



Laura Shupe

Script Kitties

The BeEF Runbook

14 February 2024

BeEF (The Browser Exploitation Framework) Runbook

1. Purpose:

Exploiting Web Browsers: BeEF is designed to exploit web browsers by taking advantage of vulnerabilities in client-side software. It allows ethical hackers and penetration testers to demonstrate the impact of browser-based attacks and assess the security posture of web applications.

Client-Side Attacks: BeEF enables the execution of client-side attacks, such as phishing, social engineering, and JavaScript-based exploits, to compromise target systems through their web browsers.

2. Installation:

Kali Linux Installation:

- Ensure you have Kali Linux installed on your system. If not, download and install the latest version from the official website: <https://www.kali.org/get-kali/#kali-platforms>

BeEF Installation:

- BeEF is pre-installed in Kali Linux. However, ensure it's updated to the latest version:

```
sudo apt update
sudo apt install beef-xss
```

3. Starting BeEF:

Start BeEF Service:

```
sudo beef-xss
```

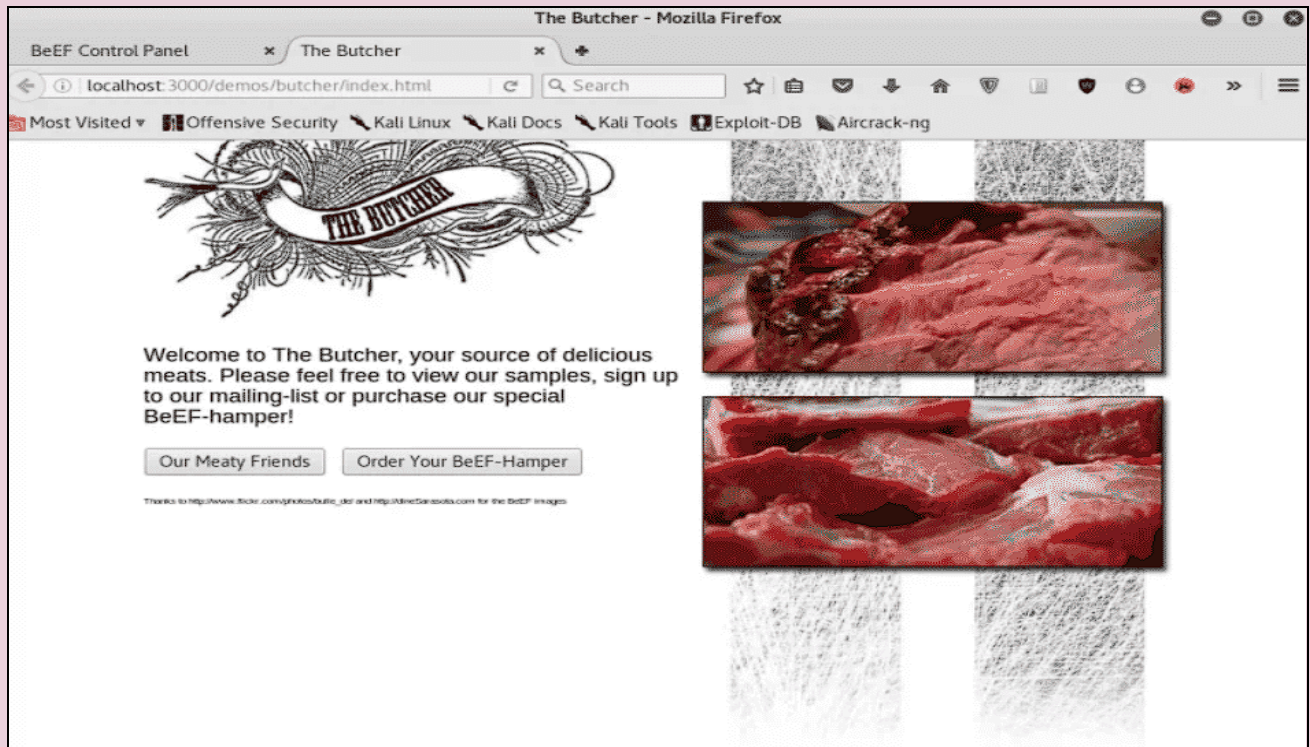
Access BeEF Web Interface:

