Český chléb



Ingredients

75 grams rye sourdough starter 1/4 teaspoon ground coriander 250 grams wheat bread flour 2 teaspoons salt 1/2 liter of water 250 grams rye bread flour 1/2 Tablespoon caraway seed 250 grams wheat flour

Directions

- I. Mix the rye leavening, rye bread flour and water. This will create a thinner batter. It's best to do this in the evening and leave until morning to rise.
- 2. In the morning, add the wheat flour, wheat bread flour, salt, coriander and caraway seeds. Mix thoroughly for 5 minutes and then let rise for about 3 hours. Then divide the dough into two parts, shaping into long oval loaves.
- 3. Place loaves in oval brotforms and let rise again for about an hour.
- 4. While loaves are rising, heat oven to 500° F., with cast iron skillet on bottom of oven and large baking sheet on lower rack.
- 5. Place loaves on heated baking sheet, pour 1 cup of water to heated skillet to create steam, and bake for 10 minutes.
- 6. Reduce oven temperature to 390° F and bake for another 40-50 minutes.