

Healix

Tracking your health made easy!

1. Goal and Purpose

Healix's Purpose is to make managing your health and maintaining your fitness level easy. Our App keeps the focus on two main aspects of health exercise and nutrition. Our App's internal algorithms will provide you with all the information you need to start your fitness journey. We also want to strengthen coding knowledge in working with Vue.

2. Structure

The application is built in Vue and uses an active backend called airtable. Healix's uses 4 Tables to track their customers data. The tables are the following: userData, userFitness, fitnessActivity, userNutrition, meal. An overview of our data structure is attached below:



