

# **DIET MANAGER**

easy life starts

**Log in**

**New Diet**

**Continue Diet**

# Personal Attributes

Height

Age

Sex

Weight

Target Weight

Food Allergy

Not Change and Continue

# Diet Goal

Diet time

Calorie Need to consume daily

Calculate

# Meal Calorie

meat



veggie



drink



dessert



other



# Daily Exercise

type

time length

type

time length

type

time length

Calculate