



# Final Project

## Intorduction to Data Science with Python

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# Project Goals

- **Objective:**

- Understand the factors influencing depression among students.
- Analyze relationships between lifestyle, academic performance, and mental health.

- **Key Deliverables:**

- Clean and preprocess the dataset.
- Conduct exploratory data analysis (EDA) with visualizations and statistical insights.

# Dataset Overview

- **Dataset Description:**

- Source: Provided dataset on student depression.
- Rows: Number of students.
- Columns: Features such as age, gender, CGPA, depression status, academic pressure, etc.

- **Target Variable:** Depression\_Status (Binary: Yes/No)

- **Challenges:**

- Missing values in some columns.
- Presence of outliers in numerical data.

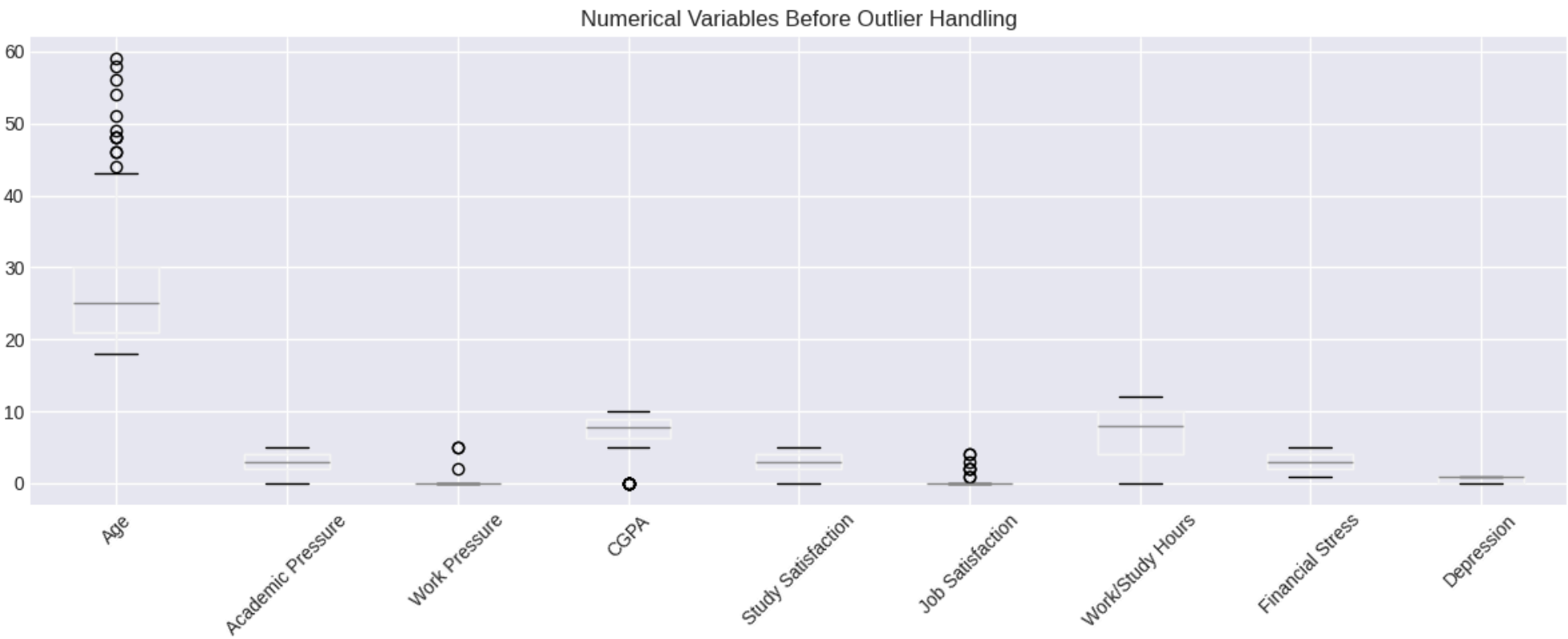
# Data Preprocessings

- **Steps Taken:**

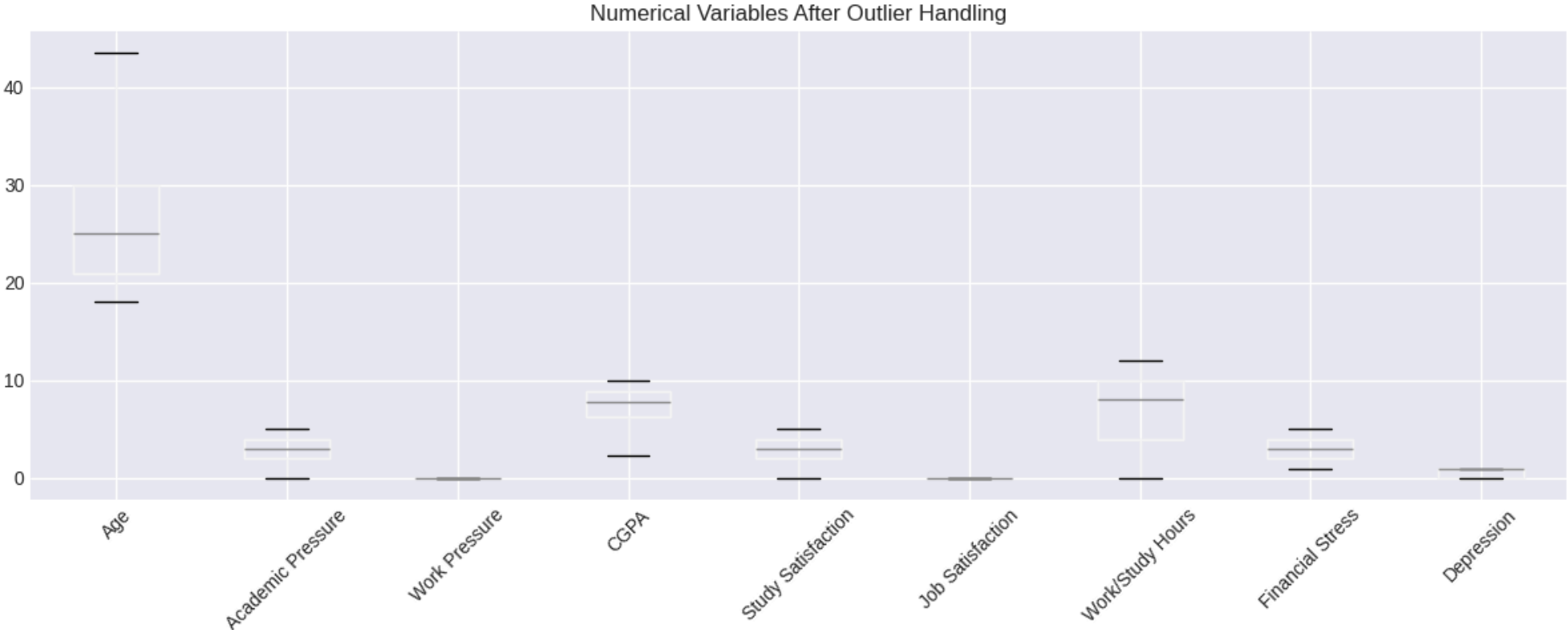
- Handled missing values using median/mode imputation.
- Identified and addressed outliers using the IQR method.
- Encoded categorical variables (e.g., *Sleep Duration* mapped to numeric values).

- **Visuals:**

- **before-and-after box plot** to show outlier handling.



