

Are You Listening To Understand, Or To Rebut?

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Síntesis.

It's not rare to find people trying to out shout the other ones instead of having a diplomatic conversation. And that's an issue that even experts are part of.

If you watch the political dialogue or TV show conversation, there is only monologue. No one is listening to the other person. Instead, they are preparing their response to what the other person is saying. As a result, we get contention and we miss out on so much of what could have been.

The use of technology takes away some features that help us empathize. So, any time you're dealing with an important, emotional issue, do not email or text. Try to speak it face-to-face or at least through the phone.

Comentarios.

- I consider that listening is a super important skill that I will work in from now on.
- I'd say the title is catchy and right, since thinking of my answer while someone speaks is an habit I have got and might not be the best.
- Also, the book *The 7 Habits of Highly Effective People* is mentioned there and I may give it a look.