aliquam tempor magna.

**Fig. 3. This is an example of a one-and-a-half column figure. <**Caption goes here. Paste in caption, select text and then use the “Figure Caption” Style. Ensure both Figure and Caption are set to “Top and Bottom” wrapping, and are set to “Fix position on page”>

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### This is an example of a sub-subheading

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# End Matter

## Author Contributions and Notes

F.M.L and G.S.S designed research; F.M.L. and O.M.O performed research; N.S. wrote software; F.M.L, O.M.O, and N.P analyzed data; F.M.L. wrote the paper; F.M.L., N.P., and G.S.S. edited the paper; S.B. is included [just for lolz](https://medium.com/@brainosoph/the-ghost-of-stronzo-bestiale-and-other-fake-scientific-authors-b4e1c6b5f424) (Moran et al., 1987); G.S.S. supervised the project and acquired funding.

The authors declare no conflict of interest. <or describe potential conflict if there is one>

This article contains supporting information online. <if true> This preprint article contains supporting information (Supplementary Data and Supplementary Methods) integrated after the end of the main manuscript text. <if true; you can make a single reference list at the end of the file with all the main and supplementary references combined>

## Acknowledgments

<Type acknowledgements here. Include funding data.>

This preprint document was created by adapting the Word preprint template developed by the Finkelstein[](https://orcid.org/0000-0002-9371-2431) lab ([github link](https://github.com/finkelsteinlab/BioRxiv-Template)), with modifications by Michael Koksharov[](https://orcid.org/0000-0003-2236-764X) ([github link](https://github.com/LuciferaseMaster/PrePrint-Template-for-AnyRxiv/)).

# References

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2. <However, when reading, it is generally nicer to have refences in the APA-like style. This way, the references in the text are in the (Surname et al., YEAR; Prenom & Surname, YEAR) form, while the reference list is in alphabetical order, with numbers included for convenience. If you are enthusiastic about this, you can use this format in your preprint manuscript, and change it to the format of a particular journal later.> Below are the two references to the original paper from the Ilya Finkelstein’s lab, which had designed and used the [original version of this template](https://github.com/finkelsteinlab/BioRxiv-Template). It can be viewed in this format as [one of the options on Pubmed](https://pubmed.ncbi.nlm.nih.gov/28139976/).

3. Spivey, E. C., Jones, S. K., Jr, Rybarski, J. R., Saifuddin, F. A., & Finkelstein, I. J. (2016). An aging-independent replicative lifespan in a symmetrically dividing eukaryote. *bioRxiv*, doi: 10.1101/064832. <https://doi.org/10.1101/064832>

4. Spivey, E. C., Jones, S. K., Jr, Rybarski, J. R., Saifuddin, F. A., & Finkelstein, I. J. (2017). An aging-independent replicative lifespan in a symmetrically dividing eukaryote. *eLife*, *6*, e20340. <https://doi.org/10.7554/eLife.20340>

5. <Once your references are pasted into this section, select all references and then use the “References” style to format.>

6. <Imho, the Reference list looks nice in the [Palatino Linotype](https://learn.microsoft.com/en-us/typography/font-list/palatino-linotype) font (9 pt size), which [is included with every Microsoft Windows](https://learn.microsoft.com/en-us/typography/font-list/palatino-linotype) system. In this template, it is in the Arial, 8 pt size, as it was [in the original template](https://github.com/finkelsteinlab/BioRxiv-Template), but you can easily switch the font in the “References style (see the cropped Screenshot insert over the Fig. 3).

7. Moran, B., Hoover, W.G., & Bestiale, S. (1987) Diffusion in a periodic Lorentz gas. *Journal of Statistical Physics* **48**, 709–726. <https://doi.org/10.1007/BF01019693>

8. Ref.