before box plot





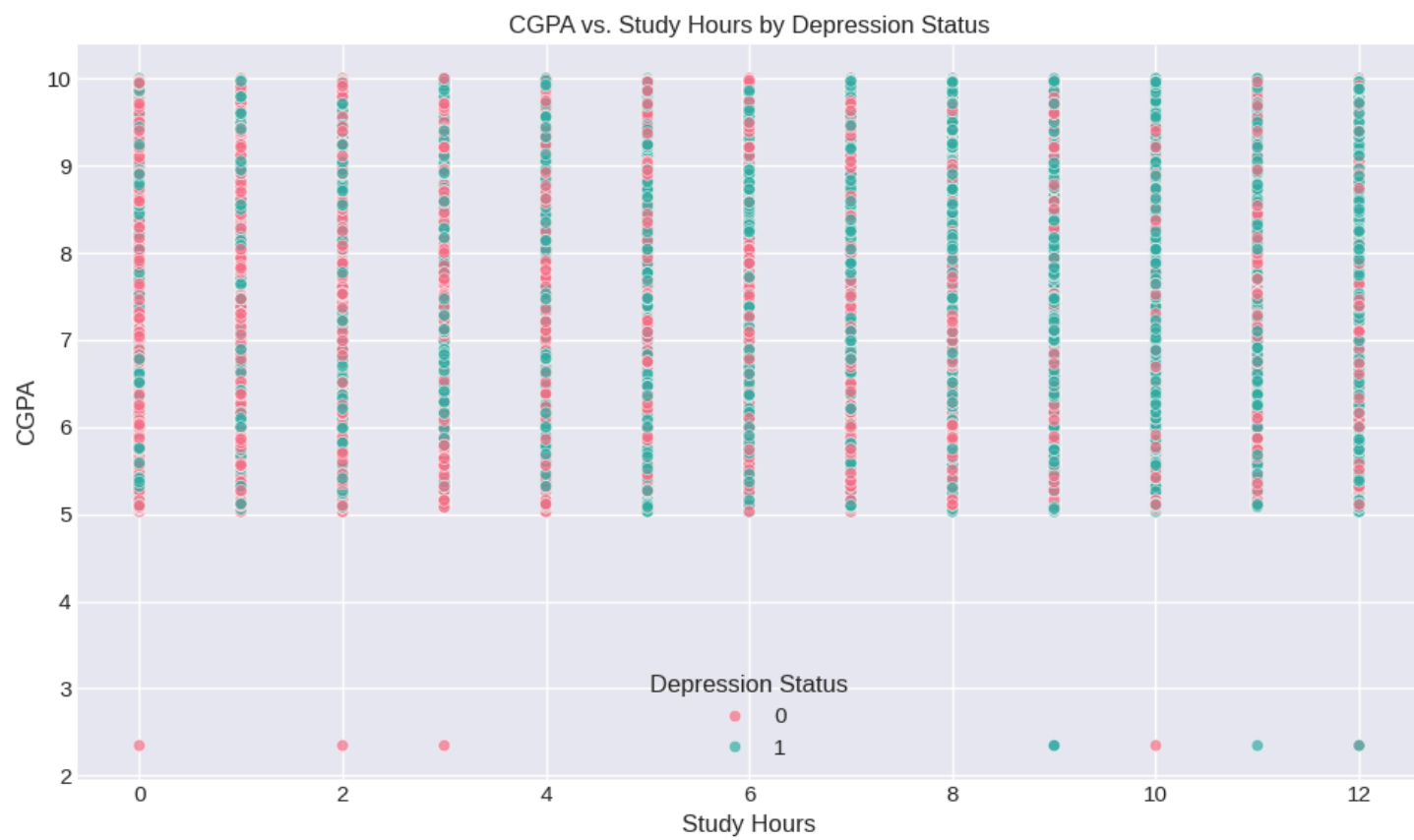
- **Purpose:**

- Discover patterns and trends in the data.
- Visualize relationships between key features and depression status.

- **Tools Used:**

Pandas, Seaborn, Matplotlib, and Scipy for statistical tests.