- Open a web browser and navigate to the BeEF web interface:

```
(root@kali)-(1/1)-(04:05:57-05/07)--
[($:~)-- cd /usr/share/beef-xss
(root@kali)-(2/1)-(04:06:08-05/07)--
[($:/usr/share/beef-xss)-- ./beef
[ 4:06:14][*] Bind socket [imapeudora1] listening on [0.0.0.0:2000].
[ 4:06:14][*] Browser Exploitation Framework (BeEF) 0.4.4.9-alpha
[ 4:06:14] |   Twit: @beefproject
[ 4:06:14] |   Site: http://beefproject.com
[ 4:06:14] |   Blog: http://blog.beefproject.com
[ 4:06:14] |   Wiki: https://github.com/beefproject/beef/wiki
[ 4:06:14][*] Project Creator: Wade Alcorn (@WadeAlcorn)
[ 4:06:15][*] BeEF is loading. Wait a few seconds...
[ 4:06:19][*] 10 extensions enabled.
[ 4:06:19][*] 196 modules enabled.
[ 4:06:19][*] 2 network interfaces were detected.
[ 4:06:19][+] running on network interface: 127.0.0.1
[ 4:06:19] |   Hook URL: http://127.0.0.1:3000/hook.js
[ 4:06:19] |   UI URL:  http://127.0.0.1:3000/ui/panel
[ 4:06:19][+] running on network interface: 10.0.2.13
[ 4:06:19] |   Hook URL: http://10.0.2.13:3000/hook.js
[ 4:06:19] |   UI URL:  http://10.0.2.13:3000/ui/panel
[ 4:06:19][*] RESTful API key: e508ba0be3b5355705a81b59f01b6cc1aba6ecfe
[ 4:06:19][*] HTTP Proxy: http://127.0.0.1:6789
[ 4:06:19][*] BeEF server started (press control+c to stop)
```

```
http://localhost:3000/ui/panel
```

- Alternatively, access BeEF remotely by replacing localhost with the IP address of your Kali Linux machine.



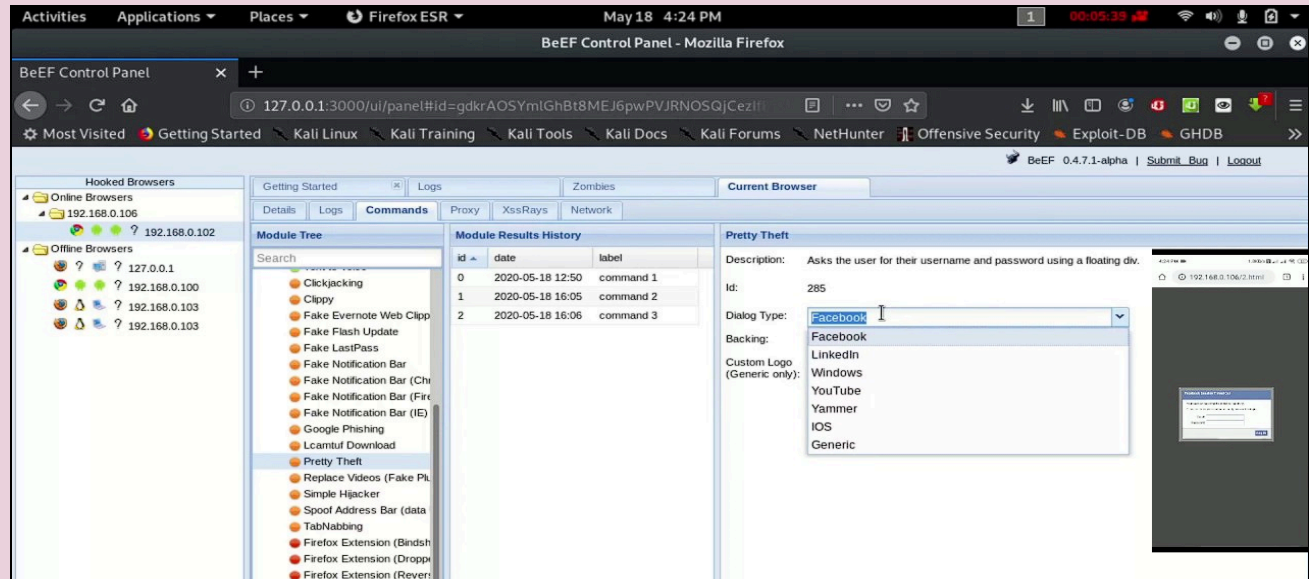
4. Basic Usage:

Dashboard Overview: Upon accessing the BeEF web interface, you'll be greeted with the dashboard displaying various panels and modules.

Hooking Browsers: Use the "Hooking" panel to generate JavaScript code to hook target browsers. Embed this code into web pages or execute it through other methods to establish a connection with the BeEF server.

Exploitation Modules: Explore the available exploitation modules to launch attacks against hooked browsers. These modules include phishing, keylogging, browser exploits, and more.

Command and Control: Utilize the "Command and Control" panel to interact with hooked browsers, execute commands, and gather information about their configurations and vulnerabilities.



5. Advanced Features:

Social Engineering Toolkit Integration: Integrate BeEF with the Social Engineering Toolkit (SET) to automate browser exploitation through phishing attacks and malicious payloads.

Custom Modules: Develop custom modules using BeEF's API to extend its functionality and create tailored exploitation techniques for specific scenarios.

6. Ethical Considerations:

Legal and Ethical Use: BeEF is a powerful tool that should only be used for ethical hacking and penetration testing purposes. Unauthorized use of BeEF to attack or compromise systems is illegal and unethical.

Informed Consent: Ensure you have explicit permission from the target organization or individuals before conducting any penetration testing activities with BeEF. Obtain informed consent and adhere to ethical guidelines and legal regulations.

