

## ***Elbow and Wrist Pain***

Common and well known medical names for elbow and wrist pain included Tennis Elbow, Golfer's elbow, Wrist Tendonitis and Carpal Tunnel Syndrome.

Elbow and wrist pain may also arise from problems in your neck.

If the nerves in your neck region become restricted or inflamed, pain may travel from your neck to your elbow, to your wrist or even into your hand.

Through a series of specific tests, your pain will be assessed to see where it is originating, a treatment plan will be recommended to help address the cause of your pain.

As Doctors of Chiropractic, we are trained to assess the nerves, joints and muscles in your upper extremity including your neck, shoulder, elbow and wrists and recommend a combination of chiropractic adjustments to effectively treat the cause of your pain.