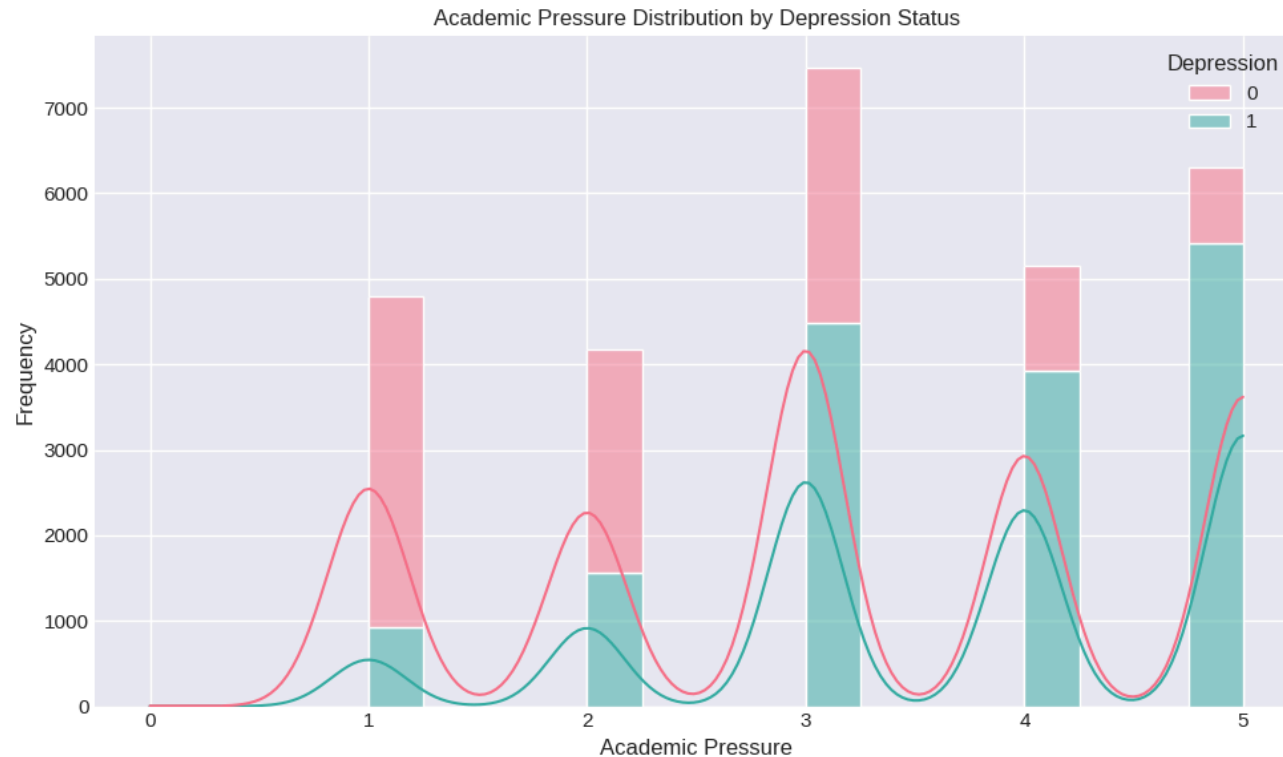
Students with lower CGPA tend to have higher depression rates.



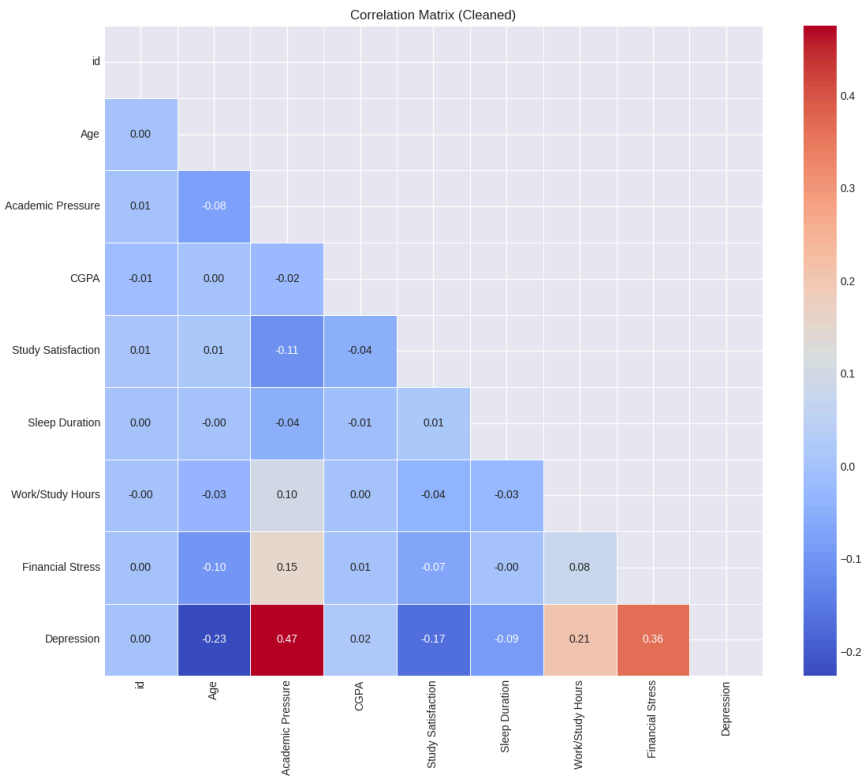
# Key Findings from EDA

## Academic Pressure Distribution

Students experiencing higher academic pressure are more likely to report depression.



