To Whom It May Concern,

This letter to certify that **YourName** an undergraduate student at Southern University of Science and Technology (SUSTech), Shenzhen, China, and a member of the SUSTech **XXX** Team in XXX, has earned multiple honors in recognition of his athletic achievements.

本函旨在证明 YourName,南方科技大学在读本科生,2024年曾担任南方科技大学XXX队队员,在其体育运动方面获得了多项荣誉。

• 2024-2025 Academic Year:

- SUSTech Outdoor Fitness Challenge: First Prize for completing a total distance of 100 km in jogging over three months, awarded by SUSTech. 南方科技大学户外体能达人赛:以三个月内完成100公里跑步的总成绩获得一等奖。
- SUSTech 500m Rowing Ergometer Competition: First Place (X/XXX) in the Men's Division with a time of X min X sec, awarded by SUSTech. 南方科技大学500米划船测功仪比赛: 在男子组别中以 X分 X秒的成绩获得第一名。
- SUSTech Pull-Up Challenge: Third Place in the Men's Division with X pull-ups, awarded by SUSTech.

南方科技大学引体向上挑战赛: 在男子组别中以 X个引体向上获得第 X名。

• 2023-2024 Academic Year:

- SUSTech Spring Sports Games: First Place (X/XXX) in the Soft Fitness Challenge, comprising BMI, Vital Capacity, Sit-and-Reach, and Standing Long Jump assessments, awarded by SUSTech.
 - 南方科技大学春季运动会: 在软体健身项目中获得第 X名。
- SUSTech Pull-Up Challenge: X Place in the Men's Division with X pull-ups, awarded by SUSTech.
 - 南方科技大学引体向上挑战赛: 在男子组别中以 X 个引体向上获得第 X名。
- SUSTech 500m Rowing Ergometer Competition: First Place (X/XXX) in the Men's Division with a time of X min XX sec, awarded by SUSTech. 南方科技大学500米划船测功仪比赛: 在男子组别中以 X分 X秒的成绩获得第一名。
- SUSTech Swimming Competition: X Place in the Men's 50m Breaststroke with a time of X sec, awarded by SUSTech.
 南方科技大学游泳比赛: 在男子50米蛙泳项目中以 X秒的成绩获得第 X名。
- SUSTech Swimming Competition: Second Place in the Men's 50m Butterfly with a time of X sec, awarded by SUSTech.

南方科技大学游泳比赛: 在男子50米蝶泳项目中以 X秒的成绩获得第二名。

• 2022-2023 Academic Year:

- SUSTech Spring Sports Games: X Place in the Men's High-Five Push-Up Challenge with X repetitions, awarded by SUSTech.
 - 南方科技大学春季运动会: 在男子击掌俯卧撑挑战赛中以 X次的成绩获得第 X名。
- SUSTech Swimming Competition: Third Place in the Men's X m Breaststroke with a time of X sec, awarded by SUSTech.
 - 南方科技大学游泳比赛:在男子50米蛙泳项目中以 X 秒的成绩获得第三名。

Sincerely,

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