7. Reporting and Documentation:

Documentation: Maintain detailed documentation of your BeEF activities, including target systems, exploitation techniques, and findings.

Reporting: Prepare comprehensive reports summarizing the results of your BeEF assessments, including identified vulnerabilities, recommendations for remediation, and risk analysis.

8. Continuous Learning:

Training and Education: Continuously update your knowledge and skills in web application security and browser exploitation through training courses, certifications, and practical exercises.

Community Engagement: Engage with the cybersecurity community, participate in forums, and share knowledge and experiences with fellow professionals to stay informed about the latest trends and best practices in browser security.

9. Best Practices:

Target Selection: Choose appropriate targets for BeEF assessments, ensuring they are within the scope of your engagement and you have proper authorization to test them.

Risk Management: Prioritize vulnerabilities discovered during BeEF assessments based on their severity and potential impact on the target systems. Focus on addressing critical issues first to mitigate the highest risks.

Secure Communication: Ensure secure communication between the BeEF server and hooked browsers by using HTTPS and SSL/TLS encryption. This helps prevent interception and tampering of communication channels.

10. Collaboration and Knowledge Sharing:

Team Collaboration: Collaborate with team members and stakeholders to share insights, coordinate testing efforts, and collectively address security concerns identified during BeEF assessments.

Knowledge Sharing: Share knowledge and experiences with peers, both within your organization and the broader cybersecurity community, to foster learning and professional development.

11. Continuous Improvement:

Feedback and Iteration: Solicit feedback from stakeholders and incorporate lessons learned from each BeEF assessment into future engagements. Use feedback to refine testing methodologies and improve the effectiveness of your security assessments.

Skills Development: Invest in continuous skills development and training to stay abreast of evolving threats, emerging attack techniques, and advancements in web application security.

12. Compliance and Regulatory Considerations:

Compliance Frameworks: Ensure compliance with relevant industry regulations, standards, and frameworks, such as PCI DSS, HIPAA, and GDPR, when conducting BeEF assessments. Adhere to legal requirements and regulatory guidelines to protect sensitive information and maintain data privacy.

Documentation and Audit Trails: Maintain detailed documentation of BeEF assessments, including methodologies, findings, and remediation efforts, to support compliance audits and regulatory requirements.

13. Pre-Conclusion:

BeEF as a Valuable Tool: BeEF serves as a valuable tool for ethical hackers, penetration testers, and security professionals to assess the security of web applications and identify vulnerabilities in client-side software.

Responsible Use: It's imperative to use BeEF responsibly and ethically, ensuring proper authorization and informed consent before conducting assessments. By adhering to ethical guidelines and best practices, you can leverage BeEF effectively to enhance the security posture of your organization's web assets.

14. Troubleshooting:

Common Issues:

- If you encounter issues with BeEF, such as difficulties in hooking browsers or modules not functioning as expected, consider the following troubleshooting steps:
 - Check the BeEF logs for error messages and warnings (/var/log/beef/beef.log).
 - Ensure that BeEF is running with the necessary permissions and has access to required resources.
 - Verify network connectivity and firewall settings to ensure that BeEF can communicate with hooked browsers.
 - Restart the BeEF service (sudo service beef-xss restart) to reload configurations and resolve potential issues.

15. Integration with Other Tools:

Metasploit Integration:

- Integrate BeEF with Metasploit to combine browser exploitation with post-exploitation activities:
 - Utilize Metasploit's auxiliary modules to exploit vulnerabilities discovered through BeEF assessments and gain further access to target systems.

Burp Suite Integration:

- Integrate BeEF with Burp Suite for comprehensive web application security testing:
 - Use Burp Suite's interception and proxy capabilities to intercept and modify HTTP requests and responses before they reach the target browser, enabling advanced manipulation and analysis.

16. Security Considerations:

Securing BeEF:

- Implement security measures to protect the BeEF server and prevent unauthorized access or misuse:
 - Restrict access to the BeEF web interface by configuring firewall rules and access controls to allow only trusted IP addresses.
 - Use strong authentication mechanisms, such as HTTP basic authentication or LDAP integration, to control access to the BeEF server.
 - Regularly update BeEF and its dependencies to patch known vulnerabilities and mitigate security risks.

17. Advanced Techniques:

Remote Exploitation:

- Explore advanced techniques for remote exploitation using BeEF:
 - Set up BeEF to target remote browsers across the internet by configuring port forwarding, VPN tunnels, or reverse proxies to establish connections with external clients.

Client-Side Payloads:

- Develop custom client-side payloads and exploit techniques to bypass security controls and evade detection:
 - Experiment with obfuscation, encryption, and encoding methods to conceal malicious payloads and payloads from detection by antivirus software and security scanners.

18. Extending BeEF:

Module Development:

- Contribute to the BeEF community by developing and sharing custom modules:
 - Leverage BeEF's extensible architecture and APIs to create modules that address specific use cases, vulnerabilities, or attack scenarios.
 - Submit your modules to the official BeEF repository or share them with the community through forums, blogs, or social media channels.