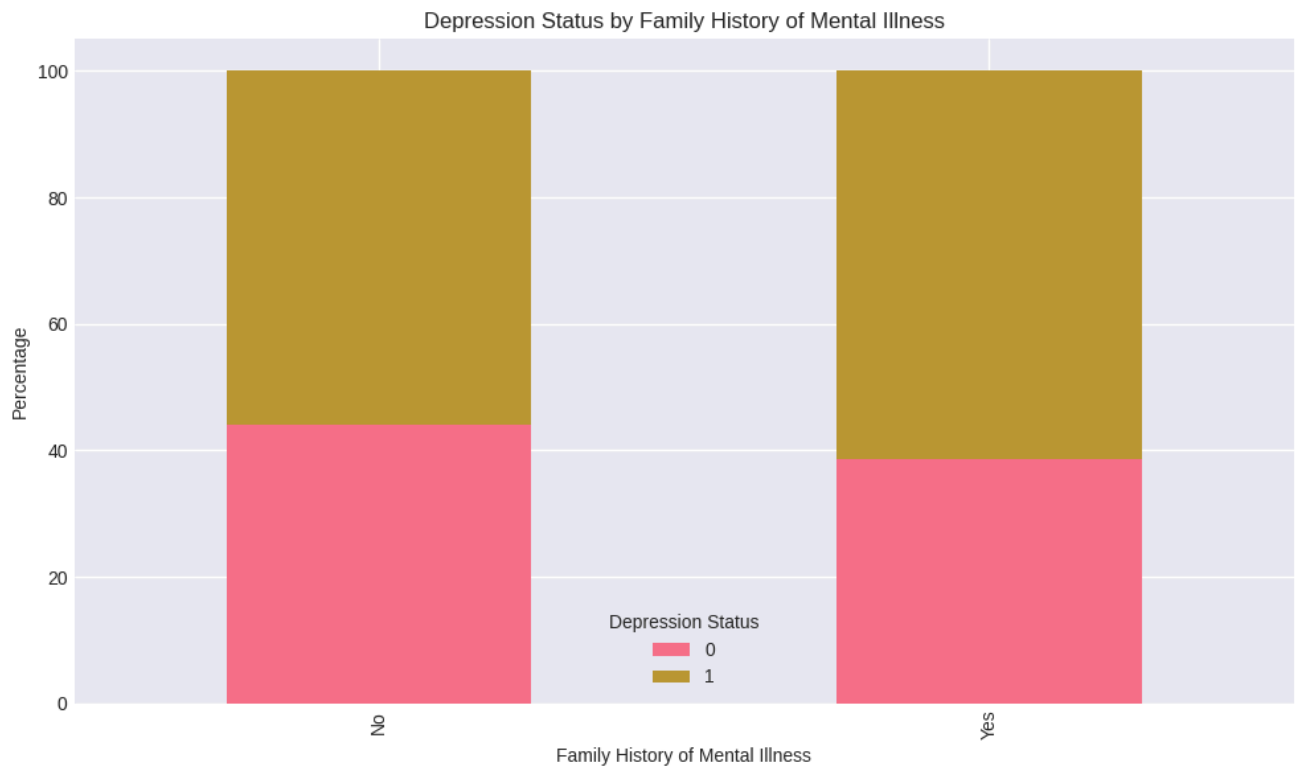
Strong correlations observed between depression and factors like academic pressure, work pressure, and financial stress.



# Key Findings from EDA (continued)

## Family History of Mental Illness

Students with a family history of mental illness have a higher likelihood of depression.



- **Risk Factors:**

- ▶ **Mann-Whitney U Test:** Significant differences in academic pressure and CGPA between students with and without depression ( $p < 0.05$ ).
- ▶ **Chi-Square Test:** Significant association between depression and family history of mental illness.

- **Effect Sizes:**

- ▶ Academic pressure shows a medium effect size, indicating a notable impact.

- **Summary of Findings:**
  - Academic and work pressure, along with financial stress, are key contributors to depression.
  - Family history of mental illness is a significant categorical factor.
- **Effect Sizes:**
  - Academic pressure shows a medium effect size, indicating a notable impact.

**Encourage the audience to ask questions about the EDA process or findings.**